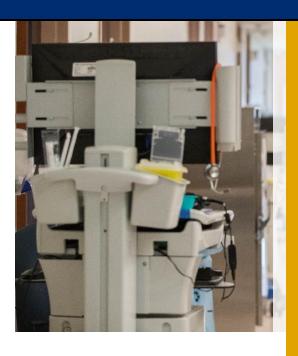
2025

Professional Master's Diploma Dietetics Program & Application Information



Toronto
Metropolitan
University





Table of Contents

Information for applicants	
What is the PMDip Dietetics?	3
Program mission, vision, and goals	3
Who should I contact if I have questions about the admission requirements and	3
application process for the PMDip Dietetics program?	
Who should I contact if I have questions about the practical training experiences offered	3
by PMDip Dietetics partner hospitals?	
Where will I find information about the PMDip Dietetics?	4
How long is the program and when does it start?	4
Will orientation be provided?	4
If I complete the program, can I become a Registered Dietitian?	4
How is the program structured?	4
What is the cost of the program?	5
ls financial support available for students?	5
Is the program OSAP eligible?	5
Will I be able to work while completing the program?	5
Application information	
How do I apply for the PMDip Dietetics?	5
How many partner organizations can I apply to?	6
When is my application due?	6
What are the steps to apply?	6
What documents do I need to upload?	6
How do I find out the status of my application?	6
What should I do if my application is not complete?	6
When will I know if I'm invited for an interview and where will they be held?	6
Where are the interviews held?	6
When will I know if I have been accepted?	7
If I receive an offer of admission, how long do I have to decide?	7
Information for current students	
What should I do first?	7
What services are available to me?	7
What benefits are available to me?	10
Is housing available to me?	12
What are my rights as a Toronto Metropolitan University student?	12
What are my obligations as a Toronto Metropolitan University student?	13
What policies apply to me as a graduate student?	13
What do I need to do to graduate?	13

Information for applicants

What is the PMDip Dietetics?

The Professional Master's Diploma - Dietetics is a 1-year graduate program at Toronto Metropolitan University (TMU) that is offered through collaborations with SickKids and Sunnybrook Health Sciences Centre and Women's College Hospital. As a graduate program, the PMDip Dietetics is administered through the Yeates School of Graduate and Postdoctoral Studies (YSGPS) at TMU. Graduates earn the designation "PMDip - Dietetics".

Program mission, vision, and goals

Program Mission:

To collaborate with partner institutions to provide outstanding practical training for future dietitians.

Program Vision:

To be a leading hub for innovation and collaboration in dietetic education and training.

Program Goals:

- To provide students with high quality practical training through which they can demonstrate competency attainment as per the Integrated Competencies for Dietetic Education and Practice (ICDEP), qualify to write the Canadian Dietetic Registration Examination, and become dietitians.
- 2. To draw on all partner institutions' resources to enhance the quality of dietetic practical training for students and preceptors.
- 3. To provide students and preceptors with exceptional opportunities for professional growth and development.

Who should I contact if I have questions about the admission requirements and application process for the PMDip Dietetics program?

Amber Rebello, MEd Graduate Program Administrator Email: arebello@torontomu.ca

Megan Omstead, MPH, RD Graduate Practicum Coordinator Email: megan.omstead@torontomu.ca

Who should I contact if I have questions about the practical training experiences offered by PMDip Dietetics partner hospitals?

PMDip Dietetics @ the Hospital for Sick Children

Meg Arppe-Robertson, MSc RD Clinical Educator/ Dietetic Internship Coordinator

Email: megan.arppe-robertson@sickkids.ca

PMDip Dietetics @ Sunnybrook Health Sciences Centre & Women's College Hospital

Annie Hoang (she/her), MEd, RD, CDE Professional and Education Leader, Clinical Nutrition

Email: annie.hoang@sunnybrook.ca

Where will I find information about the PMDip Dietetics?

For information about how to apply, tuition, and other academic matters, visit the Toronto Metropolitan University website: <u>Dietetics (PMDip) - School of Nutrition - Toronto Metropolitan University (TMU)</u>

For information about the student experience available at each partner organization, please visit their websites:

SickKids

Clinical Dietetics | SickKids

Sunnybrook Health Sciences Centre
 Dietetic Internship Program - Education - Sunnybrook Hospital

How long is the program and when does it start?

