

CURRICULUM VITAE

STEPHANIE E. CASSIN, Ph.D., C.Psych.

Associate Professor
Department of Psychology
Ryerson University

A. Biographical Information

Business Address: Ryerson University
Department of Psychology
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Citizenship: Canadian

B. Education

2008-2011 **University of Toronto**, Department of Psychiatry
Postdoctoral Fellowship Program Diploma
Project: Psychological Risk Factors for the Maintenance of Social Anxiety
(Advisor: Dr. Neil A. Rector)

2003-2007 **University of Calgary**, Department of Psychology
Doctor of Philosophy in Clinical Psychology (CPA accredited)
Thesis: Adapted Motivational Interviewing for Women with Binge Eating
Disorder: A Randomized Controlled Trial
(Advisor: Dr. Kristin M. von Ranson)

2001-2003 **University of Calgary**, Department of Psychology
Master of Science in Clinical Psychology (CPA accredited)
Thesis: The Effect of Thin-Ideal Internalization on Cognitive Processing
(Advisor: Dr. Kristin M. von Ranson)

1996-2001 **University of Toronto**
Bachelor of Science (hon) in Psychology and Animal Physiology
Thesis: Examination of Cognitive Processing Biases in Obsessive
Compulsive Disorder Using the Primed Lexical Decision Test
(Advisor: Dr. Neil A. Rector)

C. Current Professional Positions

- 2019 - present **Centre for Addiction and Mental Health**
- Co-Lead, ECHO Ontario Psychotherapy CBT
- 2014 - present **Ryerson University**
- Associate Professor (Tenured), Department of Psychology
- 2012 - present **Ryerson University**
- Director, Healthy Eating and Lifestyle (HEAL) Lab
- 2012 - present **Ryerson University**
- Adjunct Clinical Supervisor, Psychology Training Clinic (partnership between Ryerson University and St. Michael's Hospital)
- 2011 - present **Ryerson University**
- Member, School of Graduate Studies
- 2016 - present **University Health Network**
- Research Member (status only), Centre for Mental Health, Medical Psychiatry Program
- 2016 - present **University of Toronto**
- Assistant Professor (status only) in Department of Psychiatry

D. Professional Qualifications and Credentials

- 2015 – present **Canadian Association for Cognitive and Behavioural Therapies**
- Certified in Cognitive Behavioural Therapy
- 2008 – present **College of Psychologists of Ontario**
- Registered clinical psychologist (Certificate No. 4549)

E. Professional Development

- 2005-2006 **University Teaching Certificate**
- 2005 **Instructional Skills Certificate**

F. Professional Affiliations

The College of Psychologists of Ontario
 Canadian Psychological Association
 Canadian Association of Cognitive and Behavioural Therapies
 Eating Disorders Research Society
 Academy for Eating Disorders
 Canadian Obesity Network

G. Research Grants

External Grants

2017 – 2022	<p>Canadian Institutes of Health Research Type: Project Scheme Grant Project: Telephone-Based Cognitive Behavioural Therapy for Post-Operative Bariatric Surgery Patients: A Randomized Controlled Trial Role: Co-Principal Investigator (co-PI: Sanjeev Sockalingam) Amount: \$489,600</p>
2016-2017	<p>Canadian Institutes of Health Research Type: Planning and Dissemination Grant Project: Ethical and Policy Implications Related to Food Addiction in Obesity: A Planning and Knowledge Exchange Initiative to Develop a Research Network Role: Co-Principal Investigator (co-PIs: Sanjeev Sockalingam and Daniel Buchman) Amount: \$20,000</p>
2014-2015	<p>Canadian Institutes of Health Research Type: Bridge Funding (Bariatric Priority Area) Project: Telephone-Based Cognitive Behavioural Therapy for Bariatric Surgery Patients: A Randomized Controlled Trial Role: Co-Principal Investigator (co-PIs: Sanjeev Sockalingam & Sagar Parikh) Amount: \$100,000</p>
2014-2016	<p>Obesity Society Type: Operating Grant Project: Role of Dietary Protein in a Familiar Breakfast Meal on Subjective Satiety, Food Intake, and Thermic Effect of Food in Normal Weight and Overweight/Obese Children Role: Co-Investigator (PI: Nick Bellissimo) Amount: \$40,000</p>
2008-2011	<p>Ontario Mental Health Foundation (OMHF)</p>

	Type: Postdoctoral Fellowship Project: Psychological Risk Factors for the Maintenance of Social Anxiety Supervisor: Dr. Neil Rector Amount: \$105,000
2008-2010	Social Sciences and Humanities Research Council (SSHRC) Type: Postdoctoral Fellowship Project: Psychological Risk Factors for the Maintenance of Social Anxiety Supervisor: Dr. Neil Rector Amount: \$81,000 – declined
2003-2007	Social Sciences and Humanities Research Council (SSHRC) Type: Doctoral Fellowship Project: Motivational Interviewing for Binge Eating Supervisor: Dr. Kristin von Ranson Amount: \$76,000

H. Awards and Distinctions

2017	<i>Eating Disorders: The Journal of Treatment and Prevention</i> Prevention Article of the Year
2017	Canadian Council of Professional Psychology Programs (CCPPP) Award for Excellence in Professional Training
2016	Ryerson University Dean's Service Award Amount: \$2,000
2016	<i>Psychosomatics</i> Journal Best Article for Original Research
2013	Ryerson University Dean's Teaching Award Amount: \$2,000
2007	American Psychological Association Clinical Psychology of Women Student Research Award—1 st place Amount: \$500
2005-2006	University of Calgary Graduate Teaching Fellowship Amount: \$9,000
2005	J.B. Hyne Research Innovation Award Amount: \$500
2005	American Psychological Association

- Society for a Science of Clinical Psychology Best Dissertation Award
Amount: \$650
- 2003 Alberta Learning Graduate Student Scholarship
Amount: \$2,000
- 2002 Province of Alberta Graduate Scholarship
Amount: \$9,300
- 2001 University of Toronto Dean's List
- 2001 University of Toronto Golden Key National Honours Society
- 1999-2001 University of Toronto Anniversary Alumni Scholarship
Amount: \$750
- 1999-2001 University of Toronto Book Scholarship
Amount: \$150

I. Past Professional Positions

- 2015 – 2018 **Ryerson University**
- Director of Clinical Training, Department of Psychology
- 2008 – 2016 **University of Toronto**
- Lecturer (status only) in Department of Psychiatry
- 2011 – 2014 **Ryerson University, Toronto**
- Assistant Professor, Department of Psychology
- 2011 **Toronto Western Hospital (University Health Network), Toronto**
- Clinical psychologist in Bariatric Surgery Program
- 2008 – 2011 **Sunnybrook Health Sciences Centre, Toronto**
- Postdoctoral fellow in Department of Psychiatry and Sunnybrook Research Institute (Mood and Anxiety Treatment and Research Program)
- 2007-2008 **Centre for Addiction and Mental Health, Toronto**
- Clinical psychologist in Mood and Anxiety Program (Day Treatment, Inpatient, and Alternate Milieu Programs)
- 2007 **Centre for Addiction and Mental Health, Toronto**
- Psychometrist and independent researcher in Anxiety Disorders Clinic
- 2006-2007 **Vancouver Coastal Health Authority, Vancouver**
- Clinical psychology internship at CPA / APA accredited program
 - Rotations:
 - Anxiety Disorders Clinic (University of British Columbia)
 - Eating Disorders Program (St. Paul's Hospital)
 - Cardiology Program (St. Paul's Hospital)
 - Psychiatric Assessment Unit (Vancouver General Hospital)
 - Outpatient Psychiatry Program (Vancouver General Hospital)
 - Solid Organ Transplant Program (Vancouver General Hospital)

J. Teaching

Ryerson University

Graduate

- 2019 Cognitive Behavioural Therapy (PS9306)
- 2019 Practicum in Clinical Psychology (PS8306)

2016	Eating Disorders (PS8708)
2013	Eating Disorders (PS8708)
2012– 2014	Practicum in Clinical Psychology (PS8306)

Undergraduate

2018	Advanced Clinical Psychology Seminar (PSY905)
2017	Advanced Clinical Psychology Seminar (PSY905)
2015	Psychological Disorders (PSY325)
2014	Advanced Clinical Psychology Seminar (PSY905)
2013	Psychological Disorders (PSY325) – 2 sections
2012	Clinical Psychology (PSY335) – 2 sections
2011	Psychological Disorders (PSY325)

University of Toronto

Undergraduate

2011	Introduction to Abnormal Psychology (PSY240)
2009	Introduction to Abnormal Psychology (PSY240)
2007 – 2011	Guest lecturer for Theories of Psychopathology and Psychotherapy (PSY343)

University of Calgary

Graduate

2006	Child Assessment Lab (PSYC673)
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Undergraduate

2006	Introduction to Abnormal Psychology (PSYC385) Current Issues in Psychopathology (PSYC431)
2005	Introduction to Abnormal Psychology (PSYC385) – 2 sections
2004	Clinical Psychology Lab (PSYC433)

K. Professional Service

Ryerson University

Department of Psychology

2019 – present	Member, Department Hiring Committee
2018	Member, Search and Hire Committee (for Clinical Director Position at Psychology Training Clinic)
2017 – 2018	Member, Department Hiring Committee
2016 – 2018	Coordinator, Clinical Area Rounds
2016	Member, Department Chair Search Committee
2015 – 2018	Director of Clinical Training
2015 – 2018	Chair, Clinical Psychology Program Committee
2015 – present	Member, Graduate Executive Committee
2015 – 2018	Member, Graduate Admissions Committee
2015 – 2016	Member, Department Hiring Committee
2014	Member, Clinical Psychology Program Committee
2013	Internal Reviewer, Ontario Graduate Scholarship (OGS) Applications
2012 – 2015	Assistant to Director of Clinical Training
2012 – 2013	Member, Graduate Admissions Committee
2012 – 2015	Member, Research and Evaluation Committee, Psychology Training Clinic (Department of Psychology and St. Michael's Hospital)
2012	Member, Search and Hire Committee (for Clinical Director Position at Psychology Training Clinic)
2011 – 2018	Coordinator, Predoctoral Internship Interview Preparation Group (for internship applicants in the Clinical Psychology Program)
2011 – 2015	Member, Department of Psychology Research Ethics Board

2011 – present Internal Reviewer, Graduate Scholarship Applications (OGS, SSHRC, NSERC)

2011 – present Representative, Ontario University Fair

Department of Social Work

2011 – 2017 Psychology Representative, School of Social Work School Council

University Level

2018 Psychology Representative, Faculty of Arts Awards Committee

2012 – 2015 Psychology Representative, Ryerson Faculty Association Council

University of British Columbia

Department of Psychology

2006 – 2007 Member, Vancouver Coastal Health Authority Internship Committee

University of Calgary

Department of Psychology

2002 – 2004 Member, Clinical Psychology Program Council

2002 – 2004 Member, Peer Support Advisory Committee

2001 – 2002 Member, Mental Health Awareness Campaign

University

2001 – 2004 Member, Graduate Student Association Graduate Representative Council

Other Service

2019 - 2020 Member, Psychotherapy Conference Organizing Committee, Department of Psychiatry, University of Toronto.

