NEW

ISO/TS 20646-1: A procedure for reducing work-related musculoskeletal disorders including a risk assessment checklist. The checklist considers lifting, carrying, and work requiring high physical force.(20646-1:1004(E). 2004)

- International Organization for Standardization: http://www.iso.org/iso/iso_catalogue/catalogue_tc/catalogue_detail.htm?csnumber=35501

NEW

Job Hazard Pro (Production Technology Engineering and Management Services): Evaluates potentially harmful situations in the plant or office using REBA, the Strain Index, the NIOSH equation, RULA (please see the index for references to these), and a VDT Workstation Checklist.

- Job Hazard Pro: http://www.protech-ie.com/jhazpro.htm

Keyserling Checklist: A classic, simple, risk factor checklist easily adapted to users' needs (Keyserling et al., 1991).

- Scientific Commons: http://en.scientificcommons.org/855919

Manual Handling Assessment Chart (MAC): Like the NIOSH equation this allows easy assessment of MMH tasks.

- U.K. Health and Safety Executive: http://www.hse.gov.uk/msd/mac/

NEW

Manual Handling Guidance: Checklists for task, equipment, environment and individual risk factors. The Manual Handling Guidance checklists can be used to identify risk factors for manual handling. (David 2005;pg193)

Manual Tasks Risk Assessment Tool (ManTRA): A checklist from the University of Queensland.

- Cornell University Ergonomics Web: http://ergo.human.cornell.edu/cumantra2.htm

NIOSH Survey: A musculoskeletal checklist by the US NIOSH (Stanton et al., 2004). (see

- U.S. Dept of Health and Human Services (CDC): http://www.cdc.gov/niosh/

OCRA: A short checklist-based index for assessing risk due to repetitive movements (Grieco 1998; Occhipinti 1998; Stanton, Hedge et al. 2004).

Ovako Working Posture Analysis System (OWAS): For rapid assessment of postural loads at work. (free software available) (Karhu, Kansi et al. 1977; Karhu, Harrktinen et al. 1981)

- Tampere University of Technology: http://turva1.me.tut.fi/owas/