

## Ryan J. Persram, PhD

### Curriculum Vitae

Toronto Metropolitan University | Department of Psychology  
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#### EDUCATION

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2020	<b>PhD (Psychology)</b> , Concordia University, Montréal, QC
2013	<b>MA (Child Study)</b> , Concordia University, Montréal, QC
2010	<b>BA (Hons. Psychology)</b> , University of Waterloo, Waterloo, ON

#### ACADEMIC EMPLOYMENT

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2023-Present	<i>Assistant Professor</i> , Toronto Metropolitan University
2022-2023	<i>FRQSC Postdoctoral Fellow</i> , McGill University.
2021-2022	<i>Postdoctoral Fellow</i> , Queen's University, PREVNet. Joint appointment with McGill University.
2020-2021	<i>Postdoctoral Researcher</i> , McGill University.

#### FUNDING

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**Summary:** Principal investigator (1 Grant, Total Funding: \$71,426), Co-Investigator (4 Grants, Total Funding: \$3,524,553). Scholarships and Fellowships (7; \$314,500).

2026	<b>Wellcome Trust.</b> Co-Applicant with Dr. Karen Milligan (PI). <i>Generative AI for Simulated Conversations: Preparing Frontline Workers and Volunteers to Support Youth with Anxiety and Depression.</i> ( <b>£3,100,000</b> )
2025-2027	<b>SSHRC Insight Development Grant.</b> Principal Investigator. <i>Daily Interactions between Adolescent Siblings: Insights from a Dyadic Perspective.</i> ( <b>\$71,426</b> ).
2025-2027	<b>SSHRC Insight Development Grant.</b> Co-Investigator with Dr. Margaret Moulson (PI). <i>Investigating the Impact of Human-Animal Interactions on Empathy, Stress, and Social Functioning in Children and Adolescents.</i> ( <b>\$58,360</b> ).
2022-2026	<b>SSHRC Insight Grant.</b> Co-Investigator with Dr. Melanie A. Dirks (PI). <i>Mid-Adolescents' Everyday Interactions with Siblings and Friends: Associations with Relationship Quality and Well-Being.</i> ( <b>\$274,193</b> ).
2020-2022	<b>Réseau Inondations InterSectoriel du Québec (RIISQ), Fonds de Recherche du Québec.</b> Co-Investigator with Dr. Lisa Bornstein (PI). <i>Causal Factors of Vulnerability and the Impacts of Post-Flood Interventions on Households, Neighbourhoods, and Cities in Québec: The Case of Nine Flooded Municipalities in the Vaudreuil-Soulanges Regional County Municipality.</i> ( <b>\$92,000</b> ).
2022-2024	Fonds de Recherche du Québec – Société et Culture – Postdoctoral Fellowship ( <b>\$90,000</b> ) – declined 2 <sup>nd</sup> year.
2022-2024	Queen's Research Opportunity Funds – Postdoctoral Fund ( <b>\$100,000</b> ) – declined.
2019	Concordia University Accelerator Award ( <b>\$5,000</b> ).

2015-2018	Joseph-Armand Bombardier Canada Graduate Scholarship (Doctoral), SSHRC (\$105,000)
2014-2015	Sheila and Irving Maklan Graduate Scholarship in Psychology (\$2,500).
2012-2013	Centre for Research in Human Development Collaborative Fellowship (\$6,000).
2011-2012	Centre for Research in Human Development Graduate Fellowship (\$6,000).

## ACADEMIC AWARDS AND HONOURS

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2025	New Researcher Award, Canadian Psychological Association
2024	TMU Faculty of Awards Travel Award
2019	Scientific Citizenship Award, Centre for Research in Human Development
2019	Best Doctoral Student Poster, Centre for Research in Human Development
2018	Development 2018 Conference Travel Award
2016	Best Graduate Student Poster, Centre for Research in Human Development
2013	Best Graduate Student Poster, Centre for Research in Human Development
2012	International Society for the Study in Behavioural Development (ISSBD) Canadian Student Presenter Accommodations Award

## PUBLICATIONS

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**Summary:** I have published **32** peer-reviewed manuscripts (12 as first author), **1** peer-reviewed book (1 as first author), and **5** peer-reviewed book chapters/encyclopedia entries (1 as first author). I have an h-index of 15 and an i10-index of 20 (based on Google Scholar).

\*Denotes student author

### Peer-Reviewed Journal Articles

1. Palachi, A.\*, Gauvreau, S.\*, Ngyema Nang, G.\*, Dryburgh, N. S. J., Bukowski, W. M., & **Persram, R. J.** (in press). Relational profiles of early adolescents' relationships with parents, siblings, and friends: Links with social-behavioural outcomes. *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075261447022>
2. Forbes, P.\*, **Persram, R. J.**, & Howe, N. (in press). "When you're helping a person with a problem and they're having the problem, you kind of feel the same way": Internal state language in adolescents' self-disclosures to siblings and friends. *Journal of Early Adolescence*. <https://doi.org/10.1177/02724316261438750>
3. Amani, S., & **Persram, R. J.** (2026). Maternal attachment among Iranian mothers: Adaptation and validation of the Maternal Attachment Inventory. *Current Psychology*, 45(421), 1-12. <https://doi.org/10.1007/s12144-025-08911-8>
4. **Persram, R. J.**, Dirks, M. A., Recchia, H. E., & Craig, W. (2026). Relational typologies with siblings and best friends in adolescence: A latent transition analysis. *Journal of Social and Personal Relationships*, 43(1), 524-547. <https://doi.org/10.1177/02654075251345283>
5. Commisso, M.\*, **Persram, R. J.**, & Bukowski, W. M. (2025). Contextual variations in the effects of active isolation, passive isolation, and friendship on trajectories of depressed affect in late childhood. *Development and Psychopathology*, 38(1), 368-379. <https://doi.org/10.1017/S0954579425100308>
6. **Persram, R. J.**, Commisso, M., & Bukowski, W. M. (2025). Associations between family cohesiveness and flexibility on young adolescent internalizing difficulties: The role of sibling

