



The CRNCC is supported by funding from the Social Sciences and Humanities Research Council of Canada (SSHRC) and Ryerson University.

## Welcome to CRNCC

### Registration is now open for Supportive Housing Symposium!

#### Supportive Housing: The Winning Formula for Supporting People and Maintaining the Health Care System

**Presented by CRNCC and the Ontario  
Community Support Association (OCSA)  
October 15, 2006**

**Sheraton Parkway Toronto North Hotel, Grand  
York Ballroom – Richmond Hill, ON**

Plans for this ground-breaking symposium are well underway and we are excited to tell you about a dynamic line-up of international and national speakers who will share their insight, research and experiences on supportive housing models that work for different needs groups including frail seniors and people with physical and mental disabilities. These experts will also share how to put supportive housing on the political agenda.

Speakers are *(alphabetically)*:

- Ann Aikens, Mayor, Deep River, Ontario
- Nancy Beck, Director, Connections Clubhouse, Nova Scotia
- Dr. David Challis, Professor of Community Care Research and Director, Personal Social Services Research Unit (PSSRU), UK;
- Dr. Eigil Hansen, Professor of Economics at the Institute of Local Government Studies, Denmark;
- Judy Kelly, Director, Home Support Services, Vancouver Coastal Health, Vancouver
- Iris Newman, CEO, Capital Care Group, Edmonton
- Dr. Mary Stuart, Professor and Director of the Health Administration and Policy Program, University of Maryland, USA

Please join these experts as they explore:

- The current state of supportive housing in Canada and internationally;

- How supportive housing is good for individuals;
- How supportive housing fits into the broader health system contributing to its sustainability;
- Opportunities and challenges for translating knowledge into practice at both policy making and service delivery levels

#### Call for Posters

Our day will be enhanced by poster presentations of other successful supportive housing models (e.g., for homeless people, women and children escaping violence, etc.). View the “Call for Posters” for details:

<http://www.crncc.ca/knowledge/events/download/CallforPosterPresentations.pdf>

We have designed an event page for this symposium on [www.crncc.ca](http://www.crncc.ca) which is constantly being updated with new information. It includes an agenda, registration information, call for poster presentations, location particulars and much more. Get the full details and register now at <http://www.crncc.ca/knowledge/events/SupportiveHousingSymposium.html>. Speaker bios will be added to this event page soon!

### Ontario Community Association Conference 2007

**October 16-17, 2007**

**Sheraton Parkway Toronto North Hotel, Grand  
York Ballroom – Richmond Hill, ON**

**Balance of Care Workshop with Dr. David  
Challis**

Following the Supportive Housing symposium, Dr. David Challis will be the opening plenary at the OCSA conference on October 16<sup>th</sup>. His morning address on the Balance of Care (BoC) precedes a CRNCC/OCSA workshop –taking place at the conference later that afternoon– that focuses on the BoC study done in Waterloo, Ontario. Keep posted at [www.crncc.ca](http://www.crncc.ca) for more on this workshop. For

details about the OCSA conference, please visit [www.ocsa.on.ca](http://www.ocsa.on.ca).

## CRNCC Steering Committee goes national

A key mandate of CRNCC is to expand the Network's reach, focus, and membership, to a national focus and to represent and reflect the views of the health care continuum. Hence, we are very pleased to introduce our new Steering Committee – a dynamic group of new and returning members who will be instrumental in guiding the Network over the next two years.

CRNCC Steering Committee Members are  
(alphabetically):

- Raisa Deber, Professor, Department of Health Policy, Management and Evaluation, University of Toronto;
- Deborah Egan, Executive Director, Community Home Assistance to Seniors (CHATS);
- Jane Fry-Sutherland, Policy Analyst, Ontario Association of Community Care Access Centres (OACCAC);
- Marcus J. Hollander, President, Hollander Analytical Services Ltd.;
- Atiq Ilmas, Manager, Senior Services, Neighbourhood Link/Senior Link;
- Joanne Jasper, Executive Director, Downsview Services for Seniors, and Chair, CRNCC Steering Committee;
- Wolf Klassen, Vice President, Program Support, Toronto East General Hospital;
- Janet M. Lum, Graduate Co-Director, Public Policy and Administration, Department of Politics and Public Administration, Ryerson University, and Co-Chair, Canadian Research Network for Care in the Community (CRNCC);
- Faith Malach, Executive Director, Canadian Coalition for Seniors Mental Health;
- Janice Paul, Chair, Waterloo Wellington Community Support Services Network (WWCSSN);
- David Pedlar, Director, Research Directorate, Veterans Affairs Canada;
- Richard Prial, Director, Policy Development Measurement and Improvement, Health System

