

Everyone Makes a Mark

Contributions to knowledge building & professional development from the Daphne Cockwell School of Nursing

June 2016

Appointments

Suzanne Fredericks has been promoted to Full Professor and will succeed **Karen Spalding** as Director of the MN program starting on July 1, 2016.

Karen LeGrow has been appointed Associate Director, SRC, effective August 1, 2016, taking over from **Lori Schindel Martin**.

Annette Bailey has been appointed Associate Director, Collaborative Program, for a one year term, taking over from **Nancy Purdy**.

Congratulations to everyone!

Awards

The Daphne Cockwell School of Nursing was acknowledged for its excellent program at the RNAO Leadership Luncheon hosted by the Nursing Students of Ontario executive. In the picture below, Ryerson alumni and students celebrate this award with RNAO CEO Doris Grinspun, **Gina Marasco**, RNAO President Vanessa Burkowski, **Karen Spalding**, **Don Rose**, **Nancy Purdy**, and Dean Usha George.



From the Director

Dear colleagues,

This newsletter is a wonderful testament to the successful year that the DCSN has realized. Please join me in celebrating the many awards, appointments, internal and external service contributions, and the scholarship dissemination activities our faculty and students have engaged in this past year. I wish everyone a happy and productive summer. I hope you take the time to rejuvenate your creativity and harness your energy for an equally successful 2016-17 academic year.

Sincerely,

Don

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Awards continued

Faith Donald received the Distinguished Alumnus Award, the highest honor presented by the Jamestown Community College Alumni Association Board of Directors, State University of New York. Presented May 21, 2016.



The Canadian Association of Research Ethics Boards (CAREB) gave **Nancy Walton** their Distinguished Service Award at their annual conference on May 27th. This service acknowledgement is especially significant because it is not awarded every year; in fact it has only been given out once before during the 3 history of the award. As was stated in the CAREB award citation, “Nancy truly embodies the qualities and contributions intended for recognition when the Distinguished Service Award was first envisioned.”

In addition, **Nancy Walton** has been seconded to the position of Special Advisor to Deputy Minister Sheldon Levy of the Ministry of Advanced Education and Skills Development (formerly MTCU) for a one year term. Congratulations to Nancy on this important position.

A team of applied researchers at Hamilton Health Sciences in Hamilton who have been mentored by **Lori Schindel Martin** was awarded the Teresa Pellino Research Writers Award, by the Editorial Board of Orthopaedic Nursing as the most significant research article published in 2015. The award was presented at the Orthopaedic Nursing Association national conference, May 21 2016, Orlando, Florida. The citation for this award winning paper is Pizzacalla, A., Montemuro, M., Coker, E., Schindel Martin, L., Gillies, L., Robinson, K., Pepper, H., Benner, J., Gusciora, J. (2015). Gentle Persuasive Approaches: Introducing an educational program on an orthopaedic unit for staff caring for patients with dementia and delirium. *Orthopaedic Nursing*, 34(2), 101-107.

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Jasna Schwind was the winner of the 2016 COUPN Teaching Innovation award in recognition of her work in developing and implementing the Narrative Reflective Process, an innovative creative self-expression approach to teaching and learning that includes storytelling, metaphoric reflection, drawings, creative writing, and reflective dialogue to enhance students' learning experiences, research in education, as well as the professional development of educators.

"Dr. Schwind is an exceptional professor passionate about enriching the educational experience of her students through continuously developing and implementing innovative teaching and learning strategies. Whether facilitating learning in classroom or clinical settings, mentoring individual students or conducting research and its dissemination, Dr. Schwind is fully present and engaged with those in her care. As William Arthur Ward once said, 'The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires.' Dr. Schwind has not only inspired me to achieve, she has more than exceeded the specific criteria for the Teaching Innovation Award". --Kateryna Metersky



Research Projects

Faith Donald is a co-investigator with Dr. Denise Bryant-Lukosius on a study led by Dr. Ruth Martin-Misener, A comparative analysis of pedagogical and evaluation methods used in graduate nurse practitioner education: A scoping review of published studies. Funded by Dalhousie University, Faculty of Health Professions Research Development Grant (\$4,984).

J. Lapum, R. Bar, M. Dionne & L. Kalia (2016-2017) Dance and Parkinson's disease: A research dissemination project. Canadian Institutes of Health Research. Planning and Dissemination grant – Institute of Community Support. \$9,750.

