

# Everyone Makes a Mark

*Contributions to knowledge building & professional development from the Daphne Cockwell School of Nursing*  
❁ Winter 2015

## Awards

The [Lambda Pi at Large](#) Chapter is the recipient of its second Chapter Key Award in the chapters 25 year history. The Chapter Key Awards, established in 1991, honor STTI chapters that excel in chapter-related activities such as:

- Membership recruitment and retention
- Publicity and programming
- Professional and leadership development
- Local, national and international collaboration

The chapter received this award at Sigma Theta Tau International's 43 Biennial Convention in Las Vegas on November 9th, 2015.

The chapter has also won two Showcase of Regional Excellence Awards based on President Hester Klopper's Call to Action. The awards were based on efforts in the areas of "Gratitude" and "Connectedness".

These awards are the result of many individuals working together and putting in a great deal of hard work.

*Dear Colleagues,*

*It is the time of year for celebration and extending good wishes. Please join me, then, in taking a moment to cheer each other on, as we share news about the exciting activities we've been engaged in over the Fall.*

*I wish you all a safe and happy holiday with much peace, good health, and prosperity in the New Year. For those celebrating Christmas, may it be beautiful and filled with joy. For those from other religions and cultures, may you be fulfilled and content.*

*Happy Holidays & Happy New Year,  
Don*

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*Josephine Wong surrounded by community research partners and colleagues at the OAN Community Partners Awards*

Congratulations to **Dr. Josephine Wong** on receiving the Community Partners Award from the Ontario AIDS Network, the provincial association of AIDS Service Organizations and Programs in Ontario. Dr. Wong's name will be inscribed upon the Ontario AIDS Network Honour Roll, which acknowledges the long-term and consistent contributions of individuals who use their experiences, skills, resources and voices to champion the cause of HIV/AIDS.



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## INNOVATION

**Daria Romaniuk**, working with Marg Verkuyl (Centennial College), Paula Mastrilli (George Brown College) and a team of Distance Education experts from the Chang School, completed the MTCU-funded project “Therapeutic Communication and Mental Health Assessment: Knowledge and Practice”.

This online learning activity consists of three self-study modules, and a virtual interactive game, in which the student takes the role of a nurse completing a home visit. The game gives the student an opportunity to practice communication strategies and assessment skills in a realistic and safe environment. The modules and game can be accessed on the Ryerson Open Learning website: [http://www.ryerson.ca/openlearning/projects/therapeutic\\_communication.html](http://www.ryerson.ca/openlearning/projects/therapeutic_communication.html)

## Research Event

A SSHRC funded Symposium entitled “Poverty Reduction Strategies for Urban Youth in Canada”, hosted by Ryerson University (**Co-Directors E. McCay and A. Bailey** with H. Parada from the School of Social Work) was held on October 22 and 23, 2015. The symposium brought together key stakeholders with expertise relevant to youth poverty reduction in order to develop a multi-disciplinary, and multi-sectoral partnership team committed to poverty reduction in urban Canadian youth.

Leading experts from across Canada attended the event including Master Hugh Segal (Deputy Chair of the Senate Report – In From the Margins: A Call to Action on Poverty, Housing and Homelessness), Mr. Glen Hodgson, (Chief Economist – the Conference Board of Canada), and Dr. Wayne Hammond (President and CEO, Resiliency Initiatives), as well as researchers from four Canadian Urban Centres (Toronto, Calgary, Vancouver, and Halifax). Approximately 75 participants across a number of community and government agencies also attended the Symposium. Participants engaged in the event unpacked knowledge of intersecting issues that compound the lives of marginalized urban Canadian youth in order to generate innovative strategies and interventions grounded in evidence, which informed the submission of a SSHRC Partnership Development proposal.



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## Launch of CHAMP Research Report - Reducing HIV Stigma and Advancing Equity through Committed Action

**Josephine Wong (Co-PI)** and colleagues from CHAMP (Community Champion HIV/AIDS Advocate Project) were joined by over 100 community members, knowledge users, cross-sector leaders, researchers and policy makers at the launch of the CHAMP Research Report on December 2, 2015 at the Ramada Inn. The results of CHAMP, an intervention study to reduce HIV stigma, indicate that the two interventions tested - Acceptance and Commitment Therapy (ACT) and Social Justice Capacity Building (SJC) are effective in addressing internalized and enacted stigma and promoting HIV championship. The Launch included a presentation on key findings, the premiere of a stigma reduction video produced by CHAMP participants, a panel of champions, and round table discussion on committed action. For more information, please contact Josephine ([jph.wong@ryerson.ca](mailto:jph.wong@ryerson.ca)).



