

THE LINCOLN ALEXANDER SCHOOL OF LAW



2025 Orientation Week Guide

**Toronto
Metropolitan
University**

**Lincoln Alexander
School of Law**

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2025 ORIENTATION LEADS



Samantha Tome

Student
Engagement and
Experience
Specialist

Anamaria Barbul

Student
Engagement and
Experience
Assistant

Henry Sun

Student
Engagement and
Experience
Assistant

A Message from Your Orientation Co-Chairs

Dear Class of 2028,

Welcome to the Lincoln Alexander School of Law!

We are so excited to welcome you to campus and embark on this journey together. Our team has been hard at work planning a jam-packed week of informative panels, exciting activities, and uplifting networking and social events. We hope Orientation Week will be an inspiring, informative, and engaging experience during which you meet new life-long friends, explore Toronto Metropolitan University (TMU) campus, and get a sense of everything the Lincoln Alexander School of Law has to offer - and in turn, what you can contribute!

To us, the four pillars of Equity, Diversity, and Inclusion; Access to Justice; Innovation in Entrepreneurship; and Academic Excellence are more than just talking points. From your first day on campus to your Convocation and beyond, we look forward to the unique and inspiring ways you will contribute to co-creating and advancing the Lincoln Alexander School of Law's mission. Welcome to the Lincoln Alexander School of Law.

See you soon,

Henry Sun and Anamaria Barbul

Student Engagement and Experience Assistants

ORIENTATION WEEK 2025

	Monday, August 18	Tuesday, August 19	Wednesday, August 20	Thursday, August 21
9:00 AM	Registration and Breakfast 9:00 - 10:00 a.m.	Light Breakfast	*Please note, this schedule is subject to change. Please see event descriptions for full times and locations.	
9:45 AM		Info Session: Academic Life at Lincoln Alexander Law 9:45 - 10:30 a.m.		
10:00 AM	Welcome and Group Introductions 10:00 - 10:35 a.m.			
10:30 AM	Group Activity 10:35 - 11:30 a.m.	Info Session: Non-Academic Life at Lincoln Alexander Law 10:30 a.m. - 11:45 a.m.	Breakfast Mix & Mingle with Faculty and Staff 10:30 - 11:45 a.m. TRS Commons	
11:30 AM	Opening Ceremony and Remarks by the Deans 11:30 a.m. - 12:00 p.m.	BREAK	Health and Wellness Panel Student Panel TMU Central Resources 11:45 a.m. - 1:00 p.m.	
11:45 AM				
12:00 PM	Remarks from Indigenous Leader 12:00 - 1:00 p.m.	Ethics, Professionalism and Building Your Legal Brand 12:00 - 1:30 p.m.	Values Alignment, Health, and Wellbeing while Pursuing a Legal Career 1:00 - 2:00 p.m.	
1:00 PM	Lunch (to be Provided) 1:00 - 2:00 p.m.			
1:30 PM				
1:45 PM				
2:00 PM	LALSS Executive Welcome 2:30	LALSS Clubs Fair and Welcome BBQ 1:45 - 4:15 p.m.	Lunch and Section Social 2:00 - 3:30 p.m.	
2:30				
2:45 PM	BREAK	Ask Me Anything 4:15 - 5:15 p.m.	Anti-Oppression in Action: Community Building, Education and Support 3:30 - 4:30 p.m.	Cocktail Hour 3:30 - 4:00 p.m.
3:00 PM	Alumni Panel 3:00 p.m. - 4:00 p.m.			
3:30 PM				
4:15 PM	Networking with Upper Years, Leaders, and Alumni 4:00 - 5:30 p.m.	BREAK	Campus and Indigenous Walking Tour 4:45 - 6:15 p.m.	Welcome Ceremony 4:00 - 6:30 p.m. Sears Atrium
4:30 PM				
4:45 PM				
5:00 PM	BREAK	Canadian National Exhibition 7:00 - 9:30 p.m.	LALSS Board Game Social 7:00 - 9:30 p.m. Twilight Cafe, 667 Yonge St.	Welcome Social 7:00 - 10:00 p.m.
5:15 PM				
5:30 PM				
6:00 PM	Ballroom Bowl Social 6:00 - 9:00 p.m.		BREAK	BREAK
6:15 PM				
6:30 PM				
7:00 PM				
8:00 PM				
9:00 PM				
9:30 PM				
10:00 PM				

Day 1: Monday, August 18

Location: Ted Rogers School of Management (TRS), 55 Dundas St W
TRS 2-166

Morning Session

Registration and Breakfast | 9:00 a.m. - 10:00 a.m.