The PMDip Dietetics is a full-time graduate program that is completed in three consecutive semesters (1 year). It begins in September.

Will orientation be provided?

Yes. Accepted applicants will attend orientations at TMU and at the partnering hospitals. You will be notified of the dates of orientation events in advance.

If I complete the program, can I become a Registered Dietitian?

Yes. Successful completion of the PMDip Dietetics will enable you to meet all of the Integrated Competencies for Dietetic Education and Practice (ICDEP), qualify you to obtain a temporary license, write the Canadian Dietitian Registration Exam (CDRE) and if you are successful, become a Registered Dietitian.

How is the program structured?

You will complete four graduate level courses.

FALL	WINTER	SPRING/SUMMER
NC8401 Practicum I	NC8402 Practicum II	NC8403 Practicum III
	NC8300 Population Health Promotion	

During the three practicum courses you will be engaged in dietetic practical training through a series of carefully planned rotations. In each rotation, you will be supervised by highly qualified dietitians working in a variety of practice settings.

The NC8300 Population Health Promotion course is offered at TMU. This course integrates a team-based population health placement to provide opportunities for students to meet all competencies in this practice area. Students will work in teams to engage with community partners of interest to develop and deliver nutrition education interventions.

Opportunities to develop and practice additional skills in preparation for dietetic practice will also be provided i.e. counselling for behaviour change, research appraisal etc. Through this course, students can expect to develop collegial relationships through reflective practice activities. This course is offered concurrently with NC8402 Practicum II

What is the cost of the program?

The TMU Registrar's Office posts the fee schedule for incoming students in early August each year. Please note that domestic, out-of-province and international students pay different fees and students. Click here for the most accurate fee information.

Is financial support available for students?

PMDip Dietetics students are eligible to apply for 1 needs-based bursary per year. PMDip students can also apply for the Patricia Jensen Award. To be eligible for this award, applicants must identify as a member of a historically disadvantaged group: A racialized person and/or an Aboriginal person in Canada (including First Nations [status or non-status], Metis, or Inuit and/or a woman, including cisgender or transgender and/or Black (including those that identify as Afro-Caribbean or African-Canadian) and/or 2SLGBTQ+ and/or Trans and/or a person with a disability. Students are encouraged to use TMU's AwardSpring portal to explore their eligibility for multiple awards. Scholarships and Awards - Current Students - Toronto Metropolitan University (TMU)

Is the program OSAP eligible?

The PMDip Dietetics is NOT OSAP eligible. Students can request to defer loan repayment and ask that no interest be charged during their studies by applying for the Repayment Assistance Program. You'll find more information here: https://www.canada.ca/en/employment-social-development/services/education/repayment-assistance-plan.html

Will I be able to work while completing the program?

The PMDip Dietetics is intensive and demanding. Students need excellent time management and organizational skills. Students will spend 35-40 hours every week in various dietetic practice environments and will have homework to complete many evenings and weekends. It is very difficult to maintain paid employment while completing the program. It is not possible for students to miss time during practicum rotations for employment-related matters.

Application information

How do I apply for the PMDip Dietetics?

All applications for the PMDip Dietetics will be submitted directly to TMU. For information on how to apply, see: <u>Admissions for Dietetics (PMDip) - School of Nutrition - Toronto Metropolitan University (TMU)</u>

How many partner organizations can I apply to?

Students can apply to only ONE PMDip partner organization.

When is my application due?

Complete your OUAC online application by 11 pm on November 30, 2025 (suggested deadline) Upload all documents to the TMU Applicant Upload portal by 11 pm on January 12, 2026 (absolute deadline).

What are the steps to apply?

STEP 1	Contact your referees. You need their names and correct email addresses to
	upload with your application. Take care to record the correct email address. If you
	need help with reference issues, please email gradreference@torontomu.ca.

STEP 2	Complete and submit the online TMU/OUAC application by November 30, 2025)

STEP 3	Toronto Metropolitan University's Graduate Studies Admissions and Recruitment		
	office will email you within 2-3 days of application submission with instructions on		
	how to create your online identity and upload your documents through the Toronto		
	Metropolitan University portal. Follow the instructions provided to activate your		
	Toronto Metropolitan University online identity.		