K. Newman, A. Mihailidis, A. Iaboni, & **L. Schindel Martin**. Detection of agitation in people with dementia using multimodal sensors: Towards a predictive system. Alzheimer Society Research Program, Research Grant. \$120,000.

K. Newman. Experiences, awareness, and supports for youth who have older relatives living with dementia. Nursing Research Interest Group, 2016 Research Grant. \$2,000.

Simpson, C., Dias, C, & **Donald. F.** *The influence of a mobility initiative on functional decline in hospitalized older adults*. April 2016 to present. Unfunded study. Role: Mentor.

C. Walton, L. Booi, **K. Newman**, & W. Hu. Recommendations for a global dementia symbol. UK Department of Health. £4,000 (\$7513 Cdn).

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Faculty of Community Services 2016 Spring Seed & Travel Grant competition

Congratulations to the following faculty who were awarded FCS grants:

Cristina Catallo for “Using social media for knowledge brokering: Helping organizations build best practices.”

Faith Donald for “A comparative analysis of pedagogical and evaluation methods used in graduate nurse practitioner education: A rapid review of grey literature.”

Suzanne Fredericks for “Examining the relationship between insomnia, cardiovascular symptoms, anxiety, and depression: A systematic review.”

Jennifer Lapum for “A historical review of medical treatment and care of the adult with congenital heart disease.”

Kristine Newman for “Experiences, awareness, and supports for youth who have older relatives living with dementia” (Seed grant) and to present “Global Dementia Symbols” at the Alzheimer’s Disease international conference in Budapest.

Margareth Zanchetta to present at the 2016 Union International for Cancer Control World Cancer Congress in Paris, France.

Service

Faith Donald is an invited member of the *Nurse Practitioner (NP) Practice Standard: Revision Advisory Taskforce*. College of Nurses of Ontario.

Faith Donald is collaborating with an international team of advanced practice nursing academics to develop a *Comparative analysis of education curricula and nurse practitioner competencies in five OECD countries*. The team includes Dr. Edda Johansen, Professor, Medicine, Buskerud and Vestfold University College, Norway; Dr. Osp Egilsdottir, Professor, Department of Nursing Science, Drammen, Buskerud & Vestfold University, Norway; Dr. Petrie F. Roodbol, Professor, University Medical Center Groningen, The Netherlands; Dr. Glenn Gardner, Professor, Queensland University of Technology, Australia; Dr. Judy Honig, Associate Dean, Columbia University School of Nursing, Dr. Denise Bryant-Lukosius, Associate Professor, McMaster University School of Nursing; and Dr. Ruth Martin-Misener, Professor, Dalhousie University School of Nursing.

Faith Donald has been appointed as an Associate Editor, *BMC Nursing*

Faith Donald was a facilitator for two working groups at the *Developing Advanced Practice Nursing Competencies in Latin America to Contribute to Universal Health*, Summit meeting of the Pan American Health Organization of the World Health Organization, held at the University of Michigan, April 7-9, 2016.

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Faith Donald continues to consult with the Nursing Innovation and Policy Branch, MOHLTC and LHIN leaders regarding the implementation of nurse practitioners in Ontario long-term care homes.

Suzanne Fredericks, Sherry Espin and Faith Donald are reviewers for the CIHR Project Grant Funding Call.

Lori Schindel Martin has been appointed research expert member, Sexual Assault in Long Term Care Working Group (LTCH collaboration chaired by representatives of the Ontario Long-Term Care Association).

Lori Schindel Martin has been appointed research expert member, BSO Knowledge Translation & Communications Advisory Committee, Behavioral Supports Ontario.

Publications

Hurlock-Chorestecki, C., van Soeren, M., MacMillan, K., Sidani, S., **Donald, F.**, & Reeves, S. (2016). A qualitative study of nurse practitioner promotion of interprofessional care across institutional settings: Perspectives from different healthcare professionals. *International Journal of Nursing Sciences*, doi:10.1016/j.ijnss.2016.02.003. Open access <http://authors.elsevier.com/sd/article/S2352013215300727>

Kent-Wilkinson, A., Blaney, L., Groening, M., **Santa Mina, E.**, Rodrigue, C., & Hust, C. (2016) CFMHN's 3rd position paper 2016: Mental health and addiction curriculum in undergraduate nursing education in Canada. Prepared by members of the Canadian Federation of Mental Health Nurses' Education Committee. Toronto, ON: CFMHN. Retrieved from <http://www.cfmhn.ca/positionpapers>

Lacny, S., Zarrabi, M., Martin-Misener, R., **Donald, F.**, Sketris, I., Murphy, A., DiCenso, A., & Marshall, D.A. (2016). Cost-effectiveness of a nurse practitioner-family physician model of care in a nursing home: Controlled before and after study. *Journal of Advanced Nursing*. Manuscript ID: JAN-2015-0325. doi: 10.1111/jan.12989. [Epub ahead of print: 2016 Apr 27].

