

CURRICULUM VITAE**Lixia Yang**

Full Professor

Department of Psychology, Toronto Metropolitan University

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e-mail: lixia@torontomu.ca**AFFILIATION**

06.2017 Full Professor, Department of Psychology, Toronto Metropolitan University
 10.2016 Faculty, Immigration and Settlement Studies (ISS) MA program, Toronto Metropolitan University

EMPLOYMENT HISTORY

06.2017-present Full professor, Department of Psychology, Toronto Metropolitan University
 09.2010-06.2017 Associate Professor, Department of Psychology, Ryerson University
 08.2005-08.2010 Assistant Professor, Department of Psychology, Ryerson University
 01.2003-07.2005 Postdoctoral Fellow, University of Toronto (Advisor: Dr. Lynn Hasher)
 10.2000-12.2002 Postdoctoral Fellow, the Max-Planck Institute for Human Development and Education, Berlin (Advisor: Dr. Paul Baltes and Dr. Ralf Krampe)
 01.2000 – 10.2000 Assistant Professor, Institute of Psychology, Chinese Academy of Sciences (CAS)

EDUCATION AND TRAINING

01.2000 Doctor of Philosophy (PhD) in Cognitive Psychology, Institute of Psychology, CAS, Beijing, China
 07.1997 Master of Arts (MA) in Psychology, Hebei Normal University, Hebei, China
 07.1994 Bachelor's in Education, Psychology, Hebei Normal University, Hebei, China

AWARDS AND HONORS

2022 2022 Ontario Volunteer Service Award, Case #: 2022-VSA - Education & Multi-Culture Alliance of Canada - 2022-004073
 2022 The Queen's Platinum Jubilee Award for Outstanding Community Contribution (August 27, 2022). Center for New Immigrant Well-being (CNIW)
 2020 2020 Outstanding Professional Community Contribution Award, Center for New Immigrant Well-being (CNIW)
 2021 Dean's Scholarly, Research and Creative Activity Award – Tenured Faculty Category (April 29, 2021), Ryerson University
 2015 2015 YSGS Outstanding Contribution to Graduate Education Award
 2014 "A Prof Who Made A Mark" award, nominated by students, Student Housing Services, Ryerson University
 2012 - 2014 Natural Sciences and Engineering Research Council of Canada (NSERC) Early

	Career Researchers Award (\$ 5,000/year for three years)
2003-2005	University of Toronto Postdoctoral Fellowship, Canada
2001-2003	Max-Planck Society Postdoctoral Fellowship, Germany
1998-1999	Di-Ao Ph.D. Student Award, Chinese Academy of Sciences, China
1996-1997	Hua-Zang Graduate Student Award, Hebei Normal University, China
1990-1994	Annual First-prize Academic Scholarships, Hebei Normal University, China

GRANTS OR FUNDING

I. External Research Funding

2022-2023	Mitacs Accelerate Proposal: “The effects of AI empathic music therapy on psychosocial and cognitive functions of older adults: a pilot and validation study” (PI and Faculty supervisor, with Kathryn Boulton and Sonja Givetash as interns), \$45,000.00
2021-2022	Social Sciences and Humanities Research Council of Canada (SSHRC) Individual Partnership Engage Grants: “Promoting volunteerism in Chinese Communities in the Covid-19 and post-COVID-19 Era” (Co-I, with Dr. Weiguo Zhang as PI, Dr. Peizhong Wang and Dr. Xiaolin Xie as Co-Is). \$24,999. Mar. 1, 2021 – Feb. 28, 2022.
2020-2025	Natural Sciences and Engineering Research Council of Canada (NSERC) Discovery Grant: “Boundary Conditions for Age-related Associative Deficit: Behavioural Moderators and Neural Mechanisms” (PI). \$ 165,000. Apr. 1, 2020 – Mar. 31, 2025.
2020-2022	New Frontiers in Research Fund (NFRF) under Canadian Institutes of Health Research (CIHR) Operating Grant: Canadian 2019 Novel Coronavirus (COVID-19) Rapid Research Funding: “Mobilizing the Chinese Immigrant Community and Battling the Potential COVID-19 outbreak in the Greater Toronto Area: Gathering essential information, creating a mutual support quarantine network and assessing psychological impacts” (PA) with Dr. Peizhong Wang (NPA) at Memorial University. \$295,020. Feb. 28, 2020 - Feb. 28, 2022.
2020-2022	New Frontiers in Research Fund (NFRF) under Canadian Institutes of Health Research (CIHR) Operating Grant: Canadian 2019 Novel Coronavirus (COVID-19) Rapid Research Funding: “Spatial and social patterning of COVID-19 prevention and transmission in Canada: Investigating the impacts of risk perception and preventive behaviour on individual activity space” (PA) with Dr. Lu Wang (NPA) at Ryerson University, and Dr. Dongmei Chen (PA) at Queen’s University. \$197,000. Feb. 28, 2020 - Feb. 28, 2022.
2016-2017	The Mitacs Globalink Research Award – MHRD Indian (Government of India’s Ministry of Human Resource Development) “The Effects of Culture on Spontaneous Use of Spatial Navigation Strategies” (PI and faculty supervisor with Khushi Patel as MA trainee, and Dr. Naveen Kashyap from Indian Institutes of Technology as hosting supervisor). \$10,000. May 5, 2016 – Aug. 31, 2017.
2014-2020	Natural Sciences and Engineering Research Council of Canada (NSERC) Discovery Grant: “ <i>The Integration of Emotion and Cognitive Control in the Aging Brain</i> ” (PI). \$ 150,000. Apr. 1, 2014 – Mar. 31, 2020.
2012-2014	NSERC Early Career Researchers Award supplement to the Discovery Grant (PI). \$ 5,000/year. Jan. 2012 – Apr. 2014.
2010-2015	The China-Canada Joint Health Research Initiative, funded by the Canadian Institutes of Health Research (CIHR, \$ 150,000) and the National Natural Science Foundation of China (NSFC, CNY 450,000): “ <i>Aging, Culture, and Memory Binding: A Cross-Cultural Comparison</i> ”

- between China and Canada*" (NPA in Canada), with Juan Li (NPA in China). Jan. 1, 2010 – Dec. 31, 2012 (extended to Mar. 31, 2015).
- 2009-2010 Ontario Research Fund – Research Infrastructure (ORF-RI) Fund: *The Institute for Research in Stress, Health and Intervention* (co-user), PI: Leslie Atkinson. \$418,512.
- 2009-2014 Natural Sciences and Engineering Research Council of Canada (NSERC) Discovery Grant: *"The Interaction between Inhibition and Emotion in the Aging Brain: Behavioral and Neuroimaging Studies"* (PI). \$90,000. Apr. 1, 2009 – Apr. 1, 2014.
- 2022 NSERC-USRA Award to Max Mashall (Faculty Supervisor). \$6,000, May 16 – Jun. 2.
- 2019 NSERC-USRA Award to Justice Cupid (Faculty Supervisor). \$4,500, Apr. 29 – Aug. 16.
- 2018 NSERC-USRA Award to Shanny Foo (Faculty Supervisor). \$4,500, Apr. 30 – Aug. 17.
- 2016 NSERC-USRA Award to Nimesh Patel (Faculty Supervisor). \$ 4,500, May 9 –Aug. 26.
- 2015 NSERC-USRA Award to Nimesh Patel (Faculty Supervisor). \$ 4,500, May 4 –Aug. 21.
- 2013 NSERC-USRA Award to Dana Greenbaum (Faculty Supervisor). \$ 4,500, May 6 –Aug. 23.
- 2012 NSERC-USRA Award to Dana Greenbaum (Faculty Supervisor). \$ 3,938, May 28 –Aug. 31.
- 2010 NSERC-USRA Award to Dana Greenbaum (Faculty Supervisor). 4,500, May 3 –Aug. 29.

II. Internal Research Funding

- 2022-2023 SSHRC Explore Grant: "Mitigating the Psychological Impact of the COVID-19 Pandemic on Older Chinese Immigrants: A Research-Community Mutual Support Project" (PI). Office of the Vice-president, Research and Innovation (OVPRI), Toronto Metropolitan University. \$7,000. Mar. 31, 2022 – Mar. 31, 2023.
- 2020-2022 Partnership for Change: The RBC Immigration, Diversity and Inclusion Project Award: "Acculturation and its Relationship with Engagement and Wellbeing in Chinese Older Immigrants" (PI, with Dr. Linying Dong as co-applicant). OVPRI, Ryerson University. \$50,000. Jun. 1, 2020 – Jul. 31, 2021 (extended to Jan. 9, 2023).
- 2019-2020 Ryerson Health Research Fund: "Connecting Social Media Use to Off-line Cognitive and Psychosocial Health in Older Adults" (Co-PI, PI: Dr. Linying Dong). OVPRI, Ryerson University. \$ 7,000. Aug. 1, 2019 – Jul. 31, 2020 (Extended to Mar. 31, 2021)
- 2018-2019 Ryerson Internal Equipment Fund: Brain Stimulation Equipment, The Starstim system manufactured by Neuroelectric. (Co-PI, with Frank Russo as PI, Julia Spanil as another Co-PI). OVPRI, Ryerson University. \$23,000. Jun. 5, 2018 – May 31, 2019.
- 2017-2018 Ryerson Health Research Fund: *"The Effects of Self-Guided Mental and Physical Exercise on Cognitive Functions of Healthy Older Adults"* (PI), OVPRI, Ryerson University. \$ 10,000. May 1, 2017 – Apr. 30, 2019.
- 2015-2016 Ryerson Health Research Fund: *"Functioning under Stress: How Does Stress Impacts Executive Functioning in Young and Older Adults?"* (PI), OVPRI, Ryerson University. \$ 7,000. May 11, 2015 – May 11, 2016.
- 2015-2016 Ryerson Internal Equipment Fund: An Eye-Tracking System. (Co-PI, with Margret Moulson as PI). OVPRI, Ryerson University. \$25,217. Jun. 15, 2015.
- 2014-2015 Partnership for Change: The RBC Immigration, Diversity and Inclusion Project Research Fund: *"Social Engagement and Cognitive Functions in Chinese Immigrant Older Adults"* (PI, with Brenda Wong as student co-applicant), RBC Foundation and Ryerson University. \$10,000. May 6, 2014 – May 5, 2015
- 2014-2016 Institute for Stress and Wellbeing Research Harry Rosen Research Grants: *"Stressing Out:*

- Does Stress Impair Executive Functioning in Older Adults?*” (PI and Faculty Advisor, with Linda Truong as the student PI), Department of Psychology, Ryerson University. \$2,000. Apr., 2014 – Apr., 2016.
- 2012-2014 Ryerson Health Research Fund: *“Training-Induced Cognitive and Neural Plasticity of the Aging Brain: Effects of Self-guided Cognitive and Physical Training Programs”* (PI), OVPRI, Ryerson University. \$ 7,096. Aug. 23, 2012 – Aug. 22, 2014.
- 2008-2009 Ryerson International Initiatives Fund (RIIF): *“Age Differences and Cultural Effects in Source Memory: A Comparison between China and Canada”* (PI), OVPRI, Ryerson University. \$20,000. May 20, 2008 – Nov. 30, 2009 (Extended to May 30, 2011).
- 2007-2009 Ryerson New Faculty SRC Development Fund: *“Cognitive Plasticity and Mental Fitness in Older Adults”* (PI), Ryerson University. \$ 10,000. Apr. 16, 2007 – Apr. 16, 2009.
- 2009-2010 Arts SRC Fund Research Grant: *“Cognitive Training in Executive Functions with Older Adults”* (PI), Faculty of Arts, Ryerson University. \$ 5,000. Jan. 1, 2009 – Jan. 1, 2010.
- 2006-2007 Arts SRC Fund Research Grant: *“Age, Motivation and Emotional Memory”* (PI), Faculty of Arts, Ryerson University. \$ 5,200. Jan. 15, 2006 – Jan. 15, 2007.
- 2005 Ryerson Start-up Grant (PI), Ryerson University. \$23,000.

III. Internal Project, RA, and Travel Awards

- 10.2020-04.2021 Ryerson Graduate Career Boost Program to Kesaan Kandasamy, Fall/Winter 2020-2021, Ryerson Career Center. \$7,000 (\$4,458 from Career Boost Program).
- 09.2020-04.2021 Ryerson Career Boost International Program to Takoda Kemp and Jingya Xie, Fall/Winter 2020-2021, Ryerson Career Center. \$5,000 (\$3241.97 from Career Boost Program).
- 05.2021-08.2021 Ryerson Career Boost Program to Max Marshall, Summer 2021, Ryerson Career Center. \$8,312.85 (\$5,390 from Career Boost Program).
- 09.2020-04.2021 Ryerson Career Boost Program to Sana Junaid, Fall/Winter 2020-2021, Ryerson Career Center. \$5,000 (\$3241.97 from Career Boost Program).
- 06.2020-08.2020 Ryerson Career Boost Program to Aleksandra Maslocha, Summer 2020, Ryerson Career Center. \$5,390.
- 09.2019-04.2020 Ryerson Career Boost Program to Chelsea Hudspeth, Fall/Winter 2019-2020, Ryerson Career Center. \$5,000.
- 05.2018-08.2018 Ryerson Career Boost Program to Alexandria Goveia, Summer 2018, Ryerson Career Center. \$5,390.
- 05.2017-08.2017 Ryerson Career Boost Program to Shanny Foo, Summer 2017, Ryerson Career Center. \$5,880.
- 01.2017-04.2017 The Arts Undergraduate Research Assistants Program (AURA). Shanny Foo. \$2,688.
- 09.2016-12.2016 The Arts Undergraduate Research Assistants Program (AURA). Joseph Rovetti. \$2,688.
- 03.2016 Student Initiative Funds (SIF), Faculty supervisor with Erika Sparrow and Lingqian Li as student applicants. Get Psyched Annual Event, Ryerson University. \$920.
- 01.2016 The Faculty of Arts Special Events Grant (SEG) for Age Group Exchange (A:GE) Speaker Series. \$600 (\$300 from the faculty and \$300 from the department).
- 01.2022 The Faculty of Arts Special Projects Grant (SPG) for the open access publication, *“Cognitive Control in Young and Older Adults: Does Mood Matter?”* in *Brain Sciences*. \$1,500.

