

**Age Friendly Communities:**  
*Supporting Aging at Home and Across the  
Continuum of Care*



Ontario Gerontology  
Association

**2009**  
**CONFERENCE**

*Hosted in partnership  
with:*



*Regional Geriatric  
Programs of Ontario*

**28<sup>th</sup> Annual**  
**OGA Conference**



***Thursday Evening April 30<sup>th</sup>***  
**&**  
***Friday May 1<sup>st</sup>, 2009***

**Crowne Plaza Hotel, Don Valley**  
**1250 Eglinton Avenue East**  
**Toronto, Ontario**

# WELCOME

***It's our pleasure to invite you*** to join us for what promises to be an exceptional conference, complete with outstanding speakers, special events and most of all, the opportunity to make connections.

Our conference theme this year-**Age Friendly Communities: Supporting Aging at Home and Across the Continuum of Care** - extends its focus to older adults living at home, in the community, and in institutional settings. We will hear from the LHINs in a special forum that speaks to solutions for healthy living, and from a panel discussing WHO's initiative to promote Age Friendly Communities. In addition, numerous workshops and papers will address transitions and adaptation; age friendly hospitals; knowledge transfer and best practices; elder abuse; caregiving, and more.

Whether it is sharing new approaches, working together on common challenges or developing new tools, conference participants will be engaged in new ways to provide clients with better care.

We look forward to seeing you at the conference!

Marlene Awad  
President, Ontario Gerontology Association

Dr. John Puxty  
Chair, Regional Geriatric Programs of Ontario



**Ontario Gerontology Association/  
Ontarienne de Gérontologie**

The OGA is committed to working with all stakeholders to improve the quality of life for older adults by advancing the teaching, learning and practice of gerontology in the province.

*An associate of the Canadian Association of Gerontology/Association Canadienne de Gérontologie*

Web: [www.gerontario.org](http://www.gerontario.org)



**REGIONAL GERIATRIC  
PROGRAMS OF ONTARIO**

Regional Geriatric Programs (RGPs) provide a comprehensive range of specialized geriatric services. Interdisciplinary teams assess and treat functional, medical and psychosocial aspects of illness and disability in older adults who have multiple and complex needs. Working in collaboration with primary care physicians, community health professionals and others, we seek to meet the needs of the most frail and vulnerable seniors.

Web: [www.rgps.on.ca](http://www.rgps.on.ca)

# Conference at-a-Glance

Thursday April 30, 2009	
5:00 P.M. – 8:00 P.M.	Conference Registration Opens
6:00 P.M. – 6:30 P.M.	OGA/AOG 28 <sup>th</sup> Annual Meeting
6:00 P.M. – 7:00 P.M.	Reception, Networking
7:00 P.M. – 8:30 P.M.	<b>SPECIAL FORUM:</b> Ontario Aging at Home Strategy and LHIN Solutions for Healthy Independent Living: A Progress Report
Friday May 1, 2009	
7:30 A.M. – 1:30 P.M.	Conference Registration Opens Continental Breakfast, Exhibitors' Marketplace & Networking
8:30 A.M. – 8:45 A.M.	Opening Remarks
8:45 A.M. – 9:45 A.M.	<b>KEYNOTE ADDRESS: GRCO LECTURE</b> <i>Dr. Butler – THE LONGEVITY REVOLUTION</i>
9:45 A.M. – 10:15 A.M.	Refreshment Break, Exhibitors' Marketplace & Networking
10:15 A.M. – 11:15 A.M.	<b>CONCURRENT SESSIONS A1 – A7</b>
11:30 A.M. – 12:30 P.M.	<b>CONCURRENT SESSIONS B1 – B7</b>
12:30 P.M. – 1:30 P.M.	Lunch Exhibitors' Marketplace & Networking
1:30 P.M. – 2:30 P.M.	<b>CONCURRENT SESSIONS C1 – C7</b>
2:30 P.M. – 2:45 P.M.	Refreshment Break, Exhibitors' Marketplace & Networking
2:45 P.M. – 3:45 P.M.	<b>AFTERNOON PLENARY SESSION:</b> "Age Friendly Communities: Contributing to Aging at Home and Positive Aging"
3:45 P.M. – 4:00 P.M.	Closing Remarks

For the most up-to-date information about the conference check [www.gerontario.ca](http://www.gerontario.ca)

# Conference Program

Thursday April 30, 2009

6:00 P.M. – 6:30 P.M. **OGA/AOG 28<sup>th</sup> Annual Meeting**

**\*\*All OGA members are invited to attend\*\***

6:00 P.M. – 7:00 P.M. Reception, Networking

7:00 P.M. – 8:30 P.M. **SPECIAL FORUM:**

## **Ontario Aging at Home Strategy and LHIN Solutions for Healthy Independent Living: A Progress Report**

Ontario's Aging at Home Strategy was presented as a major initiative of the Government to recognize the growing numbers of older people and to support the opportunity for greater numbers of older people to live independently. The Local Health Integration Networks (LHIN's) are responsible for promoting this Strategy.

