

Our Time to Lead

Contributions to *knowledge building & professional development* from the Daphne Cockwell School of Nursing

October 2016

Special Events

The Council of Agencies Serving South Asians (CASSA) and **Dr. Sepali Guruge** (in her capacity as Research Chair in Urban Health) organized this year's **6th Health Equity Summit**, which was held on Sep. 27, at the Sears Atrium at Ryerson University.

The event was attended by more than 75 academics, community agency representatives, and community members. Among the presenters were Drs. Usha George, **Mandana Vahabi**, and Purnima George from Ryerson University. The focus of the summit was 'Health and Wellbeing of South Asian Immigrants.' Taking a lifespan approach, the presenters addressed topics such as mental health, sexual and reproductive health, violence against women, and elder abuse. The summit strengthened community collaborations and created a valuable opportunity to build new network with organizations across the province that work with various South Asian communities in Ontario.

CONGRATULATIONS TO ALL!!

Excellent nursing scholarship was evident at The **CNSA Ontario-Quebec 2016 Regional conference** at the Metro Toronto Convention Centre, September 30 to October 2, 2016! It was a huge success and the conference hosts and organizers were our own DCSN students!

The theme: Building the Future: Inspiring the Next Generation of Nurses, drew presentations and posters that directed student focus to create brighter, healthier world. Our nursing students are demonstrating that everyone makes a difference. Congratulations to the students!

Congratulations to all members of the Daphne Cockwell School of Nursing!

Elaine Santa Mina
Interim Director



Youth Dementia Awareness Networking Event & Symposium

and

Mindfest

For photos and comprehensive stories about these events, please flip to the end of the newsletter.

Ryerson University

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Research Funding

External

Sepali Guruge received funding for 4 projects:

- 1) A Women's Xchange grant (\$75,000.00) from the Women's College Hospital for developing '*Online informational and social supports for promoting health of Syrian refugee women in Ontario.*' The team includes **Souraya Sidani** (Co-PI), **Suzanne Fredericks**, and Fathima Saleem from Ryerson University.
- 2) A SSHRC Insight Grant (\$233,053.00) for the project '*Developing a comprehensive understanding of elder abuse prevention in immigrant communities.*' The team includes **Souraya Sidani**, and Usha George from Ryerson University.
- 3) A SSHRC Partnership Development Grant (\$200,000.00) for the project '*Aging well: Partnering to optimize social network and support for older immigrants in Ontario.*' The team includes **Souraya Sidani**, Usha George, and Lu Wang from Ryerson University.
- 4) A SSHRC Connections Grant (\$50,000.00) for the project '*Emerging Voices: How Syrian Newcomers and Other Key Stakeholders Perceive Canada's Three Sponsorship Programs for Refugee (Re)settlement.*'

Janet Yamada:

2016-2023 Stevens, B., (PI), Barwick, M., Chambers, C., Campbell-Yeo, M., Estabrooks, C., Gibbins, S., Harrison, D., Isaranuwachai, W., Le May, S., Noel, M., Slotta, J., Stinson, J., Synnes, A., Willan, A., **Yamada, J.** *Effective Knowledge translation strategies for enhancing impact and improving outcomes in infant pain.* Funding Source: CIHR Foundation Scheme-2015 2nd Live Pilot Stage 2

Internal

Lori Schindel Martin, Margareth Zanchetta, and Sherry Espin secured Research Assistant support through the 2016-2017 Fall/Winter Work Study Research Assistant Program.



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Invited Presentations

On September 27 **Charlotte Lee** presented on Interprofessional Education at UHN's OpenLab "Open Rounds."

Purdy, N. (2016). *Better Work, Better Care: Integrating Interprofessional Perspectives*, University of Prince Edward Island, Charlottetown, PEI. August 24, 2016.

Souraya Sidani led a webinar on Successful Grant Writing across Research Careers last March for the NRIG.