- 10.2020 The Faculty of Arts Special Projects Grant (SPG) for the open access publication, *“Cognitive and psychosocial outcomes of self-guided executive function training and low-intensity aerobic exercise in healthy older adults”* in *Frontiers in Aging Neuroscience* (Lead author). \$1,500.
- 04.2017 The Faculty of Arts Special Projects Grant (SPG) for the open access publication, *“The role of cognition, personality, and trust in fraud victimization in older adults”* in *Frontiers in Psychology* (Co-author). \$1,500.
- 04.2014 The Faculty of Arts Special Projects Grant (SPG) for the open access publication, *“The Survival Effect in Memory: Does it Hold into Old Age and Non-Ancestral Scenarios”* in PLOS ONE (Lead author). \$1,485.
- 05.2021-08. 2021 ARTS/OVPRI 2021 Undergraduate Research Opportunity (URO). *“The Psychological Impact of the COVID-19”* (to Angela Xiang). \$10,446.80.
- 05.2018-08. 2018 ARTS/OVPRI 2018 Undergraduate Research Opportunity (URO). *“The Effects of Self-guided Mental and Physical Exercise on Cognitive Functions of Healthy Older Adults”* (to Safir Sodouri). \$2,250.
- 05.2016-08.2016 ARTS/OVPRI 2016 Undergraduate Research Opportunities (URO) to Leslie Freedman-Kalchman (Faculty Supervisor). \$5,250.
- 05.2011-07.2011 OVPRI Undergraduate Research Opportunities (URO) Scholars Program to Dana Greenbaum (Faculty Supervisor). \$5,500.
- 09.2020-04.2021 Ryerson Work-Study RA program to Natalie Loserro, Fall/Winter 2021-2021, Ryerson Career Center. \$4,178.59,
- 09.2018-04.2019 Ryerson Work-Study Research Assistant Fund to Safir Sodouri, Fall/Winter 2018-2019, Ryerson Career Center. \$3957
- 09.2014-04.2015 Ryerson Work-Study Research Assistant Fund to Ryan Marinacci, Fall/Winter 2014-2015, Ryerson Career Center. \$3,834.
- 09.2013-04.2014 Ryerson Work-Study Research Assistant Fund to Khushi Patel, Fall/Winter 2013-2014, Ryerson Career Center. \$4,000.
- 09.2009-04.2010 Ryerson Work-Study Research Assistant Fund (Connie Kuan), Fall/Winter 2009-2010, Ryerson Career Center. \$4,000.
- 05.2009-09.2009 Ryerson Work-Study Research Assistant Fund (Connie Kuan), Summer 2009, Ryerson Career Center. \$9,758.
- 09.2008-03.2009 Ryerson Work-Study Research Assistant Fund (Sanja Dislimovic), Fall/Winter 2008-2009, Ryerson Career Center. 4,000.
- 05.2007-08.2007 Ryerson Work-Study Research Assistant Fund (Sherry Weng), Summer 2007, Ryerson Career Center. \$6,924.75.
- 09.2006-03.2007 Ryerson Work-Study Research Assistant Fund (Stephanie Lue), Fall/Winter 2006-2007 Ryerson Career Center. \$1,780.65.
- 06.2022 The Faculty of Arts Travel Grants (TG, PI). The Canadian Psychological Association 83rd Annual National Convention, Calgary, AB, Jun. 17-19, 2022. \$1,500.
- 11/14-17/2019 The Faculty of Arts Travel Grants (TG, PI). The 60th Annual Meeting of the Psychonomic Society, Montreal. \$1,480.
- 03/18-20/2019 The Faculty of Arts Small Travel Grant (STG, PI). The 29th Annual Rotman Research Institute Conference: Aging and Brain Health – Prevention and Early Detection of Dementia, Toronto, Metro Convention Center. \$500.

- 03/03-06/2018 The Faculty of Arts Small Travel Grant (STG, PI). The Cognitive Aging Conference. Atlanta. \$500.
- 11/15-18/2018 The Faculty of Arts Travel Grants (TG, PI). The 59th Psychonomic Society Annual Meeting, New Orleans, LA. \$1,250.
- 05/08-12/2018 The Faculty of Arts Travel Grants (TG, PI). The 3rd International Meeting of the Psychonomic Society, Amsterdam, Netherlands. \$1,100.
- 11/19-22/2015 The Faculty of Arts Travel Grants (TG, PI). The Annual Meeting of the Psychonomic Society, Chicago, Illinois. \$1000.
- 04/03-06/2014 The Faculty of Arts Small Travel Grant (STG, PI). The Cognitive Aging Conference. Atlanta. \$499.
- 05/23-26/2013 Arts SRC Travel Grant (PI). The 25th APS (Association for Psychological Science) Annual Convention, Washington. \$1,000.
- 04/19-22/2012 Arts SRC Travel Grant (PI). The Cognitive Aging Conference, Atlanta. \$1,500.
- 06/02-04/2011 Arts SRC Travel Grant (PI). The CPA's 72nd Annual Convention, Toronto. \$1,000.
- 04/15-18/2010 Arts SRC Travel Grant (PI). The Cognitive Aging Conference, Atlanta. \$1500.
- 11/19-22/2009 Arts SRC Travel Grant (PI). The Psychonomic Society Annual Meeting, Boston. \$1000.
- 08/06-09/2009 Arts SRC Travel Grant (PI). The APA 117th Annual Convention, Toronto. \$500.
- 07/20-25/2008 Arts SRC Travel Grant (PI). The XXIX International Congress of Psychology, Berlin. \$1,500.
- 04/20-23/2006 Arts SRC Travel Grant (PI). The Cognitive Aging Conference, Atlanta. \$1,500.

RESEARCH CONTRIBUTIONS

I. Publications in Refereed Journals

1. **Yang, L.,** *Kandasamy, K., Hasher, L. (2022). Inhibition and creativity in aging: Does distractibility enhance creativity? *The Annual Review of Developmental Psychology*, 4: 353-375. <https://doi.org/10.1146/annurev-devpsych-121020030705>
2. **Yang, L.,** *Yu, L., *Kandasamy, K., *Wang, Y., Shi, F., Zhang, W., & Wang, P. P. (2022). Non-pathological psychological distress among Mainland Chinese in Canada and its sociodemographic risk factors amidst the pandemic. *HealthCare*, 10(11): 2326. <https://doi.org/10.3390/healthcare10112326>
3. **Yang, L.,** *Kandasamy, K., Na, L., Zhang, W., & Wang, P. P. (2022, on-line advance). Perceived and experienced anti-Chinese discrimination and its associated psychological impacts among Chinese Canadians during the Wave 2 of the COVID-19 pandemic. *Psychology, Health & Medicine*. DOI: 10.1080/13548506.2022.2142947
4. *Lecompte, M., Counsell, A., & **Yang, L.** (2022). Demographic and COVID experience predictors of COVID-19 risk perception among Chinese residents in Canada. *International Journal of Environmental Research and Public Health*, 19, 14448. <https://doi.org/10.3390/ijerph192114448>.
5. *Skrotzki, C., *Stone, C., *Kandasamy, K., & **Yang, L.** (2022, advance online). Event segmentation enhances older adults' reactive cognitive control bias. *Aging, Neuropsychology and Cognition*, 1–15. <https://doi.org/10.1080/13825585.2022.2134548>
6. *Bolourchian, M., Alizadeh, A., **Yang, L.,** Wang, P., & Snow, D. F. (2022). The effects of perceived discrimination against Chinese immigrants in North America on peritraumatic distress during COVID-19: A structural equation modeling. *Annals of Epidemiology (ACE Abstracts)*, 73, p 55. <https://doi.org/10.1016/j.annepidem.2022.06.031>

7. *Bolourchian, M., **Yang, L.**, Wang, P. P., Alizadeh, A., & Snow, D. F. (2022). Attitudes towards Chinese residents in Canada during COVID-19. *Annals of Epidemiology (ACE Abstracts)*, 73, p 55. <https://doi.org/10.1016/j.annepidem.2022.06.032>
8. *Yu, L., Cao, Y., Wang, Y., Liu, T., MacDonald, A., Bian, F. Li, X., Wang, X., Zhang, Z., Wang, P. P., & **Yang, L.** (2022). Impact of COVID-19 pandemic on mental health among international students. *Annals of Epidemiology (ACE Abstracts)*, 75, p 55. <https://doi.org/10.1016/j.annepidem.2022.06.023>
9. *Su, C., **Yang, L.**, Dong, L., & Zhang, W. (2022). The psychological well-being of older Chinese immigrants in Canada amidst COVID-19: The role of loneliness, social support, and acculturation. *International Journal of Environmental Research and Public Health*, 19, 8612. <https://doi.org/10.3390/ijerph19148612>
10. *Lee, A. D.Y., Wang, P. P., Zhang, W., & **Yang, L.** (2022). COVID-19 peritraumatic distress and loneliness in Chinese residents in North America: The role of contraction worry. *International Journal of Environmental Research and Public Health*, 19, 7639. <https://doi.org/10.3390/ijerph19137639>
11. **Yang, L.** (2022). Maintained and delayed benefits of executive function training and low-intensity aerobic exercise over a 3.5-year period in older adults. *Frontiers in aging neuroscience*, 14, 905886. <https://doi.org/10.3389/fnagi.2022.905886>
12. **Yang, L.**, *Greenbaum, D., *Cupid, J., & Reed, M. (2022). Health appeal appraisal and memory in older adults: the effects of goal and valence framing. *Neuropsychology, development, and cognition. Section B, Aging, neuropsychology and cognition*, 1–16. Advance online publication. <https://doi.org/10.1080/13825585.2022.2079601>
13. Na, L., **Yang, L.**, Mezo, P. G., & Liu, R. (2022). Age disparities in mental health during the COVID19 pandemic: The roles of resilience and coping. *Social science & medicine (1982)*, 305, 115031. Advance online publication. <https://doi.org/10.1016/j.socscimed.2022.115031>
14. *Truong, L.; *Kandasamy, K.; **Yang, L.** (2022). Cognitive Control in Young and Older Adults: Does Mood Matter? *Brain Sciences*, 12 (1), 50. <https://doi.org/10.3390/brainsci12010050>.
15. *Yu, L., *Lecompte, M., Zhang, W., Wang, P., & Yang, L. (2022). Sociodemographic and COVID-Related Predictors for Mental Health Condition of Mainland Chinese in Canada Amidst the Pandemic. *International Journal of Environmental Research and Public Health*, 19(1), 171; <https://doi.org/10.3390/ijerph19010171>
16. Na, L.& **Yang, L.** (2022). Psychological and behavioral responses during the COVID-19 pandemic among individuals with mobility and/or self-care disabilities. *Disability and Health Journal*. 15(1): 101216. doi:10.1016/j.dhjo <https://authors.elsevier.com/a/1duaC6uM4neMIg>
17. Wang, L., Yu, J., Chen, D., & **Yang, L.** (2021). Relationships among COVID-19 Prevention Practices, Risk Perception and Individual Characteristics: A Temporal Analysis. *International Journal of Environmental Research and Public Health*, 18, 10901. <https://doi.org/10.3390/ijerph182010901>. <https://www.mdpi.com/1660-4601/18/20/10901>
18. Na, L. **Yang, L.**, Yu, L., Bolton, K., Zhang, W., & Wang, P. (2021). The Appraisal and Endorsement of Individual and Public Preventive Measures to Combat COVID-19 and the Associated Psychological predictors among Chinese Living in Canada. *Open Journal of Public Health*. 14(1): 592-599. doi:10.2174/1874944502114010592.
19. Kong, Y., Shaver, L. Shi, F., **Yang, L.**, Zhang W., Wei, X., Zhu, Y., Wang, Y., Wang, P. (2021). Attitudes of Chinese immigrants in Canada towards the use of Traditional Chinese Medicine for prevention and management of COVID-19: a cross-sectional survey during the early stages of the pandemic. *BMJ open*, 11(9), e051499. <https://doi.org/10.1136/bmjopen-2021-051499>.
20. *Wong, B. I., *Lecompte, M., & **Yang, L.** (2021) The age-related associative deficit simulated by relational divided attention: encoding strategy and recollection, *Memory*, 29:3, 406-415, DOI: 10.1080/09658211.2021.1898645

21. **Yang, L.**, *Truong, L., & *Li, L. (2021). Survival processing effect in memory under semantic divided attention. *Canadian Journal of Experimental Psychology*, 75(3), 299–306. <https://doi.org/10.1037/cep0000210>
22. **Yang, L.**, Yu, L., Zhang, W., Wei, X., Shi, F., & Wang, P. (2020). The perceived psychological distress towards COVID-19 and its demographic predictors. *Annals of Epidemiology (ACE Abstracts)*, 52, p 107. <https://doi.org/10.1016/j.annepidem.2020.08.034>
23. Zhang, W., Chai, L., Fan, J., Wang, P., Wei, X. & **Yang, L.** (2020). COVID-19, racial discrimination, and psychological distress. *Annals of Epidemiology (ACE Abstracts)*, 52, p 106. <https://doi.org/10.1016/j.annepidem.2020.08.032>
24. Kong, Y., Shaver, L., Shi, F., **Yang, L.**, Zhang, W., Wei, X., Wang, Y., & Wang, P. (2020). Belief and Usage of Traditional Chinese Medicine as Preventative Measure against COVID-19 Infection During the Pandemic among Chinese Immigrants in Canada. *Annals of Epidemiology (ACE Abstracts)*, 52, p 105. <https://doi.org/10.1016/j.annepidem.2020.08.027>
25. **Yang, L.**, *Gallant, S. N., *Wilkins, L. K., & Dyson, B. (2020). Cognitive and psychosocial outcomes of self-guided executive function training and low-intensity aerobic exercise in healthy older adults. *Frontiers in Aging Neuroscience*. 12: 576744. doi: 10.3389/fnagi.2020.576744
26. *Wilkinson, A., & **Yang, L.** (2020). Long-term maintenance of multiple task inhibition practice and transfer effects in older adults: A 3.5-year follow-up. *Psychology and Aging*, 35(5), 765–772. <https://doi.org/10.1037/pag0000430>
27. *Gallant, S. N., *Carvalho, M., *Hansi, J., & **Yang, L.** (2020). The effect of emotional distraction on hyper-binding in young and older adults. *Cognition & emotion*, 34(4), 839–847. <https://doi.org/10.1080/02699931.2019.1668750>
28. *Gallant, S. N., Spaniol, J., & **Yang, L.** (2019). Age differences in cue utilization during prospective and retrospective memory monitoring. *Psychology and Aging*, 34(4), 545-557. doi:10.1037/pag0000352
29. **Yang, L.**, Li, J., *Wilkinson, A., Spaniol, J., & Hasher, L. (2018). East-West cultural differences in encoding objects in imagined social contexts. *Plos One*. 13(11): e0207515. <https://doi.org/10.1371/journal.pone.0207515>
30. *Gallant, S. N., Pun, C., & **Yang, L.** (2018). Age differences in the neural correlates underlying control of emotional memory: An event-related potential study. *Brain Research*, 1697, 83-92. doi: 10.1016/j.brainres.2018.06.019
31. Girard, T., *Wilkins, L., *Lyons, K., **Yang, L.**, & Christensen, B. (2018). Traditional Test Administration and Proactive Interference Undermine Visual-Spatial Working Memory Performance in Schizophrenia-Spectrum Disorders. *Cognitive Neuropsychiatry*, 23(4): 242-253. doi: 10.1080/13546805.2018.1479248.
32. *Wong, B., Yin, S., **Yang, L.** Li, J., Spaniol, J. (2017). Cultural differences in memory for objects and backgrounds in pictures. *Journal of Cross-Cultural Psychology*, 49(3), 407-417. doi: 10.1177/0022022117748763. journals.sagepub.com/home/jcc.
33. *Mallya, S., Reed, M., & **Yang, L.** (2018). A theoretical framework for using humor to reduce the effects of chronic stress on cognitive function in older adults: An integration of findings and methods from diverse areas of psychology. *HUMOR: International Journal of Humor Research*, 32, 49-71. <https://doi.org/10.1515/humor-2017-0068>.
34. *Judges, R. A., *Gallant, S. N., **Yang, L.**, & Lee, K. (April 13, 2017). The role of cognition, personality, and trust in fraud victimization in older adults. *Frontiers in Psychology*, 8, 588. doi: 10.3389/fpsyg.2017.00588. <https://doi.org/10.3389/fpsyg.2017.00588>
35. *Gallant, S., Dyson, B. J., **Yang, L.** (2017). Local context effects during emotional item directed forgetting in younger and older adults. *Memory*, 25 (8), 1129-1138. doi:

- 10.1080/09658211.2016.1274036.
36. *Tallon, K., Koerner, N., & **Yang, L.** (2016). Working memory in Generalized Anxiety Disorder: Effects of verbal and image-based worry and relation to cognitive and emotional processes. *Journal of Experimental Psychopathology*, *7*(1), 72-94. doi: 10.5127/jep.045714
 37. *Wilkinson, A.J., & **Yang, L.** (2016b). Long-term maintenance of inhibition training effects in older adults: 1- and 3-year follow-up. *Journals of Gerontology: Psychological Sciences*, *71* (4), 622-629. doi: 10.1093/geronb/gbu179.
 38. *Wilkinson, A. J., & **Yang, L.** (2016a). Inhibition plasticity in older adults: Practice and transfer effects using a multiple task approach. *Neural Plasticity*, Volume 2016, Article ID 9696402, 12 pages. doi: 10.1155/2016/9696402
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II. Book chapters

1. Yang, L. & Skrotzki, C. (2022). Aging and goal-directed cognition: Cognitive control, inhibition, and motivated cognition. In K. D., Federmeier & B. R. Payne (Eds.), *The Psychology of Learning and Motivation*, Vol 77, 313-348. Academic Press. <https://doi.org/10.1016/bs.plm.2022.08.002>
2. Yang, L. (2022). Cognitive control in young and older adults. Scholarly Community Encyclopedia (online). <https://encyclopedia.pub/entry/18109>
3. Yang, L., *Wong, B., & *Li, L. (2019). Culture and memory. *Clinical Cultural Neuroscience: Foundations and Assessment* (Ed., O. Pedraza). Oxford University Press, New York, USA.
4. *Gallant, S., & Yang, L. (2016). Directed Forgetting. *The encyclopedia of Adulthood and Aging* (Ed., S. K. Whitbourne), 345-349. John Wiley & Sons, Inc. Willey Blackwell.
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5. *Truong, L., & Yang, L. (2016). Dual Mechanisms of Cognitive Control. *The encyclopedia of Adulthood and Aging* (Ed., S. K. Whitbourne), 376-379. John Wiley & Sons, Inc. Willey Blackwell.
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III. Non-academic reports or clinical manual

1. Wang, M., Yang, Lydia., & Yang, Lixia. (2020). Physical and Mental Health Guidebook for Senior Chinese Immigrants during the Pandemic (in Mandarin). BIG (Building Inter-Generational Connections among Chinese in Canada amid the COVID-19 Pandemic) Project, Sep. 30 – Nov. 30, 2020.