This session examines the progress made on the Aging at Home Strategy. It will begin with an update on the Government's Policy and Strategy and highlight the importance of the LHINs in the development of the new directions of health care delivery. Representatives of the LHINs will provide an overview on approaches to advancing the Aging at Home Strategy. Specific examples of projects that have succeeded in supporting the Strategy will be described.

### OPENING REMARKS:

***The Honourable David Caplan***, Minister of Health and Long-Term Care for Ontario (invited)



### FORUM SPEAKERS



***Adalsteinn Brown***, Assistant Deputy Minister - Health System Strategy Division, Ministry of Health and Long-Term Care



**Lynn Huizer**  
Integration and Planning Consultant and Aging at Home Lead, North Simcoe Muskoka LHIN



***Ken Deane***, Assistant Deputy Minister, Health System Accountability and Performance Division, Ministry of Health & Long Term Care



**Mimi Lowi-Young**  
Chief Executive Officer, Central West LHIN



**Dr. Robert Cushman, MD**  
Chief Executive Officer, Champlain LHIN



**Joe Mc Reynolds**  
Chair, Central West LHIN



**Panel Moderator:** Cal Martel, Director, Regional Geriatric Program of Eastern Ontario

# Conference Program

Friday May 1, 2009

7:30 A.M. – 1:30 P.M.

## Conference Registration Opens

Continental Breakfast, Exhibitors' Marketplace & Networking

8:30 A.M. – 8:45 A.M.

## Opening Remarks



**The Honourable Aileen Carroll**, Minister of Culture & Minister Responsible for Seniors (invited)

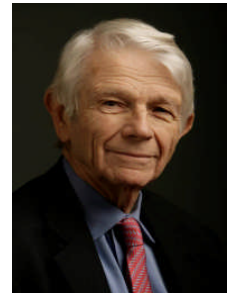
8:45 A.M. – 9:45 A.M.

## 18<sup>th</sup> Annual GRCO Bayne-Galloway Lecture

### Keynote Speaker: Dr. Robert Butler

#### “THE LONGEVITY REVOLUTION”

The developed world gained an unprecedented thirty additional years of life in the 20th century. The cultural, political, social-economic and medical implications will be discussed.



**Butler, M.D.**, President and CEO of the International Longevity Center- USA and author of *The Longevity Revolution: The Benefits and Challenges of Living a Long Life* (Public Affairs, March 2008).

Physician, Gerontologist, and Psychiatrist, he is the author of *The Longevity Revolution: The Benefits and Challenges of Living a Long Life (2008)*. He is perhaps best known for his advocacy of the medical and social needs and rights of the elderly and his research on healthy aging and the dementias. He became the founding director of the National Institute on Aging of the National Institutes of Health in 1975. Then founded the Department of Geriatrics and Adult Development at The Mount Sinai Medical Center, the first department of geriatrics and Adult Development in a U.S. medical school and in 1990, founded the International Longevity Center.

In 1976 Dr. Butler won the Pulitzer Prize for his book *Why Survive? Being Old in America*. He is co-author (with Dr. Myrna I. Lewis) of the books *Aging and Mental Health* and *Love and Sex After 60*.

**NOTE:** *Dr. Butler will be available to sign copies of his book, which are available for purchase through the OGA or at the conference.*

The annual GRCO Bayne-Galloway Lecture was initiated to bring the work of internationally recognized researchers to practitioners and the academic community in Ontario

9:45 A.M. – 10:15 A.M.

Refreshment Break, Exhibitors' Marketplace & Networking



## **CONCURRENT SESSIONS AI-A7**

**10:15 A.M. – 11:15 A.M.**

### **AI TRANSITIONS & ADAPTATIONS FOR PERSONS IN CARE**

#### **Challenges In Adaptation To Receiving Long Term Care**

*Catherine Bain, Geriatric Mental Health Outreach Nurse, St. Joseph's Health Centre, Toronto*

This paper will provide an overview of how consultation can enhance and clarify care needs of patients, family and staff in LTC. Preliminary findings based on interviews conducted with patients, family members and staff in LTC will be reviewed.

#### **Key Perceptions, Processes, and Patterns of Response to Relocation Decision Among Persons with Dementia**

*Faranak Aminzadeh, Advanced Practice Nurse, Regional Geriatric Program of Eastern Ontario, Ottawa*

This paper explores the key perceptions, motives, and processes shaping the relocation decision, the main patterns of participation in decision making, and the emotional responses of persons with dementia at the critical point of relocation to a retirement residence.

### **A2 SENIOR FRIENDLY HOSPITALS**

#### **A Friendly To Seniors Hospital: A Cure For Ageism In Elder Care**

*Beverly McClelland, Toronto Seniors' Council*

Developed by the Toronto Seniors Council, this Friendly to Seniors project provides leadership and education necessary to support positive attitudes about aging and encourages the involvement of older adults in all aspects of community life. The program components include a physical environment assessment for safety and accessibility. Interactive staff workshops cover topics such as age discrimination, elder abuse awareness, the challenges of aging and their impact, and resources for better communication. We have worked with both businesses and community organizations. A recent focus has been on senior friendly hospitals. Train the trainer workshops provide staff and senior volunteers with the skills to offer in-house orientation and ongoing education.

