

Toronto
Metropolitan
University



Centre for Studies
in Food Security

ANNUAL REPORT 2026



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Executive Summary

This report provides an overview of the Centre for Studies in Food Security's (CSFS) activities from May 2025 to May 2026. The CSFS addresses food insecurity through a multi-dimensional lens, integrating social justice, economic, environmental, and social sustainability, health, and socio-cultural perspectives. Our interdisciplinary and systemic approach is reflected in the scholarly work of our members and in the Centre's knowledge mobilization and community engagement initiatives.

During the reporting period, the CSFS was led by one Director, two Associate Directors, one staff member, and one Ex Officio Director. CSFS membership comprises 36 TMU faculty members (with 1 new member since January 2026), 11 associate members, and 9 students and research assistants. We are also supported by a six-member Advisory Board comprising leaders from the TMU community and the broader community food movement. Our membership spans TMU's diverse academic landscape, including the Faculty of Community Services, The Creative School, Faculty of Engineering and Architectural Science, Faculty of Arts, Ted Rogers School of Management, and The Chang School of Continuing Education.

Collectively, CSFS members have secured over \$4 million in research funding and contributed 47 publications, 28 presentations, and 27 knowledge mobilization activities. Our current projects cover a wide range of critical topics, including Black food sovereignty, urban agriculture, Northern Canadian food insecurity, Indigenous food security, the food security of refugees and immigrant communities, school food, sustainability in dietetics education, training, and practice, and more.

As part of knowledge mobilization activities, CSFS hosts an annual webinar series. During the reporting period, the CSFS hosted two webinars on Canada's National School Food Program and urban agriculture in London, Ontario with national partners. We also co-organized community-building activities such as our second annual serviceberry foraging tour on the TMU campus. Our relationship with the Chang School of Continuing Education remains strong, particularly through our active involvement in the Certificate in Food Security.

CSFS is proud of its diverse, interdisciplinary membership and its role in reinforcing TMU's impact on the global stage. With members and collaborators from around the world, we continue to advance food security through rigorous research, public engagement, education, community-based action, and professional practice. As we look ahead, we remain committed to strengthening our role as a leading research centre at TMU and a key contributor to the global conversation on food security.

Background

Who we are

Established at Toronto Metropolitan University (formerly Ryerson University) in 1994, the Centre for Studies in Food Security (CSFS) works to promote food security through research, dissemination, education, community action, and professional practice.

We take an interdisciplinary and systemic approach to social justice, economic, environmental, and social dimensions of sustainability, health, and socio-cultural aspects of food security. The Centre shares information and facilitates dialogue among civil society organizations, universities, and governments through seminars and workshops, our website, and associated mailing lists.

CSFS' "5As"

The CSFS understands food security as being defined by "5 As", namely:

- Availability: Sufficient food for all people at all times.
- Accessibility: Physical and economic access to food for all at all times.
- Adequacy: Access to nutritious, safe food produced in environmentally sustainable ways.
- Acceptability: Access to culturally acceptable food, which is produced and obtained in ways that do not compromise people's dignity, self-respect or human rights.
- Agency: The policies and processes that enable the achievement of food security.



The CSFS Objectives

1. Create a platform for dialogue to increase food security by focusing on issues of health, income, and the evolution of the food system, including attention to ecological sustainability and sociocultural diversity.
2. Contribute to the knowledge base on food security through research and consulting capacity, drawing on the strengths of Toronto-based faculty and students and TMU's commitment to applied research and professional education.
3. Generate research and innovative practices responsive to societal needs in partnership with community groups, small businesses, producers' organizations, health professionals, universities, government agencies, etc.
4. To contribute to teaching and learning on food security issues.
5. Share information and resources across all sectors, utilizing electronic media, publications, conferences, public forums, network meetings, and other means of participatory communication.

Governance

CSFS Team



Director
Yukari Seko, PhD

Associate Professor,
School of Professional
Communication



Associate Director
Jessica Wegener,
PhD, RD

Interim Associate Director,
Dietetics and Associate
Professor,
School of Nutrition



Associate Director
June Komisar, PhD,
AIA, MRAIC

Professor and Associate
Chair of Student Affairs,
Department of
Architectural Science

Mustafa Koç, PhD

Ex Officio Director,
Professor Emeritus,
Department of Sociology

Fleur Esteron

Centre Coordinator,
PhD candidate (in progress),
Carleton University

Advisory Board

Natalie Alvarez (2025-Present)

Dean, The Creative School, and Professor in the School of Performance, Toronto Metropolitan University

Lauren Baker (2025-Present)

Deputy Director, Global Alliance for the Future of Food

Sara Edge (2025-Present)

Arrell Chair in Food, Policy & Society and Associate Professor in the Department of Geography, Environment & Geomatics, University of Guelph

Kiaras Gharabaghi (2022-2026)

Dean, Faculty of Community Services, and Professor in the School of Child and Youth Care, Toronto Metropolitan University

Sri Krishnan (2025-Present)

Dean, Faculty of Engineering and Architectural Science, and Professor in the School of Electrical, Computer, and Biomedical Engineering, Toronto Metropolitan University

Lori Stahlbrand (2022-Present)

Professor, Food Studies, George Brown College

For more information on CSFS' Governance, see Appendix A.

Research Funding Earned by CSFS Members (2025-2026)

The CSFS' interdisciplinary membership is its greatest success story. Our membership spans TMU's diverse academic landscape, including the Faculty of Community Services, The Creative School, Faculty of Engineering and Architectural Science, Faculty of Arts, Ted Rogers School of Management, and The Chang School of Continuing Education.

- 2 Nutrition North Canada Food Security Research Grant (1 PI, 1 Co-I)
- 2 TMU Strategic SRC Initiative Fund (2 PI)
- 1 Canada First Research Excellence Fund (Lead Researcher)
- 1 CIHR Catalyst Grant (Principal Applicants)
- 1 Leong Centre Catalyst Grant (Co-A)
- 1 NSERC College and Community Social Innovation Fund (Collaborators)
- 1 Nordforsk Sustainable Development of the Arctic Grant (Co-I)
- 1 Ontario HIV Treatment Network Grant (Co-A)
- 1 Operating Grant: Data Analysis Using Existing CDN Databases and Cohorts (Principal Applicant)
- 1 Pioneers Scholarship
- 1 Planning and Dissemination Grant - Institute Community Support competition (Co-A)
- 1 SSHRC Insight Development Grant (Collaborator)
- 1 SSHRC Insight Grant (PI)
- 1 SSHRC Partnership Development Grant (Co-Director)
- 1 SSHRC Partnership Engage Grant (Co-I)
- 1 TMU Centre for Excellence in Learning and Teaching Grant (PI)
- 1 TMU Faculty of Community Services New Collaborative Research Grant (PI)
- 1 TMU SSHRC Explore Grant (PI)

Total: \$4,407,533

For detailed information on Membership and a list of Members, Associate Members, Students and Research Associates, see Appendices B and C.

For a complete list of CSFS Members' Funded Research, see Appendix D.

Research Spotlight

Examples of CSFS Members' Research

Indigenous Food Security

Comparative Analysis of Food Security Models and Metrics in Nunavut

Supporting food access, nutrition, food security, and food sovereignty in northern communities, **Dr. Nicholas Li**'s recent community-led project examines whether online retail makes food more affordable in Nunavut communities. As part of the Nutrition North Canada's Food Security Research Grant, the evidence will determine how online and local food models can help inform food subsidy policies.



Truth Telling: gardens, farming and food experiences at the Mohawk Institute Indian Residential School

Food access and food sovereignty in northern communities are the focus in **Dr. Sandra Juutilainen**'s community-led project which describes the experiences and perceptions of gardens, farming, and food in the Mohawk Institute Indian Residential School. The project identified that Indian residential schools' food policies and practices included disruption in traditional foodways; underfeeding, child labour; and increased rates of obesity and diabetes later in life.

Research Spotlight

Examples of CSFS Members' Research

Migration and Cultural Food Security

Are immigrants distressed? Exploring African immigrants vulnerability to Food Insecurity in the Greater Toronto Area and Stakeholder Collaborations

Cultural food security is at the heart of **Dr. Emmanuel Kyeremeh's** and **Dr. Julian Hasford's** current community-led project which uncovers the lived experiences of food insecurity in Toronto Black communities. Their project will inform how a sustainable, Black-focused, and community-based food program could look like.