Lapum, J. & St-Amant, O. (2016, Mar/April, published ahead of print). Visual images in undergraduatenuising education. *Nurse Educator*. doi: 10.1097/NNE.0000000000000214

Lapum, J., & Bar, R (2016, March). Dance for individuals with dementia. *Journal of Psychosocial Nursing and Mental Health Services*, 54(3), 31-34. DOI: 10.3928/02793695-20160219-05

Lapum, J. (2016, January). Resilience and loss: un-conceal grief and embrace vulnerability. *International Journal of Whole Person Care*, 3(1), 4-7.

Lapum, J. (2015, December). Wrecked. *Families, Systems and Health*, 33(4), 417-418.

Lapum, J., Liu, L., Hume, S., Wang, S., Nguyen, M., Harding, B., Church, K., Cohen, G., & Yau, T. (December 2015). Pictorial narrative mapping as a qualitative analytic technique. *International Journal of Qualitative Methods*, 14, p. 1-15 DOI: 10.1177/1609406915621408 Retrieved from <http://ijq.sagepub.com/content/14/5/1609406915621408.full.pdf+html>

Schwind, J. K. (2016). Narrative Reflective Process: A creative experiential path to personal-knowing in teaching-learning scholarship. In J. Gingras, P. Robinson, J. Waddell, L. & Cooper (Eds.), *Teaching as scholarship: Preparing students for professional practice in community services*. Waterloo, ON: Wilfrid Laurier University Press. (pp. 137-154).

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Waddell, J., Spalding, K., Canizares, G., Navarro, J., Connell, M., Jancar, S., Stinson, J. & Victor, C. (2015). Integrating a Career Planning and Development Program into the Baccalaureate Nursing Curriculum: Part I. Impact on Students' Career Resilience. *International Journal of Nursing Education Scholarship*, 12(1), 162-173. doi: 10.1515/ijnes-2014-0035.

Waddell, J., Spalding, K., Navarro, J., Jancar, S & Canizares, G. (2015). Integrating a Career Planning and Development Program into the Baccalaureate Nursing Curriculum: Part II. Outcomes for New Graduate Nurses 12 Months Post-Graduation. *International Journal of Nursing Education Scholarship*. 12(1): 175–182.

Waddell, J., Spalding, K., Navarro, J., & Gaitana, G. (2015) Integrating a Career Planning and Development Program into the Baccalaureate Nursing Curriculum: Part III. Impact on Faculty's Career Satisfaction and Confidence in Providing Student Career Coaching. *International Journal of Nursing Education Scholarship* 12(1), 183-190. doi: 10.1515/ijnes-2015-0070.

Walton, C., Booi, L., **Newman, K.** & Hu, W. (8 April 2016). A review of global dementia friendly symbols-draft report. World Young Leaders in Dementia (WYLD) Network. (Commissioned by the UK Department of Health).

Walton, C., Booi, L., **Newman, K.** & Hu, W. (13 May 2016). Final report: A review of global dementia friendly symbols. World Young Leaders in Dementia (WYLD) Network. (Commissioned by the UK Department of Health).

Presentations and Research Dissemination

Connell, M., **Romaniuk, D., LeGrow, K.,** Mack, K., & **Walton, N.** Developing a Collaborative Nursing Program Philosophy: A Journey of Respect & Inclusivity. CASN Canadian Nursing Education Conference, Toronto, ON, May 30-31, 2016.

Faith Donald presented Nurse practitioner activities in primary care: A mixed methods study, at the Association of Ontario Health Centres Conference. Shift the Conversation: Community Health and Wellbeing held in Toronto, June 8. Highlighted as a Spotlight Session.

Faith Donald presented a Research update: Factors influencing NP activities & patient panel size in Ontario, at the Nurse Practitioner Association of Ontario-Nurse Practitioner-Led Clinic Leadership Conference. Toronto, ON. June 6.