IV. Manuscripts in Preparation and Under Review

1. Yang, L., Ding, Y., Wang, M., Xie, J., Zhang, W., & Wang, P. (revise and resubmit). Emotional Experiences and Coping of Chinese Canadians amidst the COVID-19 Pandemic: An Age and Gender Stratified Interview. *Asian American Journal of Psychology*.
2. Dong, L. Yang, L., Lecompte, M., Katsiris, A., Skrotzki, C. (revise and resubmit). COVID-19 anxiety: The impact of older adults' transmission of negative information and online social networks. *Aging and Health Research*.
3. Na, L. Bolton, K., & Yang, L. (revise and resubmit). Factors associated with depression among community-dwelling older persons during the COVID-19 pandemic. *Journal of Applied Gerontology*.
4. Yang, L., Gallant, S. N., Sodouri, S., Foo, S. (under review). Valence and subjective value in memory selectivity of young and older adults. *Journal of Gerontology: Psychological Sciences*
5. Lecompte, M. & Yang, L. (under review). Schematic support boosts associative memory and the valence memory advantage for happy over angry face-word pairs in young and older adults. *Journal of Gerontology: Psychological Sciences*.
6. Yu, L., Cao, Y., Wang, Y., Liu, T., MacDonald, A., Bian, F., Li, X., W, X., Zhang, Z., Wang, P., Yang, L. (under review). Mental Health Conditions of Chinese International Students and Associated Predictors Amidst the Pandemic. *Community mental health journal*.
7. *Marshall, M., *Kandasamy, K., & Yang, L. (in preparation). Academic motivation and its predictors among undergraduate students in transition back to in person schooling during the pandemic.
8. Li, L., & Yang, L. (in preparation). The effects of unitization strategy on older adults: Dissociation

between memory processes and associative memory performance.

9. Scaringi, J., Li, L., & **Yang, L.** (in preparation). Age Differences in Memory for Socially Important Associations: The Effects of Assigned and Self-perceived Social Importance and Schematic Support.
10. Katsitis, A., Kandasamy, K., & **Yang, L.** (in preparation). Predictors of psychological distress in Chinese Canadian Residents during the COVID-19 pandemic.
11. **Yang, L.**, & Reed, M. (in preparation). The transfer effect and long-term maintenance of retest learning in older adults.
12. Wilkinson, A. J., & **Yang, L.** (in preparation). Reducing reaction time variability in older adults: The effects of practice and feedback.
13. Wong, B., Campbell, K., Hasher, L., & **Yang, L.** (in preparation). Implicit Statistical Learning from both Attended and Unattended Information in Chinese.

IV. Conference Talks and Poster Presentations

Oral Presentations (Invited)

1. Na, L. Bolton, K., Yang, L. (2023, under review). Disability trajectories associated with depression during the COVID-19 pandemic. Educational Tracks: policy, advocacy, and communications, 2023 Society for Public Health Education (SOPHE) annual conference, March 21-24, Atlanta, GA
2. **Yang, L.**, *Greenbaum, D., *Cupid, J., & Reed, M. (2022). The effect of combined goal and valence framing in appraisal and memory for health communication in younger and older adults. Spoken session “cognitive aging”. The 63th Annual Meeting of the Psychonomic Society, Boston, November 17-20.
3. Bian, F., Cao, Y., Lei, N., Zheng, S., Jafri, K., Bolourchian, M., Sheng, S., Yang, L., Wang, P. P. (2022). Assessing the barriers preventing Chinese Canadian immigrants from reporting discrimination. 150th years American Public Health Association (APHA) annual conference, Nov. 6-9, Boston, USA.
4. Yu, J., Chen, D. M., Wang, L., & **Yang, L.** (2022, October 20-22). Home and Older Immigrants’ well-being in the context of COVID-19. *Applied Geography Conference AGX2022*.
5. Wang, L., Yu, J., Chen, D. & **Yang, L.** (2022). COVID-19, neighbourhood health and prevention behaviour in Toronto, Canada. The IGU (International Geographical Union) conference, Paris, France, July 18-22
6. **Yang, L.** (2021). Context Memory from the West to the East (Symposium). Memory Disorders Research Society (MDRS) Annual Meeting, Virtual, October 3-6, 2021.
7. Wang, L., **Yang, L.**, Chen, D., & Yu, J. (2021). Spatial and social patterning of COVID-19 prevention and transmission in Canada: Exploring risk perception, preventive behaviour and individual activity space. American Association of Geographers (AAG) Annual Meeting, Virtual, Feb. 25- Mar. 1
8. **Yang, L.** (2019). Binding and unbinding from the East to the West: Culture and memory. Preconference Symposium. Inaugural Culture and Cognition Preconference of the Psychonomic Society. The 60th Annual Meeting of the Psychonomic Society, Montreal, November 14-17.
9. *Sodouri, S., & **Yang, L.** (2019). Age differences in value directed learning and memory for emotional information. The Toronto Area Memory Group (TAMeG), May 14, 2019, Toronto, ON.
10. *Rybkina, J. & **Yang, L.** (2018) Contributions of explicit instruction and creative thinking to associative memory in older adults. The Toronto Area Memory Group (TAMeG), May 15, 2018, Toronto, ON.
11. *Li, L., & **Yang, L.** (2018, October 26). Cognitive Aging Lab: Studies on Age-related Changes in Cognition, Ryerson PGSA Symposium, Toronto, ON.
12. *Wong, B., & **Yang, L.** (2018). Improving associative memory in older adults. Invited Symposium session: Factors That Influence Cognition in Younger and Older Adults. Development 2018: A Canadian Conference on Developmental Psychology, May 3-4, Brock University, ON, Canada
13. **Yang, L.**, & *Gallant, S. (2017, Nov. 17). Selective forgetting and meta-cognitive monitoring of memory:

Age differences and valence effect. Symposium in Honour of Lynn Hasher (Retirement), Department of Psychology, University of Toronto.

14. **Yang, L.**, *Gallant, S., *Wilkinson, A. *Wilkins, L., & Dyson, B. (2017). Training the aging brain: Mental vs. physical exercise. Symposium session: Healthy Aging and Executive Functioning. The Canadian Psychological Association (CPA) Annual Convention, June 8-10, Fairmont Royal York, Toronto.
15. *Gallant, S. N., & **Yang, L.** (2016, June 24-26). Metacognitive predictions of forgetting: The influence of aging and emotion. Annual meeting of the Canadian Society for Brain, Behaviour, and Cognitive Science, Ottawa, ON.
16. *Gallant, S. N., & **Yang, L.** (2016). Metacognition and directed forgetting of emotional words in memory. The Toronto Area Memory Group (TAMeG), May 10, 2016, Toronto, ON.
17. *Tallon, K., Koerner, N., & **Yang, L.** (2014, November). Does a restriction in working memory capacity mediate the relationship between worry and interpretative biases in generalized anxiety disorder? Psychology Graduate Student Association (PGSA) Research Symposium, November 14, Ryerson University, Toronto, ON.
18. *Truong, L., & **Yang, L.** (2014). How Does Mood Affect Cognitive Control in Younger and Older Adults? Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) annual meeting, July 3-5, 2014, Ryerson University, Toronto, Ontario.
19. **Yang, L.** (2011). Retest Learning as a basic form of cognitive plasticity in older adults. Symposium: Maintaining Cognitive Functioning in our Later Years: Empirical Evidence and Application. The Canadian Psychological Association (CPA) 72nd Annual Convention, June 2-4, Sheraton Centre Toronto Hotel, Toronto.
20. *Lau, K., & **Yang, L.** (2010). Adaptive memory: Survival effects in younger and older adults. Southern Ontario Neuropsychology Group (SONG) Meeting. May 7, Ryerson University, Toronto.

Poster Presentations

1. Bolton, K., **Yang, L.**, Givetash, S. (2023, March 9 -11). The effects of adaptive music intervention on psychosocial and cognitive functions of older adults: A pilot and validation study. Poster ID: 43664; Poster Password: 712262. ICPS (International Convention of Psychological Science (ICPS) 2023, Brussels, Belgium.
2. Skrotzki, C., Kandasamy, K., & **Yang, L.** (2023, March 9 -11). In person vs. online cognitive testing yields discrepant cognitive control biases in young adults. Poster ID: 43813; Poster Password: 225835. ICPS (International Convention of Psychological Science (ICPS) 2023, Brussels, Belgium.
3. Kandasamy, K., & **Yang, L.** (2023, March 9 -11). Cognitive Control as a mechanism for emotional wellbeing in older adults during the Pandemic. Poster ID: 43607; Poster Password: 325836. ICPS (International Convention of Psychological Science (ICPS) 2023, Brussels, Belgium.
4. Givetash, S., & **Yang, L.** (2023, March 9 -11). Item Pre-Learning in Memory for Face-Name Associations Among Older Adults. Poster ID: 41903; Poster Password: 811980. ICPS (International Convention of Psychological Science (ICPS) 2023, Brussels, Belgium.
5. Xiang, A., Lecompte, M., & **Yang, L.** (2023, March 9 -11). The Effect of Video Presence on Name-Occupation Associative Memory in a Virtual Meeting. Poster ID: 43017; Poster Password: 796898. ICPS (International Convention of Psychological Science (ICPS) 2023, Brussels, Belgium.
6. **Yang, L.**, Wong, B., Scaringy, J. (2023, March 9-11). Title: Mitigating the Associate Memory Deficit in Older Adults: The Effects of Value and Schematic Support in Word Pair and Face-Word Pair Memory. Poster ID: 43051; Poster Password: 922443; ICPS (International Convention of Psychological Science (ICPS) 2023, Brussels, Belgium.
7. Yu, L. & **Yang, L.** (2022, November 18) Mental Health Risks Persist Over Time: Psychological Distress of Chinese Residents in Canada across the three Stages of the Pandemic. Dalla Lana School of Public Health (DLSPH) 2022 Student Led Conference. University of Toronto St. George

8. Skrotzki, C., Stone, C., Kandasamy, K., & **Yang, L.** (2022, November 17-20). Event Segmentation and Cognitive Control Use. The 63th Annual Meeting of the Psychonomic Society, Boston, US.
9. Bolourchian, M., Alizadeh, A., **Yang, L.**, Wang, P., & Snow, D. F. (2022, Sept. 8-11). The effects of perceived discrimination against Chinese immigrants during COVID-19. *Annals of Epidemiology (ACE Abstracts)*
10. Bolourchian, M., **Yang, L.**, Wang, P., Alizadeh, A., & Snow, D. F. (2022, Sept. 8-11). Attitudes towards Chinese residents in Canada during COVID-19. *Annals of Epidemiology (ACE Abstracts)*
11. Yu, L., Cao, Y., Wang, Y., Liu, T., MacDonald, A., Li, X., Wang, X., Zhang, Z., Wang, P., & **Yang, L.** (2022, Sept. 8-11). Impact of COVID-19 Pandemic on Mental Health among International Student. *Annals of Epidemiology (ACE Abstracts)*
12. Kandasamy, K., Wang, P., Zhang, W., Na, L. & **Yang, L.** (2022, June 17-19). The effects of discrimination on the psychological distress of Chinese Canadians during COVID-19. The 2022 Annual Convention of the Canadian Psychological Association, Calgary, Alberta, Canada.
13. **Yang, L.**, Wang, M., Xie, J., Ding, Y., Zhang, W., & Wang, P. (2022, June 17-19). The psychological impacts and coping of Chinese Canadians to the COVID-19 pandemic: An age and gender stratified qualitative interview. The 2022 Annual Convention of the Canadian Psychological Association, Calgary, Alberta, Canada.
14. Bolton, K., & **Yang, L.** (2022, June 17-19). The psychological functions and the related cognitive outcomes among older adults during the COVID-19 pandemic. The 2022 Annual Convention of the Canadian Psychological Association, Calgary, Alberta, Canada.
15. Bolton, K., & **Yang, L.** (2022, April 7-10). Psychological distress and the related cognitive outcomes among older adults during the COVID-19 pandemic. Cognitive Aging Conference, Atlanta, Georgia, U.S.
16. Lecompte, M., & **Yang, L.** (2022, April 7-10). Do self-perceived social importance and recognition confidence ratings relate to face-related associative memory in young and older adults? Cognitive Aging Conference, Atlanta, Georgia, U.S.
17. Kandasamy, K. & **Yang, L.** (2022, April 7-10). Distractor effects on aging and cognitive control use. Cognitive Aging Conference, Atlanta, Georgia, U.S.
18. Skrotzki, C., Stone, C., Kandasamy, K. & **Yang, L.** (2022, April 7-10). Investigating the Effect of Event Segmentation on Cognitive Control Use in Young and Older Adults. Cognitive Aging Conference, Atlanta, Georgia, U.S.
19. Marshall, M., Kandasamy, K., & **Yang, L.** (2022, March 24). Psychological factors affecting undergraduate university students' academic motivation amidst the COVID-19 pandemic. The 2022 Luminate Student Research Fair at the Student Mental Health & Wellbeing Conference, York University, Toronto, Canada
20. Ling, L. & **Yang, L.** (2021, November 4-7). Does unitization strategy reduce age-related associated memory deficit in older adults? The Psychonomic Society 62nd Annual Meeting. Virtual.
21. Skrotzki, C., Szpunar, K., & **Yang, L.** (2021, November 4-7). Prospective Cognitions of Chinese Immigrants in Canada: The Self, Country of Origin, and Country of Residence. The Psychonomic Society 62nd Annual Meeting. Virtual.
22. Su, C., **Yang, L.**, Dong, L., & Zhang, W. (2021, October 20-23). The impact of social support and loneliness on the psychological well-being of Chinese older adults in Canada amidst COVID-19. *The 50th Annual Scientific and Educational Meeting of the Canadian Association on Gerontology (CAG)*. Virtual.
23. Na, L., **Yang, L.**, Mezo P. (2021, Oct). Age disparities in mental health during the COVID19 pandemic: The roles of resilience and coping. *American Public Health Association Annual Conference*. Virtual and Denver, CO.

