

Managing Your Time: Seven Day Planner

TRAIN TO LEARN EFFECTIVELY: TIP SHEETS

| | Monday _/_/_ | Tuesday _/_/_ | Wednesday _/_/_ | Thursday _/_/_ | Friday _/_/_ | Saturday _/_/_ | Sunday _/_/_ |
|--------------------------------|-----------------|------------------|--------------------|-------------------|-----------------|-------------------|-----------------|
| 7:00 a.m. to 8:00 a.m. | | | | | | | |
| 8:00 a.m. to 9:00 a.m. | | | | | | | |
| 9:00 a.m. to 10:00 a.m. | | | | | | | |
| 10:00 a.m. to 11:00 a.m. | | | | | | | |
| 11:00 a.m. to 12:00 p.m. | | | | | | | |
| 12:00 p.m. to 1:00 p.m. | | | | | | | |
| 1:00 p.m. to 2:00 p.m. | | | | | | | |
| 2:00 p.m. to 3:00 p.m. | | | | | | | |
| 3:00 p.m. to 4:00 p.m. | | | | | | | |
| 4:00 p.m. to 5:00 p.m. | | | | | | | |
| 5:00 p.m. to 6:00 p.m. | | | | | | | |
| 6:00 p.m. to 7:00 p.m. | | | | | | | |
| 7:00 p.m. to 8:00 p.m. | | | | | | | |
| 8:00 p.m. to 9:00 p.m. | | | | | | | |
| 9:00 p.m. to 10:00 p.m. | | | | | | | |
| 10:00 p.m. to 11:00 p.m. | | | | | | | |
| 11:00 p.m. to 12:00 a.m. | | | | | | | |