STEP 4	Prepare all your required documents, save them as pdf. Log into the TMU
Applicant Portal and upload the correct documents. You cannot re	
	once they've been uploaded. If you make a mistake contact
	gradhelp@torontomu.ca.
	Upload required documents by 11 pm on January 12, 2026

What documents do I need to upload?

Please visit our admissions website for a list of required documents. <u>Admissions for Dietetics</u> (PMDip) - School of Nutrition - Toronto Metropolitan University (TMU)

How do I find out the status of my application?

You can monitor the status of your application through the TMU Applicant Upload portal.

What should I do if my application is not complete?

Submit any missing documents via the TMU Applicant Upload portal ASAP If it's December 15, 2025 and your referees have not submitted their reports, contact them with a friendly reminder

When will I know if I'm invited for an interview and when will they be held?

Applicants who are invited for interviews will be contacted by the partner organization to arrange an interview time by the early February and the interviews will take place in February.

Where are the interviews held?

Hospital coordinators will provide information about the interview when they contact you via email. You may be required to travel onsite to the partner hospital to participate in interviews.

When will I know if I have been accepted?

Offers of admission to applicants are made as soon as possible following the completion of all interviews. Typically early March.

If I receive an offer of admission, how long do I have to decide?

We know that many top applicants are considering multiple offers. Applicants are typically given about 48 hours to respond. We strongly encourage you to respond as soon as possible to secure your place in the program.

Information for current students

What should I do first?

1. Apply for your Toronto Met OneCard

All new students MUST apply online AFTER you are enrolled in your courses mid-August. For more information, please review this website: https://www.torontomu.ca/university-business-services/onecard/student-onecard/get-your-card. If you graduated from TMU and have an existing OneCard, please apply for a new one – the new card will indicate your graduate student status. This card is required to gain entrance to all TMU buildings and your graduate student space so it is important that you apply for it and pick it up as soon as it is available. You also have the option of storing the card on your phone.

Check the OneCard website for more information: https://www.torontomu.ca/university-business-services/onecard/student-onecard/get-your-card/

2. Obtain a Toronto Met email address.

Early August, you will be prompted to create your @torontomu.ca email address at torontomu.ca/accounts. It is important that you do this as soon as possible, as all official university communications will be sent there. Remember to check it frequently!

3. Pay your Tuition

Tuition and fees can be viewed by logging into my.torontomu.ca. Tuition has to be paid by the end of the first month of each term in the fall, winter and spring/summer terms. Tuition deadlines and other important dates are listed at: Significant Dates - Academic Calendar - Toronto
Metropolitan University (TMU)

The best way to pay your fees is through online or telephone banking. See https://www.torontomu.ca/financial-services/billing-banking/collection-services/payment-methods/ for details on how to pay through online and telephone banking, and for information on alternate payment methods.

What services are available to me?

Toronto Metropolitan University students have access to a full range of services and benefits

offered by TMU. The table below provides a brief description of available services and contact information.

Services	Description	Contact
Academic	Our friendly, knowledgeable team of	Email:
Accommodation	accommodation support staff - facilitators,	aasadmin@torontomu.ca
Support	specialists, and administrators – will offer support	
	with academic accommodation and related	Web: <u>Academic</u>
	academic supports and the processes involved	Accommodation Support (AAS)
	with these. Students eligible for Academic	<u>- Toronto Metropolitan</u>
	Accommodation Support have singular and	University (TMU)
	multiple disabilities, such as learning disabilities,	
	sensory impairments, acquired brain injuries,	
	ADHD, and mental health, medical, and mobility	
	issues.	
Centre for Student	The CSDC offers free, confidential counselling	Web: Counselling - Student
Development and	services in a professional and friendly	<u> Wellbeing - Toronto</u>
Counselling	environment. While our services are	Metropolitan University (TMU)
	predominantly short term in nature, the duration of	
	counselling is determined on a case by case basis	
	depending on need and resources availability.	
	Services are provided by our team of	
	psychologists, counsellors, and master's and	
	doctoral interns.	
	Our services, programs and resources are	
	intended to assist students not only to solve	
	immediate problems, but also to define their	
	personal, educational and career goals, and to	
	acquire the self- confidence and transferable skills	
	necessary for professional success and individual	
	growth. We provide these services on a one-to-	
	one basis or in a group format.	
	All Toronto Metropolitan University graduates are	
	invited to participate in Career Centre support	
English Language	services for 5 years post graduation.	Web:
Support		Writing and Language Support Student Life and Learning
	offer a variety of free support programs designed to help students improve and develop their	- Student Life and Learning Support Toronto Metropolitan
		Support - Toronto Metropolitan University (TMU)
		OTHIVE ISILY (TIVIO)
	listening, and reading. This also becomes an	
	opportunity to meet fellow students and practice	

