EVALUATION AND LESSONS LEARNED FROM PUBLIC HEALTH SOCIAL MARKETING CAMPAIGNS:

INFORMING A STANDARDIZED EVALUATION FRAMEWORK FOR FUTURE PUBLIC HEALTH EMERGENCIES

Kristina Lee Him HBPH, MSc Candidate Supervisor: Dr. Jordan Tustin School of Occupational and Public Health





Public Health Social Marketing Campaign

Marketing campaign integrates marketing principles with public health goals to promote healthy behaviours, improve health outcomes and prevent disease¹

Vaccines are safe



Vaccines add a layer of protection against COVID-19





Importance of Public Health Social Marketing Campaigns



Promote Healthy Behaviour Changes^{2,3}



Improve Population Health^{2,3}



Build Community Trust⁴



Timely Dissemination of Critical information^{2,3}



Literature Review

Public Health Communication

Disseminate accurate, timely and accessible evidence-based health information to improve population health^{2,3}

Building community trust and empowering communities^{2,3}

Essential during **public health emergencies**⁵

COVID-19 Social Marketing Campaigns: Global Response

Global implementation of digital campaigns, including the World Health Organization (WHO), due to the social distancing guidelines⁶

Provide COVID-19 updates, combat misinformation and share protective measures⁷



Literature Review

Ontario's Response to COVID-19

Unprepared, the Provincial Emergency Response Plan was **outdated** and failed to integrate **digital platforms**, highlighting gaps in emergency preparedness⁸

Only integrated 4 of the 36 lessons learned from the 2017 audit⁸

This led to a **critical need for updated frameworks** for public health emergencies^{8,9}

Existing Frameworks

The Federal Government of Canada's **Advertising Campaign Evaluation Tool** (ACET) is mandated for campaigns with budgets **exceeding \$1M**¹⁰

The **RE-AIM Framework** offers a structured approach but has limitations¹¹



Research Gaps

No Standardized Framework **Inconsistent Evaluation Practices Underutilization of Digital Tools** Lack of Preparedness during Health **Emergencies**



Research Question

What are the current practices for evaluating public health social marketing campaigns in health emergencies, and how can these inform a standardized evaluation framework to enhance campaign effectiveness and preparedness for future crises?





Study 1: Scoping Review on Current Practices in The Evaluation of Public Health Social Marketing Campaigns

Objective: Identify and synthesize current global evaluation methods to inform recommendations for a standardized framework to strengthen public health evaluation standards







Study 1: Methods

Study Design

• PRISMA-ScR guidelines and Arksey & O'Malley's thematic analysis framework 12,13

Systematic Search

- Databases: PubMed, Scopus, Web of Science, and PsycINFO
- Eligibility Criteria:
 - 1. Peer-reviewed, published in English between January 2014 and March 2024
 - 2. Evaluated public health social marketing campaigns developed by government organizations
 - 3. Campaigns promoted healthy behaviours, improved health or prevent disease

Study Selection

- Zotero (for citations) and Covidence (for systematic screening)
- Screening: Two independent reviewers (KLH & AW)
 - Title and abstract screening and full-text review
 - Disagreements were resolved through consensus
 - Inter-rater Reliability: Evaluated using Cohen's Kappa





Study 1: Methods

Data Extraction

- Tool: Microsoft Excel
- Extract Key characteristics:
 - Campaign details (e.g., design, target population, delivery methods, campaign metrics, Evaluation methods and frameworks)

Thematic Analysis:

- Understanding the evaluation landscape
- Data coding and grouping into categories
 - Identifying and synthesizing themes to inform a standardized evaluation framework





Study 1: Results

Study Selection

- Total studies identified: 772
 - 771 from databases
 - 1 from reference searching

- Screening results:
 - 477 screened → 154 full-text reviews → 23 included

- Cohen's Kappa:
 - Initial screening: 0.752
 - Data extraction: 0.742



Prisma Flowchart: Scoping Review Studies Identified Through Studies Identified Through Searching Databases Citation Searching (n=1) (n=771)**Duplicates Removed:** (n=295)**Studies Excluded (n=323) Studies Screened (n=477)** Excluded based on inclusion and exclusion criteria **Studies Excluded (n=131) Full-Text Studies** Wrong Study Design (n=2) Screened (n=154) Failed to Evaluate a Campaign (n=4) Campaign Not Exclusively Development by Government Studies Included in the (n=121)scoping review (n=23) Campaign small scale (n=4)