24. Dong, L. **Yang, L.**, Lecompte, M., Katsiris, A., & Skrotzki, C. (May 6-8, 2021). The effect of social media use on psychological well-being of older adults during the COVID-19 pandemic. *The 2021 Canadian Stress Research Summit*. Virtual.
25. Yu, L., **Yang, L.**, Wang, P., Zhang, W. & Wei, X. (May 6-8, 2021). Mental health status of Chinese Immigrants in Canada during the COVID-19 Pandemic. *The 2021 Canadian Stress Research Summit*, Virtual.
26. Skrotzki, C., Stone, C., & **Yang, L.** (2021, May 26-27). Spatial location and event segmentation: Enhancing reactive cognitive control use. APS (Association for Psychological Science) Virtual Convention
27. Lecompte, M., & **Yang, L.** (2021, May 26-27). The role of schematic support and emotional valence in the aging-related deficit in associative memory. *APS (Association for Psychological Science) Virtual Convention*.
28. Bolton, K. & **Yang, L.** (2021, April 21-22). The psychological and cognitive impacts of the COVID-19 pandemic on older adults. COVID-19 and Public Health Forum, Canadian Public Health Association (CPHA), virtual.
29. Kandasamy, K., Wang, P., Zhang, W., & **Yang, L.** (2021, April 21-22). Cognitive predictors of Psychological distress in Chinese residents in Canada amidst the COVID-19 pandemic. COVID-19 and Public Health Forum, Canadian Public Health Association (CPHA), virtual
30. Lecompte, M., Counsell, A., Wang, P., Zhang, W., & **Yang, L.** (2021, April 21-22). Demographic predictors of COVID-19 risk perception among Chinese residents in Canada. COVID-19 and Public Health Forum, Canadian Public Health Association (CPHA), virtual.
<https://portalapp.cpha.eventsair.com/VirtualAttendeePortal/cvph/presentationgallery/>
31. Yu, L., Lecompte, M., Wang, P., Zhang, W., Wei, X., & **Yang, L.** (2021, April 21-22). The Psychological Wellbeing of Chinese residents in Canada amidst the pandemic. COVID-19 and Public Health Forum, Canadian Public Health Association (CPHA), virtual.
32. Wang, Y., Shen, D. Wang, P., Zhang, W., **Yang, L.**, Wei, X., Shi, F., Kong, Y. (2021, April 21-22). Recruitment of Senior Chinese Immigrants for COVID-19 Research: Feasibility of Online Surveys for Data Collection. COVID-19 and Public Health Forum, Canadian Public Health Association (CPHA), virtual.
33. Wang, L., **Yang, L.**, Chen, D., & Yu, J. (2021, April 21-22). Spatial and social patterning of COVID-19 prevention and transmission within the Chinese community of Canada: Investigating the impacts of risk perception and preventive behaviour on spatial mobility. COVID-19 and Public Health Forum, Canadian Public Health Association (CPHA), virtual.
34. Skrotzki, C., Truong, L., & **Yang, L.** (2020). Age Differences in Cognitive Control: Which Cue Manipulations Matter? Virtual Psychonomics Annual Meeting, November 19-21, 2020.
35. Scaringi, J. & **Yang, L.** (2020). Age Differences in Memory for Assigned and Self-perceived Socially Important Information. Virtual Psychonomics Annual Meeting, November 19-21, 2020.
36. Kong, Y., Shi, F., **Yang, L.**, Zhang, W., Wei, X., Wang, Y., & Wang, P. (2020). Preventative Measure against COVID-19 among Chinese Immigrants in Canada. Annual meeting of the American College of Epidemiology (ACE, Virtual Conference), September 21-24, 2020.
37. **Yang, L.**, Yu, L., Zhang, W., Wei, X., Shi, F., Wang, P. (2020). The Perceived Psychological Distress towards COVID-19 and its Demographic Predictors. Annual meeting of the American College of Epidemiology (ACE, Virtual Conference), September 21-24, 2020. [link](#)
38. *Skrotzki, C., *Stone, C., **Yang, L.** (2019). Cue salience effect on cognitive control in young and older adults. The 60th Annual Meeting of the Psychonomic Society, Montreal, November 14-17, 2019.
39. *Sodouri, S., *Foo, S., *Gallant, S., & **Yang, L.** (2019). Age differences in value-directed learning, memory, and memory monitoring of emotional words. The 60th Annual Meeting of the Psychonomic Society, Montreal, November 14-17, 2019.

40. **Yang et al.**, *Gallant, S., *Wilkins, L., & Dyson, B. (2019). Cognitive and psychosocial outcomes of mental and physical exercise in health older adults, 2019 Rotman Research Institute Conference: Aging & Brain Health, Prevention & Early Detection of Dementia, Toronto, ON, March 18-20, 2-019
41. **Yang, L.**, *Li, J., *Wilkinson, A., Spaniol, J. & Hasher, L. (2018). East-West Cultural Differences in Encoding Objects in Social Context, The 59th Annual Meeting of the Psychonomic Society, New Orleans, November 15-18, 2018.
42. *Gallant, S., & **Yang, L.** (2018). The Effects of Age and Emotion on Cognitive Control of Memory and Metacognitive Monitoring, Cognitive Neuroscience Society 25th Annual Meeting, Boston, March 24-27, 2018
43. *Mallya, S., Reed, M., & **Yang, L.** (2018, June). A theoretical framework for using humor to reduce the effects of chronic stress on cognitive function in older adults: An integration of findings and methods from diverse areas of psychology, the International Conference on Promoting Healthy Brain Aging and Preventing Dementia: Research and Translation, June 20-22, Banff, AB.
44. *Gallant, S., & **Yang, L.** (2018). Age differences in selective memory monitoring of emotional information. The 3rd International Meeting of the Psychonomic Society, Amsterdam, the Netherlands, May 10-12, 2018.
45. *Nasser, L., & **Yang, L.** (2018). The effect of acute psychosocial stress on executive functioning in healthy older adults. Cognitive Aging Conference, May 3-6, Atlanta, GA, USA.
46. *Patel, K., & **Yang, L.** (2018). Culture and age differences in spatial memory and object-location binding strategies in Canadian and Indian adults. Cognitive Aging Conference, May 3-6, Atlanta, GA, USA.
47. *Wong, B. I., & **Yang, L.** (2018). Optimizing older adults' associative memory: The effects of item pre-learning and value-directed learning. Cognitive Aging Conference, May 3-6, Atlanta, GA, USA.
48. *Gallant, S. N., **Yang, L.** (2017). Age differences in the neural correlates of selective memory for emotion: An Event-Related Potential study. The Cognitive Neuroscience Society Annual Meeting, March 25-28, San Francisco, USA.
49. *Wong, B. I., & **Yang, L.** (2016). The role of attentional resources in age-related deficits in associative memory. The 45th Canadian Association on Gerontology (CAG) Annual Scientific and Educational Meeting: Fostering Innovation in Research on Aging, October 20-22, 2016, Montreal, Quebec.
50. *Wong, B. I., & **Yang, L.** (2016). Associate memory "deficits" in young adults: The importance of effective encoding strategies. Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) annual meeting, June 24-26, 2016, University of Ottawa, Ottawa, Ontario.
51. *Wong, B. I., & **Yang, L.** (2016). Social Engagement Profile of Chinese Elderly Immigrants in Canada. 28th Annual Convention of Association for Psychological Science (APS), May 26-29, 2016, Chicago, United States.
52. *Carvalho, M., *Gallant, S., & **Yang, L.** (2016). The effect of emotional distraction on hyper-binding in young and old adults. The 46th meeting of the Ontario Psychology Undergraduate Thesis Conference, Wilfrid Laurier University, May 6, 2016, Waterloo, Ontario, Canada.
53. *Gallant, S. N., **Yang, L.** (2016). Meta-forgetting: Predicting forgetting of emotional information across the lifespan. Cognitive Aging Conference, April 14-17, Atlanta, GA, USA.
54. *Gallant, S. N., Dyson, B. J., **Yang, L.** (2016). Local context effects during item directed forgetting in young and older adults. Cognitive Aging Conference, April 14-17, Atlanta, GA, USA.
55. *Judges, R. A., *Gallant, S. N., **Yang, L.**, & Lee, K. (2016). Cognitive and social factors related to fraud victimization in older adults. Cognitive Aging Conference, April 14-17, 2016. Atlanta, GA, USA.
56. *Truong, L., & **Yang, L.** (2016). The effects of mood inductions on proactive and reactive control. Cognitive Aging Conference, April 14-17, Atlanta, Georgia, United States.
57. *Wilkinson, A. & **Yang, L.** (2016). Plasticity of Inhibition in Older Adults: Practice, Transfer, and Long-term Maintenance. Cognitive Aging Conference, April 14-17, Atlanta, Georgia, USA.

58. *Wong, B. I., & **Yang, L.** (2016). Associations between cognitive functions and patterns of social engagement in Chinese elderly immigrants in Canada. Cognitive Aging Conference, April 14-17, Atlanta, GA, United States
59. **Yang, L.**, *Gallant, S. N., *Wilkinson, A., *Wilkins, L., *Patel, K., & Dyson, B. (2016). Training the aging brain with mental and physical exercise. Cognitive Aging Conference, April 14-17, Atlanta, GA, United States.
60. *Gallant, S., & **Yang, L.** (2015). Positivity effect in older adults' source attributions of to-be-remembered and to-be-forgotten stimuli: Product of enhanced memory strength or decision bias? Annual Meeting of the Psychonomic Society, November 19-22, 2015 in Chicago, Illinois, USA
61. *Meridis, L., *Truong, L., & **Yang, L.** (2015). Functioning Under Stress: Does Stress Impact Executive Functioning of Older Adults? Annual Meeting of the Psychonomic Society, November 19-22, 2015 in Chicago, Illinois, USA
62. *Wong, B., & **Yang, L.** (2015, October). Social Engagement of Chinese Elderly Immigrants in Canada. The Psychology Graduate Research Symposium (PGSA), October 30, Ryerson University, Toronto.
63. *Meridis, L., *Truong, L., & **Yang, L.** (2015). Stressing out: The effects of psychosocial stress on executive functioning in older adults. The Canadian Psychological Association (CPA) 76th Annual Convention, June 4-6, Ottawa, Ontario.
64. *Truong, L. & **Yang, L.** (2014, November). The effects of mood induction on proactive and reactive cognitive control. Annual Meeting of the Psychonomic Society, Long Beach, California, November 20-23.
65. *Li, L., & **Yang, L.** (2014, November). Cultural differences in memory for faces and associated perceptual versus social contexts. The Psychology Graduate Research Symposium, November 14, Ryerson University, Toronto.
66. *Li, L., & **Yang, L.** (2014). The Own-Race Bias in Context Memory of Faces: A Cross-Culture Comparison. Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) annual meeting, July 3-5, 2014, Ryerson University, Toronto, Ontario.
67. *Wong, B., & **Yang, L.** (2014). Implicit Statistical Learning from Attended and Unattended Information: A Culturally Universal Phenomenon? Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) annual meeting, July 3-5, 2014, Ryerson University, Toronto, Ontario.
68. *Gallant, S., & **Yang, L.** (2014). Reduced intentional forgetting of positive information in older adults. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
69. *Gallant, S., **Yang, L.**, Wilkinson, A., Wilkins, L. & Patel, K. (2014). Practice-related cognitive improvement in older adults: effects of a self-guided video game trianing pilot study. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
70. *Greenbaum, D., & **Yang, L.** (2014). The effects of valence- and goal-framing on memory for health appeals in young and odler adults. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
71. *Li, L., & **Yang, L.** (2014). Age and cultural differences in source memory: Does cultural preference in encoding style matter? Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
72. *Truong, L., **Yang, L.**, & *Lau, K. (2014). Divided attention, but not aging, wipes out the survival effect in memory. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
73. *Wilkinson, A., & **Yang, L.** (2014). Plasticity of three sub-funcitons of inhibition in older adults: Retest practice and transfer effects. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
74. *Wong, B., & **Yang, L.** (2014). Age and cultural effects on memory fo rcomplex pictures under an unbinding condition. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.
75. **Yang, L.**, *Wilkinson, A., *Gallant, S., *Wilkins, L. Dyson, B., & *Patel, K. (2014). The effects of self-guided cognitive and physical on the aging brains. Cognitive Aging Conference, April 3-6, Atlanta, Georgia, United States.

76. **Yang, L.**, Chen, W., Hg, A. H., & Fu, X. (2013). Culturally-promoted Memory for Categorically Processed Information: An East-West Cross-culture Study. The Psychonomic Society Annual Meeting, November 14-17, 2013, Toronto, Canada.
77. *Wong, B. & **Yang, L.** (2013). Cultural Effects on Visual Statistical Learning: Preliminary Data. Poster session, The Psychology Graduate Research Symposium, November 8, Ryerson University, Toronto.
78. *Gallant, S. & **Yang, L.** (2013). Effects of age and emotional valence on item-directed forgetting and source attribution. Canadian Society for Brain, Behaviour and Cognitive Science (CSBBCS) annual meeting, June 7-9, 2013, University of Calgary, Calgary, Alberta.
79. *Wong, B., **Yang, L.**, Yin, S., Li, J., & Spaniol, J. (2013). Unbinding of Contextual Information: Age Differences and Cultural Effects. The 2013 IACCP (International Association for Cross-Cultural Psychology) Regional Conference, June 20-22, Los Angeles, U.S.
80. **Yang, L.**, Li, J., Spaniol, J., Hasher, L., *Wilkinson, A., Yu, J., & Niu, Y. (2013). Culturally-Promoted Memory for Socially Meaningful Contexts: An East-West Cross-Cultural Study. The 25th APS (Association for Psychological Science) Annual Convention, May 23-26, 2013, Washington, D. C., United States.
81. *Wilkinson, A. J., & **Yang, L.** (2013). Can we reduce reaction time intra-individual variability in older adults? Retest practice and feedback. Baycrest 23rd Annual Neuroscience Conference: Brain Plasticity & Neurorehabilitation, March 4-6, Toronto, Canada
82. *Wilkinson, A. J., **Yang, L.**, & Dyson, B. J. (2013). Modulating younger and older adults' performance in ignoring pictorial information during a word matching task. Cognitive Neuroscience Society (CNS) Annual Meeting, April 13-16, 2013, San Francisco, United States.
83. *Wong, B., **Yang, L.**, Yin, S., & Li, J. (2012). Unbinding of contextual information: Age differences and cultural effects. The Psychology Graduate Research Symposium, November 9, Ryerson University, Toronto.
84. *Greenbaum, D., **Yang, L.**, *Truong, L., & *Gallant, S. (2012). Age differences in memory for incidentally encoded emotional information. CSBBCS 22nd Annual Meeting, June 7-9, Queen's University, Kingston, Ontario, Canada.
85. **Yang, L.**, & *Truong, L. (2012). The self-reference effect in emotional memory: A spontaneous mnemonic. Cognitive Aging Conference, April 19-22, Atlanta, Georgia, United States.
86. *Truong, L., & **Yang, L.** (2012). Does emotional content facilitate or disrupt working memory performance in younger and older adults? Cognitive Aging Conference, April 19-22, Atlanta, Georgia, United States.
87. *Wilkinson, A., **Yang, L.**, & Dyson, B. (2012). Age differences in ignoring distracting pictures: An event-related potential (ERP) study. Cognitive Aging Conference, April 19-22, Atlanta, Georgia, United States.
88. *Truong, L., & **Yang, L.** (2011). Older adults' positivity effect in working memory. Poster session, The Psychology Graduate Research Symposium, October 25, Ryerson University, Toronto.
89. *Truong, L., & **Yang, L.** (2011). Emotional valence, arousal, and interference resolution. The Inaugural Conference of the Rotman Research Institute and the Kunin-Lunenfeld Applied Research Unit: Neuroscience of Emotion and Emotion-related Disorders. March 27-29, Toronto, Canada.
90. *Wilkinson, A., & **Yang, L.** (2010). Training-induced plasticity of inhibition in old age: Does feedback matter? Cognitive Aging Conference, April 15-18, Atlanta, Georgia, United States.
91. *Lau, K., & **Yang, L.** (2010). Basic and evolutionary survival effect in adaptive memory of younger and older adults. Cognitive Aging Conference, April 15-18, Atlanta, Georgia, United States.
92. **Yang, L.**, Krampe, R. T., & Reed, M. (2010). Basic form of cognitive plasticity in young-olds and oldest-olds: Retest learning and maintenance. Cognitive Aging Conference, April 15-18, Atlanta, Georgia, United States.
93. **Yang, L.**, & Reed, M. (2009). Retest learning in the absence of item-specific effects: the young-old vs.

the oldest old. The 50th Annual Meeting of the Psychonomic Society, November 19 –22, Boston, Massachusetts.