environment	a friendly, stress-free	
Graduate Student For students enro	lled in one of Toronto	Web:
Support Metropolitan Univ	ersity's Master's or PhD	Graduate Student Support -
programs looking	for help with developing	Student Life and Learning
graduate-focused	academic skills. Graduate	Support - Toronto Metropolitan
students have spe	ecific concerns about their	University (TMU)
academic skills ar	nd the demands of graduate-level	
study. Our progra	mming will help you to further	
develop these ski	lls under the guidance of our	
professional staff.		
Health Promotion The Health Promo	otion Unit consists of a Health	Web: <u>Health Promotion -</u>
Unit Promotion Progra	ms Coordinator, peer health	Student Wellbeing - Toronto
promoters, placer	nent students and volunteers.	Metropolitan University (TMU)
We are dedicated	to promoting the health and	
well-being of Torc	nto Metropolitan University	
students by provid	ding current and relevant health	
information, worki	ng with students and staff to	
develop a healthy	community and ensuring high	
quality health pro	motion information and support	
International The International	Student Support (ISS) is a unit of	Email: issask@torontomu.ca
Student Services Student Life, a pa	rt of Student Affairs at Toronto	
Metropolitan Univ	ersity. We are here to help	Web:
international stude	ents and students new to	International Student Support -
Canada adjust to	life in our country, connect with	<u>International - Toronto</u>
fellow students ar	nd succeed in achieving their	Metropolitan University (TMU)
personal and prof	essional goals. Understanding	
UHIP, issuing sta	tus letters, supporting in	
immigration matte	rs and nurturing personal	
development-thes	e are just some of the many	
things that we pro	vide for our international	
students so that the	ney are able to make the most of	
their time at Toror	nto Metropolitan University.	
Math Support Are you looking for	or help with math? This is the	Email: sls@torontomu.ca
place to go. SLS	offers comprehensive support to	
all Toronto Metro	politan University students	Web:
looking for help w	ith math, guidance in their math-	TMU Tutor Match - Student Life
related courses, c	r simply to develop their math	and Learning Support
skills.		
Medical Centre The Medical Cent	re is a medical clinic which	Web: Medical Centre - Student
provides currently	registered Toronto Metropolitan	Wellbeing - Toronto
University student	s, staff and faculty, with a wide	Metropolitan University (TMU)
range of medical	services that you would normally	
expect to receive	from your family physician. This	
includes the treat	ment of illnesses, such as colds	

	or the flu, to routine examinations like annual	
	physicals and internal examinations.	
ONE Card Office	The OneCard is the official identification card for	Email: onecard@torontomu.ca
	the Toronto Metropolitan University community. In	
	addition to being the single most important piece	Web: <u>OneCard - University</u>
	of ID you possess during your time here at	Business Services
	Toronto Metropolitan University it also serves as a	
	convenience card for many of the services	
	available on campus, including the library, printing	
	and photocopying, food purchases, discounts,	
	savings and more.	
Toronto	Toronto Metropolitan University Aboriginal Student	<u>Gdoo-maawnjidimi Mompii</u>
Metropolitan	Services provides a culturally supportive	Indigenous Student Services
University	environment to promote academic excellence and	
Aboriginal	serves as a place to balance academic learning	
Services	with traditional teachings and culture.	
Student Affairs	Student Affairs provides numerous services to	Web:
	support student success, including: learning	Student Affairs - Toronto
	support, health & wellness, career support,	Metropolitan University (TMU)
	housing & residence, student programs,	
	leadership, international student support and	
	more.	
Study Skills &	Being a successful student requires hard work and	Email: sls@torontomu.ca
Transition Support	dedication but it also requires developing the skills	
	to learn effectively and efficiently. Our study skills	Web:
	and transition programs will help you to start that	Study Skills and Transition
	process	Support - Student Life and
		<u> Learning Support - Toronto</u>
		Metropolitan University (TMU)
Writing Support	We think our writing is best when we get to talk	Email: sls@torontomu.ca
	about it with others at various stages of the	
	process. So, that's what we do - help students	Web: Writing and Language
	become better writers by engaging them in	Support - Student Life and
	meaningful conversations about their writing. If	Learning Support - Toronto
	you get in the habit of doing this, it will become a	Metropolitan University (TMU)
	meaningful part of your ongoing writing processes	
	and development at Toronto Metropolitan	
	University.	

