

# Emotion-Focused Family Therapy (EFFT) Training Event

June 8 and 9, 2017  
9:00 a.m. - 4:00 p.m.

Margaret Lawrence Room  
Oakham House, 2nd Floor  
Ryerson University  
55 Gould Street  
Toronto, ON

This space is fully accessible.

Register here:

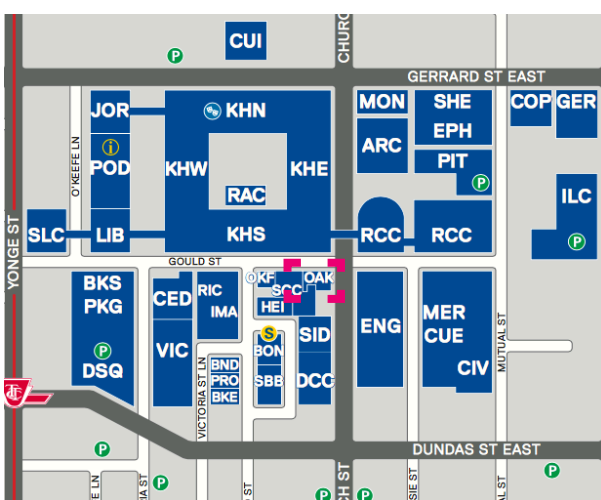
<https://goo.gl/slo0Av>

We are excited to announce a 2-day EFFT training to be held at Ryerson University. This training is open to the public and suited to both beginners and experienced practitioners interested in deepening their skills.

Rooted in a deep and unwavering belief in the healing power of parents and caregivers, the essence of EFFT is to afford families a significant role in their loved one's well-being and mental health recovery, while also reducing the frequency of therapy-interfering behaviours. EFFT can also be integrated into existing treatment models for those clients and/or families who do not respond to standard care.

The foundation and basics of EFT will be covered during the training. And for those with previous experience, they will have the opportunity to grow their expertise, increase and deepen their experiential practice, and further expand their skill set. The training will thus be highly focused on practice change at various levels of experience, and will place a strong emphasis on experiential learning.

This is an excellent professional development opportunity for psychiatry residents, physicians, psychologists, social workers, mental health clinicians, registered clinical counsellors, nurses, educators and others who interact with individuals, parents and/or families in our community. Background experience in family therapy is not necessary and the training is not geared to those who work with families but to all practitioners.



## Registration Fee

Students\* \$150 +HST  
Professionals \$300 +HST

## Cancellation Policy

No refunds after May 13, 2017

## Inquiries

[EFFTtrainingevent@gmail.ca](mailto:EFFTtrainingevent@gmail.ca)

\*Students must submit a scanned copy of their official school identification by May 10, 2017 to [EFFTtrainingevent@gmail.com](mailto:EFFTtrainingevent@gmail.com)



Dr. Johanne Dolhanty  
EFTF Trainer

## Facilitator Biography

Dr. Joanne Dolhanty, PhD, C. Psych, is a supervising and consulting clinical psychologist and trainer for mental health organizations across Canada and internationally. With Dr. Leslie Greenberg she developed the application of Emotion Focused Therapy to Eating Disorders.

Ryerson  
University

Psychology  
Faculty of Arts

Please let us know if you need to make any accessibility accommodations to ensure your inclusion in this event. Contact **Monique Tremblay** at [EFFTtrainingevent@gmail.ca](mailto:EFFTtrainingevent@gmail.ca)