- and friend security. *Journal of Applied Developmental Psychology*, 99, 101829. <https://doi.org/10.1016/j.appdev.2025.101829>
7. Reid, M., Fritsch, M., Tittler, R., Townsend, C., Bukowski, W. M., **Persram, R. J.**, & Jaeger, J. (2025). Sharing cities with the future: How concerned are young Montrealers today about the implications of their residential choices for future generations? *Canadian Geographies* 69, 1-22. <https://doi.org/10.1111/cag.70006>
  8. **Persram, R. J.**, Howe, N., & Bukowski, W. M. (2023). The moderating effect of sibling trust on internalizing difficulties in early adolescence. *Merrill-Palmer Quarterly*, 69(2), 139-157. <https://doi.org/10.1353/mpq.2023.a923222>
  9. Scirocco, A., **Persram, R. J.**, Della Porta, S., Howe, N., & Ross, H. S. (2023). Fairness, rights, and harm in early childhood: A 2-year investigation of moral family conflict. *Journal of Child and Family Studies*, 32, 2878-2888. <https://doi.org/10.1007/s10826-021-02201-0>
  10. **Persram, R. J.**, & Konishi, C. (2023). Differential effects of maternal- and paternal-adolescent attachments on friendship security and intimacy. *British Journal of Developmental Psychology*, 41, 66-78. <https://doi.org/10.1111/bjdp.12433>
  11. Della Porta, S., **Persram, R. J.**, & Howe, N. (2022). Young children's differential use of power during polyadic family conflict: A longitudinal study. *Social Development*, 31, 165-179. <https://doi.org/10.1111/sode.12527>
  12. Konishi, C., Wong, T. K. Y., **Persram, R. J.**, Madriz, F. V., & Liu, X. (2022). Reconstructing the concept of school climate in secondary schools: A focus-group study. *Educational Research*, 64(2), 159-175. <https://doi.org/10.1080/00131881.2022.2056495>
  13. **Persram, R. J.**, Howe, N., & Bukowski, W. M. (2022). Constructing and validating a measure of early adolescent perceptions of sibling trust. *Canadian Journal of Behavioural Science*. 54, 73-78. <https://doi.org/10.1037/cbs0000281>
  14. **Persram, R. J.**, & Konishi, C. (2022). Validation of the Adolescent Attachment Anxiety and Avoidance Inventory among Canadian secondary school students. *Journal of Child and Family Studies*, 31, 2813-2824. <https://doi.org/10.1007/s10826-022-02392-0>
  15. Bukowski, W. M., DeLay, D., Dirks, M. A., Lopez, L. S., **Persram, R. J.**, & Santo, J. B. (2021). Contextual variations in associations between measures of aggression and functioning with peers: A replication study. *Developmental Psychology*. 57, 2022-2031. <https://doi.org/10.1037/dev0000958>
  16. Paine, A. L., Karajian, G., Hashmi, S., **Persram, R. J.**, & Howe, N. (2021). "Where's your bum brain?" Humour, social understanding, and sibling relationship quality in early childhood. *Social Development*, 30, 592-611. <https://doi.org/10.1111/sode.12488>
  17. **Persram, R. J.**, Wong, T. K. Y., Madriz, F. V., Konishi, C., Dryburgh, N., Dirks, M. A., Martin-Storey, A., & Craig, W. (2021). Development and validation of the teen dating aggression measure (TeDAM) among Canadian youth. *Frontiers in Psychology*, 12, 1-12. <https://doi.org/10.3389/fpsyg.2021.763210>
  18. **Persram, R. J.**, Schwartzman, E.\*, & Bukowski, W. M. (2021). The concurrent association between friendship security and friendship satisfaction is moderated by experience within the family context. *Merrill-Palmer Quarterly*, 67, 56-74. <https://doi.org/10.13110/merrpalmquar1982.67.1.0056>
  19. Zhang, M., Wang, Z., **Persram, R. J.**, Wong, T. K. Y., & Konishi, C. (2021). Perceived social support from family and peers: The association with bullying behaviours. *Journal of Education & Development*, 5, 17-29. <https://doi.org/10.20849/jed.v5i1.835>

20. Bukowski, W. M., Dirks, M. A., **Persram, R. J.**, Wright, L., & Infantino, E.\* (2020). Peer relations and socioeconomic status and inequality. *New Directions for Child and Adolescent Development*, 2020, 27-37. <https://doi.org/10.1002/cad.20381>
21. Dryburgh, N. S. J., Khullar, T. H., Sandre, A., **Persram, R. J.**, Bukowski, W. M., & Dirks, M. A. (2020). Evidence-base update for measures of social skills and social competence in clinical samples of youth. *Journal of Clinical Child and Adolescent Psychology*, 49, 573-594. <https://doi.org/10.1080/15374416.2020.1790381>
22. Bukowski, W. M., Castellanos, M., Commisso, M.\*, **Persram, R. J.**, & Stella-Lopez, L. (2019). Contextual variations in children's perceptions of their peers as gender typical. *International Journal of Behavioural Development*, 43, 309-313. <https://doi.org/10.1177/0165025419846427>
23. Della Porta, S., Howe, N., & **Persram, R. J.** (2019). Parents' and children's power effectiveness during polyadic family conflict: Process and outcome. *Social Development*, 28, 152-167. <https://doi.org/10.1111/sode.12333>
24. Howe, N., **Persram, R. J.**, & Bergeron, C.\* (2019). Imitation as a learning strategy during sibling teaching. *Cognition and Development*, 20, 466-486. <https://doi.org/10.1080/15248372.2019.1614591>
25. **Persram, R. J.**, Della Porta, S., Scirocco, A., Howe, N., & Ross, H. S. (2019). A 2-year longitudinal study of naturalistic parent-child-originated and sibling-originated polyadic conflicts. *Merrill-Palmer Quarterly*, 65, 377-401. <https://doi.org/10.13110/merrpalmquar1982.65.4.0377>
26. **Persram, R. J.**, Scirocco, A., Della Porta, S., & Howe, N. (2019). Moving beyond the dyad: Broadening our understanding of family conflict. *Human Development*, 63, 38-70. <https://doi.org/10.1159/000501880>
27. Howe, N., Rosciszewska, J., & **Persram, R. J.** (2018) "I'm an ogre so I'm very hungry! I'm an assistant ogre": The social function of sibling imitation in early childhood. *Infant and Child Development*, 27(1), 1-17. <https://doi.org/10.1002/icd.2040>
28. **Persram, R. J.**, Howe, N., & Leach, J. (2018). Family members' strategies as allies during naturalistic polyadic family conflicts. *Infant and Child Development*, 27(2), 1-13. <https://doi.org/10.1002/icd.2068>
29. Segal, A., Howe, N., **Persram, R. J.**, Martin-Chang, S., & Ross, H. S. (2018). "I'll show you how to write my name": The contribution of naturalistic sibling teaching to the home literacy environment. *Reading Research Quarterly*, 53, 391-404. <https://doi.org/10.1002/rrq.199>
30. Bukowski, W. M., Castellanos, M., & **Persram, R. J.** (2017). The current status of peer assessment techniques and sociometric methods. *New Directions for Child and Adolescent Development*, 157, 75-82. <https://doi.org/10.1002/cad.20209>
31. **Persram, R. J.**, Howe, N., Della Porta, S., & Ross, H. S. (2017). Family members' helping behaviour: Alliance formations during naturalistic polyadic conflicts. *Infant and Child Development*, 26(4), 1-15. <https://doi.org/10.1002/icd.2007>
32. Dirks, M. A., **Persram, R.**, Recchia, H. E., & Howe, N. (2015). Sibling relationships as sources of risk and resilience in the development and maintenance of internalizing and externalizing problems during childhood and adolescence. *Clinical Psychology Review*, 42, 145-155. <https://doi.org/10.1016/j.cpr.2015.07.003>