94. *Wilkinson, A., & **Yang, L.** (2009). Cognitive plasticity of inhibition in older adults. Poster session, The Psychology Graduate Research Symposium, October 29th, 2009, Ryerson University, Toronto.
95. **Yang, L.**, & Reed, M., & *Wilkinson, A. (2009). Memory training in oldest old and young old adults using Method-of-Loci with self-generated loci. APA 117th Annual Convention, August 6-9. Toronto.
96. **Yang, L.**, Reed, M., Russo, F., & *Wilkinson, A. (2008). Rule-based learning of older adults in perceptual speed and inductive reasoning. XXIX International Congress of Psychology, July 20-25, Berlin, Germany.
97. **Yang, L.**, & Ornstein, T. J., & *Wilkinson, A. (2008). Motivation and Emotional Memory: A Comparison between Younger and Older Adults. Cognitive Aging Conference, April 10-13, Atlanta, Georgia, United States.
98. **Yang, L.**, & Hasher, L. (2006). The cost and benefit of enhanced vulnerability to distraction in older adults. Cognitive Aging Conference, April 20-23, Atlanta, U.S.
99. Ikier, S., **Yang, L.** & Hasher, L. (2006). Implicit interference, age, and automatic versus controlled retrieval strategies. Cognitive Aging Conference, April 20-23, Atlanta, U.S.
100. Ikier, S., Hasher, L., & **Yang, L.** (2005). Age differences in implicit interference. International Gerontology Symposium. May, Antalya, Turkey.
101. **Yang, L.**, & Hasher, L. (2004). Circadian rhythms of automatic versus controlled retrieval in the healthy elderly. The 28th International Congress of Psychology (ICP2004), August 8-13, Beijing, China.
102. **Yang, L.**, Krampe, R. T., & Baltes, P. B. (2004). How age and cognitive ability matter for retest learning in reasoning tasks. Cognitive Aging Conference, April 1-4, Atlanta, U.S.
103. **Yang, L.**, & Fu, X. (2001). Inhibition mechanism in single-modality and cross-modality Chinese lexical processing. The VIIth European Congress of Psychology, July 1-6, London.
104. **Yang, L.**, Chen, Y., & Cui, Y. (2000). Language comprehension skill and inhibition mechanism. The 27th International Congress of Psychology (ICP2000), July 23-28, Stockholm, Sweden.
105. **Yang, L.**, Chen, Y., & Cui, Y. (1999). An investigation of Chinese language comprehension skill. The 9th International Conference on Cognitive Processing of Chinese Language and Related Asian Languages, October 16-18, Beijing, China.

V. Invited Research or Community talks (Oral)

Research Talks

1. Yang, L. (2022, Nov. 16). Anti-Chinese discrimination and mental health of Chinese Canadians during the pandemic. People's Health Matters serial symposium. Division of Community Health and Humanities, Faculty of Medicine, Memorial University of Newfoundland, St. John's, NL Canada.
2. Wang, L., Yu, J, **Yang, L.**, Chen, D. (2021, Dec. 16). COVID-19 Risk Perception, Prevention and Individual Mobility (in Mandarin). The 2nd CNIW (Centre of New Immigrant Well-being) Health and Bio-Medical Forum.
3. **Yang, L.** (2021, Dec. 16). The Psychological Impact of the COVID-19 Pandemic on Chinese Community (in Mandarin). The 2nd CNIW (Centre of New Immigrant Well-being) Health and Bio-Medical Forum.
4. **Yang, L.** (2021, Jan. 11). COVID-19 Vaccine and Impact workshop (in Mandarin, virtual), panel symposium. The Centre of New Immigrant Well-being (CNIW), Confederation of Chinese Alumni Associations (CCAA), and Bethune Medical Development Association of Canada (BMDAC).
5. **Yang, L.** (2020, Nov. 17). The health impacts of COVID 19 on immigrant and newcomer (moderated by Dr. Fatih Sekercioglu). The Immigrant Employees Community Network, Ryerson University.

6. **Yang, L.** (2020, Oct. 30). The psychological impact of COVID-19 in Chinese community (in Mandarin, virtual). The panel of "Research on COVID-19" (with Peizhong Wang, Weiguo Zhang, Xiaolin Wei, Lu Wang, and Dongmei Chen). WeSupport Canadian Chinese Mental Health Series.
7. Wang, L., Chen, D., & **Yang, L.** (2020, Oct. 30). Spatial and social patterning of COVID-19 prevention and transmission in Canada: Investigating the impacts of risk perception and preventive behaviour on individual activity space (in Mandarin, virtual). WeSupport Canadian Chinese Mental Health Series.
8. **Yang, L.** (2019, Apr. 27). Aging and Cognition. Symposium on Health and Well-being of Chinese Seniors in Canada. University of Toronto in Mississauga.
9. **Yang, L.** (2018, May 18). Improving older adults' associative memory. BPAC (Brain, Perception, and Cognition Research Group) Colloquium, Department of Psychology, Ryerson University.
10. **Yang, L.** (2016, Feb. 1). Use it or Lose it: Plasticity of the Aging Brain. Graduate Visiting Day Data Blitz Session, Department of Psychology, Ryerson University
11. *Li, L., & **Yang, L.** (2016, Apr. 8). Is unitization a good mnemonic strategy to mitigate age-related deficits in associate memory? BPAC Colloquium, Department of Psychology, Ryerson University.
12. *Gallant, S. N., & **Yang, L.** (2016, May 6). Metacognition, emotion, and memory control across the lifespan. BPAC Colloquium, Department of Psychology, Ryerson University.
13. **Yang, L.** (2014, Nov. 21). Multiple Roads Lead to Roman: Exercise the Brain vs. the Heart. BPAC Colloquium, Department of Psychology, Ryerson University.
14. **Yang, L.** (2013, Mar. 27). Culture, Aging, and Memory Binding. BPAC Colloquium, Department of Psychology, Ryerson University.
15. **Yang, L.** (2012, May 24). Culture, Aging, and Memory Binding. Research colloquium. Institute of Psychology, Chinese Academy of Sciences, China.
16. **Yang, L.**, & Wilkinson, A. (2011, Nov. 21). Practice-induced Plasticity of Inhibition in the Aging Brain. Rotman Rounds, Rotman Research Institute of Baycrest, Toronto.
17. **Yang, L.** (2011, Nov. 30). The Self-Reference Effect in Emotional Memory: Spontaneous or Effortful Mnemonic Benefits. Ebbinghaus empire meetings, Department of Psychology, University of Toronto.
18. **Yang, L.** (2010, Jul. 28). Emotional Memory and Aging. Research colloquium. Institute of Psychology, Chinese Academy of Sciences, China.
19. **Yang, L.** (2010, Apr. 30). Aging and Emotional Memory. BPAC Colloquium, Department of Psychology, Ryerson University.
20. **Yang, L.** (2010, Feb. 5). Retest learning: A basic form of cognitive plasticity in the aging brain. Research Colloquium, Division of Psychology, Baycrest, Toronto.
21. **Yang, L.** (2009, Jul. 10). Culture and memory binding. Research colloquium. Institute of Psychology, Chinese Academy of Sciences, China.
22. **Yang, L.** (2009, Jul. 8). Use it or lose it: cognitive plasticity. Research colloquium. Institute of Psychology, Chinese Academy of Sciences, China
23. **Yang, L.** (2009, Feb. 26). Aging, culture, and memory binding. BPAC Colloquium, Department of Psychology, Ryerson University.
24. **Yang, L.** (2005, Feb. 17). Basic form of cognitive plasticity in the oldest vs. young old. Research talk (Job talk). Department of Psychology, Ryerson University.
25. **Yang, L.** (2003, Jan.). Retest training and cognitive plasticity in the oldest vs. young old. Research talk. Hasher Cognitive Aging Lab, Department of Psychology, University of Toronto.
26. **Yang, L.** (2002, Feb.). The basic form of cognitive plasticity in young old and oldest old adults.

Research Colloquium. Center for Life-Span Psychology, Max-Planck Institute for Human Development, Berlin.

27. **Yang, L.** (2000, Jul.). Working memory and language comprehension. Center for Life-Span Psychology, Max-Planck Institute for Human Development, Berlin.

Community Workshops

1. Yang, L. (2023, Jan. 10). Acculturation and adaption to Western culture and society of middle-aged and older immigrants (in Mandarin, virtual). The Cross-Cultural Community Services Association (TCCSA).
2. BIG project. Mental Health Mutual Aid Hub (MHMH), EMAC, Centre of New Immigrant Well-being (CNIW).
3. Cognitive Aging Lab (2022, Dec. 1). Active aging. 50+ program and LIFE institute, Toronto Metropolitan University (Cassandra, Kessaan, Kathryn, Sanja)
4. Yang, L. (2022, Oct. 29). Active Aging (in Mandarin, virtual). BIG project. Mental Health Mutual Aid Hub (MHMH), EMAC, Centre of New Immigrant Well-being (CNIW).
5. Yang, L. (2022, Oct. 9). Non-violent Communication Introduction (in Mandarin, virtual). NVC reading club by AFI (Alliance fro impact), WeSupport, and Space for Heart.
6. Yang, L. (2022, Jul. 10). Emotional Wellbeing: how to identify and regulate emotions (in Mandarin, virtual). BUPT Canada Alumni Association, BUPT American Alumni Association.
7. **Yang, L.** (2022, Jun. 24). Implicit discrimination and mental health (in Mandarin, virtual), Redleaf Cultural Integration (RCI).
8. **Yang, L.** (2022, Jun. 1). Mental Health Stigma and Empathetic Listening (in Mandarin, virtual), Chinese Age-well Research and Education (CARE)
9. **Yang, L.** (2022, May 27). Anti-Asian racism under the pandemic: how to prevent and mitigate the traumatic impacts of racism. Anti-Racism Anti-Hate series (in Mandarin, virtual). Redleaf Cultural Integration (RCI).
10. **Yang, L.** (2022, May 17). Anti-Chinese Discrimination and mental health (in Mandarin, virtual), Chinese Age-well Research and Education (CARE)
11. **Yang, L.** (2022, May 10). Emotional Wellbeing: How to recognize and regulate emotions (in Mandarin, virtual), The Golden Maple Leave Senior Association.
12. **Yang, L.** (2022, Jan. 19). Effective communication and family relationship (in Mandarin, virtual), Xintiandi Culture Center.
13. **Yang, L.** (2022, Jan. 15). Empathetic listening (in Mandarin, virtual), BMBC Burlington Missionary Baptist Church.
14. **Yang, L.** (2021, Dec. 14). Active Aging (in Mandarin, virtual). Redleaf Cultural Integration
15. **Yang, L.** (2021, Dec. 4). Parent-child communication in the context of West-East culture interaction (in Mandarin, virtual), AFI-TCPC and Chinese Children and Teen Mental Health WeChat group
16. **Yang, L.** (2021, Nov. 16). Intimate relationship (in Mandarin, virtual). Redleaf Cultural Integration
17. **Yang, L.** (2021, Oct. 30). Parent-child communication (in Mandarin, virtual). Mom Buluo.
18. **Yang, L.** (2021, Oct. 19). Emotion Intelligence and Emotional Regulation (in Mandarin, virtual). Redleaf Cultural Integration
19. **Yang, L.** (2021, Aug. 7). Are you ready for back to school? (in Mandarin, virtual). The Center for New Immigrant Wellbeing (CNIW), the Confederation of Chinese Alumni Associations (CCAA).

20. **Yang, L.** (2021, Jun. 22). Active aging (in Mandarin). Paradise Senior Association in Markham
21. **Yang, L.** (2021, Jun. 15). Intimate relationship (in Mandarin, virtual). Paradise Senior Association in Markham
22. **Yang, L.** (2021, Jun. 8). Mental health and Alzheimer's Disease (in Mandarin, virtual). Paradise Senior Association in Markham
23. **Yang, L.** (2021, Jun. 1). Emotion Intelligence and Emotional Regulation (in Mandarin, virtual). Paradise Senior Association in Markham
24. **Yang, L., Shen, J., & Luo, Z.** (2021, May 17). Raising your child with an intercultural lens (in Mandarin, virtual). Performance Plus schools (Milliken Mills, Highgate, Wilclay public schools), York Region District School Board (YRDSB), Family Services York Region (FSYR), WeSupport.
25. **Yang, L.** (2021, Apr. 30). Psychologic impacts and responses to Asian discrimination and hate (in Mandarin, virtual). The Confederation of Chinese Alumni Associations (CCAA) and the Asian Canadian Anti-Racism Alliance (ACARA).
26. **Yang, L.** (2021, Apr. 13). Intimate Relationship amidst the pandemic (in Mandarin, virtual). The Golden Maple Leave Senior Association.
27. **Yang, L.** (2021, Apr. 6). Mental health and active aging during the pandemic (in Mandarin, virtual). The Golden Maple Leave Senior Association
28. **Yang, L.** (2021, Apr. 1). Parenting style and self-esteem (in Mandarin, virtual). MIAG parenting workshop series.
29. **Yang, L., Shen, J., & Luo, Z.** (2021, Feb. 22). Parenting between Chinese and Western Cultures (in Mandarin, virtual). WeSupport.
30. **Yang, L.** (2021, Feb. 6). Mental health care during the pandemic (in Mandarin, virtual). The Snow Wolf Club and WeSupport.
31. **Yang, L.** (2021, Mar. 23). Active aging (in Mandarin, virtual). 108 Health Promotion Association.
32. **Yang, L.** (2021, Mar. 16). Intimate relationship and elderly abuse (in Mandarin, virtual). 108 Health Promotion Association.
33. **Yang, L. & Luo, Z.** (2021, Mar. 9). The power of emotions and the self-care of the caregivers (in Mandarin, virtual). 108 Health Promotion Association.
34. **Yang, L.** (2021, Feb. 16). Parent-child relationship during the pandemic (in Mandarin). 108 Health Promotion Association.
35. **Yang, L.** (2021, Jan. 16). Intimate relationship and active aging (in Mandarin, virtual). Jefferson Forest Senior health workshop series (2).
36. **Yang, L.** (2020, Dec. 26). Mental health and Alzheimer's Disease (in Mandarin, virtual). Jefferson Forest Senior health workshop series (1).
37. **Yang, L.** (2020, Nov. 24). Positive Aging (in Mandarin, virtual). Centre for Immigrant & Community Services (CICS) virtual classroom: Senior Support Group on the topic of "Active Aging facing Dementia". Virtual Zoom Workshop series.
38. **Yang, L.** (2020, Nov. 17). Relationship (in Mandarin, virtual). Centre for Immigrant & Community Services (CICS) virtual classroom: Senior Support Group on the topic of "Active Aging facing Dementia".
39. **Yang, L.** (2020, Nov. 10). Getting to know Dementia (in Mandarin, virtual). Centre for Immigrant & Community Services (CICS) virtual classroom: Senior Support Group on the topic of "Active Aging facing Dementia".
40. **Yang, L.** (2020, Nov. 3). Emotion and Cognition (in Mandarin, virtual). Centre for Immigrant &

Community Services (CICS) virtual classroom: Senior Support Group on the topic of “Active Aging facing Dementia”.