*Presentation of key findings by Alan Li (NPI), Josephine Wong (Co-PI) and Henry Luyombya (Project Coordinator)*



*CHAMP Research Report Launch attended by over 100 stake holders, including researchers and policy-makers*

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## Research Funding

Mallette, C. & **Rose, D.** (June 2015). Exploring caring in nursing curricula in Ontario: A provincial nursing education initiative. [AMS Phoenix Project: Call to Caring](#).

## Knowledge Transfer Activities

**Dr. Suzanne Fredericks** is engaging in innovative work to advance knowledge translation and for teaching and mentoring of patients, students, and research trainees. Suzanne has created a series of webpages that profile materials such as research studies, patient information, controlled trials, clinical application, and helpful information links. You can access her website through the following link:

<http://www.ryerson.ca/fredericks/>

To learn more about this exciting initiative, and to review the supportive evidence on the use of collaborative web sites to advance multidisciplinary cardiovascular surgery best practice, please review the following article Suzanne recently published: **Fredericks, S. (2015)**. A Multidisciplinary Collaborative Web Site for Cardiovascular Surgery. *Computers Informatics Nursing*, 33(7), 273-277. DOI: 10.1097/CIN.0000000000000167

## Presentations

Chiu, M., Lobchuk, M., Keefe, J., Fancey, P. **St-Amant, O.**, Meerail, S., Sadavoy, J. Understanding the practicality, implementation, and adaptation of an evidence-based psycho-educational intervention for dementia family caregivers in rural Nova Scotia and Manitoba: Interim results from a demonstration study. 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 25, 2015.

**Fredericks, S., Lapum, J., Hui, G.** (October 24, 2015). Examining the effect of patient-centered care on patient outcomes: A systematic review. Canadian Cardiovascular Congress.

## COLLOQUIUM SCHEDULE

*January 11:*  
Mandana Vahabi\*  
*begins at 12:15 pm*

*January 25:*  
Sepali Guruge

*February 1:*  
Mandana Vahabi

*February 29:*  
Daria Romaniuk

*March 7:* SRC  
Renewal – Faculty  
Discussion

*March 28:* Elaine  
Santa Mina

*April 11:*  
Janet Yamada

*April 25:*  
Coralee McLaren

*All colloquia take place  
in room POD-463 from  
11:15am to 12noon,  
unless otherwise noted*

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**Guruge, S.** A scoping review of elder abuse interventions (Poster). 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 25, 2015.

Kerr, M., **St-Amant, O.**, Ward-Griffin, C. Double Duty Caregiving Scale Revisited. 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 25, 2015.

Poole, J., **Hart, C.**, Facey, M. and Parsons, J. Holding firm: Power, push-back and opportunities in navigating the liminal space of critical qualitative health research. Qualitative Health Research Conference. Toronto, Oct. 2015.

**Dr. Karen LeGrow, Dr. Mary McAllister, and Dr. Lori Schindel Martin** were among the co-authors of a poster presented at the *Creating & Sustaining Strengths Based Care Environments symposium* on November 2<sup>nd</sup>, 2015 at the Hospital for Sick Children, entitled “Engaging conversations: Exploring strengths-based nursing care with 4<sup>th</sup> year undergraduate students.” It will also be featured on the [SBNHC Institute website](#).

Mastuoka, A., **Guruge, S.**, Bernard, M. Looking at Elder Abuse in the Face of Canada’s Changing Older Population: Respecting Strengths and Resilience of Older People (Oral). 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 24, 2015.

**Dr. Coralee McLaren** presented “Re-embodying qualitative inquiry: Choreographic notes and observations of children with diverse abilities and their movement at school” at the Centre for Qualitative Inquiry in October 2015. To access a recording of the presentation, please click [here](#).

**Newman, K.** & Booi, L. (2015). Capacity building for global health dementia initiatives: Next generation leadership for research and practice. Canadian Conference on Global Health Capacity Building for Global Health: Research & Practice, Montreal, Quebec, November 6, 2015.