### Peer-Reviewed Books

1. **Persram, R. J.**, Panarello, B., Castellanos, M., Astrologo, L., & Bukowski, W. M. (2021). *Measurement burst designs to improve precision in peer research*. Cambridge, UK: Cambridge University Press.

### Peer-Reviewed Chapters/Encyclopedia Entries

1. Della Porta, S., & **Persram, R. J.** (in press). Siblings as teachers and learners. In L. Kramer, N. Howe, & B. L. Volling (Eds.), *Handbook of the psychology of sibling relationships: Advancing research and practice*. Springer Nature.
2. **Persram, R. J.**, Howe, N., & Bukowski, W. M. (2025). Cross-cultural comparisons of trust within adolescent sibling relationships. In K. J. Rotenberg, S. Petrocchi, A. Levante, & F. Lecciso (Eds.), *Handbook of Trust and Social Psychology* (pp. 71-91). Edward Elgar Publishing.
3. Bukowski, W. M., Bagwell, C., Castellanos, M., & **Persram, R. J.** (2020). Friendship in adolescence. In S. Hupp & J. Jewell. (Eds.), *The encyclopedia of child and adolescent development*. New York, NY: Wiley. <https://doi.org/10.1002/9781119171492.wecad403>
4. Howe, N., **Persram, R. J.**, & Bergeron, C.\* (2020). Sibling relationships in adolescence. In S. Hupp & J. Jewell (Eds.), *The encyclopedia of child and adolescent development*. New York, NY: Wiley. <https://doi.org/10.1002/9781119171492.wecad410>
5. Howe, N., **Persram, R. J.**, & Recchia, H. E. (2020). Siblings and sibling rivalry. In M. M. Haith & J. B. Benson (Eds.), *Encyclopedia on infant and early childhood development* (2<sup>nd</sup> edition, pp. 135-148). Elsevier. <https://doi.org/10.1016/B978-0-12-809324-5.22835-6>

### Manuscripts Submitted for Publication

1. Commisso, M.\*, Lopez, L. \*, Dryburgh, N. S. J., **Persram, R. J.**, Miele Barrer, M. D., & Bukowski, W. M. (under review). Resilience through social self-concept: Moderating the stability of discrimination-based peer exclusion in Venezuelan refugee children living in Colombia.
2. Dryburgh, S. J., MacNeil, A. H.\*, Lopez, L. \*, Commisso, M. \*, **Persram, R. J.**, Miele Barrer, M. D., & Bukowski, W. M. (under review). Associations between food insecurity and motivation for peer aggression among youth in Colombia.
3. Kim, S., **Persram, R. J.**, & Craig, W. (under review). Coping with bullying victimization: Findings from an experience sampling study.
4. **Persram, R. J.**, & Bukowski, W. M. (revision submitted). Gender and cultural variations among early adolescents' perceptions of the importance of friendship security and intimacy on satisfaction.
5. **Persram, R. J.**, Kim, S., Craig, W., & Dirks, M. A. (revision invited). A latent profile analysis of perceived relative power profiles among adolescent relationships with their romantic partners and best friends.

### Manuscripts in Preparation

1. Bukowski, W. M., Santo, J. B., **Persram, R. J.**, & Lopez, L. M. (in preparation). *Children and their Peers*. Cambridge, UK: Cambridge University Press.
2. **Persram, R. J.**, & Bukowski, W. M. (in preparation). Cross-national and contextual variations of dance in predicting self- and other-acceptance and popularity among young adolescence.

3. **Persram, R. J.** & Dirks, M. A. (in preparation). Conceptualizing the unique and interactive contributions of multiple relationships in relation to adolescent adjustment: The power of siblings and friends.
4. **Persram, R. J.**, Craig, W., Kim, S., & Dirks, M. A. (in preparation). Daily links between romantic partner support and affect during adolescence.