#### **Senior Friendly Hospital Toolkit**

*David Patrick Ryan, Director of Education and Knowledge Processes, RGP, Toronto*

*Marlene Awad, Director, Administration & Information Management, RGP, Toronto*

This presentation will provide an overview of the Regional Geriatric Programs (RGP's) of Ontario's Senior Friendly Hospital Framework and Online Knowledge to Practice Toolkit, which contains 1) practical instruments, guidelines, templates, self directed learning resources, and policies; 2) summaries of the evidence supporting the materials; 3) a searchable database; and 4) social networking facilities to allow users to share and discuss their senior friendly hospital experiences.

## **A3 KNOWLEDGE TRANSFER AND EXCHANGE**

### **Knowledge Transfer in Age-Friendly Communities**

*Megan Harris, Knowledge Transfer and Exchange Associate, Alzheimer Knowledge Exchange*  
*Elizabeth Lusk, Knowledge Broker, Senior's Health Research Transfer Network*

This session will provide an overview of how the Seniors Health Research Transfer Network (SHRTN) supports age friendly communities through knowledge transfer and evidence informed decision making, including a case study. By the end of this session, participants will understand the opportunities for knowledge exchange and transfer within the context of Age Friendly Communities.

### **Developing the Capacity and Knowledge to Support the Aging at Home Strategy in the Home Care Setting**

*Robin Hurst, Advanced Practice Consultant-Seniors, Saint Elizabeth Health Care, Markham*  
*Sharon Penrose, Clinical Educator/Nurse Continence Advisor, Saint Elizabeth Health Care, Markham*

The Aging at Home Strategy assumes that professional caregivers have the additional training required to support clients and their families diagnosed with dementia. This presentation will examine the strategies a home care agency used to respond to the educational needs of professional staff caring for clients and their families diagnosed with dementia, including the development of an evidence-based assessment tool and knowledge transfer strategies.

## **A4 ELDER ABUSE POLICIES AND INTERVENTIONS**

### **Age Friendly Abuse Interventions: Police and Community Partners**

*Tammy Rankin, Education/Consultant, Compassionate Aging, Bowmanville*  
*Detective John Keating, Senior Support Coordinator, Victim Service Unit, Durham Regional Police*

Elder Abuse interventions that are age friendly depend on community partnerships. Case examples will demonstrate how partnerships are required to address elder abuse in both care settings and the community. Participants will be able to identify community partners necessary to involve, implement practical intervention strategies to assist and support older adults who are abused and identify obstacles to sharing information with consideration of privacy legislation that allow us to communicate with one another.

### **Prevention of Elder Abuse Policy, Program and Practice Lens**

*Gerda Kaegi, Co-Chair, Elder Health Coalition, Toronto*  
*Elizabeth Esteves, Manager Policy Initiatives, Ontario Seniors' Secretariat*

The Prevention of Elder Abuse Policy and Program Lens is an analytical framework to assess policies, programs and practices from the perspective of preventing and responding to elder abuse. The presentation outlines the purpose of the Policy Lens, provides the conceptual framework for its development, and explains the basis for the questions that are used for the analysis.



## **A5 BEST PRACTICE GUIDELINES**

### **Development of an Interprofessional Geriatric Consult Team**

*Di Wang, Geriatric Pharmacy Specialist; Jennifer Carr, Occupational Therapist, & Rebecca Ramsden, Mount Sinai Hospital, Joseph and Wolf Lebovic Health Complex*

This presentation will highlight the stages of development of an inpatient, inter-professional geriatric consult team at an urban acute care academic hospital. The goal of this team is to provide a sustainable, effective service that can support and enhance patient care, as well as education and research activities. The needs assessments and pilot program will be discussed.

### **Mental Health in LTC: Participatory Implementation of Guidelines**

*Lisa Sokoloff, Interprofessional Team Coach & Project Coordinator, Baycrest, Toronto  
Maria Huijbregts, Director, Quality, Risk and Patient Safety, Baycrest*

Participants will learn about Participatory Action, its application for guideline implementation and improving quality of care. Key factors for success and lessons learned will be modeled and shared. This workshop is being presented on behalf of the Mental Health Guideline Implementation Project Team at Baycrest.

## **A6 DEPRESSION AND DEMENTIA: ASSISTING CAREGIVERS**

### **Using the 3-A Grief Intervention Model to Assist Caregiver Spouses To Move Forward Through The Progression Of Dementia**

*Eleanor Silverberg, Social Worker, Alzheimer Society of York Region, Thornhill*

This presentation provides an overview of the 3-A Grief Intervention Model for spousal dementia caregivers to address the barrier that the overlooked grief can play in providing care and assist spouses to feel supported, moving forward through the progression of Alzheimer's disease or a related disorder.