Unveiling informal food spaces: Strengthening equitable food system infrastructure through immigrant entrepreneurship

Partners and collaborators from the CSFS, **Dr. Zhixi Zhuang, Dr. Sara Edge, and Dr. Jenelle Regnier-Davies** explored the challenges and barriers faced by informal food spaces to identify factors contributing to food insecurity and health inequities, inform policy and programming interventions that work to support more accessible and equitable food systems, and promote greater well-being within immigrant communities. Working with different stakeholders, the researchers co-created solutions that will enhance community development and support immigrant entrepreneurial efforts.

Aging and Cultural Food Security



Flavours of Home: Providing Culturally Inclusive Meals through Meals on Wheels

Cultural dimensions of food security, particularly among seniors, have been understudied. Directed by **Dr. Yukari Seko**, in collaboration with **Dr. Sara Edge**, this project explores whether Ontario's Meals on Wheels (MOW) food delivery programs meet the cultural and dietary needs of older adults.

Research Spotlight

Examples of CSFS Members' Research

School Food

Promotion of biodiversity-friendly products in public catering through regional value chains

Economic, environmental, and social sustainability dimensions of food security are the focus of **Dr. Birgit Hoinle's** recent research project which aims to bring biodiversity-promoting food products into community settings such as daycare centers, schools, and hospitals. This project will strengthen food systems resilience by supporting regional agriculture.

School Food Programs Around the World Lessons for Canada

Gary Hoyer, Suvadra Datta Gupta, Kirsti Tasala, Nicole Weber, and Nina Trask

With co-authorship on the Japan School Food Program Chapter from Betty Izumi, Rei Akamatsu, Katsura Omori, Alexis Agliano Sanborn, and Mayumi Uejima-Carr



School Food Program Analysis: A Framework for Linking Implementation Strategies to Goals

Partners and collaborators from the CSFS, **Debbie Field, Dr. Mustafa Koç, and Dr. Cecilia Rocha**, along with institutional partners, will explore school food programs in Canada and globally to systematically address gaps in understanding program structure, implementation strategies, and global achievement. By learning from existing programs, this approach addresses a significant knowledge gap, particularly in understanding how existing programs achieve their goals.

Research Spotlight

Examples of CSFS Members' Research

Sustainability

Integrating Sustainable Food Systems (SFS) Education within Accredited Dietetics Programs

The next generation of food and nutrition professionals requires knowledge and skills to navigate complex and evolving food systems. A series of research projects by **Dr. Jessica Wegener**, in collaboration with Liesel Carlsson (Acadia University), Tracy Everitt (St. Francis Xavier University) and international dietetic educators, explored the practice needs of dietetic educators, identified gaps in SFS education, and co-designed an SFS/planetary health curriculum framework (with plans underway for testing and refinement).

Campus Food Security Watch



Campus Food Security Watch

Food insecurity disproportionately impacts postsecondary students in Canada and internationally. This project is directed by **Dr. Yukari Seko** and a team at the CSFS to understand the prevalence of food insecurity among TMU students and the associations between food security status and student demographic characteristics. In collaboration with TMU's Community Wellbeing, the team analyzed two national surveys conducted in 2024 and will continue monitoring campus food insecurity at TMU and beyond. The project has ignited a research collaboration with TMU's Good Food Centre (campus food pantry).

Research Spotlight

Examples of CSFS Members' Research

Urban Agriculture

Successes and barriers in London, Ontario's urban agriculture strategy

CSFS member, **Joe Nasr**, and institutional research partners recently published a paper examining the implementation and impact of the city of London's 2017 Urban Agriculture Strategy. This study identified three key knowledge and capacity gaps—leadership, technical guidance, and communication—and provided recommendations for closing these gaps through working with municipal, private, and community sectors.



The Urban Farm Living Lab

CSFS members, **Nicole Austin and Arlene Throness**, are key members of the Urban Farm team which supports scholarly and community-driven research. The team actively engages in collaborations that prioritize interdisciplinary and multi-sectoral approaches that are community-informed and grounded in mutual respect, multiple ways of knowing, Two-Eyed Seeing, cultural centeredness, and community-based participatory action research.

Knowledge Mobilization Activities (2025-2026)



Two Webinars:

- Canada's National School Food Program: What's the Future? Presenters: Debbie Field, Stef Foster, and Amberley T. Ruetz. Webinar held on February 24, 2026. (157 participants)
- Successes and Barriers in the Urban Agriculture Strategy of London, Ontario co-hosted with University of Quebec in Montreal's AU/Lab. Presenters: Richard Bloomfield and Kassie Miedema; Facilitator: Joe Nasr. Webinar held on March 11, 2026. (49 participants)

*Webinar recordings are [available on the CSFS website](#).

In-person Event:

- Hybrid presentation at TMU, organized by Black Food Sovereignty Alliance and University of Ghana (international conference held on Oct 16, 2025)

For a complete list of CSFS Members' Publications, Presentations, Teaching Activities, Knowledge Mobilization Activities, and Students Supported, see Appendices E, F, G, H, and I.

Networking Event

Serviceberry Tour + Sampling

To celebrate National Pollinator Week, TMU students, faculty, staff, and community members gathered on June 24, 2026 to take part in the second serviceberry foraging tour. This event was co-hosted by TMU's Sustainability Office, the Urban Farm, the Centre for Studies in Food Security, and the School of Social Work.

See [write up on the CSFS website](#).



A serviceberry tree on TMU campus.
Photo credit: France Natera



TMU community members picking serviceberries at TMU.
Photo credit: France Natera

Teaching and Training

Certificate in Food Security

In partnership with the School of Nutrition and the Chang School of Continuing Education, CSFS members are involved in one Certificate offered at TMU: the Certificate in Food Security (since 2004).

Our unique, fully online, six-course certificate explores food-related health and education issues, food policy, environmental sustainability, human rights, and alleviation of food insecurity.

Required courses include:

- CFNY 403 Food Security Concepts and Principles
- CFNY 404 Food Policy and Programs for Food Security
- CFNY 405 Applied Research Methods and Evaluation

282 students completed certificate since 2019.

238 students enrolled in the Certificate courses as of April 2026.

Career Boost Student

Crystal Mosey, Master of Health Science, Nutrition Communication program, School of Nutrition at TMU (September 2025 - April 2026)

Collaborations and Partnerships

Existing Relationships	New Relationships (2026-)
• AfriCAN Food Basket • Black Food Sovereignty Alliance • Canadian Association for Food Studies (CAFS) • Coalition for Healthy School Food • George Brown College • Lakehead University • TMU's Centre for Immigration and Settlement (TMCIS) • The Chang School • TMU Eats • TMU's Global Migration Institute • TMU's Sustainability Office • TMU's Urban Farm • Toronto Urban Growers • University of Guelph • University of Saskatoon • University of Toronto's Food Coalition	• TMU's Good Food Centre (campus food pantry) • McMaster University • National Campus Food Coalition (NCFC) by Concordia Food Coalition • TMU's Community Wellbeing • TMU's Office for Social Innovation • TMU's Student Life and Learning Support • Toronto Youth Food Policy Council • University of Tokyo • UQAM's AU/Lab And more!

Finances

Expenses (January to December 2025)

Expense category	
Personnel - Centre Coordinator (PhD candidate): 7.5hr/week, 50 weeks (\$17,200) - Career boost Fall & Winter (master's student) total 260hrs for 2 terms - matching funds received (\$3,000)	\$20,200
Operating costs	\$550
TOTAL	\$20,750

Anticipated budget (January to December 2026)

Expense category	
Personnel - Centre Coordinator (PhD candidate): 7.5hr/week, 50 weeks (\$17,200) - Career boost Fall & Winter (master's student): total 260hrs for 2 terms - matching funds successfully secured (\$3,000) - Videographer student - Researcher Spotlight video series (\$2,000)	\$22,200
Operating costs - AGM refreshment (\$100) 1 In-person research event (\$300) 1 networking events (\$300)	\$700
TOTAL	\$22,900

Activity Plan 2025 - 2026

Envisioning a brighter future



TMU community members during the Guided Forest Bathing Walk (High Park, June 2025).
Photo credit: France Natera

Knowledge Mobilization:

- CSFS book on the 30th anniversary “Rethinking Food Security for the 21st Century” – to be published on TMU RShare
- Ongoing website updates and social media outreach
- Continuing Researcher Spotlight series: A video series showcasing selected CSFS members discussing their recent research. Videos will be posted on the CSFS website.