## CONFERENCE PRESENTATIONS

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\*Denotes student author

### Paper Presentations

1. Leon-Williamson, C.\*, Howe, N., Bukowski, W. M., & **Persram, R. J.** (2026, June). Trust Across Relationships: How Siblings and Friends Shape Adolescent Adjustment. Paper to be presented at the meeting of Development 2026, Canadian Conference on Developmental Psychology, Montréal, Canada.
2. Commisso, M.\*, Lopez, L.\*, Dryburgh, N. S. J., **Persram, R. J.**, Miele Barrer, M. D., & Bukowski, W. M. (2025, May). Resilience through social self-concept: Moderating the stability of discrimination-base peer exclusion in Venezuelan refugee children living in Colombia. In W. M. Bukowski (Chair), *Studying the Well-being of Refugee Children with Measures of Peer Experience and the Self*. Symposium presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.
3. Lopez, L.\*, Commisso, M.\*, **Persram, R. J.**, Miele Barrer, M. D., & Bukowski, W. M. (2025, May). Migration and the self: Assessing the persistence of the self in migrant children. In W. M. Bukowski (Chair), *Studying the Well-being of Refugee Children with Measures of Peer Experience and the Self*. Symposium presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.
4. Della Porta, S. Pakkal, O.\*, **Persram, R. J.**, & Howe, N. (2024, June – WITHDRAWN FOR ETHICAL REASONS). Power in children’s learning and development: A scoping review. Roundtable to be presented at the annual conference of the Canadian Society for the Study of Education. Montreal, Canada.
5. Dryburgh, N. S. J., Lopez, L.\*, Commisso, M., **Persram, R. J.**, Miele Barrera, M. D., & Bukowski, W. M. (2024, June). Food insecurity and motivation for peer aggression: A replication and extension with youth in Colombia. In Delay, D. (Chair), *Multi-Faceted Insights into Adolescent Development and Well-Being: Replicating and Expanding Peer Relations Research*. Symposium to be presented at the biennial meeting of the International Society for the Study of Behavioural Development, Lisbon, Portugal.
6. **Persram, R. J.**, Commisso, M.\*, & Bukowski, W. M. (2024, April). Family functioning and adolescent adjustment: The value of sibling and friend relationships. Paper presented at the annual conference of the Society for Research on Adolescence. Chicago, IL.
7. **Persram, R. J.**, Howe, N., & Bukowski, W. M. (2023). Cross-cultural variability in the association between adolescents’ perceptions of trust towards a sibling and self-worth. *Why siblings matter*. Paper presented at the annual Sibling Studies Network Symposium. Online.
8. Bukowski, W. M., DeLay, D., Dirks, M. A., & **Persram, R. J.** (2022). Using multilevel modeling to assess cultural/contextual variations in the features and effects of peer experiences. *Conceptualizations and methods for understanding friendships*. Plenary presented at the special topic meeting of the Society for Research in Child Development. St. Louis, MO.

9. **Persram, R. J.**, Kim, S.\*, Craig, W., & Dirks, M. A. (2022). *Perceptions of relative power in adolescent relationships with romantic partners and best friends*. Paper presented at the biennial conference of the International Society for Research on Aggression. Ottawa, Canada.
10. **Persram, R. J.**, & Konishi, C. (2021). Effects of adolescent-perceived maternal and paternal attachment on friendship security and intimacy. In J. Bowker (Chair). *New approaches to understanding adolescents' friendship experiences and associated outcomes*. Symposium presented the biennial conference of the Society for Research on Adolescence. New Orleans, LA.
11. **Persram, R. J.**, Bukowski, W. M., & Stella Lopez, L. (2020, Presented in 2021). Contextual variations in friendship features predicting friendship satisfaction. In J. Bowker (Chair), *New approaches to understanding variability in young adolescents' friendship experiences and associated outcomes*. Symposium presented at the biennial conference of the Society for Research on Adolescence. San Diego, CA.
12. Jaeger, J. A. G., Fritsch, M., Bukowski, W. M., Townsend, C., **Persram, R. J.**, & Tittler, R. (2020, CANCELLED, COVID-19). To sprawl or not to sprawl: Envisioning urban development in Montreal for 2020 - (re)considering future generations and intergenerational justice. Paper presented at the Sustainability and the Climate Crisis Conference.
13. Bukowski, W. M., Astrologo, L., Infantino, E.\*, **Persram, R. J.**, & Castellanos, M. (2020, CANCELLED, COVID-19). Contextual variations in the defining of features of popularity. In Y. Berg (Chair), *Popularity and preference as distinct forms of peer status: Four new perspectives on a classical topic*. Symposium presented at the biennial conference of the Society for Research on Adolescence. San Diego, CA.
14. **Persram, R. J.**, Schwartzman, E.\*, & Bukowski, W. M. (2020, CANCELLED, COVID-19). Family status moderates the association between friendship security and satisfaction in early adolescence. In R. J. Persram & L. Marchica (Co-Chairs), *The enduring and positive impact of adolescent friendships*. Symposium presented at the biennial conference of the Society for Research on Adolescence. San Diego, CA.
15. **Persram, R. J.**, Howe, N., & Bergeron, C. (2020, March). Sibling teaching and imitation in childhood. In H. Recchia, M. Dirks, & N. Howe (Chairs), *Understanding and promoting positive sibling relationships in childhood and adolescence*. Symposium presented at the Centre for Research in Human Development, Concordia University, Montreal, Canada.
16. Astrologo, L., **Persram, R. J.**, Castellanos, M., & Bukowski, W. M. (2019, March). Same-gender acceptance and rejection and the divided self in school-age boys and girls. In C. Bagwell (Chair), *Children's perceptions of their social world: Effects on socioemotional adjustment and peer relations*. Symposium presented at the biennial conference of the Society for Research in Childhood Development. Baltimore, MD.
17. Astrologo, L., **Persram, R. J.**, Castellanos, M., & Bukowski, W. M. (2019, March). Moderating effect of a care orientation on the prospective association between popularity and aggression. In S. Caravita (Chair), *Sympathy, moral reasoning, and aggression: New developmental perspectives*. Symposium presented at the biennial conference of the Society for Research in Childhood Development. Baltimore, MD.
18. Bukowski, W. M., Santo, J. B., **Persram, R. J.**, Castellanos, M., & Stella-Lopez, L. (2019, March). Traditional and network measures of peer group structures reveal differences between cultural and socioeconomic contexts. In D. Delay (Chair), *Considering the impact*