What benefits are available to me?

As members of Toronto Metropolitan University Graduate Student Union (TMSU), the following benefits are available to you:

• Health & Dental insurance plan: Provides excellent coverage for health and dental

- expenses as well as travel insurance. If you wish to opt out of this coverage and receive a refund, you must follow instructions found at Health and Dental Plan | TMGSU
- CopyRITE Printing Service: Discount digital printing services. https://www.copyrite.ca/
- Tax Clinic: Free access to Ufile.ca; RSU tax clinic appointments. See <u>Tax Clinic Toronto Metropolitan Students' Union</u>
- **Legal Service**: Access to a lawyer to advise and assist with legal issues. See <u>Legal</u> Services Toronto Metropolitan Students' Union
- Academic Advocacy: Support and advice for issues with the University (appeals, misconduct, etc.,) See Academic Advocacy - Toronto Metropolitan Students' Union
- Graduation Photos: Free class composite photos See <u>Grad Photos Toronto</u> Metropolitan Students' Union
- Your tuition includes access to Toronto Metropolitan University Athletics and Recreation Facilities You are entitled access to the Toronto Metropolitan University Athletic Centre (RAC) and the Mattamy Athletic Centre. Additional athletic services (e.g. personal training and group fitness classes) are available at a discounted rate. Information about group fitness classes, personal training, intramurals, clubs, skate and hockey training, facilities, athletics, etc. can be found at: Recreation & Active Wellbeing -Toronto Metropolitan University (TMU)
- General Liability, Professional Liability and Workplace Safety Insurance. While you are on placement, you will be covered by Toronto Metropolitan University for Comprehensive General Liability Insurance and Professional Liability Insurance. Students, while fulfilling the unpaid Placement, have Workplace Safety and Insurance Board (WSIB) or private insurance coverage in the event of an incident or injury. The cost of the coverage will be paid for by Toronto Metropolitan University. For additional details. Please refer to the Graduate Programs Practicum Policies and Procedures document
- Anti-virus protection software is available for free for students at: <u>Security Software</u>
 Computing and Communications Services Toronto Metropolitan University (TMU)
 - You will need to enter your my.torontomu username and password to access the software. If you have trouble, you can contact Toronto Metropolitan University's Computing and Communications Services (CCS) at 416-979-5000 ext. 556840 or help@torontomu.ca. Please make sure you practice safe computing practices while connected to Toronto Metropolitan University's network. Here is what you can do:
 - Make sure all your computers are running antivirus software, that it is working properly, and that it is up to date. If you recently upgraded to Windows 10 and use Sophos you will have to uninstall Sophos and reinstall it. If you are having problems on a Toronto Metropolitan University computer getting Sophos to work, to update itself, or if Sophos is issuing alerts please call the CCS help desk at extension 6806 or email help@torontomu.ca.
 - Make sure you keep your operating system, browser and other software up-todate. Software updates are frequently issued to fix security vulnerabilities.
 - Do not open emails or attachments from unknown sources. If you do not recognize the sender, do not open attachments or follow links. If you are inclined to open an attachment on your computer, pause a moment and consider if the attachment is legitimate. Does it come from an email address you recognize and

are expecting an attachment from? If not, do not open it. If you must look at an attachment, use a viewer instead of opening it on your computer. For example, if you use your browser to access your Toronto Metropolitan University Gmail account (via gmail.torontomu.ca) clicking on an attachment will show you a preview of the document. A common scam is to send malware disguised as a resume. If you must see the attachment, review the "resume" using Gmail's preview feature. Do not download and open the attachment.

- Make sure Microsoft office macros are not enabled. If a document or spreadsheet claims, macros must be enabled to view it, do not turn on macros. A recent fraud involves sending fake invoices that claim they cannot be read properly without enabling macros. Don't fall for it.
- Do not use peer-to-peer or other "file sharing" or "free file download" services to download movies, music, file sharing utilities and so on. If you insist on doing this, do not do it on a Toronto Metropolitan University computer, a computer connected to Toronto Metropolitan University's network, or a computer that contains or has access to confidential or personal information. A common tactic for spreading malware is to post the malware to file sharing sites and systems and pretend they are movies, music, apps or application files. Do not click on links in emails to download files. If you inadvertently start to download a file, cancel the download or delete the file. Don't open it.