### **Caregiving Strategies for Depression in the Elderly: A Positive Outcome Case Study**

*Colleen O'Brien, Clinical Nurse Specialist Geriatrics, Queensway Carleton Hospital, Ottawa*

Depression in the elderly client adversely affects function and outcomes and is associated with high mortality and morbidity and increased length of hospital stay. Depression is under-recognized and under-treated in clinical settings. This case study describes the experience of one elderly client in the Rehabilitation Unit in a community hospital.



**A7**

**PART I- SPECIAL WORKSHOP  
ONTARIO AGE FRIENDLY COMMUNITIES INITIATIVE**

***Murray Alzheimer Research and Education Program and the Alzheimer Society of Ontario***

*Leah Sadler, Associate Director, Education, MAREP, University of Waterloo*

*Jennifer Gillies, MAREP, Research Assistant, University of Waterloo*

The toolkit is based upon six guiding principles and three building blocks which form the basis of any age friendly community. The toolkit is designed to provide communities with tools and resources to enable them to identify area of strength and improvement to enable older adults to continue to be engaged in meaningful ways. An interactive, adult learning approach will be utilized in presenting the toolkit.

**CONCURRENT SESSIONS BI-B7  
11:30 A.M. – 12:30 P.M.**

**BI AGING AT HOME- PROMOTING SENIORS INDEPENDENCE**

**Seniors Managing Independent Living Easily (SMILE)**

*Lori Cooper, Site Manager, VON Canada, Trenton*

*Michelle Ogden, Affordable Housing Supervisor, Social Services Department, County of Hastings*

SMILE is a South-eastern LHIN wide Aging at Home Program providing care packages based on individualized budgets to support frail seniors with Instrumental Activities of Daily Living (IADL) needs. This presentation will focus on the development and implementation of the program.

**Seniors Independence Program**

*Edith Chen, Jennifer Thomas, Sara Bartle, & Angela Lam, Care Coordinators, Toronto Central Community Care Access Centre, Toronto*

Seniors Independence Program is supported by the Toronto Central LHIN as part of the Aging at Home Strategy. It is designed to focus on seniors “at-risk” of a long term care admission with the intent of filling the service gap to ensure the seniors can remain safely at home. The paper will highlight the program processes, tools and outcomes through the use of case studies.

**B2 MONITORING CLIENTS THOROUGH TECHONOLOGY AND PRACTICE**

**Remote Access to Care Technology (Re-ACT)**

*Sue Kelly, Director of Health & Wellness, We Care Health Services, Toronto*

*Sara Jost, Healthanywhere, Toronto*

Re-ACT is an eHealth service delivery model for seniors living with chronic diseases, whereby they are able to conduct biometric screening measurements (blood glucose, blood pressure & pluse, blood oxygen and weight) in the comfort of their own home. The presentation will demonstrate how eHealth overcomes geographic and human health resource barriers to accessing health care and demonstrate one means of sustaining seniors in their own homes.



## **Community-Led Program Integrated with Primary Care**

*Larry Chambers, President and Chief Scientist, Élisabeth-Bruyère Research Institute, Vice-President, Research for Bruyère Continuing Care*

*Lisa Dolovich, Research Director & Associate Professor, Dept of Family Medicine, McMaster University, Scientist & Associate Director, Centre for Evaluation of Medicines*

In the Cardiovascular Health Awareness Program (CHAP) in communities across Ontario, older adult volunteers are empowered by local lead organizations including home care agencies, recreation centres, hospitals, and health centres, to assist older adults with risk monitoring, follow-up, education and referral to local programs. Linking at risk participants with their family physicians, pharmacists and community resources has the potential to decrease community morbidity and mortality from chronic disease.

## **B3 COLLABORATIVE CARE TEAMS**

### **Integrating Geriatric Outreach into Family Medicine**

*Kimberley Hoskin, Primary Health Care Nurse Practitioner Outreach, Trillium Health Centre, Seniors Mental Health Outreach, Mississauga*

*Dr. Graham Swanson, MD., CCFP, FCFP, Member of Caroline Family Health Team*

The Caroline Family Health Team built on their existing practice of home visits by including a Nurse Practitioner to assess and treat older clients to improve quality of life and avoid unnecessary hospitalization for this population. This presentation will highlight Canadian and international research findings, scope and role of the Primary Health Care Nurse Practitioners in the changing pool of health care providers and provide an overview of the Caroline FHT approach including outcomes, challenges and lessons learned.

### **Enabling Collaborative Care Teams to Support Frail High Risk Seniors in the Community**

*Dipti Purbhoo, Director, Client Services - Community Care Coordination, Toronto Central CCAC, Toronto*

The Toronto Central Community Care Access Centre is developing a model that involves Collaborative Care Teams wrapped around key neighbourhoods to support high risk frail Local Family Health Teams and Community Health Centres would act as a focal point for the teams, which would also draw on partners from across the care continuum. The goals for the model will be to support high risk frail seniors to remain at home for as long as possible delaying Long Term Care admission, preventing hospitalizations and ER visits, strengthening community linkages and enhancing client and caregiver satisfaction and involvement with their care.