- of social context and group norms across cultures*. Symposium presented at the biennial conference of the Society for Research in Childhood Development. Baltimore, MD.
19. Panarello, B., **Persram, R. J.**, Castellanos, M., & Bukowski, W. M. (2019, March). Moral dimensions and friendship security moderate trajectories of intolerance of uncertainty in school-age children. In C. Bagwell (Chair), *Children's perceptions of their social world: Effects on socioemotional adjustment and peer relations*. Symposium presented at the biennial conference of the Society for Research in Childhood Development. Baltimore, MD.
  20. Wilkinson, R. P., Castellanos, M., **Persram, R. J.**, & Bukowski, W. M. (2019, March). Assessing the multidimensional structure of narcissism during the older school-age years. In W. M. Bukowski (Chair), *Recent advances in the study of distortions in the self/narcissism*. Symposium presented at the biennial conference of the Society for Research in Childhood Development. Baltimore, MD.
  21. **Persram, R. J.**, Della Porta, S., Scirocco, A., & Howe, N. (2018, June). Developmental differences in naturalistic polyadic family conflicts in early childhood: A longitudinal investigation. Paper presented at the annual conference of the Jean Piaget Society. Amsterdam, The Netherlands.
  22. Bukowski, W. M., Panarello, B., & **Persram, R. J.** (2018, April). Peer group cohesion and group norms for care and relational aggression moderate trajectories of intolerance of uncertainty. In J. C. Bowker (Chair), *New directions in the study of peers as risk factors for psychosocial difficulties during adolescence*. Symposium presented at the biennial conference of the Society for Research on Adolescence. Minneapolis, MN.
  23. **Persram, R. J.**, Castellanos, M., Wright, L., Comisso, M.\*, & Bukowski, W. M. (2018, April). Differential effects associated with socioeconomic status in predicting popularity in the peer group among early adolescents. In J. Santo (Chair), *Peer relations through a socio-economic lens: Focusing on popularity and acceptance from a South American perspective*. Symposium presented at the biennial conference of the Society for Research on Adolescence. Minneapolis, MN.
  24. Panarello, B., Bukowski, W. M., & **Persram, R. J.** (2018, February). SES differences in the functional organization of the intolerance of uncertainty, worry, and anxious arousal in early adolescents. In W. M. Bukowski (Chair), *Understanding culture and SES through the lens of peer relationships*. Symposium presented at the annual conference of the Centre for Research in Human Development, Concordia University. Montreal, Canada.
  25. Della Porta, Schleifer, N.\*, **Persram, R. J.**, & Howe, N. (2017, May). Learning to manoeuvre the social world through family conflict: Children's power moves over time and by birth order. Paper presented at the Canadian Society for the Study of Education. Toronto, Canada.
  26. Howe, N., Rosciszewska, J., & **Persram, R. J.** (2016, June). Sibling imitation during naturalistic home observations in early childhood. In N. Howe & R. J. Persram (Chairs), *Learning at home: Children's informal learning with parents, siblings, and friends*. Symposium presented at the annual conference of the Jean Piaget Society. Chicago, IL.
  27. Segal, A., Howe, N., Martin-Chang, S., & **Persram, R. J.** (2016, June). Naturalistic teaching of language and literacy topics between siblings in early childhood. In N. Howe & R. J. Persram (Chairs), *Learning at home: Children's informal learning with parents, siblings, and friends*. Symposium presented at the annual conference of the Jean Piaget Society. Chicago, IL.

28. **Persram, R. J.**, Leach, J., & Howe, N. (2016, June). Strategy use and preferences for children and parents as allies during naturalistic polyadic conflicts at home. In N. Howe & R. J. Persram (Chairs), *Learning at home: Children's informal learning with parents, siblings, and friends*. Symposium presented at the annual conference of the Jean Piaget Society. Chicago, IL.
29. **Persram, R. J.**, & Bukowski, W. M. (2016, April). Contextual differences of dance in predicting self- and other-acceptance and popularity in preadolescents in Canada and Colombia. In B. L. Blair (Chair), *Positive peer-valued characteristics in early adolescence: Examining the roles of fun, humor, and dance in peer relationships*. Symposium presented at the biennial conference of the Society for Research on Adolescence. Baltimore, MD.
30. Segal, A., Howe, N., Martin-Chang, S., & **Persram, R. J.** (2015, July). Sibling teaching of language and literacy concepts in naturalistic settings. In S. Martin-Chang & A. Segal, *The company you keep: Children's emergent literacy interactions in solitary, sibling, and adult-guided environments*. Symposium presented at the annual conference of the Society for the Scientific Study of Reading. The Big Island, HI.
31. **Persram, R.** (2015, April). Polyadic family conflicts at home: Topics, resolutions, and argumentation strategies. In M. Dirks & N. Howe (Chairs), *Transgressing rules and hurting others: A developmental perspective from childhood to emerging adulthood*. Symposium presented at the Centre for Research in Human Development, Concordia University. Montreal, Canada.
32. Della Porta, S., Howe, N., & **Persram, R.** (2014, May). Contextual elements of family conflict. In N. Howe & S. Della Porta (Chairs), *Children's informal learning in the context of close relationships*. Symposium presented at the meeting of Development 2014, Canadian Conference on Developmental Psychology. Ottawa, Canada.
33. **Persram, R.**, Howe, N., Della Porta, S., & Ross, H. S. (2014, May). Family member's use of alliances during naturalistic polyadic conflicts. In N. Howe & S. Della Porta (Chairs), *Children's informal learning in the context of close relationships*. Symposium presented at the meeting of Development 2014, Canadian Conference on Developmental Psychology. Ottawa, Canada.

### Poster Presentations

1. Bemister, K., Rainbow, M., Hossain, S., **Persram, R. J.**, & Moulson, M. (2026, June). Exploring the impact of companion animals on adolescents' well-being: A mixed-methods daily diary study. Poster to be presented at the Canadian Development Conference, Montreal, Canada.
2. Klein, S., & **Persram, R. J.** (2026, June). Daily links between adolescent sibling support, affect, and social connectedness. Poster to be presented at the Canadian Development Conference, Montréal, Canada.
3. Humphriss, L., Leon-Williamson, C., & **Persram, R. J.** (submitted). The dynamics of power, trust, and well-being in adolescent friendships. Poster submitted to the Canadian Development Conference, Montréal, Canada.
4. Zapounidis, M., & **Persram, R. J.** (2026, June). Daily associations between friend and sibling victimization on adolescent positive and negative affect. Poster to be presented at the Canadian Development Conference, Montréal, Canada.
5. Leon-Williamson, C.\*, & **Persram, R. J.** (2026, April). Domain-differentiated self-disclosure to siblings and friends: Links to depressive and anxiety symptoms of first-year