Awards and Prizes

Sepali Guruge was awarded the Lisbeth Hockey Prize for best VIPER poster at the International Collaboration in Community Health Nursing Research (ICCHNR) Symposium at University of Kent, UK, September 15-16 2016 for the presentation: 'Designing community based strategies to address elder abuse in post-migration contexts: Lessons learnt.'

<http://www.icchnr.org/announcement-from-icchnr-2016-symposium/>



Dr. Lori Schindel Martin presented as part of a panel of nursing researchers speaking about Research in Seniors Care at the Nursing Research Interest Group (NRIG) Annual General Meeting and Dinner, The Old Mill, Toronto, September 29th. At this event **Kristine Newman** received formal acknowledgement of her \$2000 NRIG New Investigator Award.

Pictured Left to Right: Maureen Markle-Reid, Veronique Boscart, Lori Schindel Martin

Markle-Reid is Canada Research Chair, Aging, School of Nursing and Scientific Director, Aging, Community and Health Research Unit, McMaster University;

Boscart is CIHR/Schlegel Industrial Research Chair for Colleges in Seniors Care, Conestoga College

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Conference Presentations

Oral Presentations

Boldt, I., **McCay, E., Rose, D., & Schwind, J. K.** (June 20-24, 2016) Describing the recovery experiences of not criminally responsible clients living in the community. (Oral Presentation) Keeping abreast of changing times: Education, training, & practice to enhance forensic mental health. 16th Annual International Association of Forensic Mental Health Services (IAFMHS) conference. New York, USA.

Guruge, S., Jayasuriya-Illesinghe, V., Gunewardena, N., & Dahanayake, B. S. (Sept. 15-16, 2016). Nurses' role and preparedness in addressing intimate partner violence: A cross-sectional survey in Sri Lanka. Poster presentation at International Collaboration for Community Health Nursing Research (ICCHNR) Symposium, University of Kent, Canterbury, UK.

Guruge, S., Jayasuriya-Illesinghe, V., Gunawardene, N. & Mahen, R. (July. 24-27, 2016). Children's exposure to Intimate Partner Violence in Sri Lanka: a multi-site qualitative study. Oral presentation at 129th Anniversary International Medical Congress, Colombo, Sri Lanka.

Guruge, S., Jayasuriya-Illesinghe, V., Wang, A.Z.Y., & **Sidani, S.** (May 18-19, 2016). Mend the gap: Interventions aimed at reducing the stigma of mental illness in the Canadian context. Oral presentation at the Interdisciplinary Conference in Psychology (ICP) in Ottawa, ON, May 18 – 19, 2016.

Guruge, S., Jayasuriya-Illesinghe, V., Wang, A.Z.Y. (May. 25, 2016). Changing perspectives: Engaging men to address intimate partner violence against women.

Sepali Guruge presented the following abstracts at Scholarship Development Day on May. 25, 2016. Challenging to Dare. Moving knowledge forward through exploration radical questions in the Peter Bronfman Learning Centre, Daphne Cockwell School of Nursing, Faculty of Community Services, Ryerson University, Toronto, ON.

1. Jayasuriya-Illesinghe, V., **Guruge, S.** (May. 25, 2016). Knowledge building and sharing across sectors and setting to address intimate partner violence.
2. **Guruge, S.,** Jayasuriya-Illesinghe, V., Sivakumaran, A. Intimate partner violence in a post-war setting and its relevance to the Canadian context.
3. Jayasuriya-Illesinghe, V., **Guruge, S.** (May. 25, 2016). Knowledge building and sharing across sectors and setting to address intimate partner violence.
4. **Guruge, S.,** Jayasuriya-Illesinghe, V., Sivakumaran, A. Intimate partner violence in a post-war setting and its relevance to the Canadian context.
5. **Guruge, S.,** Jayasuriya-Illesinghe, V., Wang, A.Z.Y. (May. 25, 2016). Changing perspectives: Engaging men to address intimate partner violence against women.