**Newman, K.**, Bookey-Bassett, S. & Wang, Z. (2015). Youth experiences with older relatives who have dementia: Impact on inter-generational relationships, The Aging & Society Knowledge Community, 5th Interdisciplinary Conference on Aging and Society, Catholic University of America, Washington, D.C., USA, November 5, 2015.

**Newman, K.** & Booi, L. (2015). Capacity building: Intergenerational global dementia solutions. 8th Canadian Conference on Dementia, Ottawa, Ontario, October 2nd – 3rd, 2015.

**Santa Mina, E., McCay, E., Rose, D., & Hamer, B.** Best Practices for Suicide Risk Assessments: Engaging Patients and Nurses to Discover Evidence of Guideline Implementation Guidelines International Network, Amsterdam, Netherlands, October 9, 2015.

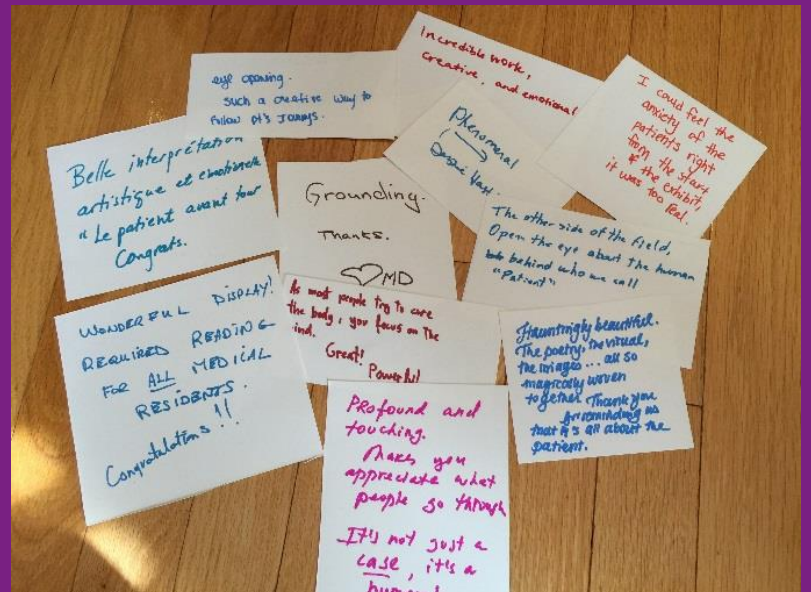
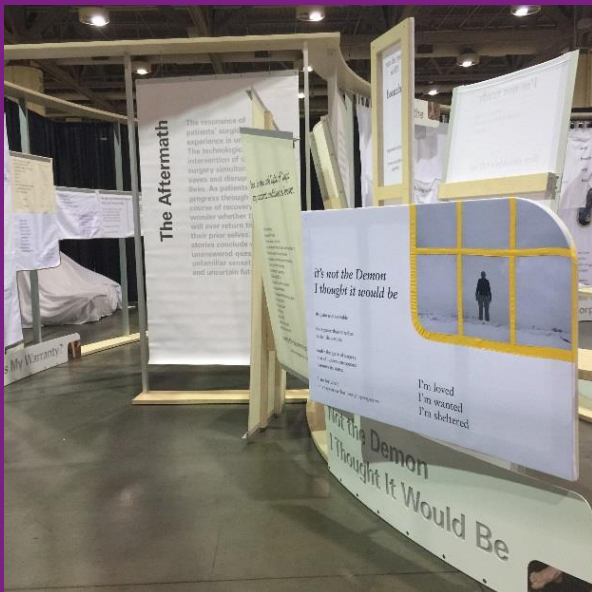
**Schindel Martin, L.** Bliss, M. A systematic curriculum revision cycle to ensure currency and sustainable impact for a dementia-specific education program (Oral). 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 24, 2015.

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**Schindel Martin, L., Romaniuk, D., Purdy, N., Newman, K., Cooper, L., Kenmir, A. Weisenthal, S., Freeman, C., Bliss, M., McCoy, B., Boucher, P.** Embedding an on-line dementia-specific educational intervention in a baccalaureate collaborative nursing degree program (Oral). 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 24, 2015.

**Schindel Martin, L.** A practice development approach to teaching family-centered aged care (Oral). 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 24, 2015.