Projects:

- Campus Food Security Watch report 2026

Upcoming Events:

- September: Annual General Meeting
- October: Indigenous Food Security Webinar
- November: Black Food Sovereignty Webinar

Appendices

APPENDIX A: Governance

Management Board: This board is responsible for decision-making regarding the Centre's day-to-day operations, including staffing. It consists of the Director and two Associate Directors. Past Directors are normally expected to serve on the Management Board as ex officio members for one year to provide continuity. The Certificate Coordinator attends the Management Board meetings on matters relevant to the Certificate. Management Board members are appointed by consensus of the membership, or by vote if necessary, for a 2-year term. Members wishing to become part of the Management Board at the conclusion of a term may declare their candidacy prior to the AGM. There is no limitation on how many terms (consecutive or not) a member can be part of the Management Board.

Advisory Board: The Advisory Board is a consultative organ of the Centre. It meets once a year to review Centre activities and serve in an advisory capacity to the Management Board. Advisory Board Members represent key stakeholders at TMU and the outside community who are not directly involved with the Centre's activities. The Management Board invites them to serve for three years (renewable). The size of the board can range from 5 to 10 members.

Director: Responsible for managing the budget and overseeing the Centre's cost centre; managing the Centre's staff; drafting the annual report; and organizing the Annual General Meeting and Advisory Board Meeting.

Associate Directors: Support the Director in all other activities, including, but not limited to, communicating with members; responding to requests for collaboration (for example, on grants and activities); writing letters of support; hosting and co-hosting events; and sharing information about events and publications of potential interest to the membership.

Closure: The Centre will close when it completes its mandate or when two-thirds of its members decide to terminate its activities. A notice of discontinuation will be submitted to the Dean of Community Services, and the Centre's assets will be transferred to the Dean's office.

Terms of Reference: Per Senate Policy #144 on Research Centres (December 2018), the members approved the CSFS Terms of Reference on December 16, 2019.

APPENDIX B: Membership Information

Membership category	Eligibility for membership	Rights & responsibilities	Term of membership
Members	TMU RFA faculty, CUPE instructors, and staff with research, teaching and other activities aligned with CSFS. Obtained by application to or invitation by the Management Board	Voting rights; listed on website; eligible for support of activities where resources allow; can nominate associate and student members; active participation in CSFS meetings/activities; submit annual report of activities by May 30. The Centre will be credited as a supporter or sponsor of all affiliated projects and publications.	1 year renewable based on submission of annual report membership year runs Jul 1 - Jun 30
Associate Members	Active collaboration with CSFS members & nominated by at least one member. Approved by Management Board	Ex officio: attendance at CSFS meetings/activities; listed on website; access library where faculty sponsor is available	1 year renewable based on description of collaboration submitted by member as part of their annual report
Student Members	TMU full time or part time students nominated by a member. Approved by Management Board	Ex officio: attendance at CSFS meetings and listing on website	1 year renewable upon receipt of request for renewal by Jun 15

APPENDIX C: CSFS Members 2025-26

Appavoo, Donna, PhD

Contract Lecturer, Chang School of Continuing Education, Toronto Metropolitan University

Austin, Nicole, BA, BASc

Black-led Programs and Engagement, Rooftop Urban Farm; Strategic Planning, Black Food Sovereignty Alliance Toronto

Bhawra, Jasmin, PhD

Assistant Professor, School of Occupational and Public Health, Toronto Metropolitan University, Director, CHANGE Research Lab

Deacon, Janet, RD

Quantity Food Management Contract Lecturer, School of Nutrition, Toronto Metropolitan University

Farah, Leila M., PhD

Associate Professor, Department of Architectural Science, Toronto Metropolitan University

Gao, Shanshan, BASc

Food Lab Technician, School of Nutrition, Toronto Metropolitan University

Ghosh, Sutama, PhD

Associate Professor, Department of Geography and Environmental Studies, Toronto Metropolitan University

Gore, Christopher, PhD

Professor, Department of Politics and Public Administration and Graduate Program in Environmental Applied Science & Management, Toronto Metropolitan University

Gucciardi, Enza, PhD, MHSc

Associate Professor, School of Nutrition, Toronto Metropolitan University

Hasford, Julian, PhD

Assistant Professor, School of Child and Youth Care, Toronto Metropolitan University

Juutilainen, Sandra, PhD

Assistant Professor, School of Nutrition, Toronto Metropolitan University

Kellershohn, Julie, PhD

Assistant Professor, Ted Rogers School of Hospitality and Tourism Management, Toronto Metropolitan University

Kuhns, James, BA, MSc

Contract Lecturer, Chang School of Continuing Education, Toronto Metropolitan University

APPENDIX C: CSFS Members 2025-26

Kyeremeh, Emmanuel, PhD

Assistant Professor, Department of Geography and Environmental Studies

Li, Nicholas, PhD

Assistant Professor, Department of Economics, Toronto Metropolitan University

Mansukhani, Pooja, RD

Contract Lecturer, School of Nutrition and Chang School of Continuing Education, Toronto Metropolitan University

Mendes, Wendy, PhD

Contract Lecturer, Chang School of Continuing Education, Toronto Metropolitan University

Moraes, Andrea, PhD

Contract Lecturer, Chang School of Continuing Education, Toronto Metropolitan University

Moura, Hudson, PhD

Contract Lecturer, Department of Politics and Public Administration; Associate Faculty, Immigration and Settlement Studies Program, Yeates School of Graduate Studies, Toronto Metropolitan University; Editor-in-Chief, Interactive Film and Media Journal

Nasr, Joe, PhD

Contract Lecturer, Chang School of Continuing Education, Toronto Metropolitan University; Co-coordinator, Toronto Urban Growers, Co-editor, Springer Urban Agriculture Book Series

Nobe-Ghelani, Chizuru, PhD

Assistant Professor, School of Social Work, Toronto Metropolitan University

Noble, Reg, PhD

Academic Coordinator, Certificate Program in Food Security and Certificate Program in Urban Agriculture, Chang School of Continuing Education, Toronto Metropolitan University

Oba, Funke, PhD

Associate Professor, School of Social Work, Toronto Metropolitan University

***Omand, Jessica, PhD**

Assistant Professor, School of Nutrition, Toronto Metropolitan University

Onilude, Olalekan, MASC, PhD

Contract Lecturer, Department of Sociology, Toronto Metropolitan University

*Joined during reporting period

APPENDIX C: CSFS Members 2025-26

Penney, Jessica, PhD

Assistant Professor, Department of Sociology, Toronto Metropolitan University

Phillips, Ryan, PhD

Contract Lecturer, Department of Politics and Public Administration, Toronto Metropolitan University

Rocha, Cecilia, PhD

Professor Emeritus, School of Nutrition, Toronto Metropolitan University
Member, International Panel of Experts in Sustainable Food Systems (IPES-Food)

Seales-Awogbade, Irene, BA Applied Arts

Food Lab Technician, School of Nutrition; Toronto Metropolitan University

Sekercioglu, Fatih, MBA, PhD, CPHI(c)

Assistant Professor, School of Occupational and Public Health, Toronto Metropolitan University

Teitel-Payne, Rhonda

Contract Lecturer, Chang School of Continuing Education, Toronto Metropolitan University;
Co-coordinator, Toronto Urban Growers

Throness, Arlene

BA, Urban Farm Manager, University Business Services, Toronto Metropolitan University

Vahabi, Mandana, RN, MHSc, PhD

Daphne Cockwell School of Nursing (DCSN), Faculty of Community Services; ICES Adjunct Scientist-Primary Care and Health Systems, Daphne Cockwell School of Nursing, Toronto Metropolitan University