2017 - 2018 Member, Psychotherapy Conference Organizing Committee, Department of Psychiatry, University of Toronto.

2015 Accreditation Site Visitor, Canadian Psychological Association

2014 – present Faculty Supervisor, Ryerson Chapter of the Canadian Obesity Network (CON) Student and New Professionals Group

2013 – 2017	Co-Chair, Bariatric Surgery Special Interest Group, Academy for Eating Disorders
2013 – 2014	Member, Advocacy and Communications Committee, Academy for Eating Disorders
2011	Member, Local Arrangements Committee, Association for Behavioural and Cognitive Therapies
2006 – present	External Reviewer, Various Journals and Publishers
2005 – 2006	External Reviewer, Student Research Competition and Student Grant Competition, American Psychological Society

L. Publications

Books

1. Cassin, S. E., Hawa, R., & Sockalingam, S. (2018). *Psychological care in severe obesity: A practical approach*. Cambridge, UK: Cambridge University Press.

Book Chapters

1. Cassin, S. E., Rector, N. A., & Riskind, J. H. (2018). Looming vulnerability in generalized anxiety disorder (pp. 149 – 170). In J. H. Riskind and N. A. Rector, *Looming Vulnerability: Theory, Research and Clinical Applications in Anxiety*. New York, NY: Springer.
2. Cassin, S. E., Rector, N. A., & Riskind, J. H. (2018). Looming vulnerability in panic disorder and the phobias (171 – 192). In J. H. Riskind and N. A. Rector, *Looming Vulnerability: Theory, Research and Clinical Applications in Anxiety*. New York, NY: Springer.
3. Cassin, S. E., Rector, N. A., & Riskind, J. H. (2018). Looming vulnerability in obsessive compulsive disorder (193 – 216). In J. H. Riskind and N. A. Rector, *Looming Vulnerability: Theory, Research and Clinical Applications in Anxiety*. New York, NY: Springer.
4. Sogg, S., Atwood, M. E., & Cassin, S. E. (2018). The role of psychosocial interventions to support medical and surgical treatments for severe obesity (pp. 18-41). In S. E. Cassin, S. Sockalingam, and R. Hawa (Eds.), *Psychological care in severe obesity: A practical approach*. Cambridge, UK: Cambridge University Press.
5. David, L. & Cassin, S. E. (2018). Motivational interviewing for behavioural and lifestyle changes in severe obesity (pp. 79-104). In S. E. Cassin, S. Sockalingam, and R. Hawa (Eds.), *Psychological care in severe obesity: A practical approach*. Cambridge, UK: Cambridge University Press.

6. Friedman, A. & Cassin, S. E. (2018). Cognitive behavioural therapy for behavioural and lifestyle changes in severe obesity (pp. 133-160). In S. E. Cassin, S. Sockalingam, and R. Hawa (Eds.), *Psychological care in severe obesity: A practical approach*. Cambridge, UK: Cambridge University Press.
7. Cassin, S. E., Mehak, A., & Sockalingam, S. (2018). Telephone based psychological interventions in severe obesity (pp. 249-263). In S. E. Cassin, S. Sockalingam, and R. Hawa (Eds.), *Psychological care in severe obesity: A practical approach*. Cambridge, UK: Cambridge University Press.
8. Cassin, S. E., Hawa, R., & Sockalingam, S. (2018). An integrated psychological approach to obesity care (pp. 299-310). In S. E. Cassin, S. Sockalingam, and R. Hawa (Eds.), *Psychological care in severe obesity: A practical approach*. Cambridge, UK: Cambridge University Press.
9. Cassin, S. E., & Atwood, M. E. (2017). Cognitive behavioural therapy for severe obesity (pp. 245-256). In S. Sockalingam & R. Hawa (Eds.), *Psychiatric care in severe obesity: An interdisciplinary guide to integrated care*. New York, NY: Springer.
10. Cassin, S. E., & Friedman, A. (2017). Weight-based stigma and body image in severe obesity (pp. 93-105). In S. Sockalingam & R. Hawa (Eds.), *Psychiatric care in severe obesity: An interdisciplinary guide to integrated care*. New York, NY: Springer.
11. Taube-Schiff, M., David, L., & Cassin, S. E. (2017). Motivational interviewing for severe obesity (pp. 221-230). In S. Sockalingam & R. Hawa (Eds.), *Psychiatric care in severe obesity: An interdisciplinary guide to integrated care*. New York, NY: Springer.
12. Atwood, M. E., & Cassin, S. E. (2016). Surgery for obesity and impact on disordered eating. In T. Wade (Eds.), *Encyclopedia of feeding and eating disorders*. New York, NY: Springer. DOI 10.1007/978-981-287-087-2_199-1.
13. Atwood, M. E., David, L., & Cassin, S. E. (2016). Cognitive behavioural therapy for bariatric surgery patients. In R. Rajendram, C. Martin, & V. R. Preedy (Eds.), *Pathophysiology of bariatric surgery: Metabolism, nutrition, procedures, outcomes and adverse effects*. London, UK: Academic Press.
14. Cassin, S. E. & Geller, J. (2015). Motivational interviewing in the treatment of disordered eating (pp. 344-364). In H. Arkowitz, W. R. Miller, & S. Rollnick (eds.), *Motivational interviewing in the treatment of psychological problems* (2nded). New York, NY: Guilford Press.
15. Cassin, S. E., & David, L. (2015). Binge eating disorder. In R. Cautin & S. Lilienfeld (eds.), *Encyclopedia of clinical psychology*. Malden, MA: Wiley-Blackwell.
16. Killeen, T. T., Cassin, S. E., & Geller, J. (2014). Motivational interviewing in the treatment of addictions and eating disorders. In T. D. Brewerton & Baker-Dennis, A. (eds.), *Eating disorders, addictions, and substance use disorders: Research, clinical, and treatment perspectives* (pp.491-507). New York, NY: Springer Publishers.

17. Cassin, S. E., Riskind, J. H., & Rector, N. A. (2012). Phobias. In V. H. Ramachandran(ed.), *Encyclopedia of human behavior* (2nd ed.) (pp. 103-108). Elsevier publications.<http://dx.doi.org/10.1016/B978-0-12-375000-6.00277-9>.
18. Cassin, S. E., & Rector, N. A. (2012). Psychological models of obsessive-compulsive and spectrum disorders: From psychoanalytic to behavioural conceptualizations. In Gail Steketee (ed.), *Oxford handbook of obsessive-compulsive and spectrum disorders* (pp. 209-232). New York: Oxford University Press.
19. Geller, J., Srikaneswaran, S., & Cassin, S. E. (2010). Eating disorders and self-silencing: A function focused approach to treatment. In D.C. Jack & A. Ali (eds.), *Cultural perspectives on women's depression: Self-silencing, psychological distress, and recovery* (pp. 381-398). New York, NY: Oxford University Press.
20. von Ranson, K. M., & Cassin, S. E. (2007). Eating disorders and addiction: Theory and evidence. In J.S. Rubin (ed.), *Eating disorders and weight loss research*(pp.1-37). Hauppauge, NY: Nova Science Publishers.

Published Manuscripts (Peer-Reviewed)

1. Sockalingam, S., Leung, S. E., Hawa, R., Wnuk, S., Parikh, S. V., Jackson, T., & Cassin, S. E. (in press). Telephone-based cognitive behavioural therapy for patients 1-year post bariatric surgery: A pilot study. *Obesity Research and Clinical Practice*.
2. Leung, S., Wnuk, S., Jackson, T., Cassin, S. E., Hawa, R., & Sockalingam, S. (in press). Prospective study of attachment as a predictor of binge eating, emotional eating, and weight loss two years after bariatric surgery. *Nutrients*.
3. David, L. A., Sijercic, I., & Cassin, S. E. (in press). Pre- and post-operative psychosocial interventions for bariatric surgery patients: A systematic review. *Obesity Reviews*.
4. Costa-Dookhan, K. A., Leung, S., Cassin, S. E., & Sockalingam, S. (in press). Predictors of response to telephone-based cognitive behavioural therapy in bariatric surgery patients. *Canadian Journal of Diabetes*.
5. Katz, D. E., Cassin, S. E., Weerasinghe, R., & Rector, N. A. (2019). Changes in post-event processing during cognitive behavioural therapy for social anxiety disorder: A longitudinal analysis using post-session measurement and experience sampling methodology. *Journal of Anxiety Disorders* (E-pub ahead of print). doi.org/10.1016/j.janxdis.2019.102107
6. Kantarovich, K., Wnuk, S., Cassin, S. E., Hawa, R., & Sockalingam, S. (2019). Employment outcomes two years after bariatric surgery: Relationship to quality of life and psychosocial predictors. *Obesity Surgery* (E-pub ahead of print). doi: 10.1007/s11695-019-03905-5
7. Nightingale, B. A., & Cassin, S. E. (2019). Disordered eating among individuals with excess weight: A review of recent literature. *Current Obesity Reports*, 8, 112-127. doi: 10.1007/s13679-019-00333-5

8. Cassin, S. E., Buchman, D. Z., Leung, S. E., Kantarovich, K., Hawa, A., Carter, A., & Sockalingam, S. (2019). Ethical, stigma, and policy implications of food addiction: A scoping review. *Nutrients*, 11, 701. doi:10.3390/nu11040710
9. Shikatani, B., Fredborg, B. K., Cassin, S. E., Kuo, J. R., & Antony, M. M. (2019). Acceptability and perceived helpfulness of single session mindfulness versus cognitive restructuring strategies in individuals with social anxiety disorder: A pilot study. *Canadian Journal of Behavioural Sciences*, 51, 83-89.
10. Krause, K. L., Stewart, K. E., Cassin, S. E., & Antony, M. A. (2018). Clinical perfectionism, dissatisfaction with standards, and raising the bar: Validation of the Response to Goal Achievement Scale. *Journal of Cognitive Psychotherapy*, 32, 241-262.
11. Nasirzadeh, Y., Kantarovich, K., Wnuk, S., Okraïneç, A., Cassin, S. E., Hawa, R., & Sockalingam, S. (2018). Postoperative binge eating, loss of control eating, emotional eating, and night eating after bariatric surgery and their impact on weight outcomes: Results from the Toronto Bari-PSYCH cohort study. *Obesity Surgery*, 28, 2032-2039.
12. Mehak, A., Friedman, A., & Cassin, S. E. (2018). Body shame and appearance anxiety mediate the relationships between self-objectification, weight bias internalization and binge eating in young women. *Body Image*, 24, 111-115.
13. Atwood, M. E., Friedman, A., Meisner, B. A., & Cassin, S. E. (2018). The exchange of social support on bariatric surgery online discussion forums: A mixed-methods content analysis. *Health Communication*, 33, 628-635.
14. Sockalingam, S., Hawa, R., Wnuk, S., Santiago, V., Kowgier, M., Jackson, T., Okraïneç, A., & Cassin, S. E. (2017). Psychosocial predictors of quality of life and weight loss two years after bariatric surgery: Results from the Toronto Bari-PSYCH study. *General Hospital Psychiatry*, 47, 7-13.
15. Taube-Schiff, M., Ruhig, M., Deathe van Dyk, M., Cassin, S. E., Ungar, T., Koczerginski, D., & Sockalingam, S. (2017). Staff perspectives on adult mental health day hospital programs: What is their function? *Journal of Psychiatric and Mental Health Nursing*, 24, 580-588.
16. Bar, R. J., Cassin, S. E., & Dionne, M. M. (2017). The long term impact of an eating disorder prevention program for professional ballet students: A 15-year follow-up study. *Eating Disorders: Journal of Treatment and Prevention*, 25, 375-387.
17. Sockalingam, S., Cassin, S. E., Wnuk, S., Du, C., Jackson, T., Hawa, R., & Parikh, S. (2017). A pilot study on telephone cognitive behavioural therapy for patients six months post-bariatric surgery. *Obesity Surgery*, 27, 670-675.
18. MacDonald, D. E., & Cassin, S. E. (2017). Nondietering psychological interventions for individuals who are overweight or obese: A systematic review of the evidence. *Psychopathology Review*, 4, 290-318.

