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Build skills

Graduate Student Support

Student life and learning

Develop academic skills specific to graduate education.

[Learn more](#)

GRADCareer Skills

Workshop series

Gain practical skills to assist your career journey.

[Sign up today](#)

Graduate Leadership Institute

Workshop series

Sessions empower graduate students through building leadership capacity. Individual appointments also available.

torontomu.ca/graduate-leadership-institute

GRADMentors

Fall 2026 and Winter 2027

Mentor an undergraduate student exploring grad studies and connect with industry professionals.

torontomu.ca/grad-mentors

Engage and connect

Contests

Fall 2026

Annual contests showcase creativity and experiences of graduate students and postdoctoral fellows.

torontomu.ca/grad-contests

GRADTalks

Fall 2026 and Winter 2027

Fun, interactive events featuring expert speakers and contemporary topics.

torontomu.ca/grad-talks

3MT® (Three-Minute Thesis) Competition

Winter 2027

Present your research in three minutes or less using only one slide! Improve your presentation skills and win cash prizes!

torontomu.ca/3MT

GRADPeer

Winter 2027

Expand your network and deepen your sense of belonging within the graduate community.

torontomu.ca/grad-peer

Prioritize well-being

Graduate Thriving in Action (GTiA)

Workshop series

Join Dr. Diana Brecher and Venus Bali for a wellness workshop series designed with graduate students and postdocs in mind.

torontomu.ca/thriving-in-action

Graduate Writing Lounge

Fall 2026

Navigate academic writing and unwind through creative activities that support well-being and work-life balance.

[Sign up today](#)

Getting Started	Graduate Student Resources	Scholarships and Awards	Significant Dates
Begin your graduate journey by registering for classes, preparing for a successful term, and accessing essential tools and support to start your studies confidently. torontomu.ca/getting-started	Explore an online guide summarizing the policies, fees, procedures and services you'll need to know as a TMU graduate student. torontomu.ca/graduate/student-guide	Find out about scholarships and awards available each academic year to graduate students. torontomu.ca/grad-scholarships-awards	See important dates and curriculum descriptions for the academic year including fee deadlines, convocation and more. torontomu.ca/grad-calendar

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