41. **Yang, L.** (2020, Nov. 7). Intimate Relationship (in Mandarin, virtual). The panel of “Intimate Relationship and Mental Health” (with Liping Peng, and Shan Qi). WeSupport Canadian Chinese Mental Health Series.
42. **Yang, L.** (2020, Aug. 31). Active aging (in Mandarin, virtual). 108 Health Promotion Association.
43. **Yang, L.** (2020, Aug. 29). Back to school Psychological preparation (in Mandarin, virtual). The panel of “Back to School during the COVID-19 pandemic” (with Lydia Yang, Fangli Xie, and James Li). WeSupport Canadian Chinese Mental Health Series.
44. **Yang, L.** (2020, Aug. 5). Psychological wellbeing and active aging (in Mandarin, virtual). Senior Tea Salon.
45. **Yang, L.** (2020, Aug. 2). Peer relationship and mental health (in Mandarin, virtual). The panel of “restarting social connection during the COVID-19 pandemic” (with Fangli Xie and Lydia Yang). WeSupport Canadian Chinese Mental Health Series.
46. **Yang, L.** (2020, May 1). WeSupport program. Mental health Crisis and Intervention During COVID-19 in Mainland China Forum (in Mandarin, virtual). (with experts from China as speakers).
47. **Yang, L.** (2019, Mar. 20). Parent voice (EPIC). Regional Parent Engagement Event, Unionville High School.
48. **Yang, L.,** *Skrotzki, C., & *Stone, C. (2019, Apr. 18). Aging myths and active aging. Bernard Betel Center.
49. **Yang, L.** (2015, Jun. 4). Aging Artfully: Creativity and Aging. Invited talk for the Seniors Creative Awareness Week at the North York Seniors Center, Toronto.
50. **Yang, L.** (2015, Jun. 3). Multiple Roads Lead to Rome: Exercise the Aging Brain. Invited research conversation at the “Get Psyched: Engaging with Aging and Psychology” program at the Ryerson 50+ Festival.
51. **Yang, L.** (2013, May 31). Use It or Lose It: Plasticity of the Aging Brain. Invited research talk at the “Get Psyched: Engaging with Aging and Psychology” program at the Ryerson 50+ Festival.
52. **Yang, L.** (2013, May 31). Cognitive Training. The conversation session at the “Get Psyched: Engaging with Aging and Psychology” program at the Ryerson 50+ Festival.
53. **Yang, L.** (2011, May 28). Mental functioning and aging (in Mandarin). Invited guest speaker to talk for event “the Intergeneration Harmony: Elder Abuse Prevention” of the Immigrant Salon for Chinese and South Asian immigrant communities II. CICS (Centre for Information and Community Services), Settlement and Integration Services. Scarborough, Canada.
54. *Lau, K., *Truong, L., & **Yang, L.** (2010, Jun. 9). Memory and Aging: Staying Sharp with Psychology. Library talk at the Goldhawk Park Branch of Toronto Library.
55. **Yang, L.** (2009, Oct. 8). Aging: body and mind. Psych Lunch’n Learn Series. LIFE Institute, Ryerson Chang School of Continuing Education.
56. **Yang, L.** (2007, 2008, 2009, Summer). Sharpening your mind with psychology. The summer research cognitive training course for older adults. LIFE Institute, Ryerson Chang School of Continuing Education.
57. **Yang, L.** (2008, Oct. 16). Use it or lose it: cognitive and brain plasticity in the aging brain. Psych Lunch’n Learn Series. LIFE Institute, Ryerson Chang School of Continuing Education.
58. **Yang, L.** (2007, May 24). Age and emotional memory. Research talk. LIFE Institute, Ryerson Chang School of Continuing Education.

59. **Yang, L.** (2006, Oct. 27). Aging and successful aging. Psych Lunch'n Learn Series. LIFE Institute, Ryerson Chang School of Continuing Education.

VI. Media Releases

The findings of my research have been widely featured in media releases, including **websites** (e.g., Inside Science News Briefs, Times of India, Thaindian News, Indian news website, Philly.com, Physorg.com), **radio report** (CHML AM900 Hamilton), **newspapers** (Today Daily News, Ming Pao), and **TV shows** (OMNI-II). The study has been featured in some leading **magazines** (e.g., Woman's World Magazine and Zoomer Magazine). The work has been reported in Ryerson's Public Media research news releases and appeared on Ryerson main webpage in 2006 and 2009.

Broadcast Interview (TV, Radio etc.)

1. OMNI Television Focus Mandarin (04/26/2022). Wave 3 survey on the mental health condition of Chinese immigrants.
1. AM1540 Dushi Maibo (March 22, 2022). Mental health in Chinese amidst the pandemic.
2. WOWtv (August 17, 2021). Mental health impact of the pandemic in Chinese community.
3. Criminal Law Podcast (August 4, 2021). Anti-Asian racism and its impact during the pandemic (Co-speaker: Weiguo Zhang, interviewed by Leonard Kim)
4. FM105.9 Chinese hot spot (9/8/2021). Psychological preparation for back to school during the pandemic.
5. OMNI Television Focus Mandarin (08/13/2021). CIHR research. <https://tinyurl.com/jasr7ecx>
6. FM105.9 (5/5/2021). Mental health care during the pandemic
7. FM105.9 (4/27/2021). How to prevent mental health problems during the pandemic
8. FM105.9 (01/28/2021). Psychological impact of the pandemic on Chinese Canadians
9. Radio Canada International (RCI, 1/8/2021), Mental Health Crisis during the Pandemic. <https://tinyurl.com/jasr7ecx>
10. FM105.9 (11/18/2020). Psychological Impacts of the pandemic on Chinese Communities
11. FM105.9 (11/2/2020). Mental health during pandemic
12. <https://mp.weixin.qq.com/s/4n3GdFZl6JmEpXF3lfVetw>
13. Radio Canada International (RCI, 10/30/2020), Mental Health Crisis Prevention and Intervention Program, <https://tinyurl.com/y63jhr5r>
14. Phenix TV (10/19/2020). WeSupport and Canadian Chinese Mental Health Intervention Program. <https://www.youtube.com/watch?feature=share&v=B8nGuZp6esM&app=desktop>
15. FM05.9 Expert forum (8/28/2020). The impact of COVID-19 in Chinese communities. <https://mp.weixin.qq.com/s/lflnJPoK50gx3aLsVJ8vRQ>
16. OMNI Television Focus Mandarin (June 15, 2020). WeSupport. <https://tinyurl.com/y5nvexm9>
17. OMNI Television Focus Mandarin (May 29, 2020). Discrimination experienced in Chinese communities during the COVID-19 pandemic. <https://tinyurl.com/y2mw9vpf>
18. Radio Canada International (RCI, May20, 2020). COVID-19 Psychological Impact Survey.
19. <https://tinyurl.com/y3vdc256>
20. OMNI Television Focus Mandarin (May 1, 2020). COVID-19 Psychological Impact Survey.
21. <https://tinyurl.com/y46jcbz2>

22. Fairchild TV (May 1, 2020). Emotional regulation. <https://www.youtube.com/watch?v=HwZoTA6QxC0>
23. Fairchild TV (April 24, 2020). Negative emotions and family relationship. <https://www.youtube.com/watch?v=EVmg9bnT7Dg>
24. Radio Canada International (RCI, March 30, 2020). The 3A principle in mental health during self-isolation. <https://tinyurl.com/y34p8mxa>
25. OMNI television Focus Mandarin (March 11, 2020). Chinese professors leading a CIHR-funded COVID-19 research project. <https://tinyurl.com/yypjih45>
26. Fairchild TV news cast (in Mandarin, Nov. 16, 2010) featuring the research project “Culture, Age, and Memory Binding”.
27. OMNI-2 TV news cast (in Mandarin, Nov. 16, 2010): Mental Health: Researchers probing cultural sensitive cognitive training to help seniors, featuring the research project “Culture, Age, and Memory Binding”.
28. OMNI-2 TV news cast. You are never too old to learn. (in Mandarin, Aug. 25, 2009)
29. Hamilton Radio (Aug. 26, 2009). You are never too old to learn. Daily health show, Health Matters, CHML AM900.
30. OMNI-2 TV research story: the learning ability of older adults, featuring my research lab (in Mandarin, October 2006)
31. Fairview Child TV (2005, October). New Chinese Faculty at Ryerson. A TV program featuring four Chinese new faculty members (Yang, L., Gao, Y., Tan, B., & Liao, Z.) at Ryerson.

Text Interview (newspaper, website, magazines)

1. Today’s Commercial News (加拿大商报): how to avoid conflicts in virtual platforms (5/30/2021)
2. Today’s Commercial News (加拿大商报), Canadian Chinese won the first half of the battle against COVID-19 (加国华人赢了抗疫上半场), August 14, 2020.
3. 51 Canada. The COVID-19 Psychological Impact Survey. May 21, 2020. <https://tinyurl.com/y37953wd>
4. The Centre of the New Immigrant Wellbeing (CNIW). The COVID-29 Psychological Impact Survey. May 21, 2020. <https://tinyurl.com/yy3go57g>
5. 51 Canada (March 30, 2020). The 3A principle in taking care of mental health during self-isolation. <https://tinyurl.com/y4wzybkz>
6. YouAreUnLtd (April 9, 2018). Positive Aging, phone interview by Doug O’Neill, a Toronto-based freelance writer (<http://www.youareunltd.com/>)
7. The Globe and Mail (April 2017). Older fraud victims. Interviewed with Luke Carroll.
8. Media release from OISE, University of Toronto (April, 2017). Older victims of fraud are less conscientious and honest, and have poorer cognitive skills than non-victims.
9. Urban Psychologist (Fall 2014). Collaboration with Lumocity.com: Can online brain training improve older adults’ cognition? The story features a collaborative research project lead by graduate students (Andrea Wilkinson, Sara Gallant, and Leanne Wilkins) and faculty members (Lixia Yang and Benjamin Dyson).
10. Urban Psychologist (Winter 2014). ERP Technology Provides insight into age-related cognitive changes. The story features research conducted in a collaboration project by Andrea Wilkinson, Lixia Yang, & Benjamin Dyson.

11. Urban Psychologist (Fall 2012). Giving Back to the community: One Presentation at a Time. This story features the series of community-based talks and events organized by my students, at Toronto Public Libraries, local communities, and Ryerson.
12. World Journal report (in Mandarin, Nov. 17, 2010) featuring the research project "Culture, Age, and Memory Binding".
13. Yates, D. (2010, Nov. 4th). Cognitive training that's sensitive to culture could help improve memory (research news featuring **Lixia Yang's** research), Public Media Affairs office, Ryerson research news on the main page of Ryerson website.
14. Inside Science News Briefs (Aug. 20, 2009)
15. Times of India: Mind is sharp as a steel trap even in old age (Aug. 22, 2009)
<http://timesofindia.indiatimes.com/life-style/health-fitness/health/Mind-is-sharp-as-a-steel-trap-even-in-old-age/articleshow/4922361.cms>.
16. Thaindian News: 'Mind is sharp as a steel trap' even in old age: Study (Aug. 22, 2009)
http://www.thaindian.com/newsportal/health/mind-is-sharp-as-a-steel-trap-even-in-old-age-study_100236285.html.
17. Indian news website, MedIndia: Seniors Can Grasp New Concepts and Maintain What They Have Learned! (Aug. 25, 2009)
<http://www.medindia.net/news/Seniors-Can-Grasp-New-Concepts-And-Maintain-What-They-Have-Learned-56921-1.htm>.
18. Philly.com: Sharp as a senior (Sep. 2, 2009)
19. Physorg.com: You're never too old to learn (Sep. 14, 2009)
<http://www.physorg.com/news172165840.html>
20. Woman's World magazine (Nov., 2009)
21. Zoomer Magazine (Dec., 2009 or Jan., 2010)
22. Today Daily News Newspaper (in Mandarin, Aug. 20, 2009)
23. Ming Pao Newspaper (in Mandarin, Aug. 20, 2009)
24. Toye, T. (2009, September). You're never too old to learn: Seniors' ability to retain new concepts surprises researchers (research news featuring **Lixia Yang's** work), Public Media Affairs office, Ryerson research news on the main page of Ryerson website.
http://www.ryerson.ca/news/news/Research_News/20090911_Yang.html
25. Toye, S. (2009, August). Aging seniors mentally fit: study. (a news release story featuring **Lixia Yang's** research), Public Media Affairs office, Ryerson research news release.
http://www.ryerson.ca/news/media/General_Public/20090819_MR_AGING.html
26. Toye, S. (2006, August). Older adults 'sharp as a tack' study (research news featuring **Lixia Yang's** research), Public Media Affairs office, Ryerson research news on the main page of Ryerson website.
27. **Yang, L.** (2008). Keep your mind sharp and running, dear grandparents! Hot! Psych Feature on the website of the Department of Psychology, Ryerson University.
<http://www.ryerson.ca/psychology/showcase/7.html> .
28. **Yang, L.** (2005, May). A research blurb in the "New Books & Research Projects" section, Arts Chronicle (a yearly review of the faculty of arts). Faculty of Arts Newsletter.