19. Shikatani, B. A., Antony, M. A., Cassin, S. E., & Kuo, J. R. (2016). Perfectionism and intolerance of uncertainty predict postevent processing in social anxiety disorder. *Journal of Psychopathology and Behavioral Assessment*, 38, 297-306.
20. Thiara, G., Yanofsky, R., Abdul-Kader, S., Santiago, V. A., Cassin, S. E., Okrainec, A., Jackson, T., Hawa, R., & Sockalingam, S. (2016). Toronto Bariatric Interprofessional Psychosocial Assessment Suitability Scale (BIPASS™): Evaluating a new clinical assessment tool for bariatric surgery candidates. *Psychosomatics*, 57, 165-173.
21. David, L., Sockalingam, S., Wnuk, S., & Cassin, S. E. (2016). A pilot randomized controlled trial examining the feasibility, acceptability, and efficacy of adapted motivational interviewing for post-operative bariatric surgery patients. *Eating Behaviors*, 22, 87-92.
22. Cassin, S. E., Sockalingam, S., Du, C., Wnuk, S., Hawa, R., & Parikh, S. (2016). A pilot randomized controlled trial of telephone-based cognitive behavioural therapy for preoperative bariatric surgery patients. *Behaviour Research and Therapy*, 80, 17-22.
23. Bar, R. J., Cassin, S. E., Dionne, M. M. (2016). Eating disorder prevention initiatives in athletes: A review. *European Journal of Sport Science*, 16, 325-335.
24. Zhang, M. W., Ho, R. C., Cassin, S. E., & Sockalingam, S. (2015). Online and smartphone based cognitive behavioural therapy for bariatric surgery patients: Initial pilot study. *Technology and Health Care*, 23, 737-744.
25. Sockalingam, S., Wnuk, S., Kantarovich, K., Meaney, C., Okrainec, A., Hawa, R., & Cassin, S. E. (2015). Employment outcomes one year after bariatric surgery: The role of patient and psychosocial factors. *Obesity Surgery*, 25, 514 – 522.
26. Strimas, R., Dionne, M. M, Cassin, S. E., Wnuk, S., Taube-Schiff, M., & Sockalingam, S. (2014). Psychopathology in severely obese women from a Canadian bariatric setting. *Ethnicity and Inequalities in Health and Social Care*, 7, 72-85.
27. Shikatani, B. A., Antony, M. A., Kuo, J. R., & Cassin, S. E. (2014). The impact of cognitive restructuring and mindfulness strategies on postevent processing and affect in social anxiety disorder. *Journal of Anxiety Disorders*, 28, 570-579.
28. Azin, A., Zhou, C., Jackson, T., Cassin, S. E., Sockalingam, S., & Hawa, R. (2014). Body contouring surgery after bariatric surgery: A study of cost as a barrier and impact on psychological well-being. *Plastic and Reconstructive Surgery*, 133, 776e-782e.
29. Lyons, K., Meisner, B. A., Sockalingam, S., & Cassin, S. E. (2014). Body image after bariatric surgery: A qualitative study. *Bariatric Surgical Practice and Patient Care*, 9, 41-49.
30. Sockalingam, S., Cassin, S. E., Hawa, R., Khan, A., Wnuk, S., & Okrainec, A. (2013). Predictors of post-bariatric surgery appointment attendance: The role of relationship style. *Obesity Surgery*, 23, 2026-2032.
31. Nowakowski, M., McFarlane, T., & Cassin, S. E. (2013). Alexithymia and eating disorders: A critical review of the literature. *Journal of Eating Disorders*, 1, 1-14.

32. Cassin, S. E., Sockalingam, S., Hawa, R., Wnuk, S., Royal, S., Taube-Schiff, M., & Okrainec, A. (2013). Psychometric properties of the Patient Health Questionnaire (PHQ-9) as a depression screening tool for bariatric surgery candidates. *Psychosomatics, 54*, 352-358.
33. Cassin, S. E., Sockalingam, S., Wnuk, S., Strimas, R., Royal, S., Hawa, R. & Parikh, S. (2013). Cognitive behavioural therapy for bariatric surgery patients: Preliminary evidence for feasibility, acceptability, and effectiveness. *Cognitive and Behavioral Practice, 20*, 529-543.
34. Sockalingam, S., Cassin, S. E., Crawford, S., Pitzul, K., Khan, A., Hawa, R., Jackson, T., & Okrainec, A. (2013). Psychiatric predictors of surgery non-completion following suitability assessment for bariatric surgery, *Obesity Surgery, 23*, 205-211.
35. Cassin, S. E., & Rector, N. A. (2012). The scarring effects of past depression on anxiety sensitivity. *International Journal of Cognitive Therapy, 5*, 18-27.
36. Rector, N. A., Kamkar, K., Cassin, S. E., Ayearst, L. E., & Lapos, J. M. (2011). Assessing excessive reassurance seeking in the anxiety disorders. *Journal of Anxiety Disorders, 25*, 911-917.
37. Cassin, S. E., & Rector, N. A. (2011). Mindfulness and the attenuation of post-event processing in social phobia: An experimental investigation. *Cognitive Behaviour Therapy, 40*, 267-278.
38. Riskind, J. H., Rector, N. A., & Cassin, S. E. (2011). Examination of the convergent validity of looming vulnerability in the anxiety disorders. *Journal of Anxiety Disorders, 25*, 989-993.
39. Bradbury, C. L., Cassin, S. E., & Rector, N. A. (2011). Obsessive beliefs and neurocognitive flexibility in obsessive-compulsive disorder. *Psychiatry Research, 187*, 160-165.
40. Rector, N. A., & Cassin, S. E. (2010). Reassurance seeking in anxiety. *Advances in Cognitive Therapy, 11*, 4-10.
41. Rector, N. A., & Cassin, S. E. (2010). Clinical expertise in cognitive behavioural therapy: Definition and acquisition. *Journal of Contemporary Psychotherapy, 40*, 153-161.
42. Lapos, J. M., Cassin, S. E., & Rector, N. A. (2010). Interpretation of positive social events in social phobia: An examination of cognitive correlates and diagnostic distinction. *Journal of Anxiety Disorders, 24*, 203-210.
43. Rector, N. A., Cassin, S. E., & Richter, M. A. (2009). Treatment of obsessive-compulsive disorder in patients with comorbid depression: A pilot randomized controlled trial. *Canadian Journal of Psychiatry, 54*, 874-879.
44. Cassin, S. E., Richter, M. A., Zhang, K. A., & Rector, N. A. (2009). Quality of life in treatment-seeking patients with obsessive-compulsive disorder with and without comorbid depression. *Canadian Journal of Psychiatry, 54*, 460-467.

45. Rector, N. A., Cassin, S. E., Richter, M. A., & Burroughs, E. (2009). Obsessive beliefs in first-degree relatives of patients with OCD: A test of the cognitive vulnerability model. *Journal of Anxiety Disorders, 23*, 145-149.
46. Geller, J., Cassin, S. E., Brown, K. E., & Srikaneswaran, S. (2009). Factors associated with improvements in readiness for change: Normal vs. low BMI eating disorders. *International Journal of Eating Disorders, 42*, 40-46.
47. Cassin, S. E., von Ranson, K. M., Heng, K., Brar, J., & Wojtowicz, A. E. (2008). Adapted motivational interviewing for women with binge eating disorder: A randomized controlled trial. *Psychology of Addictive Behaviors, 22*, 417-425.
48. Cassin, S. E., von Ranson, K. M., & Whiteford, S. (2008). Cognitive processing of body and appearance words as a function of thin-ideal internalization and schematic activation. *Body Image, 5*, 271-278.
49. Cassin, S. E., & von Ranson, K. M. (2007). Is binge eating experienced as an addiction? *Appetite, 49*, 687-690.
50. Cassin, S. E., Singer, A. R., Dobson, K. S., & Altmaier, B. (2007). Professional interests and career aspirations of graduate students in professional psychology: An exploratory survey. *Training and Education in Professional Psychology, 1*, 26-37.
51. Adair, C. E., Marcoux, G. C., Cram, B. S., Ewashen, C. J., Chafe, J., Cassin, S. E., and the National EDQLS Research Team (2007). Development and multi-site validation of a new condition-specific quality of life measure for eating disorders. *Health and Quality of Life Outcomes, 5*, 1-24.
52. von Ranson, K. M., Cassin, S. E., & Bramfield, T. D. (2007). Psychometric properties of the Minnesota Eating Behavior Survey in Canadian university women. *Canadian Journal of Behavioural Science, 39*, 151-159.
53. Cassin, S. E., & von Ranson, K. M. (2005). Personality and eating disorders: A decade in review. *Clinical Psychology Review, 25*, 895-916.
54. Cassin, S. E., & von Ranson, K. M. (2005). Word lists for testing cognitive biases in eating disorders. *European Eating Disorders Review, 13*, 216-220.
55. Singer, A. R., Cassin, S. E., & Dobson, K. S. (2005). The role of gender in the career aspirations of professional psychology graduates: Are there more similarities than differences? *Canadian Psychology, 46*, 215-222.

Published Articles (Not Peer-Reviewed)

1. Cassin, S. E. (2011). Finding a reason: Exploring motivational interviewing as a technique for treating eating disorders. *The Network* (published by the Canadian Women's Health Network), 13(2).
2. Cassin, S. E. (2006). The issue of supply and demand in clinical and counseling psychology: Diverse skills are key. *Psynopsis, 28*, 24.