Study 1: Results

Four Themes were Identified in Evaluation Practices:

Refining Campaign Design Through Pre- Implementation Evaluation (Formative Evaluations):	 34.8% (n=8) Common tools: Online surveys (n=5) Focus groups (n=4)
Monitoring and Adapting Campaign Implementation (Process Evaluations):	 95.7% (n=22) Common tools: Digital metrics (n=12) Online surveys (n=8)
Measuring Impact and Outcomes (Outcome Evaluations):	 78.3% (n=18) Common tools: Online surveys (n=12) and Digital metrics (n=6)
Evaluation Frameworks:	 Only 4% (1 study) used a framework. Example: RE-AIM Framework in the LAIV Influenza Vaccination Program



Discussion

Formative,
Process and
Outcome
Evaluations

Formative, process, and outcome evaluations are critical for assessing campaign effectiveness

Together, they ensure campaigns are refined, well-implemented, and impactful

Evaluation Tools

Online Surveys: Cost-effective, rapidly deployable, and ideal during emergencies¹⁴

Digital Metrics: Real-time data collection and engagement tracking via social media¹⁵

Lack of Standardized Evaluation Framework

Current evaluation practices lack consistency

Time and resource-intensive approaches hinder timely evaluations during emergencies¹¹

Informing a Standardized Evaluation Framework

Integrate formative, process, and outcome evaluations Leverage online surveys and digital metrics for rapid, cost-effective insights



Limitations





English Language Bias



Study Selection Bias



Recommendations and Future Directions

- There is a critical need for a standardized evaluation framework that includes formative, process, and outcome evaluations and leveraging evaluation tools of digital metrics and online surveys
- Organizations need to perform more effective, consistent and adaptive evaluations on public health social marketing campaigns
- Future research should also focus on expanding and refining current practices by reviewing grey literature
- Expand research to identify the practical advantages and disadvantages of current methods in evaluating long-term and short-term public health social marketing campaigns



Study 2: Content Analysis: Evaluation Gaps and Insights in Ontario's COVID-19 Public Health Social Marketing Campaigns: Toward a Standardized Evaluation Framework

Objective: Analyze Ontario's COVID-19 public health social marketing campaigns by examining evaluation practices and identifying gaps and inconsistencies









Study 2: Methods

Study Design

- Focused on 13 "hotspot" PHUs with the highest hospitalizations and deaths (defined by the Ministry of Health)¹⁶
- One campaign per PHU was selected

Data Collection

- PHU Websites: Search terms like "COVID-19 Vaccine Campaign"," "Mass Immunization Strategy"
- General Web Searches: Identified resources: posters, press releases, and promotional materials
- Social Media Platforms: Facebook, X (Twitter), Instagram, and YouTube
- Local Government Websites: Searched for reports and campaign details

Inclusion Criteria

- Developed and launched by one of the 13 hotspots Ontario PHUs
- Promote vaccine uptake, address vaccine hesitancy, or reduce barriers to vaccination
- Publicly available information reported online in English
- Launched between January 2020 and December 2023



Study 2: Methods

Coding Framework

- Developed to align with study objectives and capture patterns/trends
- Organized into four main themes:
 - Campaign Characteristics
 - Delivery Methods
 - Evaluation Identified, Methods and Tools
 - Transparency of Publicly Available Data

Data Analysis

- Data was analyzed and categorized using Microsoft Excel
- Descriptive and categorical coding approach based on the four themes:
 - Descriptive analysis
 - Binary coding
 - Thematic categorization





Study 2: Results

Campaign Characteristics	 Most campaigns targeted the entire population One PHU (Peel Public Health) targeted individuals unable to attend daytime clinics Key Messages: Encouraged vaccine uptake across all campaigns
Delivery Methods	 Digital Media Platforms: 12 campaigns (92.3%) Traditional Media: 7 campaigns (53.8%). Community Outreach: 3 campaigns (23.7%)



Study 2: Results

Measuring Impact and Outcomes (Outcome Evaluations):	 Evaluations Conducted: 5 campaigns (38.5%) Formative evaluations: 0 campaigns Process Evaluations: 1 campaign Outcome Evaluations: 5 campaigns Evaluation Tools: Number of doses administered: 5 campaigns Digital metrics: 3 campaigns Online surveys: 1 campaign
Evaluation Frameworks:	 Evaluation Information Available Online: 7 campaigns (53.8%) Fully accessible: 5 campaigns Partially accessible: 2 campaigns Sources of Evaluation Information: Communication Updates: 2 campaigns Reports: 5 campaigns