## **B4 SUPPORTIVE PROGRAMS FOR CAREGIVERS**

### **Supporting Family Caregivers**

*Faye Porter, National Project Coordinator, J.W. McConnell Family Foundation, Cardinal*

Care Renewal: Reaching Out to Caregivers, focuses on advancing support for family caregivers whether through policy development or in the practice setting. This initiative has a specific goal to affect systems change. By committing to caregivers as full partners and supporting their needs at all levels, this initiative will enhance their quality of life by bringing caregivers respite through rest, relief and renewal.



## **Unravelling the Impact of Care Work of Visiting Home Care Workers**

*Margaret Denton, Professor, McMaster University, Hamilton*

The relationship of care work to the mental health of visiting home care workers is complex. This paper seeks to unravel the impact of organizational support and care work on the mental health of visiting home care workers.

### **B5 HOSPITAL AVOIDANCE**

#### **An Integrated Geriatric Emergency Management Program**

*Laura Wilding, Advanced Practice Nurse, GEM, The Ottawa Hospital, Ottawa*

*Dr. William Dalziel, Medical Director, Regional Geriatric Program of Eastern Ontario, Ottawa*

This paper presents the Geriatric Emergency Management Program outcomes, expansion and regional adaptation, illustrating a proactive approach to supporting seniors to remain safe and independent at home.

#### **Senior-Friendly Acute Care: An Emergency Department Assessment**

*Mary Lou Kelley, Professor, School of Social Work & Northern Ontario School of Medicine;*

*Director, Centre for Education and Research on Aging and Health (CERAH), Lakehead University*

*Nancy Jokinen, Post Doctorate Fellowship, Centre for Education and Research on Aging and Health, Lakehead University, Thunder Bay*

This paper reports the results of an emergency department environmental scan that was conducted to assess hospital staff and clients experience of giving and receiving services to seniors aged 75+.

### **B6 WORKSHOP**

#### **HEALTH CARE CONSENT AND ADVANCE CARE PLANNING - DOING IT RIGHT!**

*Judith Wahl, Executive Director, Advocacy Centre for the Elderly, Toronto*

Organizations that deliver health services frequently have policies about health care consent and advance care planning. At times the policies can restrict patient rights and do not reflect Ontario Law in respect to consent. This places both patients and health providers at jeopardy. This workshop will be a discussion of health decision making- including health consent and advance care planning what is in Ontario law and what should be reflected in policies on this issue. The session includes actual case scenarios and detailed handouts will provide participants with the tools to review and redraft their own policies for any settings/services that deliver or arrange for health services.

**B7**

**PART 2- SPECIAL WORKSHOP  
ONTARIO AGE FRIENDLY COMMUNITIES INITIATIVE**

**Murray Alzheimer Research and Education Program and the Alzheimer Society of Ontario**

*Leah Sadler, Associate Director, Education, MAREP, University of Waterloo*

*Jennifer Gillies, MAREP, Research Assistant, University of Waterloo*

The toolkit is based upon six guiding principles and three building blocks which form the basis of any age friendly community. The toolkit is designed to provide communities with tools and resources to enable them to identify area of strength and improvement to enable older adults to continue to be engaged in meaningful ways. An interactive, adult learning approach will be utilized in presenting the toolkit.

**12:30 P.M. – 1:30 P.M.**

**NETWORKING LUNCH, EXHIBITORS' MARKETPLACE**

**CONCURRENT SESSIONS CI-C7**

**1:30 P.M. – 2:30 P.M.**

**CI SUPPORTIVE HOUSING FOR SENIORS**

**West Toronto Support Services for Seniors - Silver Circle - Supportive Housing**

*Radosna Bijukovic, Executive Director, & Jennifer Cabral, Case Coordinator*

*West Toronto Support Services for Seniors, Toronto*

West Toronto Support Services for Seniors "Silver Circle " Supportive Housing initiative delivers multidisciplinary services with the goal of promoting safe and independent living, and a sense of community to its seniors - an Age Friendly Community.

**Evaluating Senior Supportive Housing in Ontario**

*Carolyn Steele Gray, Doctorate Student, University of Toronto, Toronto*

*Dr. Janet Lum, Ryerson University, Toronto*

This presentation overviews a proposed evaluative framework for senior supportive housing programs in Ontario. The evaluative framework is a performance measurement tool that seeks to improve quality performance, identify quality standards and best-practices, and improve accountability for senior supportive housing in Ontario. The framework draws on the current performance measurement literature and a case study from Australia. The framework is a first-step towards developing a comprehensive performance measurement framework that will be applicable within and across LHINs.