Faith Donald, Mary McAllister, & Marnee Wilson participated in an expert panel discussion, Ask the expert: NP roles from local, academic, and national nursing perspectives for the University Health Network (UHN) 12th City Wide APN/NP Clinical Conference: Clinical Updates, Red Flags, and Key Skills, Toronto. April 15.

Faith Donald moderated a panel of experts from Latin America, including Thomas, A., Lima, F., Consuelo, M, & Sanchez, S. Panel discussion on APN curriculum development for Latin America. Developing advanced practice nursing competencies in Latin America to contribute to universal health, Summit meeting of the Pan American Health Organization of the World Health Organization, in Ann Arbor, MI on April 9.

Hart, C. & **Parsons, J.** – Critical qualitative researchers pushing back and moving forward: Strategies for navigating the biomedical world. CQ methods talks: Exploring the creative presence of the researcher. Centre for Critical Qualitative Health Research, University of Toronto, June 2-3, 2016.

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Lee, Charlotte. Does interpersonal relationship affect collaboration and patient outcomes? Keynote address at St. Michael's Hospital Research Showcase for Nursing Week, May 12, 2016.

Lindsay, G., **Schwind, J.**, Papaconstantinou, E., Smye, V. & Cross, N. (June 15-17, 2016). The embodied experience of disruption. (Oral Presentation) Bodily "Knowledge," Existential Transformations, and the Power of Hermeneutic Inquiry. 8th Annual Canadian Hermeneutic Institute. Toronto, ON, Canada.

Malette, C. & **Rose, D.** Exploring caring in nursing curricula in Ontario: A provincial nursing education initiative. CASN Canadian Nursing Education Conference, Toronto, ON, May 30-31, 2016.

McCay, E., Aiello, A., Danaher, A., **Carter, C.**, **Santa Mina, E.**, & **Schwind, J.** (April 7, 2016). The effectiveness of a theory-based multi-component resilience and motivational intervention to increase engagement in street-involved youth. (Poster) 2016 Faculty Achievement Event, Faculty of Community Services, Ryerson University, Toronto, ON, Canada.

Parikh, S. Novikov, D., Karasyov, I., Emilianov, I. & **Romaniuk, D.** Creating learning modules and a simulation game: Therapeutic communication and mental health assessment. Ryerson Faculty Conference, May 19, 2016.

Purdy, N. A collaborative approach to curriculum redevelopment: Preparing nurses for 2020 and beyond. CASN Canadian Nursing Education Conference, Toronto, ON, May 30-31, 2016.

Romaniuk, D., Kenmir, A., **Schindel Martin, L.**, Wiesenthal, S., Hughes, M., **Newman, K.**, **Purdy, N.**, **Marasco, G.**, & **Freeman, C.** (MN Program graduate June 2015) Introducing Dementia Care Principles into a First Year Collaborative Baccalaureate Nursing Program. CASN Canadian Nursing Education Conference, Toronto, ON, May 30-31, 2016.

Santa Mina, E., **McCay, E.**, **Rose, D.**, & Hamer, B. Evidence-based practices in suicide risk assessment to promote safety and reduce stigma: A mixed methods study to evaluate guideline recommendation implementation. Waypoint Research Institute 4th Annual Conference, Barrie, ON, May 18, 2016.

Santa Mina, E. Can a history of childhood physical and sexual abuse make a difference in a person's intent to harm themselves? FCS Research Insights. <https://fcsktp.ryerson.ca/xmlui/handle/123456789/192>

Schindel Martin, L. & **LeGrow, K.** Introducing gamification as a learning strategy in a fourth year professional health elective in family health nursing. CASN Canadian Nursing Education Conference, Toronto, ON, May 30-31, 2016.

Heeters, A., **Schindel Martin, L.**, & Wahl, J. Sexual Expression and Dementia (Panel Presentation). Alzheimer Society of Toronto, April 115, 2016.

Schindel Martin, L. Sexual Behaviour in the Dementia Context. Taddle Creek Family Health Team (FHT Education Rounds), Toronto, April 26, 2016.

Schindel Martin, L. Sexual Consent: Aging & Dementia (Keynote Address). Sexual Consent Conference 2016, Trent University, Peterborough, June 3, 2016.