**Dr. Jennifer Lapum** and her research team recently displayed "The 7,024th Patient" art installation at the Canadian Cardiovascular Congress. The research team includes: Dr. Terry Yau (UHN), Dr. Kathryn Church (Ryerson), **Linda Liu** (UHN and Ryerson), Dr. Gideon Cohen (Sunnybrook) and Perin Ruttonsha (University of Waterloo). The installation is an innovative knowledge translation initiative concerning patients' experiences of heart surgery. The installation (pictured in these images) was well received by an interdisciplinary audience of nurses, cardiologists, surgeons, physiotherapists, respiratory therapists, technicians, researchers and others (see a selection of collected comments). The team also wishes to thank the work of research assistants and volunteers (current Ryerson students and alumni) including **Sarah Hume, Vikky Leung, Bailey Harding, Rachel Bar, Kristen Kienzle, Elisa Nigro, Emmi Wang and Katarina Veljovic.**



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## Service

**Faith Donald** is a member (2014-present) of Research Advisory Council, National Nurse Practitioner Practice Analysis, Canadian Council of Registered Nurse Regulators (CCRNRR). They are tasked with developing a comprehensive national description of entry-level knowledge, skills, and abilities required for nurse practitioner registration and practice.

**Faith Donald** participated in the Developing Entry-to-Practice Competencies for Prescribing Controlled drugs and Substances for NP Education: A Stakeholder Feedback and Consensus-Building Forum. Canadian Association of Schools of Nursing, October 30, 2015.

**Elaine Santa Mina** served on the CASN Mental Health Task Force, which recently published the [Entry-to-Practice Mental Health and Addiction Competencies for Undergraduate Nursing Education in Canada](#).

**Lori Schindel Martin** participated as co-chair for the RNAO 3Ds (Delirium, Dementia & Depression) BPG Guideline review panel meeting, October 29 – 30, 2015.

## Publications

*Medscape Nurses* profiled a paper co-authored by **Faith Donald** in a piece called “Is Nurse Practitioner Care Cost-effective?” [Click here to access](#).

**Hart, C.** (2015). The elephant in the room: Nursing and nursing power on an interprofessional team. *Journal of Continuing Education in Nursing*, 45(8), 349, 355. **This article was also the continuing education article of the month.**

Hurlock-Chorostecki, T., van Soeren, M., MacMillan, K., **Sidani, S., Donald, F.,** & Reeves, S. (2015). Nurse practitioner interactions in acute and long-term care: An exploration of the role of knotworking in supporting interprofessional collaboration. *BMC Nursing*, 14(50), 1-8. doi: 10.1186/s12912-015-0102-x. Open access <http://www.biomedcentral.com/content/pdf/s12912-015-0102-x.pdf>

Lynk, M., **McCay, E., Carter, C.,** Aiello, A., & **Donald, F.** ( 2015). Engaging street-involved youth in Dialectical Behaviour Therapy: A secondary analysis. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, 24(2), 116-122.

Marshall, D.A., **Donald, F.,** Lacny, S.L., Reid, K., Bryant-Lukosius, D., Carter, N., DiCenso, A. (2015). Assessing the quality of economic evaluations of clinical nurse specialists and nurse practitioners: A systematic review of cost-effectiveness. *Nursing PlusOpen*, 1(2015), 11-17. doi: 10.1016/j.npls.2015.07.001. Open access <http://www.sciencedirect.com/science/article/pii/S2352900815000047>



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**McCay, E.,** Cleverley, K., & Danaher, A. (2015). Collaborative partnerships: Bridging the knowledge practice gap in client-centred care in a mental health setting. *Journal of Mental Health Training, Education and Practice*, 10(1), 51-60.

**McCay, E., Carter, C., Aiello, A., Quesnel, S., Langley, J., Hwang, S., Beanlands, H., Cooper, L., Howes, C., Johansson, B., MacLaurin, B., Hughes, J., & Karabanow, J** (2015). Dialectical Behavior Therapy as a Catalyst for Change in Street-Involved Youth: A Mixed Method Study: *Children & Youth Services Review*, 58, 187-199. doi.10.1016/j.chilyouth.2015.09.021

McInnis-Perry, G., Greene, A., & **Santa Mina, E.** (2015). Achieving excellence through contemporary and relevant Psychiatric–mental Health Nursing Standards of Practice. *Journal of Psychosocial Nursing*, 2-6.