- university students. Poster to be presented at the biennial meeting of the Society for Research on Adolescence, Toronto, Canada.
6. **Persram, R. J.**, & Leon-Williamson, C.\* (2026, April). Domain-differentiated trust to siblings and friends and links with youth adjustment. Poster to be presented to the biennial meeting of the Society for Research on Adolescence, Toronto, Canada.
  7. Rainbow, M.\* , Leon-Williamson, C.\* , & **Persram, R. J.** (2026, April). *Do beliefs build bonds? Exploring associations between adolescent sibling beliefs and sibling relationship quality?* Poster to be presented at the biennial conference of the Society for Research on Adolescence, Toronto, Canada.
  8. Gervasio, J., Zapounidis, M., Persram, R., & Sokolowski, H. M. (2026, January). Is math anxiety contagious? A meta-analysis of home and classroom contributors to children's math anxiety and achievement. Poster presented at the MathED Forum, The Fields Institute for Research in Mathematical Sciences, Toronto, Canada.
  9. Forbes, P.\* , Howe, N., & **Persram, R. J.** (2025, May). *Exploring internal state language in adolescents' self-disclosures to their siblings and friends.* Poster presented at the biennial conference of the Society for Research on Child Development, Minneapolis, MN.
  10. Leon-Williamson, C.\* , Howe, N., Bukowski, W. M., & **Persram, R. J.** (2025, May). *Cultural variability in adolescent friend trust: Examining reliability, honesty, and adjustment across Canada and Colombia.* Poster presented at the biennial conference of the Society for Research on Child Development, Minneapolis, MN.
  11. Maharaj, S. A.\* , Howe, N., Bukowski, W. M., & **Persram, R. J.** (2025, May). *Perceptions of sibling and friend trust on internalized adjustment of Canadian and Colombian adolescents.* Poster presented at the biennial conference of the Society for Research on Child Development, Minneapolis, MN.
  12. Cyfko, J., **Persram, R. J.**, Recchia, H., Craig, W., & Dirks, M. (2023, March). *Sibling and friend support: Daily associations with positive and negative affect.* Poster presented at the biennial conference of the Society for Research on Adolescence, San Diego, CA.
  13. Zhang, M., Wang, Z., **Persram, R. J.**, Wong, T. K. Y., & Konishi, C. (2021, April). *The roles of family support and peer support on bullying behaviour among early adolescents.* Poster presented at the biennial conference of the Society for Research in Child Development.
  14. Sooknanan, V.\* , **Persram, R. J.**, & Bukowski, W. M. (2021, May). *Gender and leadership in Early Adolescence.* Poster presented at the annual conference of the Canadian Psychological Association, Montréal, Canada.
  15. Farrell-Reeves, A., MacNeil, A., **Persram, R. J.**, Bukowski, W. M., & Dirks, M. A. (2020, CANCELLED, COVID-19). Understanding the relationship between prosocial overtures and mood in childhood: A daily-diary assessment. Poster presented at the biennial conference of the Society for Research on Adolescence, San Diego, CA.
  16. **Persram, R. J.**, Howe, N., & Bergeron, C. (2019, March). *Imitation as a learning strategy during sibling teaching: Birth order differences and the importance of relationship quality.* Poster presented at the biennial conference of the Society for Research in Child Development, Baltimore, MD.
  17. Howe, N., **Persram R. J.**, & Bergeron, C. (2019, March). *Sibling teachers and learners: Imitation as a learning strategy.* Poster presented at the biennial conference of the Society for Research in Child Development, Baltimore, MD.

18. Brown, M.\*, **Persram, R. J.**, & Bukowski, W. M. (2018, June). *The effects of status among peers vary as a function of socioeconomic inequality and culture in early adolescence*. Poster presented at the annual conference of the McGill University Summer Institute for School Psychology, Montreal, Canada.
19. Della Porta, S., Schleifer, N.\*, **Persram, R. J.**, Scirocco, N., & Howe, N. (2018, May). Differential power use during polyadic family conflict in early childhood: A longitudinal study. Poster presented at the meeting of Development 2018, Canadian Conference on Developmental Psychology, St. Catharines, Canada.
20. **Persram, R. J.**, Howe, N., & Bukowski, W. M. (2018, May). *Birth order variations in sibling trust: Promoting positive aspects of the self and relational quality in preadolescence*. Poster presented at the meeting of Development 2018, Canadian Conference on Developmental Psychology, St. Catharines, Canada.
21. Scirocco, A., **Persram, R. J.**, Della Porta, S., & Howe, N. (2018, May). *The moral domain and polyadic family conflict: A longitudinal analysis of how family employ power strategies and win conflicts*. Poster presented at the meeting of Development 2018, Canadian Conference on Developmental Psychology, St. Catharines, Canada.
22. **Persram, R. J.**, Howe, N., Bukowski, W. M., & Stella-Lopez, L. (2017, April). *Contextual and gender differences in preadolescents' perceptions of conflict alliances with their best friends*. Poster presented at the biennial conference of the Society for Research in Child Development, Austin, TX.
23. **Persram, R. J.**, Howe, N., Bukowski, W. M., & Stella-Lopez, L. (2017, April). *Sibling trust as a predictor of friendship trust and positive self-concept in preadolescents from Canada and Colombia*. Poster presented to the biennial conference of the Society for Research in Child Development, Austin, TX.
24. Howe, N., Segal, A., **Persram, R. J.**, & Martin-Chang, S. (2016, July). *Naturalistic sibling teaching of literacy in early childhood*. Poster presented at the biennial conference of the International Society for the Study of Behavioural Development, Vilnius, Lithuania.
25. Panarello, B., Wood, M., **Persram, R. J.**, & Bukowski, W. M. (2016, April). *Friendship moderates the trajectories of the intolerance of uncertainty and its relation to anxiety in preadolescence*. Poster presented at the biennial conference of the Society for Research on Adolescence, Baltimore, MD.
26. **Persram, R. J.**, Bukowski, W. M., & Santo, J. B. (2016, April). *Gender differences in predicting friendship satisfaction in middle-school adolescents*. Poster presented at the biennial conference of the Society for Research on Adolescence, Baltimore, MD.
27. **Persram, R.**, Howe, N., Della Porta, S., & Ross, H. S. (2015, March). *Family members helping: Alliances during polyadic conflicts at home*. Poster presented at the biennial conference of the Society for Research in Child Development, Philadelphia, PA.
28. **Persram, R.**, Della Porta, S., Howe, N., & Ross, H. S. (2013, June). *Family member's use of social domain argumentation in polyadic family conflicts*. Poster presented at the annual conference of the Centre for Research in Human Development, Montreal, Canada.
29. **Persram, R.**, Della Porta, S., Howe, N., & Ross, H. S. (2013, June). *Social domain understanding and use of alliances in family conflicts*. Poster presented at the annual conference of the Jean Piaget Society, Chicago, IL.
30. **Persram, R.**, Della Porta, S., Howe, N., & Ross, H. S. (2013, April). *An analysis of the nature of family conflict interactions*. Poster presented at the biennial conference of the Society for Research in Child Development, Seattle, WA.