LeGrow, K., & Espin, S. (2016). Locating action learning within a graduate nursing program to promote professional development. (Oral Presentation). Enhancing Practice Conference, Edinburgh, Scotland, August 30-September 2, 2016.

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Lindsay, G., **Schwind, J.**, Papaconstantinou, E., Smye, V. & Cross, N. (June 15-17, 2016). The embodied experience of disruption. (Oral Presentation) Bodily "Knowledge," Existential Transformations, and the Power of Hermeneutic Inquiry. 8th Annual Canadian Hermeneutic Institute. Toronto, ON, Canada.

Schindel-Martin, L., & LeGrow, K. (2016). Introducing the comic manifesto as a reflection strategy in a fourth year professional health elective in Family Health nursing. (Oral Presentation). Enhancing Practice Conference, "Unearthing the Architecture of Practice Patterns", Edinburgh, Scotland, August 30-September 2, 2016.

Poster Presentations

Schindel-Martin, L., & LeGrow, K. (2016). (Show & Tell). Family Health Nursing Quest: A gamification approach to integrated scholarly readings. Enhancing Practice Conference, "Unearthing the Architecture of Practice Patterns", Edinburgh, Scotland, August 30-September 2, 2016.

Stevens, B., **Yamada, J.**, Campbell-Yeo, M., Harrison, D., McNair, C., Taddio A., Riahi, S.(2016, May). The minimally effective dose of sucrose for procedural pain in neonates. Canadian Pain Society. (May 24-27), Vancouver British Columbia.

Stevens, B., Dinsdale, S., Promislow, S., **Yamada, J.**, Dionne, K.(2016, August). Evaluation of the Premature Infant Pain Profile-Revised. E-Learning module for enhancing clinical practice and research. Council of International Neonatal Nurses Conference – COINN 2016. (August 14-17), Vancouver, British Columbia.

Yamada, J., Potestio, M., Sharpe, H., Cave, A., Presseau, J., Patey, A., Johnson, D., Grimshaw, J. (2016, June). Barriers and enablers to paediatric asthma management in primary care settings: application of the theoretical domains framework. KT Canada Scientific Meeting.(June 13-14), Toronto, Ontario.

Journal Publications

Bookey-Bassett, S., Markle-Reid, M., McKey, C. A., & Akhtar-Danesh, N. (2016). A review of instruments to measure IPC for chronic disease management for community-living older adults. *Journal of Interprofessional Care*, 30(2), 201-201.

Carter, C., **Lapum, J.**, Lavalley, L., **Schindel Martin, L.**, & Restoule, J (online first July 15, 2016). Urban First Nations men: Narratives of positive identity and implications for culturally safe care. *Journal of Transcultural Nursing*. doi:10.1177/1043659616659348

Student News

Nicole Bennewies

successfully defended her thesis, Identifying factors that influence nurse practitioner patient panel size on July 20, 2016. Committee members included: Faith Donald (supervisor), Heather Beanlands, and Souraya Sidani. Luisa Barton served as the external examiner.

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Carter, N., Sangster-Gormley, E., Ploeg, J., Martin-Misener, R., **Donald, F.**, Wickson-Griffiths, A., Kaasalainen, S., McCahey, C., Brazil, K., Taniguchi, A., & **Schindel Martin, L.** (2016) An assessment of how nurse practitioners create access to primary care in Canadian residential long-term care settings. *Nursing Leadership*, 29(2), 45-63.

Grant, R. E., Goldman, J., **LeGrow, K.**, McMillan, K. M., van Soeren, M., & Kitto, S. (2016). A scoping review of interprofessional education within Canadian nursing literature. *Journal of Interprofessional Care*, 30(5), 620-626.

Gross, M., Grant, R., **Espin, S.**, **LeGrow, K.**, & Friedman, Z. (2016). The surgical journey: The OR-PACU handover. *Association of periOperative Registered Nurses (AORN) Journal*, 103(2), 149-150.