Published Manuals (Not Peer-Reviewed)

1. Cassin, S. E. (2009). Testbank Update to accompany *Abnormal Psychology: First Canadian Edition* (textbook authors: Nolen-Hoeksema, S., & Rector, N. A.). Toronto, Ontario: McGraw-Hill Ryerson.

Unpublished Manuscripts

1. Cassin, S. E. (2007). Adapted motivational interviewing for women with binge eating disorder: A randomized controlled trial. Unpublished doctoral dissertation, University of Calgary, AB.
2. Cassin, S. E. (2003). The effect of thin-ideal internalization on cognitive processing. Unpublished masters thesis, University of Calgary, AB.

M. Presentations

Invited Presentations

1. Cassin, S. E. (2019, October). *Feeling better by doing better: Helping clients overcome avoidance and engage more fully in their lives*. Workshop presented at the University Health Network Community Education Day, Toronto, ON.
2. Cassin, S. E. (2019, May). *Debate: Is food addiction ready for use in obesity programs?* Plenary session held at the annual meeting of the Canadian Association for Bariatric Physicians and Surgeons (CABPS), Toronto, ON.
3. Cassin, S. E. (2018, August). *Assessment of food addiction*. Food Addiction Symposium. Centre for Addiction and Mental Health, Toronto, ON.
4. Cassin, S. E. (2018, August). *Treatment for food addiction: The state of the research*. Food Addiction Symposium. Centre for Addiction and Mental Health, Toronto, ON.
5. Cassin, S. E., & Kreindler, D. (2018, April). *Advances in the monitoring and delivery of psychotherapy*. Workshop presented at the University of Toronto Department of Psychiatry Psychotherapy Conference. Toronto, ON.
6. Cassin, S. E. (2017, September). *The weight of the evidence: Psychosocial Interventions for obesity*. Clinical workshop presented at the University of Calgary. Calgary, AB.
7. Cassin, S. E. (2017, September). *Improving outcomes following weight loss surgery*. Colloquium presented at the University of Calgary. Calgary, AB.
8. Cassin, S. E. (2017, June). *Body image and bariatric surgery*. Toronto Western Hospital Bariatric Surgery Social Support Group, Toronto, ON.

9. Cassin, S. E. (2016, November). *Expanding access to psychological intervention using Telehealth innovation*. Adler University, Vancouver, BC.
10. Sockalingam, S., Hawa, R., Jackson, T., Wnuk, S., Taube-Schiff, M., & Cassin, S. (2016, May). *A psychiatrist's guide to bariatric surgery patients: Assessment and beyond*. Course presented at the annual meeting of the American Psychiatric Association, Atlanta, GA.
11. Cassin, S. E. (2015, June). *Motivational interviewing: The rule (and tools) of engagement*. Proctor and Gamble, Toronto, ON.
12. Cassin, S. E., (2013, December). *Motivational interviewing: The rules (and tools) of engagement*. Bell "Let's Talk" Event, Department of Psychology, Ryerson University.
13. Cassin, S. E. (2013, June). *Body image and bariatric surgery*. Toronto Western Hospital Bariatric Surgery Social Support Group, Toronto, ON.
14. Cassin, S. E., & Strimas, R (2012, July). *Management of bariatric patients with a history of severe mental illness*. Bariatric Interdisciplinary Team Education (BITE) Rounds, Toronto, ON.
15. Cassin, S. E. (2012, March). *Psychosocial updates in bariatric surgery: Insights and initiatives in the U of T Collaborative*. University of Toronto Collaborative City Wide Bariatric Surgery Rounds, Toronto, ON.
16. Cassin, S. E. (2011, December). *Psychosocial interventions in bariatric surgery: Who, what, and when?* The Canadian Bariatric Surgery Summit, Toronto, ON.
17. Cassin, S. E. (2011, October). *Psychological factors in obesity*. Lunch n' Learn for Seniors, Department of Psychology, Ryerson University, Toronto, ON.
18. Cassin, S. E. (2011, October). *Motivational interviewing for eating disorders*. Clinical Rounds, Department of Psychology, Ryerson University, Toronto, ON.
19. Cassin, S. E. (2011, February). *Motivational interviewing: How does this innovative therapy help some women with binge eating disorder?* Webinar presented by the Canadian Women's Health Network in collaboration with the National Eating Disorder Information Centre, Toronto, ON.
20. Cassin, S. E. (2011, January). *A day in the life of a psychologist*. University of Toronto Department of Psychology in collaboration with the Career Centre, Toronto, ON.
21. Geller, J. & Cassin, S. E. (2010, October). *Engaging families and enhancing readiness for change: Development of a mind map*. Plenary session presented at the annual conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, Hamilton, ON.
22. Cassin, S. E. (2010, May). *Cognitive behavioural therapy for social phobia*. Department of Psychiatry Anxiety and Mood Rounds, Sunnybrook Health Sciences Centre, Toronto, ON.

23. Cassin, S. E., & Pillai-Riddell, R. (2010, January). *“Is there life after PhD?”: Preparing for a clinical or academic position*. Department of Psychology, York University, Toronto, ON.
24. Cassin, S. E. (2009, February). *The “PEP” talk: Post-event processing in social anxiety*. Department of Psychiatry Neuropsychiatry Rounds, Sunnybrook Health Sciences Centre, Toronto, ON.
25. Cassin, S. E. (2008, December). *The rules and tools of engagement: Motivational interviewing for mood and anxiety disorders*. Department of Psychiatry Anxiety and Mood Rounds, Sunnybrook Health Sciences Centre, Toronto, ON.
26. Cassin, S. E. (2006, November). *Motivational enhancement therapy for binge eating: Development and outcome*. Eating Disorders Program, St. Paul’s Hospital, Vancouver, BC.
27. Cassin, S. E. (2005, June). *Motivational enhancement therapy for binge eating disorder*. Eating Disorders Program, Alberta Children’s Hospital, Calgary, AB.
28. Cassin, S. E. (2005, January). *What is binge eating disorder? Taking Off Pounds Sensibly (TOPS)—Calgary Chapter*, Calgary, AB.
29. Cassin, S. E. (2004, November). *A motivational enhancement approach for the treatment of binge eating disorder*. Calgary Eating Disorders Network, Calgary, AB.

Media Consultation/Features

1. Why do Millennials get Botox (2018, February)? *Canadian Broadcasting Corporation* (CBC) (reporter: Talia Ricci). <http://www.cbc.ca/news/canada/toronto/more-millennials-turning-to-botox-1.4543400>
Broadcast: <http://www.cbc.ca/beta/news/canada/toronto/cbc-toronto-news-february-22-2018-1.4548011>
2. How digital technology can help bridge the gap in mental health care access (2018, March). *The Ryersonian*. (reporter: Catarina Amaral). <http://ryersonian.ca/how-digital-technology-can-help-bridge-the-gap-in-mental-health-care-access/>
3. Our bodies, our stories (2018, February). *The Varsity* (reporter: Catherine MacIntosh). <https://thevarsity.ca/2018/02/05/our-bodies-our-stories/>
4. One size doesn’t fit all (2018, February). *The Ryersonian*. (reporter: Jenna Miguel). <http://ryersonian.ca/voices-one-size-doesnt-fit-all/>
5. The after party: Trying to diagnose addiction in university (2017, March). *The Eyeopener Magazine*. (reporter: Nikhil Sharma). <https://theeyeopener.com/2017/03/the-after-party-trying-to-diagnose-addiction-in-university/>
6. Half classroom, half hospital: Psychology students learn to treat at the downtown medical clinic next door (2017, Winter). *Ryerson University Magazine* (reporter: Dan Falk).

7. Body image after weight loss (2016, June). *Self magazine online* www.self.com (reporter: Claire Hannum).
8. The psychology of how pizza and tacos can help prevent suicide (2016, June). *Vice* (reporter: Gigen Mammoser). https://munchies.vice.com/en/articles/the-psychology-of-how-pizza-and-tacos-can-help-prevent-suicide?utm_source=munchiesfbus
9. Life without Instagram: My journey through a six-day cleanse (2016, March). Article about the impact of social media on mood and body dissatisfaction for *The Ryersonian* (reporter: Mackenzie Patterson). <http://ryersonian.ca/life-without-instagram-my-journey-through-a-six-day-cleanse/>
10. Body image traps to avoid (2016, March). *Canadian Living Magazine Online* (reporter: Jackie Middleton). http://www.canadianliving.com/health/prevention/4_body_image_traps_to_avoid.php
11. Seven cans and six lids (2016, March). Article about cross-addiction for *Re nascent Addiction Treatment Newsletter* (reporter: Lisa North).
12. I weigh over 500 pounds: Five surprising realities of my life (2016, February). Article about the risks and realities of extreme obesity for *Cracked.com Personal Experiences Series* (reporter: Saundra Sorenson). <http://www.cracked.com/personal-experiences-2222-i-weigh-5002B-pounds-5-realities-extreme-obesity.html>
13. How to make healthy New Year's resolutions that stick. (2015, January). *Global News* (Toronto). <http://globalnews.ca/news/1752179/how-to-make-healthy-new-years-resolutions-that-stick/>
14. Eating addiction versus food addiction. (2014, September). *CBC Radio* (Whitehorse, Yellowknife, Victoria, Vancouver, Calgary, Saskatoon, Ottawa, Windsor, Sudbury, Thunder Bay, Cape Breton).
15. Beyond the first bite. (2013, May). *Philly.com* (online newspaper) http://www.philly.com/philly/health/fitness/Beyond_the_First_Bite.html
16. Beyond the first bite. (2013, May). *Body & More*. http://minisites.contentthatworks.com/health/health_20130502_onebite.html
17. Treatments for binge eating. (2005, March). *CBC Radio* (Calgary, AB).
18. Treatments for binge eating. (2005, March). *CHOK Radio* (Sarnia, ON).
19. Talk treatment helps binge eaters. (2005, March). *The Calgary Herald* (Calgary, AB).
20. Binge eaters targeted: Scientist has strategies to combat food addiction. (2005, March). *The Calgary Sun*(Calgary, AB).
21. Battle of bulge a constant fight. (2005, March). *The Calgary Sun*(Calgary, AB).
22. Binge eating: Designing a treatment for a growing disorder. (2005, March). *On Campus*(Calgary, AB).

23. University of Calgary researcher looks at ways of helping binge eaters. (2005, March). *Times and Transcript* (Moncton, NB).
24. Binge eating subject of \$80,000 study. (2005, March). *The Daily Gleaner* (Fredericton, NB).
25. Calgary researcher looks at effects of binge eating. (2005, March). *Times Colonist* (Victoria, BC).
26. Researcher explores ways of helping binge eaters. (2005, March). *The Telegram* (St. John's, NL).

