

MOHAWK COLLEGE Mental Health and Disability Management



Mental Health and Disability Management is a graduate certificate offered at Mohawk College in the School of Health and Community Studies. The program is first of its kind in Ontario and accepted its first student cohort in Fall 2017. The program focuses on the experience of having a developmental, neurological or physical disability while having a mental illness including a mood, anxiety or psychotic disorder. Students learn how these disorders are diagnosed using DSM-5 criteria while evaluating a range of intervention strategies that are appropriate for clients and their families. **This program has traditionally been offered every Fall using a blended delivery with in-class and online hours for all coursework. However, in January 2024, we are offering a fully online intake for all coursework in the Winter and Spring semesters.** In the last semester of our program, students complete a field placement involving 336 hours in a setting, such as a hospital, non-profit, research institute, school board or long-term care facility. Options are available for Prior Learning Assessment & Recognition (PLAR) for students who have at least 336 hours of paid work experience in the field. Applying for PLAR allows students to use their work experience to be exempt from field placement and be eligible to graduate after completing all coursework. This graduate certificate is meant to build on previous educational and work experience while allowing students to work directly with clients or behind the scenes in the way of research.

PROGRAM HIGHLIGHTS

- Learn about a variety of psychological disorders and developmental, intellectual or physical disabilities including autism, anxiety, depression, learning disorder, traumatic brain injury, down syndrome, schizophrenia, dementia and antisocial personality disorder.
- In Semester 1, you will learn about psychological disorders and disabilities separately and then in Semester 2, you will learn how they are diagnosed and treated together as part of a dual diagnosis.
- All courses are designed with a variety of learners in mind and are consistent with the principles of Universal Design for Learning.
- You will also learn about intervention strategies used to support potential clients and their families including cognitive-behavioural therapy, mindfulness, job coaching, motivational interviewing, solution-focused coaching and disability case management.
- Learn about mental health and disability from around the world using a cross-cultural lens and the impact of these topics within specific groups including Indigenous peoples in Canada.

MOHAWK COLLEGE Brain Disorders Management



Brain Disorders Management is a graduate certificate offered at Mohawk College in the School of Health and Community Studies. The program is first of its kind in Ontario and accepted its first student cohort in Fall 2017. The program focuses on the experience of having a brain disorder including schizophrenia, dementia, autism and post-traumatic stress disorder. Students learn the neuroscience behind these disorders while exploring topics related to aging, brain plasticity and resiliency. **The next intake for this program is starting in Fall 2024. This intake involves a blended delivery with in-class and online hours for all coursework in the Fall and Winter semesters.** In the last semester, students complete a field placement involving 336 hours in a setting, such as a rehabilitation clinic, athletic centre, hospital, non-profit, long-term care facility or research institute. Options are available for Prior Learning Assessment & Recognition (PLAR) for students who have at least 336 hours of paid work experience in the field. Applying for PLAR allows students to use their work experience to be exempt from field placement and be eligible to graduate after completing all coursework. This certificate is meant to build on previous educational and work experience while allowing students to work directly with clients or behind the scenes in the way of research.

PROGRAM HIGHLIGHTS

- Learn about a variety of brain disorders across the lifespan including dementia, autism, concussion, stroke, schizophrenia and post-traumatic stress disorder.
- In Semester 1, we take a case study approach by examining the lived experiences of individuals with brain disorders along with intervention strategies used to support their cognitive and physical rehabilitation.
- In Semester 2, you will build on this understanding by examining community resources and the impact of families who are supporting a loved one with a brain disorder.
- All courses are designed with a variety of learners in mind and are consistent with the principles of Universal Design for Learning.
- You will also complete simulation exercises that incorporate virtual reality and experiential learning to build empathy about psychosis, dementia and autism.

ADMISSION REQUIREMENTS

You need to have either a degree or diploma to apply to any of these graduate certificate programs. Preference will be given to students with a background in the health or social sciences.

HOW TO APPLY?

All applications are handled through Ontario Colleges (<https://www.ontariocolleges.ca/en/>). You are required to complete an online profile and pay a processing fee. It is important that you check off the option to have your transcripts sent to Mohawk College. Your application won't be considered complete until your post-secondary transcript has been received.

CONTACT US

Anne-Marie DePape, PhD

Coordinator, Brain Disorders Management, Mental Health and Disability Management
Mohawk College, School of Health and Community Studies

Email: anne-marie.depape@mohawkcollege.ca

Instagram: @mentalhealth_braindisorders

Twitter: @MohawkBDM @MohawkMHDM