Collaborative Relationships Build A Strong Foundation

Successful engagement requires a commitment to developing and supporting a strong partnership between *all* stakeholders. Mutual respect, trust, honesty, equity, dialogue and negotiation are essential elements for successful collaboration. Relationships look different depending on the level of engagement (see *IAP2 Spectrum*) and method of engagement (see the *Voice of Patients & Families* wheel). Patient & family advisors participating in engagement activities that take place face-to-face and over the long term will require more support.

What Does a Collaborative Relationship Look Like?

- Mutual respect for skills & knowledge
- Honest, timely & clear communication
- Understanding & empathy
- Mutually agreed upon goals
- · Shared planning & decision making
- Open two-way sharing of information
- Accessibility & responsiveness
- Joint evaluation of progress & successes
- · Absence of labeling and blaming

Focus on Collaboration

Patient engagement is an opportunity to create a *third* space where the focus is on the 'we' and not on patients, the system or providers. Through engagement the expertise and experience of <u>all</u> stakeholders can be heard and acted on!

Respecting Expertise

Making engagement a priority supports patient & family advisors by acknowledging the importance of their stories and perspectives while also recognizing that they are the "experts on their own experience" not the health care professionals or administrators.

Contact us for support and guidance on how to best use this information Patient.Engagement@albertahealthservices.ca