31. **Persram, R.**, Della Porta, S., Howe, N., & Ross, H. S. (2013, February). *An examination of the nature of family conflict interactions*. Poster presented at the annual conference of the Centre for Research in Human Development, Montreal, Canada.
32. Leach, J., **Persram, R.**, Rosciszewska, J., Howe, N., & DeHart, G. (2012, July). *Siblings' construction of shared meanings during pretend play*. Poster presented at the biennial conference of the International Society for the Study of Behavioural Development, Edmonton, Canada.
33. **Persram, R.**, Leach, J., Rosciszewska, J., Howe, N., & DeHart, G. (2012, July). *Control and aggression in siblings' construction of shared meanings in pretend play*. Poster presented at the biennial conference of the International Society for the Study of Behavioural Development, Edmonton, Canada.
34. Leach, J., **Persram, R.**, Rosciszewska, J., Howe, N., & DeHart, G. (2012, May). *Siblings' use of negotiation and semantic tying strategies in the construction of shared meanings during pretend play*. Poster presented at the annual conference of the Jean Piaget Society, Toronto, Canada.

### INVITED RESEARCH TALKS

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1. **Persram, R. J.** (2026, May). *Distinct, but similar(ish): Mapping the contributions of sibling relationships and friendship during adolescence*. Invited talk at the Brock University Psychology Colloquium Series, St. Catherines, Canada
2. **Persram, R. J.** (2026, April). *Positionality and Reflexivity in psychology*. Invited talk at the CIFAR 'Feeling Science: Investigating the Emotional Dimensions of Research with Living Organisms' Workshop. Toronto Metropolitan University, Toronto, Canada.
3. **Persram, R. J.** (2025, October). *The interplay of sibling and friend relationships on adolescent development and adjustment*. Invited social psychology brownbag at the University of Waterloo, Waterloo, Canada.
4. **Persram, R. J.** (2025, June). *The stability of adolescent sibling relationships and friendships during COVID-19: A latent transition analysis*. Invited talk at the Canadian Psychological Association annual conference, St. Johns, Canada.
5. **Persram, R. J.** (2021, May). *Broadening the lens on the impact of relationships on adolescent psychosocial functioning*. Invited research address to the Faculty of Education, McGill University, Montreal, Canada.
6. **Persram, R. J.**, Dirks, M., Recchia, H., & Howe, N. (2013, April). *The role of sibling relationships in the onset and maintenance of psychopathology*. Invited talk at the Centre for Research in Human Development Annual Conference, Concordia University, Montreal, Canada.
7. **Persram, R. J.** (2012, April). *Sibling control and aggression in pretend play*. Invited talk at the Centre for Research in Human Development Annual Conference, Concordia University, Montreal, Canada.

### SUPERVISORY ACTIVITIES

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#### Graduate Supervision

1. Natasha Souaid, *Clinical* [2026-present]
2. Charlotte Leon-Williamson, *Clinical* [2024-present]

### **External Graduate Supervision**

1. Alec Benavides (Masters, Public Policy) [2026]

### **Master's Thesis Committee Member**

#### *Supervisory Committee*

1. Emma Marquis [2025] (Role: Supervisory Committee)

#### *External Committee*

1. Hilary Masticaryian [2026] (Role: External)
2. Avishag Frank [2024] (Role: External)
3. Aaron Palachi [2024] (Role: External)
4. Tatjana Kay [2024] (Role: External)

#### *Chair*

1. Hallie Liu [2025] (Role: Chair)
2. Sonja Givetash [2023] (Role: Chair)
3. Irina Osminin [2023] (Role: Chair)

### **Doctoral Dissertation Committee Member**

1. Roksana Dôbrin-De-Grâce (Role: Examiner) [2026]
2. Virginia Tsekova (Role: Examiner) [2026]
3. Julia Tesolin (Role: Supervisory Committee, McGill University) [2026]
4. Krischanda Bemister [2024-present] (Role: Supervisory Committee)
5. Erica Rodrigues [2024-present] (Role: Supervisory Committee)

### **Comprehensive Examination**

1. Nakeisha Jean-Baptiste [2025-2026]
2. Johanna Looock [2025-2026]
3. Matthew McCready [2025-26] (Dept. Communication and Culture)
4. Stephanie Penta [2024-2025]
5. Mandy Wu [2024-2025]
6. Irina Osminin [2023-2024]

### **Undergraduate Honours Thesis**

#### Toronto Metropolitan University

1. Avah Zordan [2026-2027]
2. Mariana Zapounidis [2025-2026]
3. Sienna Klein [2025-2026]
4. Jamilah Christian [2024-2025]
5. Julia Llewellyn [2024-2025]
6. Leonette Alhambra [2023-2024]
7. Ashley Maharaj [2023-2024]

#### Other Institutions

1. Madelaine Panici [2022-2023] (Co-Supervised, Dr. M. Dirks, McGill University)
2. Reem Atallah [2021-2022] (Co-Supervised, Dr. W. Craig, Queen's University)
3. Finn Brennan-Krip [2021-2022] (Co-Supervised, Dr. M. Dirks, McGill University)
4. Katerina Giannoumis [2021-2022] (Co-Supervised, Dr. M. Dirks, McGill University)

5. Vishal Sooknanan [2019-2020] (Co-supervised, Dr. W. Bukowski, Concordia University)
6. Laura Pareja Conto [2018] (Co-supervised, Dr. W. Bukowski, Concordia University)
7. Maria Brown [2017-2018] (Co-supervised, Dr. W. Bukowski, Concordia University)