Yanful, Bernice, PhD

Assistant Professor, Department of Sociology, Toronto Metropolitan University

Yeudall, Fiona, PhD

Director and Associate Professor, School of Nutrition, Toronto Metropolitan University

Zhuang, Zhixi, PhD, MUPD, BArch, MCIP, RPP

Associate Professor, School of Urban and Regional Planning; Founder and Director of DiverCity Lab; Academic Director, Toronto Metropolitan Centre for Immigration and Settlement

APPENDIX C: CSFS Associate Members 2025-26

Argaw, Thomas, PhD

Postdoctoral research fellow, Department of Strategic Management, DeGroote School of Business, McMaster University

Büke, Atakan, PhD

Department of Sociology, Middle East Technical University

Ciolfe, Terra, PhD

Professor of Journalism, Humber College

Edge, Sara, PhD

Arrell Chair in Food, Policy & Society, and Associate Professor in the Department of Geography, Environment & Geomatics, University of Guelph

Field, Debbie, MEd, Hon. LL.D

Coordinator, Coalition for Healthy School Food, Food Secure Canada
Former Executive Director, FoodShare Toronto

Hoinle, Birgit, PhD

Postdoc Researcher at the Institute of Social Sciences in Agriculture, Department of Societal Transition and Agriculture, University of Hohenheim; Food Policy Council Ernährungsrat Region Tübingen-Rottenburg e.V.

Kubota, Yumi, PhD

Associate Professor, College of Bioresource Sciences Department of Food Business, Nihon University

Lololi, Anan, MES

MES York University, Black Food Sovereignty Working Group

MacRae, Rod, PhD

Associate Professor, Faculty of Environmental Studies, York University

Rahouma, Lina, PMD, RD

Medical Student, University of Ottawa

Regnier-Davies, Jenelle, PhD

Postdoctoral fellow, Department of Geography, Environment & Geomatics, University of Guelph

APPENDIX C: Student Members and Research Associates 2025-26

Barch, Lauren

School of Nutrition, Toronto Metropolitan University; Supervisor, Facilities and Food Security, Student Campus Centre (SCC)

Cheung, Venus

Urban Health, Toronto Metropolitan University

Islam, Jannatul

Environmental Science and Management, Toronto Metropolitan University; Founder and Executive Director, Holistic Sustainable Development Network (HSDN) International (www.hsdni.org)

Mosey, Crystal

School of Nutrition, Toronto Metropolitan University

Phatak, Gaurav

Occupational and Public Health, Toronto Metropolitan University

Rahman, Radiah

School of Nutrition, Toronto Metropolitan University

Robertson, Julie

Environmental Applied Science and Management, Toronto Metropolitan University

Weinstein, Tate

Public Administration and Governance, Toronto Metropolitan University

Wong, Veen

Public Health Sciences, University of Waterloo

APPENDIX D: CSFS Members' Funded Research (May 2025-May 2026)

Gary Hoyer (PI) George Brown College. The co-applicant and lead partner is Debbie Field, Toronto Metropolitan University and Coalition for Healthy School Food. Collaborators: **Mustafa Koç**, Toronto Metropolitan University, **Cecilia Rocha**, Toronto Metropolitan University, and Rachel Engler-Stringer. (April 1, 2024 – March 31, 2027). "School Food Program Analysis: A Framework for Linking Implementation Strategies to Goals". Natural Sciences and Engineering Research Council of Canada's CCI College and Community Social Innovation Fund Grant. \$359,623.

Fiona Yeudall (NPA), Jessica Omand (PA), Jennifer Lee (CoA), Elizabeth Manafo (CoA), Toronto Metropolitan University, Rachel Engler-Stringer University Saskatchewan CoA, Debbie Field National Coalition for Healthy School Food PKU, Kaylee Michnik University Saskatchewan CoA, Alicia Martin Dalhousie CoA, Je. (May 1 2026 – April 30, 2027. "Co-creation of a Human Resource Development Training Framework for School Food Program Providers". CIHR Catalyst Grant Partnering for Impact - Impacts of School Food Programs. \$124,735.

Jessica Wegener (PI), Chizuru Nobe-Ghelani (Co-Applicant), Yukari Seko (Co-Applicant). "Assessing the health, sustainability and equity of Toronto Metropolitan University's Campus Food Environments with the Uni-Food tool: A Pilot Study". Faculty of Community Services New Collaborative Research Grant, Toronto Metropolitan University. \$3,000.

Julian Hasford, Bernice Yanful, and Nicole Austin, in TMU's School of Child & Youth Care, Department of Sociology, and Urban Farm and partners within the Black Food Sovereignty Alliance, University College London, University of Toronto, University of Windsor, Black Creek Community Farm, UpRooted Black Earth, Stewards. (2025-2029) "Black Land Living Lab". SSHRC Insight Grant. \$275,000.

Mohammad Khan (PI), University of Manitoba, **Jessica Penney (Co-I)**, Toronto Metropolitan University, Josée G. Lavoie, University of Manitoba, Nicholas Li (Co-I), Toronto Metropolitan University, Sindu Govindapillai, Arctic Child and Youth Foundation, Vandna Sinha, University of Colorado at Boulder. "An Impact Assessment of Grocery Supports in Nunavut". SSHRC Partnership Engage Grant. \$24,795.

APPENDIX D: CSFS Members' Funded Research (May 2025-May 2026)

Nicholas Li (PI) and multiple institutional partners. (2026). "Comparative Analysis of Food Security Models and Metrics in Nunavut". As part of the Nutrition North Canada Food Security Research Grant. \$275,000.

Nicholas Li (Co-I) and multiple institutional partners. (2026). "Community-Informed Modeling of Interventions to the Nutrition North Canada Subsidy Program". As part of the Nutrition North Canada Food Security Research Grant. \$275,000.

Nicholas Li (Co-I) and multiple institutional partners. (2025). "Sustainable Human Use of the Marine Environment". Nordforsk Sustainable Development of the Arctic Grant, as part of the SustainME project. \$3.1 million.

Tina Moffat (PI), Sara Kirk (Co-Director), Rachel Engler-Stringer (Co-Director), **Yukari Seko (Co-Director)**, Sarah Keyes (co-applicant), Katerina Maximova (co-applicant), Daniel Sellen (co-applicant). "Building Equity and Inclusion into Canada's Emerging National School Food Program". Social Science and Humanities Research Council, Partnership Development Grant. \$195,662.

Yukari Seko (PI), Toronto Metropolitan University, Sara Edge, University of Guelph, James Tiessen, Toronto Metropolitan University, Veen Wong (Research Coordinator). "Flavours of Home: Assessing culinary diversity in Ontario's Meals on Wheels services for older adult immigrants". TMU Strategic SRC Initiative Fund. \$20,000.

Zhixi Zhuang (PI), TMU; Sara Edge (Co-App), University of Guelph; Jenelle Regnier-Davies (Research Coordinator), University of Guelph. May 2024-Dec 2025. "Unveiling informal food spaces: Strengthening equitable food system infrastructure through immigrant entrepreneurship". SRC Initiative Fund. \$20,000.