Study 2: Discussion

Delivery Methods	 Social media platforms were heavily utilized due to their broad reach and ability to engage diverse audiences, including vulnerable communities Traditional media and community outreach supported populations without internet access but faced structural inefficiencies during emergencies¹⁷
Evaluations Identified, Methods, and Tools	 HPPA all PHUs are mandated to perform evaluations¹⁸ No formative and limited process evaluations Outcome evaluations were most common, relying on tools like number of doses administered, digital metrics, and online surveys Evaluation methods were inconsistent and lacked comprehensive frameworks
Transparency of Publicly Available Reported Data	 HHPA all PHUs mandated to provide publicly accessible data about all the implemented programs¹⁸ Only one PHU published a comprehensive evaluation report online Reports were often fragmented and lacked actionable insights

Study 2: Discussion

Recommendations for a Standardized Evaluation Framework

Integrate Digital and Traditional Media to maximize reach and equity

Formative, Process, and Outcome Evaluations

Digital Metrics and Online Surveys for real-time insights and efficient data collection

Transparent,
Publicly Available
Evaluation Reports
to improve
accountability and
knowledge sharing



Limitations

Reporting Bias

Contextual Bias

Generalizability



Recommendations and Future Direction

- Evaluations are critical to assessing campaign effectiveness, especially in reaching vulnerable communities
- A standardized framework would **strengthen** campaign design, execution, and assessment, ensuring better preparedness for future public health emergencies
- Future Research should consult stakeholders such as key informants from public health agencies
- Developing a standardized evaluation that includes geographical and cultural contexts



Implications on Public Health Practice



Strengthening Public Practices



Enhance Campaigns Effectiveness



Promoting Accountability and Transparency



Leverage Cost Effective Evaluation Tools



Informing Policy and Resource Allocation



References

- 1. National Institutes of Health, Office of Disease Prevention. (2023, November 9). *Public health campaigns. U.S. Department of Health and Human Services*. https://prevention.nih.gov/research-priorities/dissemination-implementation/nih-public-health-campaigns
- 2. Porat, T., Nyrup, R., Calvo, R. A., Paudyal, P., & Ford, E. (2020). Public Health and Risk Communication During COVID-19—Enhancing Psychological Needs to Promote Sustainable Behavior Change. *Frontiers in Public Health*, *8*, 573397. https://doi.org/10.3389/fpubh.2020.573397
- 3. Public Health Agency of Canada. (2010, July 21). Core Competencies for Public Health in Canada [Education and awareness]. https://www.canada.ca/en/public-health/services/public-health-practice/skills-online/core-competencies-public-health-canada.html
- 4. Ghio, D., Lawes-Wickwar, S., Tang, M. Y., Epton, T., Howlett, N., Jenkinson, E., Stanescu, S., Westbrook, J., Kassianos, A. P., Watson, D., Sutherland, L., Stanulewicz, N., Guest, E., Scanlan, D., Carr, N., Chater, A., Hotham, S., Thorneloe, R., Armitage, C. J., ... Keyworth, C. (2021). What influences people's responses to public health messages for managing risks and preventing infectious diseases? A rapid systematic review of the evidence and recommendations. *BMJ Open*, *11*(11), e048750. https://doi.org/10.1136/bmjopen-2021-048750
- 5. Lowe, M., Harmon, S. H. E., Kholina, K., Parker, R., & Graham, J. E. (2022). Public health communication in Canada during the COVID-19 pandemic. *Canadian Journal of Public Health = Revue Canadienne de Santé Publique*, 113(Suppl 1), 34. https://doi.org/10.17269/s41997-022-00702-z
- 6. Bardus, M., Assaf, S. A., & Sakr, C. J. (2023). Using Social Marketing to Promote COVID-19 Vaccination Uptake: A Case Study from the "AUBe Vaccinated" Campaign. Vaccines, 11(2), 459. https://doi.org/10.3390/vaccines11020459
- 7. Nsanzimana, S., Gupta, A., Uwizihiwe, J. P., Haggstrom, J., Dron, L., Arora, P., & Park, J. J. H. (2021). The Need for a Practical Approach to Evaluate the Effectiveness of COVID-19 Vaccines for Low- and Middle-Income Countries. *The American Journal of Tropical Medicine and Hygiene*, 105(3), 561. https://doi.org/10.4269/ajtmh.21-0482
- 8. Office of the Auditor General of Ontario. (2020). COVID-19 Preparedness and Management Special Report on Emergency Management in Ontario—Pandemic Response (Chapter One: Emergency Management in Ontario—Pandemic Response, p. 48) [Special Report]. Office of the Auditor General of Ontario. https://www.auditor.on.ca/en/content/specialreports/specialreports/COVID-19 ch1EMO en20.pdf