## MN Update

**Kimberly Bryce**, a second year MN student, is the 2015 weSpeak Master's Fellow. The one-year fellowship began on October 15. weSpeak is a 5-year research program funded by the Institute of Gender and Health (IGH) - Canadian Institute of Health Research (CIHR) in partnership with the Ontario HIV Treatment Network (OHTN). The vision of the weSpeak Research Training Fellowship is to build capacity for inclusive, rigorous and relevant research to strengthen the response to HIV among African, Caribbean and Black (ACB) communities in Ontario, and promote wellbeing in these communities. Kimberly's research interest in exploring racialized masculinity and HIV vulnerability among young Black men is well aligned with the weSpeak research program. Kimberly will be mentored by Dr. Josephine Wong (NPI), Dr. Winston Husbands (Co-PI) and other Toronto site team members, including Dr. Mandana Vahabi (Co-I and Thesis Committee) and Dr. Annette Bailey (Thesis Committee).

**Karen Campbell** (MN 2015) embarked upon PhD studies at McMaster University, studying under Susan Jack.

**Nafsin Nizum** (MN, 2015) presented an oral paper based on her thesis research. Nizum, N., Schindel Martin, L., Guruge, S., Wong, J. Exploring experiences of challenge and resilience in south Asian older adults living with mild dementia in the greater Toronto area. 44th Annual Scientific and Education Meeting of the CAG, Calgary, Alberta, October 25, 2015.

**Linda Liu** successfully defended her thesis, a study based on the theoretical framework of liminality first conceptualized by cultural anthropologist van Gennep. The study is titled "Exploring Support Persons' Narrative Accounts of Waiting for Lung Transplant" and was defended on Tuesday, December 15, 2015. Her thesis committee members, **Dr. Jennifer Lapum (supervisor), Dr. Heather Beanlands, and Dr. Oona St. Amant** congratulated Linda for an excellent presentation. **Dr. Karen Spalding**, MN Program Director commended Linda for consistently grounding her responses to questions asked of her in scholarly literature and data findings. Linda's thesis committee have nominated her for the [Ryerson Gold Medal](#) award.

All MN thesis students are encouraged to attend student defense meetings in order to learn from this experience. The students present at Linda's defense described this as an interesting and informative research presentation.

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## DCSN Colloquium

**Dr. Charlotte Lee** led an inspiring and informative discussion regarding interprofessional education focused on the critical importance of and strategies to enhance post-simulation debriefing. Faculty attendees expressed interest regarding Dr. Lee's explanation of the systems issues that represent barriers and facilitators for simulation based learning. She presented this information in the context of Cultural-Historical Activity Theory (CHAT) and Cognitive Load Theory. Dr. Lee recommended that faculty who use simulation as part of their classroom pedagogy review a published paper about Promoting Excellence and Reflective Learning in Simulation, or PEARLS ([Eppich & Cheng, 2015](#)).

**Dr. Heather Beanlands** presented a colloquium titled "Supporting Person Centered Communication in Chronic Illness: Insights from research in chronic kidney disease" on Monday, October 24, 2015. This presentation included an outline of the development of a patient-centred decision support tool for shared learning for individuals and families living with nephrotic syndrome. Dr. Beanlands outlined approaches to person centred communication (PCC) and shared learning for people living with chronic illness and their health care providers. The findings of recent multi-site, mixed-methods research in chronic kidney disease used to develop a novel online shared learning platform were presented to illustrate potential applications of PCC in this population.

**Dr. Kristine Newman** facilitated a joint presentation during the colloquium "How can we integrate Alzheimer's Society programs and services into our practice?" that took place on Monday, November 23, 2015. Esther Atemo, Public Education Coordinator, and Joanne Tandoc, Alzheimer Society of Toronto provided information about a number of helpful resources that are available for patients, families, students and health care professionals. More information about counselling and support groups, education programs, Finding Your Way, the iPod Project, and the First Link program is available online through the Alzheimer Society of Toronto website: <http://alz.to/>

Additional resources can be accessed through the Dementia Friends website at: [www.dementiafriends.ca](http://www.dementiafriends.ca)

**Attention Students!** If you are interested in a placement focusing on education for the care of older adults living with cognitive impairments, please contact the Central Placement Office at [cpo@ryerson.ca](mailto:cpo@ryerson.ca).



*To support dementia care programs, education and research, get involved in the annual [Walk for Memories](#) on Saturday, January 30, 2016.*