### **TMU Psychology Research Practicum**

1. Naba Hussain [2026]
2. Sana Mansuri [2025]

### **USRA/URO Internships**

1. Mariana Zapounidis [2026]
2. Patricia Forbes [2024]

## **TEACHING EXPERIENCE**

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### **Classes Taught**

G=Graduate

UG=Undergraduate

#### Toronto Metropolitan University

2027	Advanced Topics in Developmental Psychology (G; PS 8502)
2026	Adolescence and Emerging Adulthood (UG; PSY 502)
2026	Advanced Seminar in Developmental Psychology (UG; PSY 908)
2025	Social Cognitive Development (G; PS 8520)
2024-Present	Child Development (UG; PSY 302)
2023-2024, 2026	History and Theory of Psychology (UG; PSY 731)

#### Concordia University

2016-2020	Fundamentals of Lifespan Development (UG; PSYC 333)
2018	Adolescent Development (UG; PSYC 433)
2014	Child Development II (UG; EDUC 311)

### **Teaching Assistantships**

2019	Lab Instructor, Quantitative Methods of Inquiry (G; CHST 605)
2014, 2015	Lab Instructor, Statistical Analysis I (UG; PSYC 315)
2012, 2013	TA, Child Development II (UG; EDUC 311)
2011, 2012	TA, Child Development I (UG; EDUC 211)

### **Guest Lectures**

February 2022	Panel: Research Design Challenges (St. Lawrence College), <i>Behavioural Psychology Research Methods</i> (UG)
October 2020	Submit, Revise, Resubmit: Grad School & Beyond (McGill University), <i>Human Development</i> (G)
March 2019	The Role of Families and Siblings on Development (McGill University), <i>Personality and Social Development</i> (UG)
October 2017	Siblings, Peers, and Social Development (TAV College), <i>Child Social Development</i> (UG)

May 2026

November 2015 Sibling Relationships as a Context for Development (TAV College), *Child Development* (UG)

November 2012 Moral Development (Concordia University), *Child Development I* (UG)

### **Pedagogical Development**

2013 Graduate Seminar in University Teaching (Concordia University)

### **WORKSHOPS AND WEBINARS**

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January 2026 **Siblings Matter, Too!** Workshop/Webinar presented through Strong Minds Strong Kids, Psychology Canada [virtual].

November 2024 **Unity & Growth: Harnessing Youth Well-Being through Siblings and Friends.** Workshop presented at the Strong Minds Strong Kids Growing Minds Conference.

August 2024 **Bond & Bead: The Psychology of Friendships.** Workshop presented at the *Her Healthful* community wellness group.

July 2024 **Mind Matters: Applying Psychology to Mental Health and Success.** Workshop given at the Toronto Metropolitan University annual *SHAD Program*.

February 2018 **Burst Designs Have Never Failed Us: Using Intensive Forms of Measurement to Improve Reliability and Precision.** Workshop presented at the Concordia University Centre for Research in Human Development *Winter School on Advanced Statistics and Methods*.

### **AD HOC REVIEWER**

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*Academic Pediatrics; Aggressive Behaviour; Assessment; British Journal of Developmental Psychology; Child Development; Child Development Perspectives; Development and Psychopathology; Early Education and Development; Journal of Adolescence; Journal of Adolescent Health; Journal of Adolescent Research; Journal of Applied Developmental Psychology; Journal of Early Adolescence; Journal of Experimental Child Psychology; Journal of Experimental Psychology: Applied; Journal of Research on Adolescence; Marriage & Family Review; Merrill-Palmer Quarterly*

### **PROFESSIONAL MEMBERSHIPS**

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American Psychological Association, Association for Psychological Science, Canadian Psychological Association, International Society for the Study of Behavioural Development, Society for Research in Child Development, Society for Research on Adolescence, Jean Piaget Society

May 2026

**SERVICE**

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**Professional**

2026-Present	Guest Editor, <i>Translational Issues in Psychological Science</i>
2025-Present	Editorial Board Member, <i>Developmental Psychology</i>
2025-Present	Editorial Board Member, <i>Merrill-Palmer Quarterly</i>
2022-Present	Editorial Board Member, <i>Journal of Applied Developmental Psychology</i>
2024-2025	Editorial Fellow, <i>Developmental Psychology</i>

**Departmental**

2024-2025	Departmental Hiring Committee, TMU (Elected)
2023-2024, 2025-2026	Psychological Science Program Committee, TMU
2019-2020	PhD. Representative, <i>Graduate Instructor &amp; Teaching Assistant Committee</i> (AGSP, Concordia University)

**Faculty/University**

2025-Present	Academic Integrity Council, Toronto Metropolitan University
2025-Present	Research Ethics Board, Toronto Metropolitan University

**Other Review**

2026	Canadian Psychological Association (CPA) Awards and Fellows Committee
2025-2026	Panel reviewer for SSHRC Insight Grant competition
2024	External reviewer for SSHRC Insight Grant competition

**PARTNERSHIPS**

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**Roles**

2025-Present	Executive Board Trustee, <i>Strong Minds Strong Kids, Psychology Canada</i> .
2025-Present	Research Partner, <i>Promoting Relationships &amp; Eliminating Violence (PREVNet)</i> .

**OUTREACH AND MEDIA**

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**Panel**

May 2024	<i>Diversifying Psychology Recruitment Event</i> , hosted by the Department of Psychology, TMU (faculty panellist)
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**Media/Podcasts**

February 2026	“ <u>Oh Brother! The Surprising Impact of Siblings</u> ” – The CRAM Podcast ~ Extraordinary Ideas Unleashed (Podcast)
November 2023	<i>Connected and Complicated</i> ; hosted by Diane Pereira, TMU School of Journalism (online panellist)
October 2021	“ <u>The Role of Siblings</u> ” – <i>Let’s Talk: Youth Psychology Podcast</i> (Podcast)
August 2020	“ <u>Relationship Dynamics and Well-Being</u> ” – <i>Abstract</i> (Podcast)
April 2020	“ <u>Being Sure when the World is Unsure</u> ” – Concordia University

May 2026

**Quotes/Features**

September 2025 [Media XPress](#)  
September 2025 [TMU profile Persram et al. \(\*JSPR\* and \*JADP\*\)](#)  
May 2025 [TMU Psychology Faculty Recognized by Canadian Psychological Association](#)

**Writing Contributions**

March 2021 [The Value of Family Relationships and Friendship in Extraordinary Times](#)  
– *SEDigest*