Guruge, S., Wang, A. Z. Y., Jayasuriya, V., & **Sidani, S.** (2016). Knowing so much, yet knowing so little: A scoping review of interventions that address the stigma of mental illness in the Canadian context. *Psychology, Health & Medicine*. Epub ahead of print. doi:10.1080/13548506.2016.1191655

Guruge, S., Morrison, L. A., Jayasuriya-Illesinghe, V., & Mock, T.A. (2016). Intimate partner violence in Hawai'i: Communities in distress. *Arts and Social Sciences Journal*, 7, 1-7.

Hyman, I., **Vahabi, M.**, **Bailey, A.**, Patel, S., **Guruge, S.**, Wilson-Mitchell, & **Wong, J.** (2016). Taking action on violence through research, practice, and policy. *Global Health Research and Policy*, 1:6. DOI: 10.1186/s41256-016-0006-7

Jayasuriya-Illesinghe, V., **Guruge, S.**, Gamage, B. D., & **Espin, S.** (2016). Interprofessional work in operating room teams: A qualitative study from Sri Lanka. *BMC Surgery*, 16, 1-0. doi: 10.1186/s12893-016-0177-7.

Lapum, J., & Wang, S. (2016, August). Fostering an experiential understanding of addiction: Using the arts in nursing. *Journal of Psychosocial Nursing & Mental Health Services*, 54(8), 16-17.

Lapum, J., Liu, L., Church, K., Hume, S., Harding, B., Wang, S., Nguyen, M., Cohen, G., & Yau, T. (2016, July). Knowledge translation capacity of arts-informed dissemination: A narrative study. *Art/Research International: A Transdisciplinary Journal*, 1(1), 258-282.

LeGrow, K., Campbell, K., Elford, N., McLaughlin, K., & Over, A. (2016). Person-centredness in graduate nursing education: Practice development in action. *International Practice Development Journal*, 6(1), [9].

Lindsay, G., & **Schwind, J. K.** (2016). Narrative Inquiry: Experience matters. *Canadian Journal of Nursing Research*. Published online before print August 11, 2016, doi: 10.1177/0844562116652230

Lindsay, G., **Schwind, J. K.**, Papaconstantinou, E., Smye, V., & Cross, N. (2016). Autobiographical reflection on what it means to experience disruption. *Reflective Practice*, 17(5), 583-591.

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Newman, K., Bookey-Bassett, S. & Wang A. Z. Y. (2016). Youth experiences with older relative who have dementia. *The International Journal of Aging and Society*, 7(2), 11-20. Retrieved from <http://ijj.cgpublisher.com/product/pub.212/prod.181/m.2>

Nguyen, M., **Miranda, J., Lapum, J., & Donald, F.** (2016, July). Arts-based learning: A new approach to nursing education using andragogy. *Journal of Nursing Education*, 55(7), 407-410.

Purdy, N. (2016). Impact of a leadership development institute on professional lives and careers. *Nursing Leadership*. 29(2), 10-30.

Souto, R. Q., **Guruge, S.**, Merighi, M. A. B., & Pinto de Jesus, M. C. (2016). Intimate partner violence among older Portuguese immigrant women in Canada. *Journal of Interpersonal Violence*, p/1-19. doi: 10.1177/0886260516646101

Stevens, B., **Yamada, J.**, Ohlsson, A., Haliburton, S., Shorkey, A. (2016). Sucrose for analgesia undergoing painful procedures. (2016). *Cochrane Database of Systematic Reviews* Issue 1. Art. No.: CD001069. DOI: 10.1002/14651858.CD001069.pub3

Stevens, B., **Yamada, J.**, Promislow, S., Barwick, M., Pinard, M., & CIHR Team in Children's Pain. (In Press) Sustainability of pediatric pain outcomes following a knowledge translation booster intervention. *Pediatrics*.