**C2 LTC AND HOSPITALS: TRANSFORMING TO SENIOR FRIENDLY**

**With Imagination, Your Hospital Can Rock and Roll to the Seniors' Beat**

*Jane Rufrano, Chief Executive Officer, & Karen Tribble, Vice-President Clinical Services,*

*Hotel Hotel Dieu Shaver Health and Rehabilitation Centre, St. Catharines*

The Hotel Dieu Shaver, a Complex Continuing Care and Rehabilitation Hospital in partnership with the local community has transformed itself from Senior Neutral to a Senior Friendly facility.



## **Effectively Navigating the Labryrinth for Mood and Behaviour Symptoms in LTC: Part 2**

*Ann Jarvie, Clinical Nurse Specialist, & Cheryl McDonald, Occupational Therapist*

*Regional Geriatric Program, St. Joseph's Health Care London - Parkwood Hospital, London*

The Specialized Geriatrics Services of Southwestern Ontario (SGS) will be developing resources that will assist staff in LTC to evaluate and manage residents' symptoms. These resources will be based on the National Guidelines for Seniors' Mental Health: The Assessment and Treatment of Mental health Issues in Long Term Care Homes, 2006. Preliminary qualitative analysis of focus group data information will be shared as well as share next steps.

### **C3 TRAINING STAFF FOR ELDER CARE**

#### **The Hospitalized Older Person Education Curriculum H.O.P.E.**

*Mireille Norris, Sunnybrook Heath Sciences Centre, Toronto*

This presentation will address the development of a geriatric curriculum for physician trainees within a Hospitalist Training Program. The evidenced-based program will be discussed from a research and quality improvement perspective which includes the study methodology, results and success outcomes associated with the initial implementation. Ongoing initiatives for program development will be shared to demonstrate how to sustain the ongoing knowledge, skills, and attitude development of physicians caring for hospitalized seniors.

#### **Awakening of The Geriatric Giants: A Quality Improvement Initiative For Hospitalized Older Adults on Acute Medical Units**

*Linda Anderson, Specialty Practitioner, Sunnybrook Health Sciences Centre, Toronto*

*Nadia Abdel-Hafez, Occupational Therapist, Sunnybrook Health Sciences Centre, Toronto*

This presentation will address a quality improvement initiative for the redesigning, educating and implementation of an admission geriatric screening tool called SPPICES. The methodology, results and initial outcomes will be discussed. Information will be shared on the successes, challenges and ongoing project initiatives to sustain new practice behaviors associated with the screening of complications associated with older adults who are hospitalized.

### **C4 AGING IN PLACE – INNOVATIVE SERVICE DELIVERY MODELS**

#### **Responding To Unmet Needs Of The Aging Homeless: Partnering To Deliver Health Care And Supportive Housing Services To The Older Homeless And Marginalized Population In Downtown Toronto**

*Pamela Nir, Client Service Manager, Toronto Central CCAC, Toronto Central CCAC, Mississauga*

*Patricia Mueller, Executive Director, Home First Society, Toronto*

The objective of the Marginalized Access Partnership (MAP) is to introduce and pilot a new service delivery model using inter-professional care teams that bring comprehensive health care and supportive housing services to marginalized seniors living in shelter and alternative housing sites.



## **Aging in Place. Community Agencies Supporting Seniors**

*Fiona Wall, & Sharon Irwin, Case Managers, Champlain Community Care Access Centre, Ottawa*

Learn how a partnership of health and community support agencies reduced hospital admissions and emergency room visits by providing enhanced services to support Ottawa seniors.

## **C5 POSITIVE AGING TOOLS TO IMPROVE SENIOR CARE**

### **SeniorWise - Promoting an Organizational Culture Change to Become Age Friendly**

*Hilary Siurna, SeniorWise Project Coordinator, & Joanne Neunie, Organizational Learning Specialist, Toronto East General Hospital, Toronto*

A proactive approach to meeting the needs of the growing aging population, a focus needs to be placed on increasing the knowledge of health care staff to meet the unique needs of seniors. We have developed awareness training for all staff to promote healthy aging and increase awareness.

### **Use of Best Practice Guidelines for Seniors in the Community**

*Heather Thompson, Long Term Care Best Practice Guideline Coordinator North East Region, Registered Nurses Association of Ontario (RNAO), Sault Ste. Marie*

*Janet Evans, Long Term Care Best Practice Guideline Coordinator East Region, RNAO, Ottawa*

The Best Practice Guidelines are tools to help caregivers ensure consistent care for their clients. This session presents ideas about how the RNAO's Best Practice Guidelines could work in the community settings.

## **C6 FALLS PREVENTION**

### **Effectiveness Of Multifaceted Fall-Prevention Programs**

*Judith Kwok, Research Assistant, St. Michael's Hospital/University of Toronto, Thornhill*

Presentation of paper published in Injury Prevention, April 2008 on the effectiveness of multifaceted fall-prevention programs for the elderly living in residential care.

### **Helping Older Persons to Return Home: A Hip Fracture Model of Care**

*Janet Legge McMullan, Project Manager, Sunnybrook Health Sciences Centre, Holland Orthopaedic & Arthritic Centre, Bone & Joint Health Network, Ajax*

*Dr. John Flannery, Medical Director, Musculoskeletal Program, Toronto Rehab*

An integrated model of care is helping people return home following a hip fracture. Building on the model's successes, a provincial initiative is being implemented across Ontario.