Access to specialized software at:

<u>Virtual Applications - Computing and Communications Services - Toronto Metropolitan</u> University (TMU)

Students can securely access various licensed software applications without having to install them on their computer. Please visit the website above for more information.

Is housing available to me?

Yes. See Housing & Residence Life - Toronto Metropolitan University (TMU)

What are my rights as a Toronto Metropolitan University student?

- Human Rights Services: All members of the Toronto Metropolitan University community are entitled to study, work, and live in an environment that is free of discrimination and harassment. See <u>Human Rights Services - Toronto Metropolitan</u> <u>University (TMU)</u>
- Office of Equity, Diversity, and Inclusion: Toronto Metropolitan University is committed to community engagement, action, inclusion, and respect for Aboriginal perspectives, equity, diversity, and putting people first. The Office of Equity, Diversity, and Inclusion collaborates across campus to make Toronto Metropolitan University a truly inclusive place to learn and work. See <u>Vice-President, Equity & Community</u> <u>Inclusion - Toronto Metropolitan University (TMU)</u>
- Ombud's Office: The Ombud's office works with students, faculty and staff to seek
 expeditious and fair resolutions to issues, concerns, and conflicts at Toronto
 Metropolitan University that they have not been able to resolve themselves. See <u>Toronto</u>
 <u>Metropolitan University Ombudsperson</u>
- **Sexual Violence Support and Education**: Toronto Metropolitan University is committed to fostering a campus where consent comes first. See <u>Consent Comes First</u>; <u>Office of</u>

- Sexual Violence Support and Education Toronto Metropolitan University (TMU)
- Emergency Response & Security Services: See Community Safety and Security Toronto Metropolitan University (TMU)

What are my obligations as a Toronto Metropolitan University student?

All Toronto Metropolitan University students are obligated to conduct themselves in accordance with the:

- Student Code of Non-Academic Conduct: www.torontomu.ca/senate/policies/pol61.pdf
 Additional information can be found at: Student Code of Conduct Student Care -
 Toronto Metropolitan University (TMU)
- Academic Integrity: <u>Academic Integrity Policy 60 Senate Toronto Metropolitan</u> University (TMU)

What policies apply to me as a graduate student?

- Academic Appeals Policy: <u>TORONTO METROPOLITAN UNIVERSITY POLICY OF</u> <u>SENATE GRADE AND STANDING APPEALS 1. PURPOSE 2. APPLICATION AND</u> SCOPE
- Ethics Review of Research Involving Human Subjects:
- TORONTO METROPOLITAN UNIVERSITY POLICY OF SENATE ETHICAL CONDUCT FOR RESEARCH INVOLVING HUMAN PARTICIPANTS 1. MANDATE AND SCOPE
- Ethics Review of Research Involving Animals:
- 1 TORONTO METROPOLITAN UNIVERSITY POLICY OF SENATE ETHICS REVIEW OF RESEARCH INVOLVING ANIMALS Senate Policy Number
- Graduate Course Management Policy:
- TORONTO METROPOLITAN UNIVERSITY POLICY OF SENATE COURSE MANAGEMENT Policy Number: 166 Approval Date
- Graduate Admissions Policy:
- https://www.torontomu.ca/content/dam/senate/policies/pol163.pdf
- Student Code of Academic Conduct: https://www.torontomu.ca/student-care/students/student-code-of-conduct/
- Student Code of Non-academic Conduct: <u>TORONTO METROPOLITAN UNIVERSITY</u> <u>POLICY OF SENATE STUDENT CODE OF NON-ACADEMIC CONDUCT Policy</u> <u>Number</u>
- Intellectual Property Guidelines: <u>Yeates School of Graduate Studies INTELLECTUAL</u> <u>PROPERTY GUIDELINES INTRODUCTION Toronto Metropolitan University (TMU)</u> recognizes

What do I need to do to graduate?

As completion of your program draws near, you will need to apply to graduate. See <u>Graduate - Toronto Metropolitan University (TMU)</u>