VII. Conferenc/Meeting Attendance without Presentation

- 05.2019 Toronto Area Memory Group Spring Meeting, University of Toronto, May 14

05.2018	Toronto Area Memory Group Spring Meeting, University of Toronto, May 15
05.2017	Toronto Area Memory Group Spring Meeting, University of Toronto, May 2
05.2016	Toronto Area Memory Group Spring Meeting, University of Toronto, May 10
05.2015	Toronto Area Memory Group Spring Meeting, University of Toronto, May 5
04.2014	The Royal Canadian Institute Gala, Toronto
05.2013	Structural Equation Modeling Workshop, TRS, Ryerson
05.2013	Using Social Media to Get your Message Out, OVPRI, Ryerson
10.2012	Culture, Mind, and Brain: Emerging Concepts, Methods, Applications. 5th FPR-UCLA Interdisciplinary Conference, University of Los Angeles, Los Angeles, California, October 19-20, 2012.
05.2010	Southern Ontario Neuropsychology Group (SONG) Meeting, Ryerson University, May 7, 2010.
03.2013	Baycrest 23 rd Annual Neuroscience Conference: Brain Plasticity & Neurorehabilitation, March 4-6, Toronto, Canada
03.2010	The 20 th Annual Rotman Research Institute Conference: The Frontal Lobes, Toronto, March 22-26, 2010.
03.2009	The 19 th Annual Rotman Research Institute Conference: Cognitive Aging: Research and Practice, Toronto, March 8-10, 2009.
03.2016	Contract Lecturer Appointment Committee (CLAC) training
09.2013	Department Hiring Committee (DHC) Training Session, Heaslip House, Ryerson
11.2012 & 2019	Department Employment Committee (DEC) training session, Oakham House, Ryerson
05. 2019	Ryerson Learning & Teaching Conference (May, 2019)
05. 2018	Ryerson Learning & Teaching Conference (May, 2018)
05. 2017	Ryerson Learning & Teaching Conference (May, 2017)
05.2007-2016	Ryerson Faculty Meeting

TEACHING

I. Formal Classroom Teaching (Toronto Metropolitan University)

Undergraduate Courses	Term and Year (section)
PSY202: Introduction to Psychology II (051)	W2007
PSY302: Child Development (011)*	W2022, F2021, W2021, F2020, W2020, F2019, W2019, W2018, F2017, F2016, F, F2015, F2014, W2014, W2013, W2010, W2009, F2008
PSY302: Child Development (021)	W2022, W2021, W2020, W2015, W2014, W2009, W2007, W2006
PSY302: Child Development (031)	W2006
CPSY302: Child Development (BA0)	Spring2006
PSY402: Adult Development (011, 021)*	F2012, F2010, F2009, F2006,
PSY402: Adult Development (031)*	F2005
PSY904: Advanced Cognition Seminar	F2022, F2018, W2018, F2015, W2015, F2008
PSY908: Advanced Developmental Seminar	F2013
Graduate Courses	
PS8515: Psychology of Aging	W2019, F2016
PS8532: Cognitive Aging	W2014
PS8501: Advanced Seminar in Cognition	W2010

II. Guest Lectures

1. PSY402 (Adult Development), George Brown College, Toronto, I did the final lecture, final exam, supervision of essay marking, calculating and entering the final grades in replacement of Dana William during her sick leave, Fall 2012, Toronto.
2. PS8212 (Learning, Plasticity, and Memory). Ryerson University, Toronto, March 23, 2012. This is a session I covered for Dr. Julia Spaniol in her absence.
3. Experimental Design, Department of Psychology, Beijing University, China, 2001

Note: *Courses for which I served as course coordinator

III. Teaching Workshop Co-Instructor and Coordinator (LIFE Institute of Change School)

1. Get Psyched with Ryerson Research Students, six sessions, Feb. – Mar., 2019 (Faculty coordinator, with Danielle D'Amico as the student coordinator)
2. Get Psyched with Ryerson Research Students, five sessions, Feb. – Mar., 2017 (Faculty coordinator, with Erika Sparrow as the student coordinator)
3. Get Psyched with Ryerson Research Students, six sessions, Feb. 4 – Mar. 17, 2016 (Faculty coordinator, with Vivian Huang as the student coordinator)
4. Get Psyched with Ryerson Research Students, four sessions, Feb. 5 – Mar. 5, 2015 (Faculty coordinator, with Linda Truong as the student coordinator)
5. Psychology Lunch'n Learn, six sessions, Oct. 4 – Nov. 15, 2012
6. Psychology Lunch'n Learn, six sessions, Oct. 6 – Nov. 10, 2011
7. Psychology Lunch'n Learn, six sessions, Oct. 7 – Nov.11, 2010
8. Psychology Lunch'n Learn, six sessions, Oct. 1 – Nov. 5, 2009
9. Psychology Lunch'n Learn, six sessions, Sep. 25 – Oct. 30, 2008
10. Psychology Lunch'n Learn, six sessions, Sep. 29 – Nov. 3, 2006

SUPERVISION

I. Research Staff Supervision

Principal Supervisor: Research Associates and Project Coordinator

<i>Year</i>	<i>Name</i>	<i>Title</i>
05.2020-present	Helen Cao	Project Coordinator
09.2020-04.2021	Susan (Chang) Su	Research Associate
09.2017-03.2018	Lanshuang Wang	Visiting Research Fellow
01.2018–04.2018	Brenda Wong	Research Associate
05.2015-12.2015	Linda Truong	Research Associate
10.2018-12.2018	Andrea Wilkinson	Research Associate

II. Graduate Student Supervision (Principal or co-supervisor)

Principal Supervisor: PhD Thesis (Ryerson University)

<i>Year</i>	<i>Name</i>	<i>Thesis Title/Topic</i>
2022-present	Kathryn Bolton	TBA
2021-present	Kesaan Kandasamy	TBA
2021-present	Mariah Lecompte	TBA
2020-present	Cassandra Skrotzki	TBA
2014-2021	Lingqian Li	Reducing age-related associative memory deficits: The efficacy and mechanisms of unitization strategy
2013-2017	Brenda Wong	Age-related associate memory deficit: Simulation and strategies to improve performance

2013-2017	Sara Gallant	Age differences in cognitive control of emotional memory: Metacognitive aspects and neural correlates
2011-2015	Linda Truong	The interactions between cognitive control, aging, and emotion
2009-2013	Andrea Wilkinson	Plasticity of inhibition in old age: durability, practice and transfer effects

Principal Supervisor: MA Thesis (Ryerson University)

<i>Year</i>	<i>Name</i>	<i>Thesis Title/Topic</i>
2021-2023	Sonja Givetaash	Psychological science, TBA
2020-2022	Kathryn Bolton	The Psychosocial and Cognitive Impacts of the COVID-19 Pandemic on Older Adults (Clinical)
2019-2021	Mariah Lecompte	The Role of Schematic Support and Emotional Valence in the Aging-Related Deficit in Associative Memory
2019-2021	Kesaan Kandasamy	Adding Inhibition to Cognitive Control in the Dual Mechanisms of Control Framework (Clinical) Clinical psychology, TBA
2018-2020	Cassandra Skrotzki	The effect of cue manipulations on the engagement of proactive control in young and older adults
2016-2018	Leen Nasser	The effect of acute psychosocial stress on executive functioning in young and older adults
2015-2017	Khushi Patel	Spatial memory in Canadian and Indian young and older adults: The effects of age, culture and cultural orientation
2012-2014	Lingqian Li	Cultural differences in memory for faces and associated perceptual versus social contexts
2011-2013	Sara Gallant	Effects of aging and emotional valence on item directed forgetting and source attributions
2011-2013	Brenda Wong	Unbinding of contextual information: Age differences and cultural effects
2009-2011	Linda Truong	Aging and emotional effects on working memory and long-term memory for target and distracting information
2008-2010	Karen Lau	Basic and evolutionary survival effects in adaptive memory of younger and older adults
2007-2009	Andrea Wilkinson	Cognitive plasticity of inhibition in older adults

Co-Supervisor: MA Thesis (Ryerson)

<i>Year</i>	<i>Name</i>	<i>Thesis Title/Topic</i>
2013-2015	Dana Greenbaum	The effects of age, experience and training on hazard perception (co-supervised with Dr. Maureen Reed)

III. Undergraduate Student Research Supervision

Principal Supervisor: Honour's Thesis (PSY961)

<i>Year</i>	<i>Student</i>	<i>Thesis Title/Topic (Institute)</i>
2022-2023	Madeleine Jarvie	TBA
2022-2023	Anastassia Trofimov	TBA
2021-2022	Abbisha Saseekaran	COVID-19 threat perception and psychological distress amongst Chinese Canadians across Wave 1 and Wave 2 of the COVID-19 Pandemic
2020-2021	Alexandra Katsiris	Predictors of Psychological Distress in Chinese Canadians During the COVID-19 Pandemic

2019-2020	Charles Stone	Ageing, Cognitive Control, and Event Segmentation: An Exploratory Study
2018-2019	Julia Scaringi	Age differences in memory for socially important associations
2017-2018	Julia Rybkina	Effects of encoding instruction, performance feedback and divergent thinking on associative memory in older adults
2016-2017	Leslie Freedman-Kalchman	Demographic variables and cognitive function, social engagement and subjective wellbeing in older adults
2016-2017	Jasneet Hansi	The influence of cognitive control on emotional hyper-binding in young and older adults
2015-2016	Monique Carvalho	The effect of emotional distraction on hyper-binding in young and old adults
2014-2015	Leonithas Meridis	Psychosocial stress and its effects on executive functioning in older adults
2013-2014	Stephanie Wanching Yung (co-supervised with Dr. Spaniol)	The effects of reward anticipation and feedback on item and source memory
2012-2013	Dana Greenbaum	Age differences in advertising framing effects
2009-2010	Sanja Bislimovic	The Self Reference Effect in emotional memory: A comparison between young and older adults

Principal Supervisor: Research Practicum (PSY700)

<i>Year</i>	<i>Student</i>	<i>Thesis Title/Topic (Institute)</i>
Winter 2022	Max Marshall	Undergraduate Students' Academic Motivation amidst the Pandemic
Winter 2022	Erica Reyvas	The Psychological Impact of the COVID-19 in Chinese Community (Wave 3 survey)
Winter 2020	Alexandra Katsiris	Social Media and Psychological Impacts of COVID-19
Winter 2020	Danielle Beaubien	Cue salience on cognitive control of older adults
Winter 2018	Lia Pistilli	Encoding instruction on associative memory in older adults
Fall 2015	Leslie Freedman-Kalchman	Chumbuggy Project (Ryerson), URO2016
Summer 2015	Rebecca Judges	The role of cognition, personality, and trust in fraud victimization in older adults (University of Toronto)
Winter 2010	Enya Markson-McLellan	Culture differences in memory binding: A research proposal (Ryerson)

Principal Supervisor: Independent Project

<i>Year</i>	<i>Student</i>	<i>Thesis Title/Topic (Institute)</i>
2021-2022	Angela Xiang	Does Video facilitate associate memory for name-occupations in young and older adults
2016	Theodora Nandy	Memory intervention with older adults: Major findings and applications (COPS250)
2013	Gabriela Kostova	Effects of reward on performance (Ryerson)
2008	Fahad Naveed	The effects of emotion on interference resolution in working memory (University of Toronto)
2007	Andy Ho Man Ng	Culture, aging, and reality monitoring (York University)
2006	Samantha Fuss	Self-reference effect in emotional memory (McGill University)
2005	Fiona Bagust-Homes	Measures of inhibitory control in children (Ryerson)

IV. Thesis Committee

PhD Dissertation Supervisory Committee (Ryerson University and other institutes)

<i>Year</i>	<i>Student (Advisor)</i>	<i>Thesis Title/Topic (Institute)</i>
2020-2024	Nan Lei (Peizhong Wang)	TBA (Memorial University)
2017-2020	Vivian Huang (Alexandra Fiocco)	The discrepancy between expected and perceived receipt of filial piety and its impact on the overall well-being among older Chinese immigrants
2015-2018	Dora M. Zalai (Todd Girard & Michael Cusimano)	Comprehensive insomnia assessment following mild traumatic brain injury
2014-2016	Nicole Sugden (Margaret Moulson)	Learning from experience: exposure to, attention to, discrimination of, and brain response to faces at 3, 6, and 9 months
2013-2016	Dianne Lam (Maureen Reed)	Reduced autobiographical memory specificity as a potential predictor of emotional mistreatment in older adult (withdrawn from the program due to family commitment)
2013-2015	Peter Wegier (Julia Spaniol)	Aging and decisions from experience: Differences in information search and subsequent decision quality
2013-2015	Leanne Wilkins (Todd Girard)	fMRI investigation of spatial memory abilities in individuals living with schizophrenia spectrum disorders

MA Thesis Supervisory Committee (Ryerson University and other institutes)

<i>Year</i>	<i>Student (Advisor)</i>	<i>Thesis Title/Topic (Institute)</i>
2022-2023	Mahshid Bolourchian (Peizhong Wang)	The effect of perceived discrimination against Chinese immigrants in North America on peritraumatic distress during the Covid-19 pandemic: a structural equation modeling
2022-2023	Laxman Bhatt (Peizhong Wang)	TBA (Memorial University)
2022-2023	Lauren Hytman (Alexandra Fiocco)	The Effects of Mindfulness Training on Perceived Stress, Emotion Regulation and Self-Compassion in Older Adult Canadian Immigrants
2020-2022	Andrea Lee (Alexandra Fiocco)	The Effects of Social Anxiety, Taijin Kyofusho, Resilience, and Social Support on Acculturative Stress in Asian International Students
2020-2022	Shadini Dematagoda (Julia Spaniol)	Motivated memory in younger and older adults: A comparison of selfish and prosocial incentives
2018-2020	Brandy Murovec (Behrang Keshavarz)	The Role of Visual, Auditory, and Tactile Cues in the Perception of Self-Motion (Vection) in Younger and Older Adults
2016-2018	Liyana Swirsky (Julia Spaniol)	Motivational Incentives Moderate Face-Name Hyper-Binding in Older Adults
2015-2017	Ella Dubinsky (Frank Russo)	Effects of choir participation and musical training on auditory processing in older adults: A study of speech-in-noise perception (SIN) and the frequency following response (FFR)
2013-2015	Bonnie Armstrong (Julia Spaniol)	Effects of experienced-based frequency learning on posterior probability judgments
2012-2014	Kathleen Tallon (Naomi Koerner)	Does a restriction in working memory mediate the relationship between pathological worry and information processing biases?
2009-2011	Syb Pongracic (Tisha Ornstein)	The neuropsychological profile of obsessive-compulsive disorder in young adults
2009-2011	Dianne Lam (Maureen Reed)	Visual magnocellular deficits in Dyslexia: Are these deficits due to comorbidity with ADHD?
2009-2011	Rajwant Sandhu	Multimodal integration and expertise

(Ben Dyson)

PhD Dissertation Examiner on Examination/defense Committee

<i>Year</i>	<i>Student (Advisor)</i>	<i>Thesis Title/Topic (Institute)</i>
12.2021	Achala Rodrigo (Anthony Ruocco)	Cognitive Control Foundations of Interpersonal Functioning (University of Toronto Scarborough)
08.2021	Erika Sparrow (Julia Spaniol)	Social Decision Making in Younger and Older Adults (Ryerson University)
08.2018	Kiran Vadaga (Karen Li)	Task-set Inhibition and Aging: New insights from the Dual Mechanisms Control theory (Concordia University)
05.2018	Linette Savage (Vina Goghari)	Neuroanatomical Changes Associated with Working Memory Training in Healthy Adults (University of Calgary)
06.2017	Leann Lapp (Julia Spaniol)	Prospection and goals in healthy aging (Ryerson University)
06.2017	Syb Pongracic (Stephanie Cassin)	Hedging in Decision Making in Disorders of The Impulsive-Compulsive Spectrum (Ryerson University)
01.2017	Cameron Clark (Vina Goghari)	Cognitive and brain changes following working memory and processing speed training (University of Calgary)
08.2016	Rahel Rachel Rabi (John Paul Minda)	Category Learning in Older Adulthood: Understanding and Reducing Age-Related Deficits (University of Western Ontario)
06.2016	Matt King (Todd Girard)	The role of metamemory in autobiographical memory performance in dysphoric individuals (Ryerson University)
10.2012	Meera Paleja (Todd Girard)	Neural networks involved in spatial and temporal pattern separation (Ryerson University)
05.2012	Jennifer Tomaszczyk (Myra Fernandes)	Mechanisms of the aging-related positivity effect in memory and attention (University of Waterloo)
05.2009	Wendy Hampson (Mary Desrocher)	Giftedness: The roles of metacognition, executive functions and achievement motivation (York University)

MA Thesis External Examiner on Examination Committee (Ryerson University and others)

<i>Year</i>	<i>Student (Advisor)</i>	<i>Thesis Title/Topic</i>
09.2020	Bertille Ayuk (Peizhong Wang)	(Memorial University (first year), withdrawn from the program)
06.2020	Emily Davis (Karen Campbell)	Implicit associative memory remains intact with age and extends to target-distractor pairs (Brock University)
08.2020	Natalie Slavat (Todd Girard)	The Role of Visual, Auditory, And Tactile Cues In The Perception Of Self-Motion (vection) In Younger And Older Adults (Ryerson University)
08.2020	Kesia Courtenay (Todd Girard)	The emotional enhancement of memory in schizophrenia: The role of encoding strategy
06.2018	Beverley Fredborg (Todd Girard)	An Examination of Emotion Regulation Strategy Use on Recognition Memory
07.2018	Farrah Kudus (Julia Spaniol)	Age Differences in Reward-Motivated Attention: Behavioural and ERP Evidence
08.2017	Marlena Pearson (Maureen Reed)	Role of Stereopsis losses in older adults' performance on the fine-grain movement illusion task
05.2017	Kathryn Harper (Lili Ma)	The Role of Perceived Threat to Freedom of Choice in Children's Preference for Scarcity