Conference Proceedings

1. Hawkins, M., Leung, S., Wnuk, S., Cassin, S. E., Hawa, R., & Sockalingam, S. (2019, November). *Psychiatric medication use and weight outcomes one-year post bariatric surgery*. Abstract accepted for oral presentation at ASMBS Obesity Week Conference, Las Vegas, NV.
2. Sockalingam, S., Kantarovich, K., Wnuk, S., Cassin, S. E., & Hawa, R. (2019, November). Employment outcomes two years after bariatric surgery: Relationship to quality of life and psychosocial predictors. Abstract accepted for oral presentation at the annual meeting of the Academy for Consultation Liaison Psychiatry (ACLP), San Diego, CA.
3. Katz, D. E., Cassin, S. E., Weerasinghe, R. & Rector, N. A. (2019, November). *The effects of cognitive behavioural therapy for social anxiety disorder on post-event processing: A longitudinal analysis using post-session measurement and experience sampling methodology*. Abstract accepted for presentation at the annual conference of the Association for Cognitive and Behavioral Therapies (ABCT), Atlanta, GA.
4. Crawford, A., Kirvan, A., Serhal, E., McMain, S., Boritz, T., Cardish, R., Cassin, S. E., & Adler Nevo, G. (2019, September). ECHO Ontario Psychotherapy: Building primary and community care capacity in the delivery of structured psychotherapy. Abstract submitted for paper presentation at the annual conference of the Canadian Psychiatric Association (CPA), Quebec City, QC.
5. Cassin, S. E., David, L. A., & Sijercic, I. (2019, September). *Pre- and post-operative psychosocial interventions for bariatric surgery patients: A systematic review*. Abstract accepted for presentation at the annual conference of the Eating Disorders Research Society, Chicago, IL.
6. Katz, D. E., Cassin, S. E., Weerasinghe, R. & Rector, N. A. (2019, June). *The effects of cognitive behavioural therapy for social anxiety disorder on post-event processing: An experience sampling method study*. Poster presented at the University of Toronto Harvey Stancer Research Day, Toronto, ON.

7. Atwood, M. E., Muravsky, A., Sockalingam, S., & Cassin, S. E. (2019, June). *Factor structure of the Bariatric Interprofessional Psychosocial Assessment of Suitability Scale (BIPASS)*. Abstract accepted for poster presentation at the annual meeting of the Canadian Psychological Association, Halifax, NS.
8. Atwood, M. E., Rajaratnam, T., Sockalingam, S., & Cassin, S. E. (2019, June). *Predictive validity for the Bariatric Interprofessional Psychosocial Assessment of Suitability Scale (BIPASS)*. Abstract accepted for poster presentation at the annual meeting of the Canadian Psychological Association, Halifax, NS.
9. Santiago, V. A., Wnuk, S., Sockalingam, S., & Cassin, S. E. (2019, June). *Smoking among bariatric patients: The role of adult attachment style, emotion regulation, and psychopathology*. Abstract accepted for poster presentation at the annual meeting of the Canadian Psychological Association, Halifax, NS.
10. Leung, S. E., Cassin, S. E., Hawa, R., Wnuk, S., Jackson, T., & Sockalingam, S. (2019, April). *Telephone-based cognitive behavioural therapy for post-operative bariatric surgery patients. A study protocol*. Poster presented at the annual meeting of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), Toronto, ON.
11. Leung, S., Cassin, S. E., & Sockalingam, S. (2019, May). *Prospective study of attachment as a predictor of eating pathology and weight loss two years after bariatric surgery*. Paper presented at the annual meeting of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), Toronto, ON.
12. Costa-Dookhan, K. A., Leung, S., Cassin, S. E., & Sockalingam, S. (2019, April). *Predictors of response to telephone-based cognitive behavioural therapy in bariatric surgery patients*. Paper presented at the Canadian Obesity Summit, Ottawa, ON.
13. Leung, S. E., Cassin, S. E., Hawa, R., Wnuk, S., Jackson, T., & Sockalingam, S. (2019, April). *Telephone-based cognitive behavioural therapy for post-operative bariatric surgery patients. Protocol for a randomized controlled trial*. Poster presented at the Canadian Obesity Summit, Ottawa, ON.
14. Leung, S. E., Cassin, S. E., Hawa, R., Wnuk, S., & Sockalingam, S. (2019, April). *Prospective study of attachment as a predictor of eating pathology and weight loss two years after bariatric surgery*. Poster presented at the Canadian Obesity Summit, Ottawa, ON.
15. Sockalingam, S., Brown, J., Jackson, T., Dash, S., Forhan, M., Sandre, D., Kastanias, P., Wnuk, S., Cassin, S. E., Hawa, R., & Basterfield, A. (2019, April). *What every clinician needs to know post-bariatric surgery*. Workshop presented at the Canadian Obesity Summit, Ottawa, ON.
16. Cassin, S. E., Buchman, D., Kantarovich, K., Leung, S., Hawa, R., Carter, A., & Sockalingam, S. (2019, March). *Potential implications of food addiction on stigma: A scoping review*. Poster presented at the International Conference on Eating Disorders, New York, NY.
17. Sockalingam, S., Leung, S. E., Hawa, R., Wnuk, S., Jackson, T., Du, C., Parikh, S., & Cassin, S. E. (2018, November). *Telephone-based cognitive behavioural therapy for 1*

- year post bariatric surgery patients: A pilot study.* Poster presented at the annual meeting of the Academy of Consultation-Liaison Psychiatry, Orlando, FL.
18. Sockalingam, S., Micula-Gondek, W., Lundblad, W., Cassin, S. E., & Hawa, R. (2018, November). *Eating disorders in obesity and bariatric surgery: Assessment, treatment, and prevention.* Symposium presented at the annual meeting of the Academy of Consultation-Liaison Psychiatry, Orlando, FL.
 19. Santiago, V. A., Dryer, A., Wnuk, S., Hawa, R., Sockalingam, S., & Cassin, S. E. (2018, June). *Does emotional eating mediate the relationship between emotion regulation and weight loss in bariatric surgery patients?* Poster presented at the annual meeting of the Canadian Psychological Association and the International Congress of Applied Psychology, Montréal, Canada.
 20. Leung, S., Cassin, S. E., Hawa, R., Wnuk, S., Jackson, T., Du, C., Parikh, S., & Sockalingam, S. (2018, May). *Telephone-based cognitive behavioural therapy for 1 year post bariatric surgery patients: A pilot study.* Poster presented at the annual meeting of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), Montreal, QC.
 21. Rajaratnam, T., Sockalingam, S., Muravsky, A., Wnuk, S., Hawa, R., & Cassin, S. (2018, May). *A chart review to evaluate the Toronto Bariatric Assessment of Suitability Scale (BIPASS) for informing treatment of weight regain following bariatric surgery.* Poster presented at the annual meeting of the Canadian Association of Bariatric Physicians and Surgeons (CABPS), Montreal, QC.
 22. Cassin, S. E. (2018, May). *Accessible CBT for bariatric surgery: Updates on telephone and e-therapies.* Paper presented at the Canadian Association of Bariatric Physicians and Surgeons, Canadian Obesity Weekend. Montreal, QC.
 23. Cassin, S. E. (2018, May). *Ethical considerations with the diagnosis of food addiction.* Paper presented at the Canadian Association of Bariatric Physicians and Surgeons, Canadian Obesity Weekend. Montreal, QC.
 24. Cassin, S. E., Kantarovich, K., Hawa, A., Buchman, D. Z., Carter, A., Hawa, R., & Sockalingam, S. (2018, May). *Ethical and policy implications of food addiction: A scoping review.* Poster presented at the annual meeting of the American Psychiatric Association, New York, NY.
 25. Nasirzadeh, Y., Kantarovich, K., Wnuk, S., Okraïneç, A., Cassin, S. E., Hawa, R., & Sockalingam, S. (2018, May). *Binge eating, loss of control eating, emotional eating, and night eating after bariatric surgery: Results from the Toronto Bari-PSYCH cohort study.* Poster presented at the annual meeting of the American Psychiatric Association, New York, NY.
 26. Sockalingam, S., Micula-Gondek, W., Lundblad, W., Cassin, S. E., & Hawa, R. (2018, May). *Eating disorders in obesity and bariatric surgery: Assessment, treatment, and prevention.* Symposium presented at the annual meeting of the American Psychiatric Association, New York, NY.

27. Mehak, A., Friedman, A., & Cassin, S. E. (2018, April). *The role of body shame in the relationship between depressive symptoms and eating pathology in young women*. Poster presented at the International Conference on Eating Disorders, Chicago, IL.
28. Kantarovich, K., Sockalingam, S., Hawa, R., Wnuk, S., Du, C., & Cassin, S. E. (2017, October). *Effectiveness of telephone cognitive behavioural therapy for patients one year after bariatric surgery*. Poster presented at the annual conference of the American Society for Metabolic and Bariatric Surgery, Washington, DC.
29. Sockalingam, S., Hawa, R., Wnuk, S., Santiago, V., Jackson, T., Okrainec, A., & Cassin, S. E. (2017, November). *Psychosocial predictors of quality of life and weight loss two years after bariatric surgery: Results from the Toronto Bari-PSYCH Study*. Paper presented at the annual meeting of the Academy of Psychosomatic Medicine, Palm Springs, CA.
30. David, L., Choma, B., & Cassin, S. E. (2017, November). *Self-compassion and cognitive restructuring strategies for body dissatisfaction among women who are overweight or obese*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, San Diego, CA.
31. Friedman, A., Mehak, A., & Cassin, S. E. (2017, November). *Differentiating between thin ideal and weight bias internalization among young women: Effects on binge eating and dietary restraint*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, San Diego, CA.
32. Friedman, A., Mehak, A., & Cassin, S. E. (2017, November). *Differential effects of thin and muscular ideal internalization on disordered eating among young women*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, San Diego, CA.
33. Atwood, M. E., & Cassin, S. E. (2017, November). *Self-prescribed perfectionism and subjective binge eating: The mediating role of negative affect and dietary restraint*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, San Diego, CA.
34. Santiago, V. A., Parikh, S., Hawa, R., Cassin, S. E., Wnuk, S., Du, C., & Sockalingam, S. (2017, June). *Qualitative interviews with post-bariatric surgery patients regarding telephone-based cognitive behavioural therapy*. Poster presented at the Canadian Psychological Association annual conference, Toronto, ON.
35. Mehak, A., Friedman, A., & Cassin, S. E. (2017, June). *The role of negative affect in the relationship between weight bias internalization and binge eating among young women*. Poster presented at the Canadian Psychological Association annual conference, Toronto, ON.
36. Atwood, M. E., & Cassin, S. E. (2017, June). *Difficulties with emotion regulation as a predictor of subjective binge eating episodes*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