## **C7 WORKSHOP: SCREENING FOR DEMENTIA: WASTEFUL OR WORTHWHILE??**

*Dr. Bill Dalziel, Medical Director, Regional Geriatric Program of Eastern Ontario, Ottawa*

This workshop will cover the pros and cons of screening in the general elderly population, how to create a high risk population, how to screen for cognitive impairment and how to select an approach for further cognitive assessment.

**2:30 P.M. - 2:45 P.M. Refreshment Break, Exhibitor's Marketplace & Networking**

## AFTERNOON PLENARY SESSION 2:45 P.M. – 3:45 P.M.

### AGE FRIENDLY COMMUNITIES: SUPPORTING INDEPENDENT LIVING AT THE COMMUNITY LEVEL

Aging at Home is an important and positive goal. But to achieve it, the communities we live in must be aware of and responsive to, the needs of older people. The session begins with an overview of the WHO initiative to promote Age Friendly Communities, examines initiatives across Canada and provides information on how cities and towns are promoting this goal through specific initiatives.

#### **SPEAKERS**

#### **“INTERNATIONAL AGE FRIENDLY INITIATIVES ACROSS CANADA”**



**Jim Hamilton**, Special Advisor to the Public Health Agency of Canada, on Healthy Aging and Age-Friendly Communities

*Mr. Hamilton will outline the WHO international initiative and provide examples of making communities Age Friendly, from across Canada.*

#### **“SUCCESSFUL AGE FRIENDLY COMMUNITY INITIATIVES”**



**Dr. Margaret Denton**  
Director, McMaster Centre for Gerontological Studies, Graduate Chair, Department of Health, Aging and Society, Professor, Department of Health, Aging and Society & Department of Sociology



**Debbie Christie**  
Executive Director,  
Hamilton Council  
on Aging

*This presentation will outline the process by which the key players in the community were brought together to develop and manage this major initiative to make Hamilton an Age Friendly community.*

**Liz Root**, Project Director, Regent Park Revitalization

*Ms. Root will explain the steps taken at Regent Park, Toronto, to make this community Age Friendly.*

**Moderator:** Joe Bornstein, Vice-President OGA

**CLOSING REMARKS** 3:45 P.M. – 4:00 P.M.

**ONTARIO AGE FRIENDLY COMMUNITIES INITIATIVE: SPECIAL WORKSHOP**

**Friday May 1<sup>st</sup> – Concurrent Sessions A7 & B7**

The Murray Alzheimer Research and Education Program (MAREP) and the Alzheimer Society of Ontario (ASO) have partnered together on an Ontario Age Friendly Communities Initiative building on the Planning Framework and tool-kit created by the Roundtable on Future Planning for Alzheimer’s Disease and Related Dementias. Guided by a number of age friendly and healthy community models, a diverse group of community partners is working to develop an **age friendly community’s toolkit**. This toolkit is based upon six guiding principles and three building blocks which form the basis for any age friendly community. The toolkit is designed to provide communities with tools and resources to enable them to identify areas of strength and areas of improvement when it comes to building communities that enable older adults to continue to be engaged in their communities and live in meaningful ways throughout their lives.

With the increasing older adult population, communities are aging. Are our community’s ready to support an aging population? Is there more that community’s can do that will allow an older adult with complex physical and

mental health needs to live successfully in their community with appropriate support? How does a community begin to identify the needs of their community members including those older adults who may have more complex health needs that cause them to be at a great risk for social isolation and exclusion?

**Target Audience:**

This framework has implications for a broad audience and a variety of community sectors that work with or provide services for older adults including those working in:

- healthcare, social and emergency services
- housing
- transportation
- recreation/leisure programs or services
- municipal programs and services
- community planning (municipal, for profit and not for profit)
- areas of employment or volunteer recruitment of older adults
- direct consumer service providers
- local community networks (LHIN’s, dementia networks, senior service networks)

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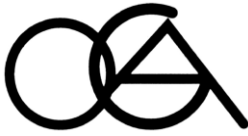
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**CONFERENCE COMMITTEE MEMBERS**

**Committee Co-Chairs:** *Kelly Milne, RGP Ottawa* and *Laura Wheatley, St. Joseph’s Health Care, Hamilton*  
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**Ontario Gerontology Association ontarienne de gérontologie**  
**An Associate of the Canadian Association on Gerontology**

351 Christie Street, Suite C216; Toronto ON M6G 3C3  
Phone: 416/535/6034 Fax: 416/535/6907  
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## Membership Application

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**Name**

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### Membership Categories

- Senior \$ 25.00
- Individual \$ 55.00
- Full-time student \$ 25.00
- Business, industry \$350.00  
(for profit)
- Not for profit organization \$100.00