APPENDIX E: CSFS Members' Publications (May 2025-May 2026)

Scholarly Articles

Amoak, D., Antabe, R., **Kyeremeh, E.**, & Sano, Y. (2026). The double burden: the role of food insecurity on repetitive strain injuries among adults in Canada. *International Journal of Occupational Safety and Ergonomics*, 1–9. <https://doi.org/10.1080/10803548.2026.2650931>

Barbour L, Browne S, Everitt T, Pettinger C, **Wegener J**, Farokhifar T, Kim S, Tsen C, Bonar G, Carlsson L (2026), Sustainable food systems and planetary health education for nutritionists and dietitians: prioritising curriculum concepts with Q methodology. *International Journal of Sustainability in Higher Education*, Vol. 27 No. 10 pp. 79–95. <https://doi.org/10.1108/IJSHE-08-2025-0978>

Bessette, G. K., Tung, A. H., Lo, C. L. W., Yang, S. K. Y., Yang, A., Gucciardi, E., Newsham, A., & Omand, J. A. (2026). Impact of Immersive Short-Term Cooking Programs outside of the School Curriculum on the Cooking Skills and Cooking Self-Efficacy of Children and Adolescents: A Systematic Review. *Nutrition Reviews*. <https://doi.org/10.1093/nutrit/nuag034>

Boyar L, White CM, Vanderlee L, **Bhawra J**, 3 Hammond D. (2025). Can kids identify fresh food as healthier than ultra-processed food? Functional versus self-reported nutrition knowledge and dietary intake among youth from six countries: findings from the *International Food Policy Study*. *BMC Nutr*; 11,115. <https://doi.org/10.1186/s40795-025-01109-y>

Daufenback, V., **Rocha, C.**, Camusso, I., Bogus, C.M. (2025) Delivering food, working with hunger: a qualitative study on food delivery workers from Brazil during COVID 19. *Appetite*, vol. 214. <https://doi.org/10.1016/j.appet.2025.108161>

Dias, L. C., Leslie, C., Rysdale, L., Emmell, V., **Juutilainen, S. A.**, Grant, S., Gordon, K., Neufeld, H., & Hanning, R. M. (2025). Canadian dietetic education and training actions to support Indigenization, decolonization, and reconciliation. *Canadian Journal of Public Health*. <https://doi.org/10.17269/s41997-025-01055-z>

Everitt, T., **Wegener, J.**, & Carlsson, L. (2026). Systems Leadership Among Nutrition and Dietetics Professionals: Facilitating Transitions to Sustainable Dietary Patterns. *Journal of Human Nutrition and Dietetics*, 39(1), e70212. <https://doi.org/10.1111/jhn.70212>

Juutilainen S.A., Silva C., Hanning, R., Brauer P., Randall-Simpson J., Wyatt M., & Dietrich L. (manuscript, 2026) Perspectives of Indigenous dietitians and dietitians working with Indigenous communities: History of Dietetics in Canada 1993-2025.

Kyeremeh, E., Antabe, R., Amoak, D., & Sano, Y. (2025). Understanding the impact of food insecurity status on unmet healthcare needs among Canadians. *International Journal of Health Promotion and Education*, 63(4), 229–241. <https://doi.org/10.1080/14635240.2024.2346737>

Li, N. Comment on “On the pass-through of Nutrition North Subsidies” with Tracey Galloway, *Canadian Journal of Agricultural Economics* (forthcoming).

APPENDIX E: CSFS Members' Publications (May 2025-May 2026)

Pakravan-Charvadeh, M. R., Longworth, Z., Lane, G., Béland, D., **Koc, M.**, Clark, N., ... & Vatanparast, H. (2025). Complexities of food insecurity and quality of life in Afghanistan under the Taliban, moving towards integrated approaches and well-being enhancement. *Food Security*, 17(6), 1473-1491

Qiu, K., **Omand, J. A.**, Elshaarawi, Y., Rasiah-Shaidev, S., Keown-Stoneman, C., Cohen-Silver, J., Maguire, Jonathon. L., & Freeman, S. J. (2025). School food programs and food insecurity at the REACH school network: an observational study. *BMC Public Health*, 25(1), Article 2060. <https://doi.org/10.1186/s12889-025-23163-8>

Rolim, P.M., Jacob, M.C.M., Porciuncula, L., Carvalho, A.M., Marchioni, D.M.L., **Rocha, C.** (2026) Food systems in higher education Nutrition programs: evidence from a scoping review and a Brazilian case study. *Revista de Nutrição* (in press)

Saucis, K., **Wegener, J.**, Carlsson, L., & Everitt, T. (2025). "The client's goals are my primary responsibility": a qualitative study examining clinical and food services dietitians' perceptions of the barriers and facilitators to incorporating environmentally sustainable food systems in healthcare settings. *Applied physiology, nutrition, and metabolism = Physiologie appliquée, nutrition et métabolisme*, 50, S1-S90. <https://doi.org/10.1139/apnm-2025-0079>

Seko Y., Noack, A.M., **Mosey, C.**, **Esteron, F.**, **Wegener, J.**, and **Komisar, J.** (2026 March, 30) TMU Campus Food Security Watch 2024. Toronto Metropolitan University: RShare Institutional Repository. <https://doi.org/10.32920/31795600>

Seko, Y., Tiessen, J., Wong, V., & Adachi, R. (2026). Food diversity and aging well in a multicultural city: Japanese Canadian (Nikkei) seniors and Community Congregate Dining. *Canadian Journal on Aging / La Revue canadienne du vieillissement*. <https://doi.org/10.1017/S0714980825100524>

Seko Y., Tiessen J., Wong V., Igarashi E., and Adachi R. (2025 December, 16). Flavours of Home: Providing Culturally Inclusive Meals through Meals on Wheels. Toronto Metropolitan University: RShare Institutional Repository. <https://doi.org/10.32920/30889820>

Seko, Y., Wong, V., Juando-Prats, C., Rahouma, L., Yu, J., & Henry-Noel, N. (2025). Feeding children while Asian: Immigrant families' experiences with school lunches in Canada. *Canadian Food Studies/La Revue canadienne des études sur l'alimentation*. <https://canadianfoodstudies.uwaterloo.ca/index.php/cfs/article/view/728>

APPENDIX E: CSFS Members' Publications (May 2025-May 2026)

Simms, C., MPH, **Juutilainen, S., PhD, RD**, Freeman, B., MSW, PhD, Morrow, T., MA, PhD(c), RD, Massarella, S., BA, MLIS, Yessis, J., PhD, CE, Hanning, R., PhD, FDC, FCNS, Dias, L., BSc, RD, MSc (c), and Ng, E., MPH, RD, PhD (c). (2025). Experiences of Food, Gardens and Farming While Attending Indian Residential Schools in Canada: A Scoping Review. *Canadian Journal of Dietetic Practice and Research*. E First <https://doi.org/10.3148/cjdpr-2025-014>

Tiff-Annie, K., **Li, N.**, Kim, M., Charmaine, T., Sonia, W., Jullian, M., & Celina, W. (2025). Unintended consequences: food prices increase in an Arctic indigenous community amidst road infrastructure development and loss of federal freight subsidy. *Frontiers in Nutrition* (Lausanne), 12, 1521800. <https://doi.org/10.3389/fnut.2025.1521800>

Wegener, J., Carlsson, L., Everitt, T., Kereliuk, N., & Stokes, J. (2026). 'Taking Sustainable Food Systems Teaching Out of the Box': Embedding Transformative, Systems-Engaged Pedagogy in Canadian Dietetic Education. *Journal of Human Nutrition and Dietetics*, 39(1), e70187. <https://doi.org/10.1111/jhn.70187>

Book Chapters/Books

Farah, Leila M. (Forthcoming). Designing for Urban Agriculture. Fostering communities and environmental stewardship. I. Türeli (ed). Montreal: McGill University Press.

Juutilainen, S.A., Morrow, T., Freeman, B., Yessis, J., Hanning, R.M. (accepted manuscript, 2026). A:se^sesuni tsi? nahte? sasl^taks^:u / A:se: ɛ:ji:jó :ni^ swaihdre hdáę dq nyq :^ / Entsyonkwatétshen' / You will renew your dreams: A Haudenosaunee approach to qualitative research analysis. In J. Kayira, R. Datta, Y. Vizina, M. Nyblade, S. Moran, & R. Muthukrishnan, *Decolonizing Research Methods in Practice: Ethics, Knowledges, and Teaching in Higher Education*, Routledge.

Juutilainen, S.A., Morrow, T., Yessis, J., Hanning, R.M., Freeman, B. & Sharma, S. (In Press, 2026). Haudenosaunee worldviews of food sovereignty, governance and security: towards more just and sustainable food systems. In *Rethinking Food Security for the 21st century*. Eds, Mustafa Koc, Rocha, C., Edge, S & Regnier-Davis, J. Centre for Studies in Food Security, TMU Pressbooks, Toronto Metropolitan University.

Kuhns, J. and Teitel-Payne, R. (co-authors), chapter 10 on "Agriculture urbaine et rénovation urbaine: deux études de cas portant sur deux quartiers de Toronto", in book: ""L'agriculture urbaine en aménagement: Retours d'expériences – Analyses critiques"", edited by Taoufik Souami, published by Editions Le Moniteur. Published in 2025.