37. David, L., Brochu, P., & Cassin, S. E. (2017, June). *Exploring attitudes towards bariatric surgery patients and policies in Canada*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
38. Friedman, A., Wnuk, S., Sockalingam, S., & Cassin, S. E. (2017, June). *Mediators of the relationship between weight stigma concerns and disordered eating in bariatric surgery patients*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
39. Friedman, A., Wnuk, S., Sockalingam, S., & Cassin, S. E. (2017, June). *Mediators of the relationship between perceived discrimination and disordered eating in bariatric surgery patients*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
40. Atwood, M. E., David, L., Wnuk, S., Sockalingam, S., & Cassin, S. E. (2017, June). *Psychometric properties and validation of the Ontario Bariatric Eating Self-Efficacy (OBESE) Scale*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
41. Mehak, A., Friedman, A., & Cassin, S. (2017, May). *The relationship between weight bias internalization, body shape concerns, and disordered eating in young women*. Poster presented at the National Eating Disorder Information Centre annual conference, Toronto, ON.
42. Park, K., Dionne, M., & Cassin, S. E. (2017, May). *Orthorexia nervosa diagnostic tools: A systematic review*. Poster presented at the annual conference of the Association for Psychological Science, Boston, MA.
43. Kantarovich K., Wnuk S., Cassin S., Hawa R., & Sockalingam S. (2017, April). *Employment and quality of life outcomes 2 years following bariatric surgery*. Paper presented at the Canadian Obesity Summit, Banff, AB.
44. Sockalingam, S., Urbach, D., Brown, J. Lundblad, W., Fertig, A. M., Wnuk, S., Hawa, R., & Cassin, S. E. (2017, April). *Clinical updates in bariatric surgery: What every clinician needs to know from referral to post-surgery follow-up*. Workshop presented at the Canadian Obesity Summit, Banff, AB.
45. Cassin, S.E., Buchman, D., Hawa, R., Wnuk, S., Carter, A., & Sockalingam, S. (2017, April). *Food addiction in obesity: Ethical and policy implications*. CIHR research retreat at Canadian Obesity Summit, Banff, AB.
46. Mehak, A., Friedman, A., & Cassin, S. E. (2016, October). *Differences in weight bias internalization and binge eating among young women across the age spectrum*. Poster presented at the annual conference of the Ontario Psychological Association, Toronto, ON.
47. David, L., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2016, Oct). *Social desirability in bariatric surgery patients*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, New York, NY.

48. Krause, K., Antony, M. A., & Cassin, S. E. (2016, Oct). *Clinical perfectionism predicts raising the bar: Validation of a new questionnaire*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, New York, NY.
49. Krause, K., Antony, M. A., & Cassin, S. E. (2016, Oct). *Raising the bar in clinical perfectionism*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, New York, NY.
50. McCabe-Bennett, H., Cassin, S. E., & Antony, M. A. (2016, Oct). *Perfectionist behavioral profiles for obsessive-compulsive, excessive worry, and social anxiety symptoms*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, New York, NY.
51. Cassin, S. E., Sockalingam, S., Wnuk, S., Du, C., Hawa, R., Santiago, V., & Parikh, S. (2016, Oct). *A telephone-based cognitive behavioural therapy intervention for post-operative bariatric surgery patients*. Poster presented at the annual conference of the Eating Disorders Research Society, New York, NY.
52. Thiara, G., Yanofsky, R., Abdul-Kader, S., Santiago, V., Cassin, S. E., Okraïneç, A., Jackson, T., Hawa, R., & Sockalingam, S. (2016, September). *Toronto Bariatric Interprofessional Psychosocial Assessment Suitability Scale (BIPASS): Evaluating a new clinical assessment tool for bariatric surgery candidates*. Paper presented at the annual meeting of the Canadian Psychiatric Association, Toronto, ON.
53. Atwood, M., Friedman, A., & Cassin, S. E. (2016, June). *The exchange of social support on bariatric surgery discussion forums: A qualitative content analysis*. Poster presented at the annual conference of the Canadian Psychological Association, Victoria, BC.
54. Mehak, A., Friedman, A., & Cassin, S. E. (2016, June). *Mediators of the relationship between weight bias internalization and disordered eating in young women*. Poster presented at the annual conference of the Canadian Psychological Association, Victoria, BC.
55. Friedman, A., Cassin, S. E., & Choma, B. (2016, June). *Mediators of the relationship between weight-based stigma/discrimination and binge eating in female undergraduates*. Poster presented at the annual conference of the Canadian Psychological Association, Victoria, BC.
56. Friedman, A., Atwood, M., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2016, June). *Psychosocial care of bariatric surgery patients: Unique challenges and innovative treatment approaches*. Symposium presented at the annual conference of the Canadian Psychological Association, Victoria, BC.
57. David, L., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2016, May). *The effect of adapted motivational interviewing on disordered eating behaviours following bariatric surgery*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.
58. Thiara, G., Yanofsky, R., Abdul-Kader, S., Santiago, V., Cassin, S. E., Okraïneç, A., Jackson, T., Hawa, R., & Sockalingam, S. (2016, May). *Toronto Bariatric Interprofessional Psychosocial Assessment Suitability Scale (BIPASS): A retrospective pilot study evaluating a new tool to determine the psychosocial suitability of bariatric*

- surgery candidates*. Paper presented at the annual meeting of the American Psychiatric Association, Atlanta, GA.
59. Sockalingam, S., Cassin, S. E., Chau, D., Wnuk, S., Hawa, R., & Parikh, S. (2015, November). *A pilot randomized controlled trial of telephone-based cognitive behavioral therapy for preoperative bariatric surgery patients*. Paper presented at the annual conference of the American Society for Metabolic and Bariatric Surgery, Los Angeles, CA.
 60. Fansabedian, T., Da Silva, M., Miller, K., Cassin, S. & Bellissimo, N. (2015, November). *Effects of increasing the egg-protein content at breakfast on subjective appetite, food intake and glycemic response in children*. Poster presented at the annual conference of the American Society for Metabolic and Bariatric Surgery, Los Angeles, CA.
 61. Wong, V., Fansabedian, T., Da Silva, M., Miller, K., Cassin, S. & Bellissimo, N. (2015, November). *Effect of dietary protein at breakfast on satiety and thermic effect of food in normal weight and overweight/obese children*. Poster presented at the annual conference of the American Society for Metabolic and Bariatric Surgery, Los Angeles, CA.
 62. Friedman, A., Cassin, S. E., Choma, B., & Pilla, L. (2015, November). *Disordered eating as a predictor of desire for surgical and non-surgical body alteration in female undergraduates*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 63. David, L., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2015, November). *Adapted motivational interviewing for bariatric surgery patients: Preliminary evidence for feasibility, acceptability, and efficacy*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 64. Atwood, M. E., Mehak, A. & Cassin, S. E. (2015, November). *Subjective and objective binge eating episodes in relation to general and eating disorder-specific cognitive distortions*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 65. Yanovsky, R., Abdul-Kader, S., Hawa, R., Santiago, V., Jackson, T., Taube-Schiff, M., Cassin, S. E., & Sockalingam, S. (2015, November). *Development of an inter-professional psychosocial assessment tool for bariatric surgery candidates: The Toronto bariatric inter-professional psychosocial assessment of suitability scale (BIPASS)*. Poster presented at the annual meeting of the Academy of Psychosomatic Medicine, New Orleans, LA.
 66. Cassin, S. E., Parikh, S., Du, C., Wnuk, S., Hawa, R., & Sockalingam, S. (2015, October). *Improvements following telephone-based cognitive behavioural therapy in pre-operative bariatric surgery patients*. Paper presented at the annual conference of the Canadian Psychiatric Association, Vancouver, BC.
 67. Taube-Schiff, M., Cassin, S. E., Hawa, R., & Sockalingam, S. (2015, October). *Psychiatric complications and interventions after massive weight loss: Substance abuse, eating pathology and motivation to change*. Workshop presented at the annual conference of the Canadian Psychiatric Association, Vancouver, BC.
 68. Du, C., Wnuk, S., Cassin, S., Hawa, R., & Sockalingam, S. (2015, October). *Helpful*

- aspects of telephone-based cognitive behaviour therapy for obesity: Qualitative outcomes.* Paper presented at the 8th European Conference on Psychotherapy Research, Klagenfurt, Austria.
69. Atwood, M., & Mehak, A., & Cassin, S. E. (2015, June). *Clinical correlates of subjective binge eating episodes in female undergraduates.* Poster presented at the annual meeting of the Canadian Psychological Association, Ottawa, ON.
 70. Friedman, A., Cassin, S. E., & Choma, B. (2015, June). *Effects of weight stigma experiences, perceived discrimination, and weight bias internalization on binge eating in female undergraduates.* Poster presented at the annual meeting of the Canadian Psychological Association, Ottawa, ON.
 71. McCabe-Bennett, H., Cassin, S. E., & Antony, M. (2015, May). *Naturalistic observation of perfectionistic behaviours.* Poster presented at the annual meeting of the Canadian Association for Cognitive and Behavioural Therapies (CACBT).
 72. Sockalingam, S., Hawa, R., Wnuk, S., Cho, R., & Cassin, S. E. (2015, May). *Drugs, drinking, and disordered eating: Managing psychiatric complications associated with bariatric surgery.* Symposium presented at the annual meeting of the American Psychiatric Association, Toronto, ON.
 73. Sockalingam, S., Hawa, R., Warwick, K., Jackson, T., Van Exan, J., & Cassin, S. (2015, May). *A psychiatrist's guide to bariatric surgery patients: Assessment and beyond.* Course presented at the annual meeting of the American Psychiatric Association, Toronto, ON.
 74. Du, C., Wnuk, S., Cassin, S., Hawa, R., & Sockalingam, S. (2015, April). *Telephone-based cognitive behavioural therapy for obesity: Helpful aspects of therapy.* Paper presented at the 12th annual Psychology, Health & Medicine Conference, Belfast, Northern Ireland.
 75. Friedman, A., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2015, April). *Effects of weight stigma concerns, perceived discrimination, and weight bias internalization on disordered eating in bariatric surgery patients.* Poster presented at the Canadian Obesity Summit, Toronto, ON.
 76. David, L., Atwood, M., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2015, April). *Bariatric patients' perceptions of post-surgical dietary changes: Content analysis of the decisional balance worksheet.* Poster presented at the Canadian Obesity Summit, Toronto, ON.
 77. Sockalingam, S., Cassin, S. E., Wnuk, S., Kastanias, P., & Gougeon, L. (2015, April). *Drugs, drinking, and disordered eating: Managing challenging cases in bariatric surgery.* Workshop presented at the Canadian Obesity Summit, Toronto, ON.
 78. Sockalingam, S., Wnuk, S., Kantarovich, K., Meaney, C., Okrainec, A., Hawa, R., & Cassin, S. E. (2014, November). *The role of psychosocial factors on employment outcomes one year after bariatric surgery.* Paper presented at the annual conference of the Academy of Psychosomatic Medicine, Fort Lauderdale, FL.