Strategy Division, Ministry of Health and Long-Term Care;

- Donna Rubin, Chief Executive Officer, Ontario Association of Non-Profit Homes & Services for Seniors (OANHSS);
- David Salib, MN Candidate, Master of Nursing, Ryerson University;
- Karen Spalding, Associate Professor and Program Director, Master of Nursing, School of Nursing, Ryerson University, and Vice Chair, Steering Committee, Children and Youth Home Care Network (CYHN);
- Fern Teplitsky, Representative, Care Watch;
- Susan Thorning, Chief Executive Officer, Ontario Community Support Association (OCSA);
- A. Paul Williams, Professor, Department of Health Policy, Management and Evaluation, University of Toronto, and Co-Chair, Canadian Research Network for Care in the Community (CRNCC).

We thank the Steering Committee for their interest in and support of CRNCC, and welcome you all to the Network. It promises to be a dynamic period ahead.

## Reports and Papers of Interest

### Timely Report on LHINS – *Understanding LHINS: A Review of the Health System Integration Act and the Integrated Health Services*

By Komal Bhasin MSW, MHSC (HA), CHE; and A. Paul Williams, PhD., Professor, Department of Health Policy, Management and Evaluation, University of Toronto and CRNCC Co-Chair.

Prepared for the CRNCC and the Ontario Community Support Association, this report provides background information about Ontario's 14 Local Health Integration Networks (LHINS). It includes an overview of Bill 36 (the Local Health System Integration Act, 2006) and a summary of the contents of each LHIN's Integrated Health Services Plan as it relates to community support services and community support service agencies (CCSAs). It concludes with a discussion of key issues for consideration by CSSAs as the rollout of the LHINS continues.

View the report online at [www.crncc.ca](http://www.crncc.ca) or directly through this link:  
<http://www.crncc.ca/download/UnderstandingLHINs-FinalJuly5th.pdf>

### **New paper on Home Care – Providing Care and Support for an Aging Population: Briefing Notes on Key Policy Issues**

Dr. Marcus J. Hollander, President of Hollander Analytical Services Ltd., and CRNCC collaborator, recently published a new paper on home care with three other aging and health policy researchers, Neena L. Chappell, Michael J. Prince and Evelyn Shapiro. *Providing Care and Support for an Aging Population: Briefing Notes on Key Policy Issues* was prepared as part of the Canadian Initiative on Frailty and Aging, and published in *Healthcare Quarterly* in June 2007. To learn more about this paper, we invite you to read the Press Release – *Re-Thinking Healthcare for the Elderly* – which is posted at <http://www.crncc.ca/download/HollanderPressReleaseforHomeCarepaper.pdf>. For access to the paper, please see *Healthcare Quarterly*, 10(3) 2007: 34-45. *Healthcare Quarterly* is a Longwoods Publishing publication ([www.longwoods.com](http://www.longwoods.com)).

### **Research Notes – Balance of Care Project**

Part of the CRNCC's knowledge translation function is to let members know of ongoing research in the field of home and community care. The CRNCC does not conduct research. We simply share information about research in progress and research outcomes with our members. We invite you to share information with the Network about current research or data you feel would be of interest to other members of the CRNCC. You can e-mail us at [crncc@ryerson.ca](mailto:crncc@ryerson.ca).

The Balance of Care research described here is part of a large research project conducted under the CIHR Team in Community Care and Health Human Resources (Team Grant). For more on the Team Grant, please visit [www.teamgrant.ca](http://www.teamgrant.ca). The web site also houses an archive of From Medicare

to Home and Community (M-THAC) research papers.