**Donation** \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

### **Annual Membership Fees:**

Send cheque or money order, payable to: The Ontario Gerontology Association

*Please enclose a cheque or VISA information with your application*

VISA # \_\_\_\_\_

Expiry date \_\_\_/\_\_\_

Fees and donations are GST exempt (Registration #119248698))

***Working together to improve the quality of life of older people through research, education,  
information exchange and advocacy***



# AGE FRIENDLY COMMUNITIES:

Supporting Aging at Home and Across the Continuum of Care



April 30 - May 1, 2009 / Crowne Plaza Hotel, Toronto, Ontario

## Registration Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Organization: \_\_\_\_\_ Position: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_

Are you a member of the OGA:  Yes  No

If no, would you like to join the OGA and benefit from member discounts, including savings on conference registration fees?  Yes  No

For membership information, see OGA web site: [www.gerontario.org](http://www.gerontario.org) or email: [info@gerontario.org](mailto:info@gerontario.org)

Are you a member of the RGP:  Yes  No

### Conference

Please select one of the following:

I am registering for the:  Full Conference  Friday Only  Thursday Evening Only

Please indicate any dietary restrictions: \_\_\_\_\_

**Full Conference:** Thursday: Evening Forum, refreshments prior to the Forum  
Friday: Conference sessions, breakfast and lunch, access to 'Trade Show' Exhibits, conference bag and conference program.

**Friday Only:** Friday Conference sessions, breakfast and lunch, 'trade show' exhibits, conference bag, and conference program.

**Thursday Only:** Thursday evening Forum, refreshments prior to the Forum, and copy of conference program.

*If attending the Full or Friday conference, please note your preferred sessions.*

**I would like to attend the following concurrent sessions (see website for choices):**

Session A: 1<sup>st</sup> Choice \_\_\_\_\_  
(10:25 am - 11:15 am)

Session B: 1<sup>st</sup> Choice \_\_\_\_\_  
(11:30 am - 12:30 pm)

Session C: 1<sup>st</sup> Choice \_\_\_\_\_  
(1:30 pm - 2:30 am)

The Conference Keynote speaker, Pulitzer Prize winning author **Dr. Robert Butler**, will be available to sign copies of his new book *The Longevity Revolution*. See below to order.

## OGA CONFERENCE REGISTRATION FORM

### Pricing Information (Includes GST)

**Please circle ONE of the following:	Before: March 28 <sup>th</sup> 2009			After: March 28 <sup>th</sup> 2009		
	Full Conference	Friday Only	Thursday Only	Full Conference	Friday Only	Thursday Only
<b>OGA Member</b>						
Regular	\$260	\$230	\$70	\$295	\$255	\$80
Senior	\$145	\$125	\$70	\$180	\$150	\$80
Student	\$145	\$125	\$70	\$180	\$150	\$80
<b>Non Member</b>						
Regular	\$330	\$290	\$75	\$365	\$315	\$85
Senior	\$180	\$155	\$75	\$215	\$180	\$85
Student	\$180	\$155	\$75	\$215	\$180	\$85

\* Note: a partial registration subsidy is available for students presenting at the conference; please contact the OGA office for details.

If you would like to order **Dr. Butler's** book at the discounted price of \$25 please indicate here  and add this amount to your payment.

Payment Method:  Cheque       Visa      **TOTAL:** \_\_\_\_\_

Card Holders Name: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp: \_\_\_\_\_

Signature: \_\_\_\_\_

Please **MAIL** your completed Registration Form and Cheque payable to:

Ontario Gerontology Association  
351 Christie St., Suite C216      Toronto ON M6G 3C3

or **FAX** your completed Registration Form with your VISA information to OGA office at (416) 535-6907

GST Charitable Registration No. 119248698

**Continuing Education Credits:** A Certificate of Attendance will be issued to all participants and may be used to obtain continuing educations credits.

**Refund Policy:** Cancellations received in writing will be accepted up to March 27, 2009 at 4:00pm, less an administration fee of \$60.00. Cancellations received after that date will not be refundable however, delegate substitutions are acceptable

**Hotel Information:** The conference will be held at the Crowne Plaza Toronto Don Valley, 1250 Eglinton Avenue East, Toronto.

**Accommodations:** Guest rooms are available at a special conference rate of \$129 until April 1<sup>st</sup>. Book directly with the hotel using the online passkey\* or call (416-449-4111) and mention the OGA conference to obtain the special rate.

**Parking:** Parking is available at the hotel at a special delegate rate of \$8.00 per day

**Driving Directions:** *From QEW/Gardiner (Downtown):* Take Don Valley Parkway North, Exit at Eglinton Avenue East, stay in the right hand lane, exit at Wynford Drive, turn right at the lights, and pass underneath the bridge, through the next set of lights, the Hotel's entrance is on the left. *From HWY 401:* Take Don Valley Parkway South to Wynford Drive exit, turn left (East) onto Wynford Drive, turn right at the next set of lights, the Hotel's entrance is on the right.

*OGA is grateful for the support  
of our sponsors of the  
28<sup>TH</sup> ANNUAL CONFERENCE*



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