79. Zhang, M. W., Ho, R. C., Cassin, S. E., Hawa, R., Wnuk, S., M., Du, C., & Sockalingam, S. (2014, November). *Online and smartphone based cognitive behavioural therapy for bariatric surgery patients*. Paper presented at the annual conference of the Academy of Psychosomatic Medicine, Fort Lauderdale, FL.
80. von Ranson, K. M., Cassin, S. E., Moss, E. L., Masson, P. C., & Hines, S. (2014, October). *Impulsiveness in community men and women with binge eating disorder and women with bulimia nervosa*. Poster presented at the Eating Disorders Research Society annual meeting, San Diego, CA.
81. Parikh, S., Sockalingam, S., Cassin, S. E. Hawa, R., Wnuk, S., & Du, C. (2014, September). *Telephone delivered cognitive behavioural therapy for bariatric surgery patients: A pilot study*. Paper presented at the annual conference of the Canadian Psychiatric Association (CPA), Toronto, ON.
82. Du, C., Cassin, S. E., Wnuk, S., Royal, S., Hawa, R., & Sockalingam, S. (2014, September). *Telephone-based cognitive behavioural therapy for obesity: Feasibility and helpful aspects of therapy*. Poster presented at the annual conference of the Canadian Psychiatric Association (CPA), Toronto, ON.
83. Sockalingam, S., Wnuk, S., Kantarovich, K., Meaney, C., Okrainec, A., Hawa, R., & Cassin, S. E. (2014, September). *Employment outcomes one year after bariatric surgery: The role of psychosocial factors*. Paper presented at the annual conference of the Canadian Psychiatric Association (CPA), Toronto, ON.
84. Gee, B. A., Antony, M. M., Kuo, J., & Cassin, S. E. (2014, March). *Perfectionism and intolerance of uncertainty predict postevent processing in social anxiety disorder*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Chicago, IL.
85. Lyons, K., David, L., Meisner, B., Sockalingam, S., & Cassin, S. E. (2014, March). *Body image after bariatric surgery: A qualitative study*. Poster presented at the International Conference on Eating Disorders, New York City, NY.
86. David, L., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2014, March). *Adapted motivational interviewing for bariatric surgery patients: A pilot study*. Poster presented at the International Conference on Eating Disorders, New York City, NY.
87. McCabe-Bennett, H. I., Antony, M. A., & Cassin, S. E. (2013, Nov). *Behavioural correlates of perfectionism*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, Nashville, TN.
88. Gee, B. A., Antony, M. A., Cassin, S. E., Kuo, J. (2013, Nov). *Likeability and perceived helpfulness of single-session cognitive restructuring and mindfulness strategies*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, Nashville, TN.
89. Cassin, S. E., David, L., Royal, S., Wnuk, S., & Sockalingam, S. (2013, Nov). *Development of the Ontario Bariatric Eating Self-Efficacy (OBESE) Scale*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies, Nashville, TN.

90. Cassin, S. E., Du, C., Royal, S., Wnuk, S., Hawa, R., Parikh, S., & Sockalingam, S. (2013, Sept). *The impact of cognitive behavioural therapy on eating self-efficacy in a bariatric surgery population*. Poster presented at the annual conference of the Eating Disorders Research Society, Bethesda, MD.
91. Sockalingam, S., Cassin, S. E., Hawa, R., Khan, A., Wnuk, S., Jackson, T. D., & Okrainec, A. (2013, Sept). *Predictors of post-bariatric surgery appointment attendance: The role of psychosocial factors*. Paper presented at the Canadian Surgery Forum, Ottawa, ON.
92. Du, C., Cassin, S. E., Hawa, R., Royal, S., Strimas, R., Sockalingam, S., & Wnuk, S. (2013, July). Telephone-based cognitive behavioural therapy for obesity: Feasibility and helpful aspects of therapy. In S. Sockalingam (chair), *Psychological treatment of obesity*. Paper presented in symposium at the annual meeting of the European Association for Psychosomatic Medicine, Cambridge, UK.
93. Sockalingam, S., Cassin, S. E., Hawa, R., Khan, A., Wnuk, S., & Okrainec, A. (2013, July). Predicting adherence to follow-up appointments: The role of attachment style in severe obesity management. In S. Sockalingam (chair), *Psychological treatment of obesity*. Paper presented in symposium at the annual meeting of the European Association for Psychosomatic Medicine, Cambridge, UK.
94. Gee, B. A., Antony, M. A., Cassin, S. E., Kuo, J. (2013, June). *The effects of single-session mindfulness and cognitive restructuring strategies on post-event processing among socially anxious individuals*. Paper presented in symposium presentation at the Canadian Psychological Association, Quebec City, QC.
95. Cassin, S. E., & David, L. (2013, June). *Integrating motivational interviewing into bariatric aftercare*. Abstract accepted for paper presentation at the annual conference of the Society for the Exploration of Psychotherapy Integration, Barcelona, Spain.
96. Graham, K., Van, S., Lyons, K., Sockalingam, S., Hawa, R., & Cassin, S. (2013, May). *Barriers to physical activity in a post-operative bariatric surgery population*. Poster presented at the International Conference on Eating Disorders, Montreal, QC.
97. Lyons, K., Graham, K., Van, S., Sockalingam, S., Wnuk, S., & Cassin, S. (2013, May). *The impact of psychiatric and medical comorbidity on barriers to physical activity in post-operative bariatric surgery patients*. Poster presented at the International Conference on Eating Disorders, Montreal, QC.
98. Sockalingam, S., Hawa, R., Khan, A., Cassin, S. E., Wnuk, S., Jackson, T., & Okrainec, A. (2013, May). *Keeping patients engaged: Psychosocial predictors of attrition one year after bariatric surgery*. Paper presented at the Canadian Obesity Summit, Vancouver, BC.
99. Sockalingam, S., Cassin, S. E., Tremblay, L., Warwick, K., Robinson, S., Ortiz, J., & Chi, M. (2013, May). *Moving beyond assessment: Novel psychoeducation and psychosocial interventions in bariatric surgery*. Workshop presented at the Canadian Obesity Summit, Vancouver, BC.
100. Cassin, S. E., Sockalingam, S., Hawa, R., Wnuk, S., Royal, S., Taube-Schiff, M., & Okrainec, A. (2012, November). *Depression assessment in bariatric surgery candidates*:

- Diagnostic interview versus self-report inventory.* Poster presented at the annual conference of the Academy of Psychosomatic Medicine (APM), Atlanta, GA.
101. Sockalingam, S., Cassin, S. E., Crawford, S., Pitzul, K., Khan, A., Hawa, R., Jackson, T., & Okrainec, A. (2012, November). *Psychiatric predictors of pre-surgery dropout following suitability assessment for bariatric surgery.* Poster presented at the annual Canadian Surgery Forum, Calgary, AB.
 102. Sockalingam, S., Cassin, S. E., Crawford, S., Pitzul, K., Khan, A., Hawa, R., Jackson, T., & Okrainec, A. (2012, November). *Psychiatric predictors of pre-surgery dropout following suitability assessment for bariatric surgery.* Poster presented at the annual conference of the Academy for Psychosomatic Medicine (APM), Atlanta, Georgia.
 103. Cassin, S. E., Sockalingam, S., Hawa, R., Wnuk, S., Du, C., Strimas, R., Royal, S., & Parikh, S. (2012, September). *Telephone-based cognitive behavioural therapy for bariatric surgery patients.* Paper presented at the annual conference of the Canadian Psychiatric Association (CPA), Montreal, QC.
 104. Cassin, S. E., Strimas, R., Royal, S., Wnuk, S., & Sockalingam, S. (2012, September). *"Eating emotions": Emotion regulation in bariatric surgery candidates.* Paper presented at the annual conference of the Canadian Psychiatric Association (CPA), Montreal, QC.
 105. Cassin, S. E., Sockalingam, S., Hawa, R., Wnuk, S., Royal, S., Taube-Schiff, M., & Okrainec, A. (2012, September). *Improving depression assessment in bariatric surgery candidates: The role of self-report inventories.* Poster presented at the annual conference of the Canadian Psychiatric Association (CPA), Montreal, QC.
 106. Strimas, R., Wnuk, S., Royal, S., Cassin, S.E., & Sockalingam, S. (2012, June). *Psychiatric disorders and functional health status in Canadian bariatric surgery candidates.* Paper presented at the meeting of the Canadian Association of Bariatric Physicians and Surgeons, Mississauga, ON.
 107. Cassin, S. E. (2012, May). Psychosocial intervention to improve bariatric surgery outcomes. In S. Sockalingam (chair), *Psychiatric factors in bariatric surgery: Assessment and beyond.* Workshop presented at the annual meeting of the American Psychiatric Association (APA), Philadelphia, PA.
 108. Cassin, S. E., Strimas, R., Royal, S., Wnuk, S., Sockalingam, S. (2012, May). *Maladaptive eating and emotion regulation in bariatric surgery candidates.* Poster presented at the International Conference on Eating Disorders (ICED), Austin, TX.
 109. Strimas, R., Royal, S., Cassin, S. E., Wnuk, S., & Sockalingam, S. (2012, May). *Measurement of emotion regulation in bariatric surgery candidates.* Poster presented at the International Conference on Eating Disorders (ICED), Austin, TX.
 110. Cassin, S. E., Sockalingam, S., & Hawa, R. (2011, November). Cognitive behavioural therapy for bariatric surgery patients. In S. Sockalingam (chair), *Reducing "weight times": A collaborative approach to managing obesity.* Paper presented in symposium presentation at the annual conference of the Academy of Psychosomatic Medicine (APM), Phoenix, AZ.