Schindel Martin, L. & Landry, J. Ethical and Clinical Sexual Health Issues in Dementia: Supportive Conversations with Families (Keynote Address and Workshop Facilitation). The Royal Ottawa Hospital Education Series, Villa Marconi, June 23, 2016.

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Schwind, J. K. (May 13-15, 2016). Mindfulness in education. (Workshop) A change from within: The how of integrating mindfulness and compassion into society. A Mindful Society 2016. Toronto, ON, Canada.

Schwind, J. K. (May 7, 2016). Mindfulness in education. (Workshop) Symposium: A reflective gathering for healthcare professionals to develop through mindfulness, reflective education and research practice. Letterkenny Institute of Technology, Letterkenny, Ireland.

Schwind, J. K., McCay, E., Beanlands, H., Schindel Martin, L., Binder, M., & Martin, J. (May 13-15, 2016). Applying mindfulness in post-secondary institutions: A pilot study in a faculty of community services. (Oral Presentation) A change from within: The how of integrating mindfulness and compassion into society. A Mindful Society 2016. Toronto, ON, Canada.

Schwind, J. K., & Lindsay, G. M. (May 3-5, 2016). Collaborating through arts-informed narrative inquiry across education and practice in mental health: An exemplar. (Oral Presentation) Qualitative Methods Conference 2016. Glasgow, United Kingdom.

Schwind, J. K., McCay, E., Beanlands, H., Schindel Martin, L., Binder, M., & Martin, J. (May 7, 2016). Mindfulness practice as a strategy in teaching-learning of university students. (Poster) Symposium: A reflective gathering for healthcare professionals to develop through mindfulness, reflective education and research practice. Letterkenny Institute of Technology, Letterkenny, Ireland.

Schwind, J. K. (April 9, 2016). Mindfulness practice: A tool for self-care within an educational context. (Workshop) Planetary Health Conference: Global Health and Ecological Wellness. Ryerson University, Toronto, ON, Canada.

Schwind, J. K., McCay, E., Beanlands, H., Schindel Martin, L., Binder, M., & Martin, J. (April 9, 2016). Mindfulness practice as a strategy in teaching-learning of university students. (Poster) Planetary Health Conference: Global Health and Ecological Wellness. Ryerson University, Toronto, ON, Canada.

Schwind, J. K., & Lindsay, G. M. (April 7, 2016). Collaborating through arts-informed narrative inquiry across education and practice in mental health: An exemplar. (PowerPoint) 2016 Faculty Achievement Event, Faculty of Community Services, Ryerson University, Toronto, ON, Canada.

Schwind, J. K., McCay, E., Beanlands, H., Schindel Martin, L., Binder, M., & Martin, J. (April 7, 2016). Mindfulness practice as a strategy in teaching-learning of university students. (Poster) 2016 Faculty Achievement Event, Faculty of Community Services, Ryerson University, Toronto, ON, Canada.

Vanderwater, C., Wong, J., **Lee, C. T.** (supervisor). Exploring the role of collaborative patient-provider relationships in self-management during radiation therapy – preliminary findings. Southlake Stronach Regional Cancer Centre Annual Research Day. (April 8, 2016). Newmarket, ON.

Verkuyl, M., **Romaniuk, D.** & Mastrilli, P. Developing Communication and Mental Health Assessment Skills through a Virtual Simulation Game. CASN Canadian Nursing Education Conference, Toronto, ON, May 30-31, 2016.

Waddell, J., Martin, J., Schwind, J., & Lapum, J. (November, 2015). A faculty-based mentorship circle: Positioning new faculty for success. Sigma Theta Tau 43rd Biennial Convention. Las Vegas, Nevada.

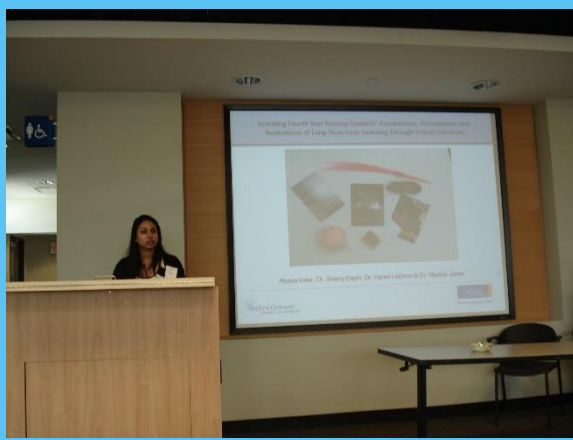
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Student and Alumni Achievements

Nicole Bennewies, a thesis student in the MN Program also presented during this Spotlight Session, Identifying factors that influence Ontario nurse practitioners' patient panel size in primary healthcare settings: Questionnaire findings. Association of Ontario Health Centres Conference. Shift the Conversation: Community Health and Wellbeing. Nicole's supervisor is **Faith Donald**; **Heather Beanlands** and **Souraya Sidani** are on her committee.