Location: TRS 8th floor

Join us in kicking off Orientation Week! Begin the day by signing in, picking up your welcome package and mingling with your incoming cohort.

Welcome and Orientation Group Introductions | 10:00 a.m. - 11:30 a.m.

Location: TRS 2-166

The Orientation Co-Chairs will officially kick off Orientation Week! Students will meet their Orientation group and leaders and participate in ice-breaker activities.

Opening Ceremony and Remarks by the Deans | 11:30 a.m. - 12:00 p.m.

The Lincoln Alexander School of Law's Deans will make opening remarks signalling the official beginning of the week and an exciting start to the rest of the students' legal journeys!

Remarks from R. Stacey LaForme | 2:00 p.m. - 1:30 p.m.

Stacey LaForme, former Chief of the Mississaugas of the New Credit First Nation (MNCFN), will address the students and speak to the incoming students about their responsibilities in relation to reconciliation and legal education.

Lunch | 1:00 p.m. - 2:00 p.m.

Lunch will be provided.

Day 1: Monday, August 18

Afternoon Session

Lincoln Alexander Law Students' Society Welcome | 2:00 - 2:45 p.m.

The Lincoln Alexander Law Students' Society (LALSS) will introduce themselves to the incoming class and discuss their plans for the upcoming year.

Alumni Panel | 3:00 p.m. - 4:00 p.m.

Lincoln Alexander School of Law alumni will share their experiences at the school and answer questions from the incoming students.

Networking Session: Alumni & Upper-Year Students | 4:00 - 5:30 p.m.

After an enlightening panel, incoming students will be given the opportunity to engage with additional alumni, Orientation Week leaders and other upper year students.

Ballroom Bowl Social | 6:00 p.m. - 9:00 p.m.

Location: The Ballroom Bowl, 145 John St

End off the first day of Orientation with delicious food, friendly competition, and mingling with your cohort! The lively environment is the perfect place to make new friends and lasting memories with your peers. Please note that food will be provided, but bowling will be at the cost of the student.

Day 2: Tuesday, August 19

Location: Ted Rogers School of Management (TRS), 55 Dundas St W
TRS 2-166

Morning Session

Breakfast | 9:00 a.m. - 9:45 a.m.

Location: TRS 8th floor

Info Session: Academic Life | 9:45 a.m. - 10:30 a.m.

Location: TRS 2-166

Join an informative session for everything you need to know about the academic life at the Lincoln Alexander School of Law. The Academic Administration team and professors will discuss topics that range from what happens in the back-end to what learning in the classroom is really like at Lincoln.

Info Session: Non-Academic Life | 10:30 a.m. - 11:45 a.m.

Join an informative session about everything you need to know about the non-academic life at the Lincoln Alexander School of Law. The Student Engagement and Experience team will talk about opportunities to enhance your student experience outside of the classroom, and the Career Development and Professional Placement Office will talk about professional resources.

Ethics, Professionalism & Building Your Legal Brand | 12:00 - 1:30 p.m.

Sandra Montenino, former Director of Development for Goodmans LLP, joins us to speak about ethics, professionalism, and building your legal brand.

Day 2: Tuesday, August 19

Afternoon Session

LALSS BBQ and Clubs Fair | 1:45 p.m. - 4:15 p.m.

Location: TMU Quad

Grab a delicious barbeque lunch while learning about the various clubs that the Lincoln Alexander School of Law has to offer! Various games and activities will also be present.

Ask Me Anything | 4:15 p.m. - 5:15 p.m.

Location: TRS 2-166

Join upper-year students in a casual and candid conversation about all the topics you have just learnt about. Questions will be taken anonymously throughout the day from the incoming students.

Canadian National Exhibition | 7:00 p.m. - 9:30 p.m.

Location: Exhibition Place, 100 Princes' Blvd

Have a blast at the CNE, a quintessential Toronto summer activity! Eat delicious foods, watch a show, or just soak in the enthusiastic atmosphere. Please note groups will be travelling together from the school to the Canadian National Exhibition grounds.