References

- 9. Fournier, M., Bourgeois, I., Buetti, D., Simmons, L., & The Building Evaluation Capacity in Ontario's Public Health Units LDCP workgroup. (2017). Building Evaluation Capacity in Ontario's Public Health Units: Results from Ten Action Research Projects. (p. 16). https://www.publichealthontario.ca/-/media/documents/I/2015/Idcp-evaluation-final-report.pdf?la=en
- 10. Environics Research. (2023). Canadian Digital Adoption Program, Business Advertising Campaign Evaluation Tool (ACET) Final Report (POR 092-21; Public Opinion Research Reports). Innovation, Science and Economic Development Canada. https://ised-isde.canada.ca/site/public-opinion-research/en/canadian-digital-adoption-program-business-advertising-campaign-evaluation-tool-acet-final-report
- 11. Holtrop, J. S., Estabrooks, P. A., Gaglio, B., Harden, S. M., Kessler, R. S., King, D. K., Kwan, B. M., Ory, M. G., Rabin, B. A., Shelton, R. C., & Glasgow, R. E. (2021). Understanding and applying the RE-AIM framework: Clarifications and resources. *Journal of Clinical and Translational Science*, *5*(1), e126. https://doi.org/10.1017/cts.2021.789
- 12. Tricco, A. C., Lillie, E., Zarin, W., O'Brien, K. K., Colquhoun, H., Levac, D., Moher, D., Peters, M. D. J., Horsley, T., Weeks, L., Hempel, S., Akl, E. A., Chang, C., McGowan, J., Stewart, L., Hartling, L., Aldcroft, A., Wilson, M. G., Garritty, C., ... Straus, S. E. (2018). PRISMA Extension for Scoping Reviews (PRISMA-ScR): Checklist and Explanation. *Annals of Internal Medicine*, 169(7), 467–473. https://doi.org/10.7326/M18-0850
- 13. Arksey, H., & O'Malley, L. (2005). Scoping studies: Towards a methodological framework. *International Journal of Social Research Methodology*, 8(1), 19–32. https://doi.org/10.1080/1364557032000119616
- 14. Regmi, P. R., Waithaka, E., Paudyal, A., Simkhada, P., & van Teijlingen, E. (2016). Guide to the design and application of online questionnaire surveys. *Nepal Journal of Epidemiology*, 6(4), 640–644. https://doi.org/10.3126/nje.v6i4.17258
- 15. de Vere Hunt, I., & Linos, E. (2022). Social Media for Public Health: Framework for Social Media-Based Public Health Campaigns. *Journal of Medical Internet Research*, 24(12), e42179. https://doi.org/10.2196/42179
- 16. Office of the Auditor General of Ontario. (2022). *Value-for-Money Audit: COVID-19 Vaccination Program* (p. 90). Office of the Auditor General of Ontario. https://www.auditor.on.ca/en/content/annualreports/arreports/en22/AR_COVIDVaccination_en22.pdf
- 17. Wakefield, P. M. A., Loken, P. B., & Hornik, P. R. C. (2010). Use of mass media campaigns to change health behaviour. *Lancet*, 376(9748), 1261. https://doi.org/10.1016/S0140-6736(10)60809-4
- 18. Ministry of Health. (2021b). Ontario Public Health Standards: Requirements for Programs, Services and Accountability (Protecting and Promoting the Health of Ontarians). http://www.ontario.ca/page/ontario-public-health-standards-requirements-programs-services-and-accountability



Thank You.

I would like to acknowledge **Dr. Jordan Tustin** for her unwavering support and valuable insights that supported this research.

Thank you to the examining committee, Dr. Jasmin Bhawra, Dr. Corrine Ong and the chair, Dr. Chun-Yip Hon, for supporting me through this process.

Angie Wong, the second reviewer, for the time and effort she dedicated to this research.

Contact information: kleehim@torontomu.ca