### **Balance of Care - Progress to date**

The Balance of Care (BoC) is currently being applied to the over 800 individuals waiting for long-term care placement in Waterloo, Ontario. Over the past year, graduate student researchers under the leadership of Dr. Paul Williams have been collaborating with a steering committee and expert panel made up of care managers from across the care continuum in Waterloo region (Community Care Access Centre, Community Support Services, Long-term care, hospital, etc.) to examine characteristics of people waiting for long-term care placement. People on the waiting list have been divided into relatively homogenous groups based on four key characteristics: Activity of Daily Living (ADL) impairment, Instrumental Activity of Daily Living (IADL) impairment (also referred to as lighter care needs), presence of an informal caregiver in the home, and cognition.

Vignettes have been designed to represent the data groupings. Preliminary findings indicate that a substantial proportion of people on the waiting list are functionally independent in most ADLs (personal hygiene, toilet use, locomotion in the home and eating) and require limited assistance when bathing. The seniors on the waiting list generally have high IADL needs (e.g. housekeeping, meal preparation, medication management and transportation), are cognitively intact and have access to an informal caregiver. Based on this preliminary examination of the data, when using long-term care facility costs as a comparative base, it is estimated that at least one third can be diverted from the waiting list back to the community with an integrated package of care at the same or lower cost to the health care system. Another substantial proportion could be diverted under a different model of care (perhaps supportive housing).

The findings from this study have important policy implications regarding the organization and delivery of care for frail seniors. The methodology should be complete by August 2007. Stay tuned for further updates!

### Diversity in the Balance of Care

Student researchers under the leadership of Dr. Janet Lum are also currently exploring how diversity issues can affect the accessibility, appropriateness, range, and level of home and community care services as well as the cost-effectiveness of community care packages.

Diversity has many dimensions and includes varying religious beliefs, cultural traditions, mental and physical abilities, sexual orientations as well as differences in race, language, and ethnicity. The goal of this specific project is to identify issues around home and community care for people belonging to such diverse populations. As a part of the research methodology, focus groups are being conducted with experts in the field. Focus group participants are asked how people from diverse groups (e.g. ethnoracial, gay or lesbian) access and receive care, and how the health, home and community, and long-term care sectors respond to the needs of such diverse groups.

### Children and the Balance of Care

The research investigating children with long-term care needs lead by Dr. Karen Spalding will employ the Balance of Care (BoC) methodology pioneered in the United Kingdom by Dr. David Challis, and his colleagues at the Personal Social Services Research Unit (PSSRU) at the University of Manchester. A modification of the original BoC model will be applied to the population of children with high needs and complex care. The BoC methodology was originally intended for the seniors' population. With respect to children for instance, the literature suggests that health outcomes and quality of life may be better in non-institutional settings as long as children and families have access to the care they need. The research question is not whether community care and institutional care services are needed, but what "mix" or "balance" of services is required to ensure the best outcomes for children and their families, while making the best use of available resources. Key informant interviews from a variety of perspectives (including providers and families) will focus on access to home and community services, delivery and coordination of these services, and the overall integration of the services into the broader

continuum of care. Keep posted for further updates!

If you are interested in learning more about the Balance of Care methodology, please see the *In Focus* fact sheet that CRNCC has prepared on this topic. It's available at <http://www.crncc.ca/knowledge/factsheets/download/InFocus-TheBalanceofCareApr302007.pdf>

### In Focus Fact Sheets

Remember to read and rate the *In Focus* fact sheets we have posted online. We welcome all feedback as well as suggestions for future topics. Fact sheets are available at <http://www.crncc.ca/knowledge/factsheets/index.html>. To tell us about a topic of interest to your organization, e-mail us at [crncc@ryerson.ca](mailto:crncc@ryerson.ca).

### The Fine Print

The CRNCC is funded by the Social Sciences and Humanities Research Council (SSHRC) of Canada through the Knowledge Impact in Society grant and Ryerson University.

If you would like to be removed from this listserv, or know someone who would like to be added, please contact us at [crncc@ryerson.ca](mailto:crncc@ryerson.ca).

The views expressed do not necessarily represent those of the Social Sciences and Humanities Research Council of Canada, Ryerson University, or the University of Toronto.

## Do you have knowledge to share?

**CRNCC aims to link people to knowledge about community care.**

**If you know about recent articles, presentations, or data which highlight the costs or outcomes of home and community care, or if you have information about upcoming meetings, events or conferences on community care, please tell us at [crncc@ryerson.ca](mailto:crncc@ryerson.ca).**