Day 3: Wednesday, August 20

Location: Ted Rogers School of Management (TRS), 55 Dundas St W
TRS 2-166

Morning Session

Breakfast Mix and Mingle with Staff and Faculty | 10:30 - 11:45 a.m.

Location: TRS Commons (TRS 7th Floor)

Enjoy a delicious start to your day while connecting with faculty members, law school staff, and fellow students. This is the perfect opportunity to foster relationships within the law school community through casual conversations in a relaxed and friendly atmosphere, easing your transition to the law school.

Mini-Panels | 11:45 a.m. - 1:00 p.m.

Location: TRS 2-166

Join us for a variety of mini-panels and lectures, including a health and wellness panel and a current student panel, during which upper-year students will discuss their experience at Lincoln, including student life, academic excellence, and finding their way into a legal career. Finally, learn how TMU ensures a safe and supportive environment for your academic journey.

Day 3: Wednesday, August 20

Afternoon Session

Values Alignment, Mental Health, and Wellbeing | 1:00 p.m. - 2:00 p.m.

Join Dean Vavougious and Salima Fakirani from the Student Engagement and Experience team as they discuss the ethos of the Lincoln Alexander School of Law, and how to ensure that you are prioritizing your wellbeing.

Shawarma Lunch with Section Social | 2:00 p.m. - 3:30 p.m.

Grab a shawarma bowl as you meet your section! This is a fantastic opportunity to meet the students you will be attending class with for the next year.

Anti-Oppression in Action | 3:30 p.m. - 4:30 p.m.

The Vice-President, Equity and Community Inclusion team will talk about what anti-oppression and inclusivity looks like at TMU. They will provide resources that promote EDI, and spark engaging discussions.

Campus Tour/Indigenous Walk Tour | 4:45 p.m. - 6:15 p.m.

Join your Orientation groups in a campus tour of the grounds! Your orientation leaders will direct you through important landmarks on campus, and will direct your attention to pieces of Indigenous heritage along the way.

LALSS Board Game Night | 7:00 p.m. - 9:30 p.m.

Location: Twilight Cafe, 667 Yonge St

Join LALSS for fun board games, yummy beverages, and great conversations at a board game night! Meet the LALSS executive team, and make memories in a relaxing environment.

Day 4: Thursday, August 21

Location: George Vari Engineering and Computing Centre, 245 Church St
Sears Atrium

Welcome Cocktail Hour | 3:30 p.m. - 4:00 p.m.

Before the Welcome Ceremony, come and enjoy a beverage with your fellow peers, staff, and faculty. You will also have the chance to take some photos with a nice Lincoln Alexander School of Law backdrop!

Welcome Ceremony | 4:00 p.m. - 6:30 p.m.

Join us for the official welcome to the Lincoln Alexander School of Law and the legal profession. Witness a vivid performance, hear inspiring speeches, and celebrate the start of your legal journey with your 2028 cohort. This event will instill a sense of duty and commitment to serving the people, show you the importance of your chosen career. You will also have the chance for handshakes with the Deans, and receive a small token.

Welcome Social | 7:00 p.m. - 10:00 p.m.

Location: Sweat and Tonic, 225 Yonge St.

The Welcome Social promises to be a night of lively fun and celebration to kick off your law school journey! Enjoy an evening filled with great music from a live DJ, delicious food, and refreshing drinks.

PLEASE NOTE: ALL EVENTS ARE SUBJECT TO CHANGE.

Some events may require pre-registration. Please ensure to keep an eye on your emails for more information.

Each year, our sponsors play an integral role in Orientation. Through their generous contributions, we are able to offer a wide-range of exciting events that make the Lincoln Alexander School of Law's Orientation a meaningful and memorable experience.

Thank you to our **2025** sponsors!



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ORIENTATION - RELATED QUESTIONS?

Anamaria Barbul

abarbul@torontomu.ca

Henry Sun

henry.sun@torontomu.ca

Samantha Tome

samantha.tome@torontomu.ca



For the latest Orientation Week
Updates, find us on Instagram at
@lincolnalexanderoweek



Let's stay in touch!



Website: torontomu.ca/law



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