Alyssa Indar successfully defended her thesis, titled "Revealing Fourth Year Nursing Students' Assumptions, Anticipations, and Realizations of Long Term Care: Learning through critical creativity," on Tuesday, June 28th. She presented an overview of her thesis at the DCSN Scholarship Development Day on May 25, 2016 (see picture below). Her thesis supervisor is **Sherry Espin**; her committee members are **Karen LeGrow** and **Nadine Janes**.

Patricia Julian, entering her 4th year of the Collaborative Program, was elected Student Liaison Officer, Gerontological Nursing Association Ontario, Annual General Meeting, April 21, 2016. Patricia's role as a GNAO Board Director, working with both the GNAO Board Communication Director and New Graduate Liaison Officer, will include enhancing GNAO's use of social media to update students with respect to new best practice developments in gerontological nursing.

Patricia was also awarded a Canadian Frailty Network (CFN) Summer Student Award (\$4500) in support of her work on a project funded by Ryerson OVPRI "Why do emergency department staff need education about managing responsive behaviour associated with dementia?" Patricia presented an overview of the project at the DCSN Scholarship Development Day (see photo). Patricia's supervisor is **Lori Schindel Martin**.



Kristen Kienzle, an alumni of the MN Program (June 2016) presented "Creative Pedagogy: Developing narrative competence in undergraduate nursing education" at the Canadian Association of Schools of Nursing (CASN) Canadian Nursing Education Conference, Toronto, ON, May 31, 2016. Her presentation was based on her MN8905 practicum placement; her faculty preceptor for this project was **Jennifer Lapum**.

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Nadine Medley, MN thesis student, presented “The informatics imperative in nursing curriculum redevelopment” at the CASN Canadian Nursing Education Conference, Toronto, ON, May 31, 2016. Nadine’s supervisor is **Nancy Purdy**.

Jennifer Rayner recently completed her 2-year Postdoctoral Award, supervised by **Faith Donald**, which focused on *Factors that influence nurse practitioner panel size*. The award was funded by the Ontario Ministry of Health and Long-Term Care: Health Systems Research Fund.

Congratulations to all our Collaborative, Post Diploma, and MN program graduates who convoked on Friday, June 10, 2016!

Well done to you all and please keep in touch! We wish you much success as you continue to build your nursing careers.



Pictured here is **Linda Liu**, a thesis graduate of the MN program, at the June convocation ceremony. She is pictured with her mother, as well as **Jennifer Lapum**, her thesis supervisor, and **Associate Dean, Janice Waddell**.

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2016 Visiting Professor Dave Holmes

The Daphne Cockwell School of Nursing was honoured to host Dave Holmes as the 2016 Visiting Professor between May 24 and 26th.

As well as meeting with students and faculty, Dr. Holmes facilitated Scholarship Development Day, where faculty, students, and community partners shared their programs of research and exchanged ideas on building capacity.

The Faculty of Community Services sponsored a grantsmanship workshop on Dr. Holmes' final day on campus, where scholars from across the university came together to gain insights and inspiration in grant writing, publications, and strategies to enrich the reciprocity of the student-faculty mentorship relationship. A doctoral student from another Faculty who attended the workshop submitted this feedback:

"I attended the seminar you gave today at Ryerson on grant writing and publications and I wanted to take this opportunity to thank you for a very inspiring approach to research. Even though I study pure sciences, I found your philosophy on research extremely unique and I felt invigorated by your talk. I truly enjoyed your devotion towards student supervision as I feel that it is such an instrumental part of research. You share many common views on the subject with my own PhD supervisor which is encouraging."



Dr. Holmes with Lori, Karen & Don after the FCS Grantsmanship seminar.

Karen LeGrow & Sherry Espin present at Scholarship Development Day.



Suzanne Fredericks presents at Scholarship Development Day.