Morrow T, Freeman B & **Juutilainen S.A** (2025). ɛhqwadihsadq ne:'hni' gadigyenq:gye's ganahaqgwę' ɛyagqnhehghq:k /They buried them, but they the seeds floated around what will sustain them. In *Behind the Bricks: The Lives and Times of the Mohawk Institute, the Model for the Canadian Residential School System*. Jennifer Petit and Thomas Peace (eds). University of Calgary Press.

APPENDIX E: CSFS Members' Publications (May 2025-May 2026)

Reports

Galloway, T., Govindapillai, S., Hoang, N., Khan, M.N., Lavoie, J.G., Li, N., Mitchell, K., Morgan, R., Penney, J., Reddy, D., Wheatley, D., Sinha, V. (2025) Preliminary findings from an evaluation of the Hamlet Food Voucher Program in Qikiqtaaluk, Nunavut: Technical report. Qupanuaq. <https://csprg.squarespace.com/icfi-grocery-supports-evaluation>

Carlsson, L., Wegener, J., Everitt, T., Srinivasan, S., Engel, K. (2025). Seven Strategies for Advancing Sustainable Dietary Patterns: Leverage Points for Nutrition and Dietetics Professionals. Report. Acadia University, Toronto Metropolitan University, St. Francis Xavier University, Canada.

Online Publications

Koc, M. (2026). Imperial wars bring death, destruction, and poverty, not democracy, not freedom, not food security! Politics of Food. <https://mustafakoc.substack.com/p/34-imperial-wars-bring-death-destruction>

Koc, M. (2026). Looking back to the first quarter of the 21st Century and the future ahead. Politics of Food. <https://mustafakoc.substack.com/p/looking-back-to-the-first-quarter>

Koc, M. (2025). Hunger, famine and the silenced. Politics of Food. <https://mustafakoc.substack.com/p/post-32-hunger-famine-and-the-silenced>

Koc, M. (2025). Public grocery stores. Politics of Food. <https://mustafakoc.substack.com/p/public-grocery-stores>

Koc, M. (2025). An important report on household food insecurity is worth discussing. Politics of Food. <https://mustafakoc.substack.com/p/an-important-report-on-household>

Koc, M. (2025). Food Security at a Sociology Conference. Politics of Food. <https://mustafakoc.substack.com/p/food-security-at-a-sociology-conference>

Koc, M. (2025). Hope comes first for change. Politics of Food. <https://mustafakoc.substack.com/p/hope-comes-first-for-change>

Koc, M. (2025) What is at stake? Food Politics. <https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) It is official now: Famine in Gaza. Food Politics. <https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025). Food ethics 2. Food Politics. <https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) Cultural codes and food ethics. Food Politics. <https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) A better world is possible. Food Politics. <https://mustafakoc.substack.com/publish/posts/>

APPENDIX E: CSFS Members' Publications (May 2025-May 2026)

Online Publications

Koc, M. (2025) No justice, no peace! No peace, without justice! Food Politics.
<https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) Remembering the past and re-imagining the future of food studies. Food Politics. <https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) Food studies journals. Food Politics.
<https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) Teaching critical food literacy. Food Politics.
<https://mustafakoc.substack.com/publish/posts/>

Koc, M. (2025) Remembering the past and re-imagining the future of food studies. Food Politics. <https://mustafakoc.substack.com/publish/posts/>

Zhuang, Z. C. (Lead Curator) & El Toukhy, M. (Co-Curator) (2025). Digital exhibition entitled "Hot pot and parking lots: Immigrant food businesses in Agincourt," in partnership with Toronto Ward Museum and funded by the Digital Museums Canada Investment Program under the Canadian Museum of History. <https://www.communitystories.ca/v2/immigrant-food-businesses-scarborough-entreprises-alimentaires/#:~:text=Hot%20Pot%20%26%20Parking%20Lots%3A%20Immigrant%20Food%20Businesses%20in%20Agincourt%20examines,small%20food%2Drelated%20business%20owne rs>

APPENDIX F: CSFS Members' Presentations (May 2025-May 2026)

Austin, N. Urban Farm's Black Food Sovereignty initiative in partnership with Black Food Sovereignty Alliance and the University of Ghana.

Büke, A. and **Koc, M.** (9 July 2025) Future Trajectories of the Sociology of Agriculture and Food: An Intergenerational Dialogue, ISA Forum, Research Committee of Sociology of Agriculture and Food. Rabat.

Koc, M. (27 April 2026) Değişen Dünya Düzeni ve Tarım ve Gıda Etiğinin Önemi. Changing world order and the importance of agriculture and food ethics). Tarım ve Gıda Ekseninde Etik, Bilgi ve Kültür Sempozyumu. Middle East Technical University, Ankara, Turkey.

Koc, M. (24 Oct. 2025) Hunger, famine and the silenced. 5th Congress of the Association of the Agriculture and Food Ethics.

Koc, M. (17 September 2025) 21. Yüzyılda Açlıkla Terbiye Edilmek (Getting Disciplined by Hunger in the 21st Century). 11. Ulusal Sosyoloji Kongresi (11th National Sociology Congress). Bursa Uludağ Üniversitesi.

Koc, M., Güçlü-Üstündağ, Ö. And Büke, A. (3 June 2025). Historical roots and future routes of food studies. Paper presented at the Annual general meeting of the Canadian Association for Food Studies (CAFS). Toronto.

Kyeremeh, E. Amoyaw, J., **Yanful, B.**, Bailey, P., Tafari, Z., Obeng, M., Daley, A., Zegeye, M. Igbavoa, H. and **Hasford, J.** (April 28 – May 2, 2026). Food Insecurity Experiences in Black Canadian Communities. Paper presented at the 2026 International Urban Affairs Association Annual Meeting. Chicago, USA.

Kyeremeh, E., Santosi-Pardi, A. and Cleave, E. (March 17-21, 2026). Mapping Food Insecurity through Racialized and Structural Inequalities: A Spatial Analysis of Toronto, Canada. Paper presented at the American Association of Geographers Annual Conference. San Francisco, California, USA.

Kyeremeh, E., Amoyaw, J., Bailey, P., Tafari, Z., Obeng, M., Daley, A., Zegeye, M. Igbavoa, H. and **Hasford, J.** (May 20-23, 2025). Food insecurity in Canada: The Lived Experiences of Racialized Individuals in Toronto. Paper presented at the Canadian Association of Geographers Annual Meeting. Ottawa, Canada.

Kyeremeh, E. Amoyaw, J., **Yanful, B.**, Bailey, P., Tafari, Z., Obeng, M., Daley, A., Zegeye, M. Igbavoa, H. and **Hasford, J.** (May 30 – June 6, 2025). Addressing Food Insecurity in Black Canadian Communities: Preliminary Findings from a Community-Based Action Research Project, Paper presented at the Canadian Association of Food Studies, Annual Meeting of the Congress of Humanities. Toronto, Canada.

Li, N. (2025). Evaluating policies to improve food affordability, nutrition and food security in Canada's remote Northern communities" presented at Atlantic Canadian Economic Association Conference (St. John's) and ArcticNet Annual Scientific Meeting. Calgary.

APPENDIX F: CSFS Members' Presentations (May 2025-May 2026)

Mandlik R, Chandawad P, Shah I, Vargante A, Khadilkar A, **Bhawra J.** (2025). Why I choose to feed my baby the way I do! A Qualitative Study Exploring Complementary Feeding Practices of Slum-Dwelling women in Pune, India. International Society for Behavioural Nutrition and Physical Activity (ISBNPA) Annual Conference, Auckland, New Zealand. Oral presentation.

Nasr, J. (September 2025). Food spaces, systems, and infrastructures: Re-framing the productive city (co-presented with Matthew Potteiger). Presented at the 3rd Symposium on Urban Design History and Theory. Buffalo, NY.

Omand, J. (May 2025). Fueled for success: exploring the relationship between nutritional risk in early life and academic achievement in primary school: a longitudinal cohort study. Canadian Nutrition Society (CNS). Montreal, Canada.

Omand, J. (May 2025). Fueled for success - school food programs and success in school. Canadian Nutrition Society (CNS). Montreal, Canada.