111. Cassin, S. E., & Rector, N. A. (2011, November). *Mindfulness and the attenuation of post-event processing in social phobia: An experimental investigation*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies (ABCT), Toronto, ON.
112. Cassin, S. E., & Rector, N. A. (2011, June). *Metacognitive strategies and the reduction of post-event processing in social phobia: An experimental investigation*. Poster presented at the 37th Annual Harvey Stancer Research Day, Toronto, ON.
113. Royal, S., Cassin, S. E., & Sockalingam, S. (2011, June). *Loss of control and its relationship to mood, eating psychopathology, and quality of life in bariatric surgery candidates*. Paper presented at the 37th Annual Harvey Stancer Research Day, Toronto, ON.
114. Deluce, J., Burroughs, E., Cassin, S. E., Zhuo, X., & Richter, M. A. (2011, June). Clinical correlates of drug response in obsessive-compulsive disorder. Poster presented at the 37th Annual Harvey Stancer Research Day, Toronto, ON.
115. Cassin, S. E., & Rector, N. A. (2010, November). Mindfulness reduces distress associated with post-event processing in social phobia. In N. Rector (chair), *Post-event processing in social phobia: Experimental and clinical treatment studies*. Paper presented in symposium at the annual conference of the Association for Behavioural and Cognitive Therapies (ABCT), San Francisco, CA.
116. Witheridge, K., Laposa, J. M., Cassin, S. E., & Rector, N. A. (2010, November). Assessing the impact of CBT on idiosyncratically primed post-event processing from early to late treatment. In N. Rector (chair), *Post-event processing in social phobia: Experimental and clinical treatment studies*. Paper presented in symposium at the annual conference of the Association for Behavioural and Cognitive Therapies (ABCT), San Francisco, CA.
117. Rector, N. A., Cassin, S. E., Ayearst, L. E., Laposa, J. M., & Kamkar, K. (2010, November). *Development and psychometric evaluation of the Reassurance Seeking Scale*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies (ABCT), San Francisco, CA.
118. Laposa, J. M., Cassin, S. E., & Rector, N. A. (2010, November). *Cognitive behavioural therapy reduces reassurance seeking in individuals with generalized anxiety disorder*. Poster presented at the annual conference of the Association for Behavioural and Cognitive Therapies (ABCT), San Francisco, CA.
119. Cassin, S. E., & Rector, N. A. (2010, June). Mindfulness versus distraction in the attenuation of social anxiety: An experimental investigation. Paper presented at the 36th Annual Harvey Stancer Research Day, Toronto, ON.
120. Cassin, S. E., & Rector, N. A. (2009, November). *A test of the scar model of depression in anxious individuals*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
121. Laposa, J. M., Rector, N. A., & Cassin, S. E. (2009, November). Negative interpretation of positive social events across anxiety disorder populations. Poster presented at the annual

- conference of the Association for Behavioral and Cognitive Therapies (ABCT), New York, NY.
122. Cassin, S. E., Rector, N. A., & Lapsa, J. M. (2009, March). The impact of anxiety disorders on perceived physical health and other aspects of quality of life. In N. Rector (chair), *Medical comorbidity in community and clinical samples with primary anxiety disorders*. Paper presented in symposium at the annual conference of the Anxiety Disorders Association of America, Albuquerque, NM.
 123. Cassin, S. E., Bouffard, B.A., Rector, N.A., &Wilkins, K. (2009, March). Medical comorbidities in anxiety disorders: Implications for health service utilization. In N.Rector (chair), *Medical comorbidity in community and clinical samples with primary anxiety disorders*. Paper presented in symposium at the annual conference of the Anxiety Disorders Association of America, Albuquerque, NM.
 124. Cassin, S. E., von Ranson, K. M., Heng, K., Brar, J., & Wojtowicz, A. E. (2008, November). *Self-efficacy predicts abstinence from binge eating following a motivational interview*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Orlando, FL.
 125. Cassin, S. E., Lapsa, J. M., & Rector, N. A. (2008, November). *A comparison of quality of life domains across the anxiety disorders*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Orlando, FL.
 126. Lapsa, J. M., Rector, N. A., & Cassin, S. E. (2008, November). Predictors of interpretation of positive social events in individuals with social phobia. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Orlando, FL.
 127. Adair, C. E., and the National EDQLS Research Team (2008, May). *Validity and responsiveness of the Eating Disorder Quality of Life Scale (EDQLS) in a longitudinal multi-site sample*. Paper presented at the International Conference on Eating Disorders, Seattle, WA.
 128. Cassin, S. E. (2008, May) *Motivational interviewing for women with binge eating disorder: The role of self-efficacy*. Paper presented at the University of Toronto Women's Mental Health Research Day, Toronto, ON.
 129. Cassin, S. E., Brown, K. E., Jones, M. I., Srikameswaran, S., & Geller, J. (2007, November). *To change or not to change: Improvements in readiness for change as a function of body mass index*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
 130. Cassin, S. E., & von Ranson, K. M. (2007, November). Concurrent and predictive validity of the URICA in a binge eating sample. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.
 131. Jones, M., I., Brown, K. E., Cassin, S. E., Geller, J., & Srikameswaran, S. (2007, November). *An examination of helpful and unhelpful experiences with eating disorder health care professionals*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Philadelphia, PA.

132. Cassin, S. E., Brown, K. E., Jones, M. I., Dunn, E. C., Srikameswaran, S., & Geller, J. (2007, October). *Improvements in readiness for change as a function of binge eating status*. Poster presented at the annual conference of the annual meeting of the Eating Disorders Research Society, Pittsburg, PA.
133. Adair, C. E., Marcoux, G. C., Cram, B. S., Ewashen, C. J., Chafe, J., Cassin, S. E., and the National EDQLS Research Team (2007, May). *Multi-site validation of a new disease-specific quality of life measure for eating disorders*. Paper presented at the National Meeting of the Canadian Society for Epidemiology and Biostatistics, Calgary, AB.
134. Cassin, S. E., Brown, K. E., Jones, M. I., Srikameswaran, S., & Geller, J. (2007, May). *Improvements in readiness for change as a function of body mass index*. Poster presented at the annual conference of the International Conference on Eating Disorders (ICED), Baltimore, MD.
135. Cassin, S. E., von Ranson, K. M., Wojtowicz, A. E., Heng, K., & Brar, J. (2007, May). *The effect of motivational enhancement therapy on binge eating: A one year follow-up*. Poster presented at the International Conference on Eating Disorders (ICED), Baltimore, MD.
136. Cassin, S. E., von Ranson, K. M., Wojtowicz, A. E., Heng, K. Y., & Brar, J. (2006, Nov). *Motivating more than behavioral change: Motivational enhancement therapy improves binge eating and associated psychological symptoms*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
137. Cassin, S. E., von Ranson, K. M., & Gross, A. (2006, June). Patients weigh in on the debate over the addictions model of eating disorders. In K. von Ranson (chair), *Research in eating disorders*. Paper presented in symposium at the annual conference of the Canadian Psychological Association, Calgary, AB.
138. Cassin, S. E., von Ranson, K. M., & Whiteford, S. (2006, June). *Sports cars and swimsuit models: Cognitive processing of women at risk for eating disorders following a priming procedure*. Poster presented at the annual conference of the Canadian Psychological Association, Calgary, AB.
139. Cassin, S. E., von Ranson, K. M., & McDowall, K. (2005, November). *Associations of perfectionism, body dissatisfaction, and eating self-efficacy with bulimic symptomatology: An examination of the three-factor interactive model*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.
140. Mintz, A. R., Cassin, S. E., & Dobson, K. S. (2005, November). *The next generation of professional psychologists: Training and career preferences of current graduate students*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

141. Cassin, S. E., von Ranson, K. M., Baxter, A. E., & Heng, K. (2005, September). *Does confidence for change translate into behavioral change? The effect of a brief motivational enhancement intervention on binge eating*. Poster presented at the annual conference of the Eating Disorders Research Society, Toronto, ON.
142. von Ranson, K. M., Robinson, K. E., Heng, K., & Cassin, S. E. (2005, September). *Eating disorders as addictions? Prevalence of addictions-based psychotherapy for eating disorders*. Poster presented at the annual conference of the Eating Disorders Research Society, Toronto, ON.
143. Cassin, S. E., Mintz, A. R., & Dobson, K. S. (2005, June). *Implications of the changing gender composition in professional psychology*. Poster presented at the annual conference of the Canadian Psychological Association, Montreal, QC.
144. Cassin, S. E., & von Ranson, K. M. (2005, March). *The effect of a brief motivational enhancement intervention on binge eating: Preliminary findings*. Paper presented at the Department of Psychiatry Sebastian Littmann Research Day, Calgary, AB.
145. Cassin, S. E., Makarchuk, K., & Matsumara, R. (2005, March). *Comorbidity among mood, anxiety, and eating disorders: Implications for day treatment*. Paper presented at the Department of Psychiatry Sebastian Littmann Research Day, Calgary, AB.
146. Cassin, S. E., & von Ranson, K. M. (2004, November). *The effect of media exposure and eating pathology on attention and memory biases for body and appearance-related words*. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy (AABT), New Orleans, LA.
147. Cassin, S. E., & von Ranson, K. M. (2004, November). *Comorbidity between eating disorders and personality disorders: A meta-analysis comparing interview and self-report*. Poster presented at the annual conference of the Association for the Advancement of Behavior Therapy (AABT), New Orleans, LA.
148. von Ranson, K. M., Cassin, S. E., & Baxter, A. E. (2004, October). *Impulsivity in community women with binge eating disorder and bulimia nervosa*. Poster presented at the annual conference of the Eating Disorders Research Society, Amsterdam, Holland.
149. Cassin, S. E., & von Ranson, K. M. (2004, April). *The effect of media exposure on attention to body and appearance-related words*. Paper presented at the International Conference on Eating Disorders, Orlando, FL.
150. von Ranson, K. M., Nosen, E. B. A., Cassin, S. E. & Baxter, A. E. (2004, April). *Personality traits in women and men with binge eating disorder*. Paper presented at the International Conference on Eating Disorders, Orlando, FL.
151. von Ranson, K. M., Cassin, S. E., Baxter, A. E., McDowall, K., Braun, S. D., & Nosen, E. B. (2003, October). *Personality and binge eating in community women: A preliminary examination of multidimensional personality questionnaire primary scales*. Poster presented at the annual conference of the Eating Disorders Research Society, Ravello, Italy.

152. Cassin, S. E., & von Ranson, K. M. (2003, June). Development of word lists for testing attentional biases in eating disorders. In A. Kennedy (Chair), *Aspects of eating disorders*. Paper presented in symposium at the annual conference of the Canadian Psychological Association, Hamilton, ON.
153. Cassin, S. E., von Ranson, K. M., Bramfield, T., & Baxter, A. E. (2003, May). *Validation of the Minnesota Eating Disorder Inventory among Canadian university women*. Poster presented at the International Conference on Eating Disorders, Denver, CO.
154. von Ranson, K. M., Cassin, S. E., Braun, S. D., Baxter, A. E., & McDowall, K. (2003, May). *Personality and binge eating in community women: Preliminary findings*. Paper presented at the International Conference on Eating Disorders, Denver, CO.
155. Rector, N. A., Richter, M., Denisoff, E., Crawford, C., Greene, A., & Cassin, S. (2003, March). *Cognitive change in cognitive and behavioural therapies for OCD*. Paper presented in symposium at the annual conference of the Anxiety Disorders Association of America, Toronto, ON.
156. Rector, N. A., Gamar, M., Greene, A., Richter, M. A., Denisoff, E., Crawford, C., & Cassin, S. (2002, November). *Assessing the specificity of inflated responsibility in OCD with the primed lexical decision test*. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy (AABT), Reno, NV.
157. Rector, N. A., Richter, M. A., Gamar, M., Denisoff, E., & Cassin, S. (2001, November). *Inflated responsibility in OCD: Assessment with the primed lexical decision test*. Paper presented at the annual conference of the Association for the Advancement of Behavior Therapy (AABT), Philadelphia, PA.
158. Rector, N. A., Richter, M. A., Gamar, M., Denisoff, E., & Cassin, S. (2001, June). *Cognitive and behavioural treatment of obsessive-compulsive disorder: The role of cognitive factors in treatment response and relapse prevention*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, BC.

CV Updated: September 2019