Schindel Martin, L., Gillies, L., Pizzacalla, A., Montemuro, M., Coker, E., Suva, G., & McLelland, V. (In Press) An education intervention to enhance staff self-efficacy to provide dementia care in an acute care hospital in Canada: A non-randomized controlled study. *American Journal of Alzheimer Disease and Other Dementias (AJADD)*.

Schwind, J. K., McCay, E., Metersky, K., & Martin, J. (2016). Development and implementation of an advanced therapeutic communication course: An inter-professional collaboration. *Journal of Nursing Education*, 55(x), doi. 10.3928/01484834-2016xxxx-xx

Schwind, J. K., & Lindsay, G. (2016). Arts-Informed Narrative Inquiry: Crossing boundaries of research and teaching-learning. *LEARNing Landscapes*, 9(2), 473-487.

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Service

Faith Donald is the Co-Chair and an Ontario representative on the CASN Accreditation Nurse Practitioner Advisory Committee, Canadian Association of Schools of Nursing.

Faith Donald renewed her Facilitator-Trainer Certification with The Foundation for Medical Practice Education at McMaster University in July, 2016. Subsequently, she provided Practice-Based Small Group Facilitator Training for Course Professors and Tutors in the Ontario Primary Health Care Nurse Practitioner Program. August 18-19, 2016.

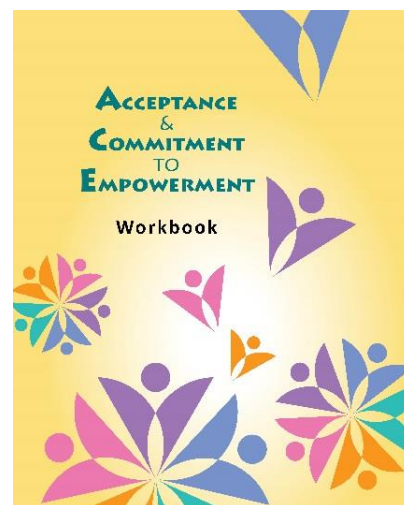
Nancy Purdy, Member, ACEN Editorial Advisory Committee (Canadian Journal of Nursing Leadership)

Nancy Purdy, Visiting Professor, University of Prince Edward Island, School of Nursing, August 24-26, 2016

Jasna Schwind was granted "Adjunct Professor" status at UOIT as of July 2016 in the Faculty of Health Sciences.

Knowledge Translation

Josephine Wong has worked with a community advisory committee made up of people living with HIV (PLHIV) and service providers to develop a peer empowerment initiative based on the results and insights gained from CHAMP: Community Champions HIV/AIDS Advocates Mobilization Project that was completed in 2015. The new initiative, Acceptance and Commitment to Empowerment (ACE), is a strength-based PLHIV-centred program that goes beyond reducing HIV stigma to address stigma and shame related to mental health and addiction challenges among PLHIV. Josephine has published the ACE Workbook and ACE has been successfully piloted in real life context between November 2015 and April 2016. Josephine is currently training and mentoring ACE Cohort 1 graduates to co-facilitate ACE Cohort 2 that will start in late October 2016. ACE has been adopted and integrated into programming within the Legacy (Structured Mentorship) Project of the Committee For Accessible AIDS Treatment, a coalition of over 35 community organizations in Toronto.



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Special Events

Youth Dementia Awareness Symposium and Networking Event



The Networking event and Youth Dementia Awareness Symposium occurred at Ryerson University between September 30th and October 2nd, 2016. This event was a collaborative effort between the Daphne Cockwell School of Nursing, Faculty of Community Services, Ryerson University, AGE-WELL, and Alzheimer's Disease International, with **Kristine Newman** as Symposium Lead. The Networking event kicked off with two presentations regarding World Young Leaders of Dementia initiatives. In addition to key and endnote speakers, day 1 of the Symposium consisted of three panels: youth perceptions, efforts, and engagement; popular depictions and cultural representations of dementia; and how to effectively mobilize knowledge to a youth audience with a focus on arts-based approaches. On day 2, there was another keynote speaker followed by two interactive arts-based workshops.