Omand, J. (May 2025). Impact of school food programs on food insecurity among children. Canadian Nutrition Society (CNS). Montreal, Canada.

Rocha, C. (May 06, 2026). Formulação de Políticas Públicas com Base em Evidências (Formulation of Public Policies based on Evidence). Invited Lecturer. Department of Nutrition, Federal University of Rio Grande do Norte (UFRN). Online.

Rocha, C. (April 29, 2026). Food Summit Closing Panel. Community Food Centres and Good Food Organizations. Evergreen Brickworks. Toronto.

Rocha, C. (April 07, 2026). Insistindo em acabar com a fome: mais de 30 anos das políticas de segurança alimentar e nutricional em Belo Horizonte. Aula Magna. Grupo Sustentarea, Faculty of Public Health, University of São Paulo (USP). Online.

Rocha, C. (February 05, 2026). Healthy Food as a Public Good: Towards a Public Food System. Public Food Symposium. The Netherlands.

Rocha, C. (October 8-10, 2025). Public Food Procurement in Brazil: School Food Program (PNAE). The Power of Procurement Summit. Chicago, USA.

Seko, Y., Wong, V., & Tiessen, J. (October 23, 2025). Meals That Reflect Us: Providing Culturally Inclusive Meals through Meals on Wheels. Ontario Community Service Association Community Connect 2025. Toronto, Canada

Seko, Y., Tiessen, J., Wong, V., & Adachi, R. (June 03, 2025). Flavors of home: Assessing culinary diversity in Ontario's Meals on Wheels services. Canadian Association of Food Studies Annual Conference, Toronto, Canada.

APPENDIX F: CSFS Members' Presentations (May 2025-May 2026)

Throness, A. TMU's Urban Farm on CBC French media project series and photoshoot:
<https://ici.radio-canada.ca/recit-numerique/14074/jardin-urbain-gratte-ciel-toronto>

Throness, A. Green Roof Agriculture Innovation Network (GRAIN) series. The next forum in series will be co-hosted by the TMU Urban Farm and is taking place on Friday, July 10, 2026, 12-6PM

Throness, A. Utilizing Green Roofs for Food Sovereignty and Ecological Rooftop Farming. (September 2025) Presented at the Houston Grey to Green Conference. Houston, Texas.

Yanful, B., Hasford, J., Kyeremeh, E., Igbavboa, H., & Lakey, A. (March 2026). "Cultivating change: Public health actions to transform food systems and advance food justice." Presented at the Canadian Public Health Association Conference. Montréal, Québec.

Yanful, B., Daley, A., Kyeremeh, E., Igbavboa, H. and **Hasford, J.** (March 11-13, 2026). Cultivating Change: Public Health Actions to Transform Food Systems and Advance Food Justice. Paper presented at the Canadian Public Health Association Annual Conference. Montreal, Canada

APPENDIX G: Teaching Activities

Food-focused courses taught by members in the 2025-26 academic year

CFNY 400: Selected Topics in Food Security. Chang School for Continuing Education.

CFNY 403 Food Security Concepts and Principles. Chang School for Continuing Education.

CFNY 404: Food Policy and Programs for Food Security. Chang School for Continuing Education.

CFNY 405: Applied Research Methods and Evaluation. Chang School for Continuing Education.

CFNY 407: Community Development and Food Security. Chang School for Continuing Education.

CFNY 408: Urban Food Security. Chang School for Continuing Education.

CFNY 409: Gender and Food Security. Chang School for Continuing Education.

CFNY 510: Indigenous Food Systems in Canada. Chang School for Continuing Education.

CSOC 808: Sociology of Food and Eating. Chang School for Continuing Education.

ECN 726: Economic Development. Economics.

EF8 941: Topics in Development Economics. Economics.

FNN 202: Public Health Nutrition. School of Nutrition.

FNP 350: Interpersonal Communication and Counselling Nutrition. School of Nutrition.

FNP 550: Introduction to Dietetics Practice. School of Nutrition.

FNR 100: Introduction to Research and Statistics. School of Nutrition.

FNR 400: Independent Research Study I. School of Nutrition.

FNR 401: Independent Research Study II. School of Nutrition.

APPENDIX G: Teaching Activities

Food-focused courses taught by members in the 2025-26 academic year

FNS 200: Quantity Food Management Lab. School of Nutrition.

FNY 510: Indigenous Food Systems in Canada. School of Nutrition.

NC8102: Individual Health Behaviour. School of Nutrition.

NC8201: Food and Nutrition Policy. School of Nutrition.

NC8205: Directed Studies. School of Nutrition.

NC8300: Population Health Promotion. School of Nutrition.

SOC 808: Sociology of Food and Eating. Sociology.

Guest Lectures:

ARC 821: The Architect in Society. Architectural Science.

ASC 301: Design Studio II. Architectural Science.

CFNY 410: Urban Food Security. Chang School for Continuing Education.

SOC 808: Sociology of Food and Eating. Sociology.

The New School in New York City

TMU School of Social Work

APPENDIX H: Knowledge Mobilization Activities (May 2025-May 2026)

Knowledge mobilization and community engagement

Abergel, E and **Phillips, R.** (2025, September 4). Co-edited a special volume of Canadian Food Studies on the topic of Meat Studies and a guest on Digesting Food Studies podcast. <https://rss.com/podcasts/digesting-food-studies/2172561/>

Austin, N.:

- Included in TMU OVPRI's Strategic Research Plan 2025-2030
- With Urban Farm's Black Food Sovereignty Team. (2025, December 4). Consulted for an episode of the CBC show: For the Culture with Amanda Parris, providing insight on how the Urban Farm is putting Black Food Sovereignty into action.
- With Urban Farm's Black Food Sovereignty Team. (2026, June 17). Interviewed by The Guardian for BFS with a spotlight on White Velvet Okra, a 120-year-old heirloom crop with roots in the American South - its cultivation represents a significant step for knowledge reclamation, cultural resilience and a continuation of food heritage.
- (2026, February 19). Interviewed in CBC Metro Morning.
- Led visiting professor for tours and field work
- Presented in a virtual class (from Toronto in Germany)
- Consulted and collaborated with Newmarket African Caribbean Community Network
- Consulted and collaborated in Visioning Session on Climate and Water Resilience in Black and Racialized Communities (various TMU departments: Politics and Public Administration, Environmental Applied Science and Management, School of Public Policy and Democratic Innovation)
- Recurring collaborations with TMU Child & Youth Studies, Black Youth Farming Collective; TMU Student Life and Learning Support, Black first-year student's frosh week; George Brown Polytechnic, Food Studies BA students
- Presented for the following organizations: TMU's Filipino Student Association; TMU School of Early Childhood Studies, Black Childhoods in Canada; School of Nutrition's Summer Camp

Juutilainen, S.A. (November 12, 2025). Nourish and Flourish: Knowledge Mobilization Event. TMU School of Nutrition. Presentation on book chapter authored by: Morrow T, Freeman B & Juutilainen S.A. ęhqwadihsadq ne:'hni' gadigyenq:gye's ganahaogwę' ęyagqnhehgqh:k /They buried them, but they the seeds floated around what will sustain them. In Behind the Bricks: The Lives and Times of the Mohawk Institute, the Model for the Canadian Residential School System. Jennifer Petit and Thomas Peace (eds). University of Calgary Press.

Juutilainen, S.A. (2025, October 16). Webinar for Dietitians of Canada: Exploring the impact of Indian Residential Schools on traditional foodways and Indigenous health: What does this mean for the dietetics profession?

Juutilainen, S.A. (2025, September 30). Attended book launch at the Mohawk Institute Indian Residential School, Brantford, Ontario. Behind the Bricks: The Lives and Times of the Mohawk Institute, the Model for the Canadian Residential School System. Jennifer Petit and Thomas Peace (eds). University of Calgary Press."

APPENDIX H: Knowledge Mobilization Activities (May 2025-May 2026)

Knowledge mobilization and community engagement

Komisar, J. and Nasr, J. (2025, September 26). Invited participant: Exploring Rooftop Agriculture Research at the University of Toronto.

Komisar, J. and Nasr, J. (2025, June 23). Attended Rooftop Ag Discussion - TO Sustain GRITLab Research, University of Toronto.