08.2016	Vivian Huang (Alexandra Fiocco)	The Relationship between Chronic Stress, Emotion Regulation and Depressive Symptoms in Healthy Older Adults
09.2014	Gabe Nespoli (Frank Russo)	Musicianship and Neural Synchronization at Multiple Timescales
09.2014	Sasha Mallya (Alexandra Fiocco)	Evaluating the effects of mindfulness-based stress reduction on cognitive function and quality of life in nondemented older adults: a pilot study
08.2014	Belle Nicole Reyes (Margret Moulson)	Cross-cultural emotion recognition in adults and children
09.2011	Leanne Wilkins (Todd Girard)	Virtual Reality investigation of spontaneous navigation strategies and spatial memory
11.2010	Madelaine Clair Burley (Todd Girard)	Appraisal of self-reference, delusional ideation and memory in a normal sample
09.2009	Meera Paleja (Todd Girard)	Human analogues of rodent spatial pattern association, separation, and completion memory tasks

MA/PhD Practicum Supervision (Ryerson University)

<i>Year</i>	<i>Student (Program)</i>	<i>Title/Topic</i>
2020-2021	Andrea Lee	COVID-19 Peritraumatic Distress and Loneliness in Chinese Residents in Canada: The Role of Contraction Worry
2012-2013	Zara Chan (MA)	Age and expertise in cross-modality integration
2012-2013	Leanne Wilkins (PhD)	Plasticity of the aging brain
2012-2013	Sami El-Sibaey (PhD)	Age differences in the three inhibition sub-functions

PhD Comprehensive Committee (Ryerson University)

<i>Year</i>	<i>Student (Program)</i>	<i>Title/Topic</i>
2020-2021	Brandy Murovec	Autism: An integration Disorder
2020-2022	Natalie Slavat	Hearing loss and social support in aging: The relationship with Dementia
2018-2019	David Sumantry	The effects of mindfulness on cognition
2018-2019	Liyana Swirsky	Premature neurocognitive aging in schizophrenia: A review of the accelerated brain aging hypothesis
2017-2018	Melina Ovanessian	Understanding Late-Life Generalized Anxiety Disorder: A Model of Worry in Older Adults
2016-2017	Bonnie Armstrong	Does Fuzzy-Trace Theory Benefit from a Unidimensional Model?
2015-2016	Gabe Nespoli	The comprehensive lens model: Listener influence on emotional communication in music performance
2015-2016	Sasha Mallya	Using humour as an emotion regulation strategy to maintain cognitive health in older adults
2014-2015	Leann Lapp	Situating emotion research: Cultural context and emotion regulation
2014-2015	Dora Zalai	he interface between sleep and cognition in Parkinson's disease
2013-2014	Nicole Sugden	Throwing the baby-learning skills out with the bathwater: A sensory ecology perspective on the relevance of informational features of early learning to later learning
2011-2012	Syb Pongracic	An integrated approach for the treatment of depression in older adults: Mindfulness-Based Reminiscence Therapy
2010-2011	Ronak Patel	An ALE meta-analysis of training studies in young adults with implications for neurorehabilitation

SERVICE**I. Professional Service****Professional Affiliations**

2022-present	Member, Canadian Psychological Association (CPA)
2018-present	Member, Applied Cognitive Neuroscience (ACN), Toronto Metropolitan University
2016-2017	Coordinator, Brain Perception and Cognition (BPAC) Series
2015-2017	Faculty Coordinator, A:GE: Aging research Group Exchange events
2014-present	Member, Immigration and Settlement Studies (ISS)
2013-2015	Faculty Chair, Aging research Group Exchange (A:GE)
2012-present	Member, Psychonomic Society
2008-present	Member, Association for Psychological Science (APS)
2008-2009	Coordinator, Brain Perception and Cognition (BPAC) Research Group
2007-present	Member, School of Graduate Studies, Toronto Metropolitan University
2007-2019	Member, Brain Perception and Cognition (BPAC) Research Group
2005-2012	Associate Member, Psychonomic Society
1997-2002	Member, Chinese Psychological Society (CPS)

Editorship

2018-2022	Associate Editor, Editorial Board of PLOS ONE
2016-present	Associate Editor, Psychology & Psychological Research International Journal (PPRIJ)
2012-2015	Associate Editor, the Wiley-Blackwell Encyclopedia of Adulthood and Aging, Wiley-Blackwell, August 24, 2012 – 2015

Reviewership for Peer-refereed Journals (starting year)

01.2022	Canadian Journal on Aging
01.2022	Frontier
06.2020	Brain Science
04.2018	Emotion
10.2017	Aging and Mental Health
10.2017	Cognition and Emotion
10.2017	Applied Cognitive Psychology
09.2017	Evolutionary Behavior Science
05.2016	Psychological Bulletin & Review
06.2015	International Neuropsychiatric Disease Journal
07.2014	Behavioral and Brain Functions
05.2014	Neurobiology of Aging
04.2014	Clinical Interventions in Aging
01.2014	Frontiers in Psychology
01.2014	Journal of Clinical and Experimental Neuropsychology
10.2013	The American Journal of Psychology
09.2013	Memory and Cognition
03.2013	Plos One
02.2013	Memory
10.2012	Neuropsychology
08.2012	Journal of Applied Research in Memory and Cognition (JARMAC)
05.2012	Aging, Neuropsychology and Cognition

05.2012	The Psychological Record
11.2011	Experimental Aging Research
09.2010	Ageing and Society
09.2010	International Psychogeriatrics
05.2009	Journal of Gerontology: Psychological Sciences
04.2007	Psychology and Aging

Grant/Scholarship/conference Reviewership

03.2022	Mitacs Accelerate Program (1 applicant)
12.2021	NSERC Discovery Grant (1 application)
01.2021	External review, tenure and associate professor promotion application of Dr. Sarah Fraser, University of Ottawa
05.2020	Panel Reviewer, CIHR Operation Grant: COVID-19 May 2020 Rapid Research Funding Opportunity
01.2018	External Reviewer, full professor promotion application of Dr. Christie Chung, Psychology Department, Mills College
11.2018	Panel reviewer, the Early Researcher Awards (ERA)– Life Sciences Non-Clinical Panel (LSNC), The Ontario Ministry of Research, Innovation and Science, November 29-30, Toronto
11.2017	Panel reviewer, the Early Researcher Awards (ERA)– Life Sciences Non-Clinical Panel (LSNC), The Ontario Ministry of Research, Innovation and Science, November 1-2, Toronto
04.2016	NSERC CGS-M (Canadian Graduate Scholarship - Masters level scholarship) Committee, Yeates School of Graduate Studies, Ryerson University.
04.2016	Ryerson Health Research Fund Grant adjudication committee, Office of the Vice President, Research and Innovation (OVPRI), Ryerson University.
11.2016	NSERC Doctoral Awards Committee, Yeates School of Graduate Studies, Ryerson University.
11.2015	NSERC Doctoral Awards Committee, Yeates School of Graduate Studies, Ryerson University.
10.2015	NSERC RTI (Research Tools and Instruments Grants) Internal Review Committee, OVPRI, Ryerson University
05.2016	Research Adjudication Committee for the RBC Immigrant, Diversity and Inclusion Project, Office of the Vice President, Research and Innovation (OVPRI), Ryerson University
03.2015	Research Adjudication Committee for the RBC Immigrant, Diversity and Inclusion Project, OVPRI, Ryerson University
07.2014	Abstract review for the 24 th Annual meeting of the CSBBCS (the Canadian Society for Brain, Behaviour, and Cognitive Science), July 3-5, Toronto
01.2021	NSERC Discovery Grant (1 application)
01.2018	NSERC Discovery Grant (2 applications)
11.2009	NSERC Discovery Grant
10-12.2015	OGS applications for the Ministry of Training, Universities, and Colleges
10-12.2014	OGS applications for the Ministry of Training, Universities, and Colleges
10-12.2013	OGS applications for the Ministry of Training, Universities, and Colleges
10-12.2012	OGS applications for the Ministry of Training, Universities, and Colleges
10-12.2009	OGS applications for the Ministry of Training, Universities, and Colleges

Conference Organization

7/3-5/2014 Organization committee, the 24th Annual meeting of the CSBBCS, Toronto.

II. Department Committee Service

09.2020-08.2022 Psychological Science Program Committee
 09.2020-12.2022 The Student Award Committee
 09.2019-08,2020 Department Hiring Committee (DHC)
 01.2019-02,2019 Psychology Chair Review Committee
 03.2019-04,2019 Faculty of Arts 2019-20 OGS Adjudication Committee
 08.2018-08.2019 Psychological Science Program Committee
 08.2016-08,2019 Department Award Committee
 08.2015-08.2016 Department Hiring Committee (DHC)
 08.2015-08.2016 Contract Lecturer Appointment Committee (CLAC)
 08.2014-08.2015 Department Hiring Committee (DHC)
 08.2013-08.2015 Instructor Appointment Committee (IAC)
 08.2013-08.2014 Graduate Admissions Committee
 08.2012-08.2013 Department Evaluation Committee (DEC)
 08.2012-08.2013 Professional Development Committee
 08.2010-11.2010 Psychological Science Program Committee
 08.2009-08.2010 Teaching Resources Committee
 08.2009-08.2010 Undergraduate Program Committee
 08.2008-08.2009 Chair, Teaching Resources Committee
 08.2008-08.2009 Graduate Admission Committee
 08.2006-08.2007 Graduate Education Committee
 08.2006-08.2007 Graduate Education Committee
 08.2005-08.2006 Graduate Program Development Committee
 08.2005-08.2009 Continuous Education Committee

III. Faculty/University Committee Service

03.2022-04.2022 Faculty of Arts OGS Adjudication Committee
 03.2021-04.2021 Faculty of Arts OGS Adjudication Committee
 02.2020-03.2020 Faculty of Arts OGS Adjudication Committee
 03.2019-04.2019 Faculty of Arts OGS Adjudication Committee
 08.2014-10.2016 Faculty Tenure Committee
 08.2014-10.2016 Faculty Promotion Committee
 05.2016 Research Adjudication Committee for the RBC Immigrant, Diversity and Inclusion Project
 04.2016 Ryerson Health Research Fund Grant Adjudication Committee
 03.2016 NSERC-CGS-M (Canadian Graduate Scholarship - Masters level scholarship) Committee
 03.2015 Research Adjudication Committee for the RBC Immigrant, Diversity and Inclusion Project
 11.2015-12.2016 NSERC Doctoral Awards Committee
 10.2015 NSERC RTI Awards Committee
 05.2013-05.2015 The Professional Affairs Committee
 10.2009-11.2010 RFA Grievance Committee
 09.2009-09.2010 Gerontology Certificate Review Advisory Committee, Chang School of Continuing Education
 03.2007-present Yeates School of Graduate Studies, Ryerson University

Other University Service

10.2015	Arts Convocation Ceremony
05.2010	Science Rendezvous: The myths of the aging brain, May 8, 2010
09.2013	Ontario University Fair
09.2012	Ontario University Fair
09.2009	Ontario University Fair
09.2008	Ontario University Fair
09.2006	Ontario University Fair
09.2005	Ontario University Fair

IV. Social/Community Services

12.2021-present	Project Director, Mental Health Mutual-aid Hub Canada (MHMH)
09.2021-present	Supervisor, One-on-one team of the Mental Health Ambassador Program
05.2021-present	Co-Director, Centre for New Immigrant Well-Being (CNIW)
08.2020-present	Counselor in practicum, Wellness Counselling Centre for Youth Canada (WCCYC)
04.2020-present	Founder and executive director, WeSupport WeChat Mutual Support Group
03.2020-05.2020	Volunteer Live-Chat Supervisor, Pandemic Rapid-response Optimization to Enhance Community-Resilience and Health (PROTECH).
06.2018-11.2018	Jury service pre-screening
09.2018-06.2019	School council member, Michäelle Jean Public School, Richmond Hill, ON
04/172019	York Region Regional Parent Symposium, Richmond Hill, ON
09.2018-06.2019	School council member, Trillium Woods Public School, Richmond Hill, ON
11/19/2018	School Council Forum, York Region District School Board
09.2016-06.2017	School council member, Michäelle Jean Public School, Richmond Hill, ON
09.2015-06.2017	School council member, Trillium Woods Public School, Richmond Hill, ON
05.2015-present	Founder and committee member, EQ Parenting Inspiration Club (EPIC) 2015 Volunteer, EQ parenting workshop 1 (Dr. Bing Liao)
10/13/2018	EPIC MC (Master of Ceremonies), EQ parenting workshop 2 (Dr. Bing Liao)
03/202019	EPIC parent voice representative (opening speech), Support Each Asian Students (SEAS) Regional Parent Engagement Event, Unionville High School.
2016, 2018	Pizza lunch coordinator, Michäelle Jean Public School, Richmond Hill, ON
2010-2015	Judge, Mandarin Profile Awards, Fairchild Television, Toronto
1997-2000	Mental Health Counselling Service The Institute of Psychology, Chinese Academy of Sciences (CAS)
1994-1996	Mental Health Counselling Clinic. Hebei Normal University
2000	Member, Faculty Union. Institute of Psychology, CAS
1997-1999	Chair, Social Service, Graduate Student Union, Institute of Psychology
1994-1996	Chair, Social Exchange, Graduate Student Union, Hebei Normal University
1990-1993	Undergraduate Student Union, Department of Education, Hebei Normal University

V. Community Clinical Services

WeSupport volunteer/leader training:

06/20/2020	亲密关系(intimate relationship)
09/21/2020	WeSupport SOP (Standard Operation Procedure)
12/28/2020	NVC 倾听和反馈练习 (practice NVC listening and feedback)
03/22/2021	义工工作手册 (WeSupport volunteer manual)

04/26/2021	义工值班常见问题提醒 (WeSupport volunteer duty Q and A)
10/04/2021	青少年沟通及义工问卷反馈 (communication with teens, volunteer survey)
11/08/2021	隔周培训团建新模式 (training and team building in alternative weeks)
07/28/2021	领导力 (leadership), WeSupport leader training
08/25/2021	团队建设 (team building), WeSupport leader training
04/04/2022	归因 (attribution), WeSupport volunteer training
08/22/2022	Self-care and coping techniques, WeSupport volunteer training

Community volunteer training

09/27/2020	关于老人(all about seniors), BIG 跨代互动义工培训 (3 hours)
07/01/2021	同理倾听(empathetic listening), 心理健康大使项目一期培训
09/23/2021	帮助遭遇虐待的长者(support seniors experiencing abuse), 心理健康大使培训
09/16/2021	一对一岗前培训(one-on-one operation training), 心理健康大使实习培训
05/21/2022	Peer counselling and peer support, 心理健康朋辈咨询师培训
05/28/2022	Narrative therapy (叙事疗法), 心理健康朋辈咨询师培训
07/30/2022	Mental Health Stigma (心理健康污名化), 心理健康二期大使培训

Mental Health Group Support Facilitation

06/09/2021	How to talk so parents/Teens will listen, Parent night, YCDSB School Board (co-facilitator with Lydia Yang)
07/06-08/10, 2021	Mental Health Among Asian Community: Let's talk about it! YCDSB grade 9-12 students mental health support group (Tuesday at 1-2 pm, 6 sessions, co-facilitator with Lydia Yang)
04/21-05/26, 2022	Mental Health Among Asian Community: Let's talk about it! YCDSB parenting support group (6 sessions in total, co-facilitated 3 sessions with Lydia Yang)
05/24-06/28, 2022	Mental Health Among Asian Community: Let's talk about it! YCDSB parenting support group (6 sessions in total, co-facilitated 3 sessions with Lydia Yang)

Date updated: Jan. 16, 2022