Recorded live streamed events of Symposium speakers and panels can be found at:

<https://ryecast.ryerson.ca/19/Watch/10746.aspx> and <https://ryecast.ryerson.ca/19/Watch/10748.aspx> or follow https://twitter.com/rye_dementia .



Rebekah Churchyard, World Young Leader in Dementia presenting at Networking event on September 30th 2016.

This unique event allowed participants to share their insights and experiences with attendees in-person and virtually. The event gave the opportunity to learn how to reach a youth audience, clarify where youth are learning about dementia, understand youths' perceptions about dementia as told through the media and popular culture, and connect with researchers across disciplines. It is critical that expertise and resources are pooled across disciplines, sectors, and stakeholders to effectively reach a youth audience. The exchange of ideas between stakeholders and participants encouraged the development of opportunities to galvanize meaningful collaborative work.

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Second Year Ryerson BScN Youth Dementia Awareness Symposium volunteers: Hannah Rillera, Elizabeth Kim, Christina Usanov, Sahar Hasenzadah and Symposium Lead, Kristine Newman
Credit: CG Chen, Photographer

The reality is that dementia is disproportionately underfunded and under-researched in terms of its economic, social, and health burden. A key problem is the shifting cultural framing of dementia in dominant discourse that continually fails to humanize individuals with dementia thus creating massive social distance, especially between teenagers and those living with dementia.



Some of the October 2nd Symposium attendees with collaborative art piece entitled “#Expandyourmind”
Credit: CG Chen, Photographer

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Ryerson Mindfest Finale 2016 -- A Big Success!

Close to 200 students and community members gathered on Gould Street to take part in the Ryerson Mindfest Finale on October 5, 2016.

Mindfest (www.mindfest.ca) is an all-day mental health and wellness fair that aims to promote awareness, dialogue and understanding of mental health and mental illness. Each year, Mindfest begins at Hart House with displays, workshops, panels and presentations, which are attended by high school and university students, educators, service providers and the public. These activities wrap up around 4:30 pm and a delegation of Mindfest participants and organizers took part in the Mindful Walk from Hart House to Ryerson for the Mindfest Finale Celebration.



Keynote address by Phyllis McKenna, CESAR-VP of Equity

This year, **Josephine Wong** worked closely with Maeve Freeman-McIntyre (DCSN Year 4 student), RSU, CESAR and Hong Fook Mental Health Association to make the Ryerson Mindfest Finale a big success. Displays and interactive activities began at 4 pm on Gould Street. Students and community members took part in quizzes about mental health and enjoyed healthy snacks such as apples, bananas, energy bars and popcorn. At 5:30 pm, Amy Desjarlais, Indigenous Knowledge Keeper, performed the Finale Open Ceremony. President Lachemi welcomed the Finale participants. Dr. Denise O'Neil Green, Assistant VP of Diversity, Equity and Inclusion, remarked on social justice and determinants of mental health. Tamara Jones, RSU-VP of Equity, spoke about the importance of on-campus support and resources for students. Participants were inspired by the keynote address by Phyllis McKenna, CESAR-VP of Equity, who shared her lived

experience as a First Nations Ojibwe/Celtic woman and her journey of healing related to the colonial legacy and multi-generational trauma.

Mindfest 2016 ended at the TIFF Bell Lightbox with the film screening of SWIFT CURRENT - a documentary about Sheldon Kennedy, a former NHL hockey player and survivor of sexual abuse, and his struggles during his journey of healing. The film screening closed with a discussion with Mikki Decker, who was also a sexual abuse survivor in the film and now an advocate speaking with young people in Ontario.



Josephine Wong and Kenneth Fung (Mindfest Co-Chair) introduced the Film Screening

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