Komisar, J. and Nasr, J. (2025, July 28). Invited participant: Scaling up Toronto's Urban Rooftop Agriculture.

Li, N. Participant in "Nutrition North Food Sovereignty Summit" (March 26-27 in Ottawa) and "Deloitte Arctic and Northern Summit" (March 5 in Toronto), disseminating recent research results directly to policymakers and community members.

Nasr, J. (2025, June 3). Moderator: Collaborative governance, as part of conference of the Canadian Association for Food Studies, Toronto.

Nasr, J. (2025, November 13). Participant: TOSustain meeting on "Toward sustainable urban and peri-urban agriculture for net-zero food systems", University of Toronto-Scarborough.

Nobe-Ghelani, C. (2025, June 13). Led Forest Bathing Session at High Park.

Omand, J. Presented in EQAO Data Symposium. Advancing Child Health and Education Research: Insights from the TARGeT Kids! Primary Care Practice-Based Research Network. Two presentations: 1 to teachers and administrators and 1 to parents.

Omand, J. Presented in HeLTI Capacity Building Working Group: Mentorship: Navigating the different roads in academia and beyond.

Rocha, C. (2025, May 5). Good Food as a Human Right. Zero Hunger Project (<https://www.zerohungerproject.com/>) Podcast. EP20: https://youtu.be/Avyq-HQYa_E

Seko Y., (2025). Lunch Box Identities. [Podcast] Digesting Food Studies, Canadian Food Studies. Interviewed by David Szanto [Director]. <https://rss.com/podcasts/digesting-food-studies/2350341/>

Seko Y., (2025, June 25). Food Security and Aging Well in Place. SPLC Annual General Meeting (non-profit organization service older adults in Scarborough)"

APPENDIX H: Knowledge Mobilization Activities (May 2025-May 2026)

Knowledge mobilization and community engagement

Throness, A.:

- A Natural Dye & Fibre Garden collaboration with the School of Fashion was exhibited in the DesignTO Festival for The Flax Project, featured in:
 - The Eye Opener, TMU's Urban Farm and Fashion School collaborate on textile exhibition, by Rogene Teodoro
 - Centre for Excellence in Learning and Teaching's Podagogy: A Learning & Teaching Podcast, Episode 33: Teaching Sustainable Fashion through Land-based Learning with Rachel MacHenry, by Curtis Maloley and Chelsea Jones
 - The Toronto Star "A Dyeing Breed: Rooftop Garden at TMU keeps traditional textile-making methods alive" by Marco Chown Oved
- Our third year hosting cold plunges for Ted Rogers School of Management, Human Resources students, 60-80 students took the plunge
- TMU Environment and Urban Sustainability students installed and monitored an insect hotel on the ENG rooftop
- TMU Department of Chemistry and Biology and the School of Nutrition paired up to study crop storage and shelf life with samples collected from the rooftops over five weeks in summer
- Agricultural waste was provided for a biochar concrete project with the Toronto Metropolitan Engineering Concrete Toboggan team
- Included in a report on "Decomposition as Creation: The Role of Compost in Regenerating Agriculture and Ecosystems" for Urban Agriculture certificate at The Chang School of Continuing Education
- Fulfilled short-term/one-time Living Lab requests for: Film TMU, TMU School of Journalism, TMU Department of English, School of Fashion, Social Ventures Zone, Faculty of Arts, RTA Media Production, School of Nutrition, TMU ENG + FEAS Outreach
- The Urban Farm received proposals from 5 departments at TMU for new Living Lab partnerships for the season ahead in 2026 and met with each applicant to set the wheels in motion: Social Work, Nursing, Creative School, Fashion, Geography
- Multiple external collaborations and partnerships with Kansas State University, University of Manitoba, University of Toronto Scarborough's TOSustain, University of Toronto's Green Roof Innovation Testing (GRIT) Lab, Michael Power - St. Joseph's High School, York University, and Seneca College Polytechnic Institute

Wegener, J. and Carlsson, L. (2026). Canadian Foundation for Dietetic Research (CFDR) and Dietitians of Canada (DC) Webinar: Sustainability in Dietetics Education, Training and Practice in Canada.

- (2026). [Podcast] Sipping on Evidence.
<https://open.spotify.com/show/4jSmrmwBHyyvARfCgqxvbw>

APPENDIX I: Students Supported

Bhawra, J.:

- Annabelle Persaud (Incoming Fall 2026 MSc Student in Occupational and Public Health, TMU) , Supervisor, 2026 – Present
- Harsimran Dogra (MSc Student in Occupational and Public Health, TMU), Supervisor, 2025 – Present
- Anojini Ravichandran (MSc Student in Occupational and Public Health, TMU), Supervisor, 2023 – 2025
- Jessica Rogers (MSc Student in Occupational and Public Health, TMU), Supervisor, 2022 – 2026

Farah, L.:

- Hunter Kauremszky (Master of Architecture Student, TMU), Supervisor, In progress

Gore, C.:

- Asli Nur (PhD Student in Urban Health, TMU), Supervisor

Juutilainen, S.:

- Constança Silva (MSc Candidate in Department of Nutritional Sciences, Temerty Faculty of Medicine, University of Toronto), Research Assistant Supervisor.
- Pia Keenan (B.ASc. Graduate, School of Nutrition, TMU), Research Assistant Supervisor.

Li, N.:

- Erika Valdez (PhD Student in Economics, TMU), Supervisor.
- Raymond Morgan (PhD Student in Economics, TMU), Supervisor.
- Yasir Mudathir (PhD Student in Economics, TMU), Supervisor.

Nobe-Ghelani, C.:

- Tania Correa (PhD Student in Urban Health, TMU), Doctoral Thesis Committee, 2025 – Present
- Emilie Thibault-Beland (MA Student in Immigration and Settlement, TMU), Supervisor, 2026 – Present
- Will Ward, Research Assistant, Supervisor, 2026 – Present
- Pedro Moran Bonilla, Research Assistant, Supervisor, 2025 – Present
- Sangyoo Lee (Research Assistant, York University), Supervisor, 2024 – Present
- Alex Bruneau Day (MSW Student, TMU), Supervisor, 2026 – Present

APPENDIX I: Students Supported

Omand, J.:

- Christie Lou (MPH Student at University of Toronto), Supervisor, 2026 – Present
- Harshi Shah (BASc Nutrition Student, TMU), Supervisor, 2025 – Present
- Emanuel Tessema (NSERC/SSHRC Undergraduate Student Research Award), Supervisor, 2025 – Present
- Arina Cazac (MHSc Student in Nutrition Communication, TMU), Supervisor, 2026 – Present
- Lilian Auraha, Arina Cazac, Brooklyn Deremo, Grace Delany, and Mackenzie Green (MHSc Students in Nutrition Communication, TMU), Supervisor, 2026
- Narendra Sookram (MSc Student in Occupational and Public Health, TMU) Co-supervisor, 2024 – Present
- Genevieve Bessette (MHSc Student in Nutrition Communication, TMU), Supervisor, 2024 – 2025
- Karen Zhang (MSc Student in Department of Nutrition Sciences at the University of Toronto), Committee Member, 2024 – 2025

Throness, A.:

- Four full-time students employed in summer as Field Apprentices and five were employed part-time in fall as Field Assistants. Urban Farm Manager. (2025)
- Supervised multiple students from Architectural Science, Electrical Engineering, Environment and Urban Sustainability, Geographic Analysis, Fashion, Food and Nutrition, Journalism, Marketing Management, and Occupational Health and Safety.

Seko, Y.:

- Veen Wong (PhD student, University of Waterloo) Research Supervisor.
- Eimi Igarashi (BA student, University of Toronto Scarborough) Research Supervisor.

Wegener, J.:

- Crystal Mosey (MHSc Nutrition Communication, TMU), Co-Supervisor, 2025
- Shontelle Allwood (BASc, Nutrition & Food, TMU) Research Supervisor, 2025 – 2026.

Zhuang, Z.C.:

- Jane Tran, Grace Jones, Venus Cheung, Masie Wong, Vanessa Evangelista (MPI, SURP); Sara Lee (BURPI, SURP), Research Assistants, Supervisor.