

MASTER OF ARTS IN CHILD AND YOUTH CARE PROGRAM OPTIONS 2020-2021

There will be three options of study available to students. Upon entering the program, students have the opportunity to select the option that is most suitable to their identified learning goals and career ambitions.

I. **Research/Policy Option:**

- For students with experience and interest in policy development, research, program evaluation, writing or those who wish to pursue a PhD.
- Students will be encouraged to pursue an elective course (from another graduate program) in advanced research methods i.e. statistics, qualitative methodology etc.
- Field placements could include policy and research departments of agencies or government departments. However, students may wish to complete their practicum working on research projects undertaken by faculty members. A team approach will be explored in which multiple students could work on the same project.
- Practicums can be intensive over a six-week period or extended over a longer period of time to accommodate the needs of the student and the project.
- Students would be encouraged to twin their Major Research Paper to the practicum project.

II. **Therapeutic Practice Option:**

- For students with experience and interest in therapeutic practice and who wish to enhance their practice skills. These students may also have an interest in working towards accreditation.
- Students will need to take CY8010 Directed Studies in CYC in the winter terms as one of their two electives. This course will require students to begin their placement and complete 210 hours of placement as part of the CY8010 course. When combined with the required placement course, CY8000 Child and Youth Care Placement, students in this stream will complete 450 hours of placement.
- Students will explore placement options with the Placement Coordinator in the fall so that they can begin early in the winter term. Practicums can be intensive over a shorter week period of time or extended over a longer period of time to accommodate the needs of the student and the field placement agency/site. Opportunities for the placement of teams of students in unconventional environments will be explored.
- Students will undertake a capstone project in lieu of an MRP. This project may be undertaken at the placement site. This may include program evaluation, a literature review, and a small study and is dependent on the needs of the practicum site.

III. **Hybrid Option:**

- Students may wish to undertake a combination of a research and therapeutic option.
- This may include an MRP and a 450/240-hour practicum in a therapeutic setting.
- The expectation is that the MRP is related to their practicum setting.
- Students will be offered some flexibility in creating this hybrid approach within the confines of the available resources.

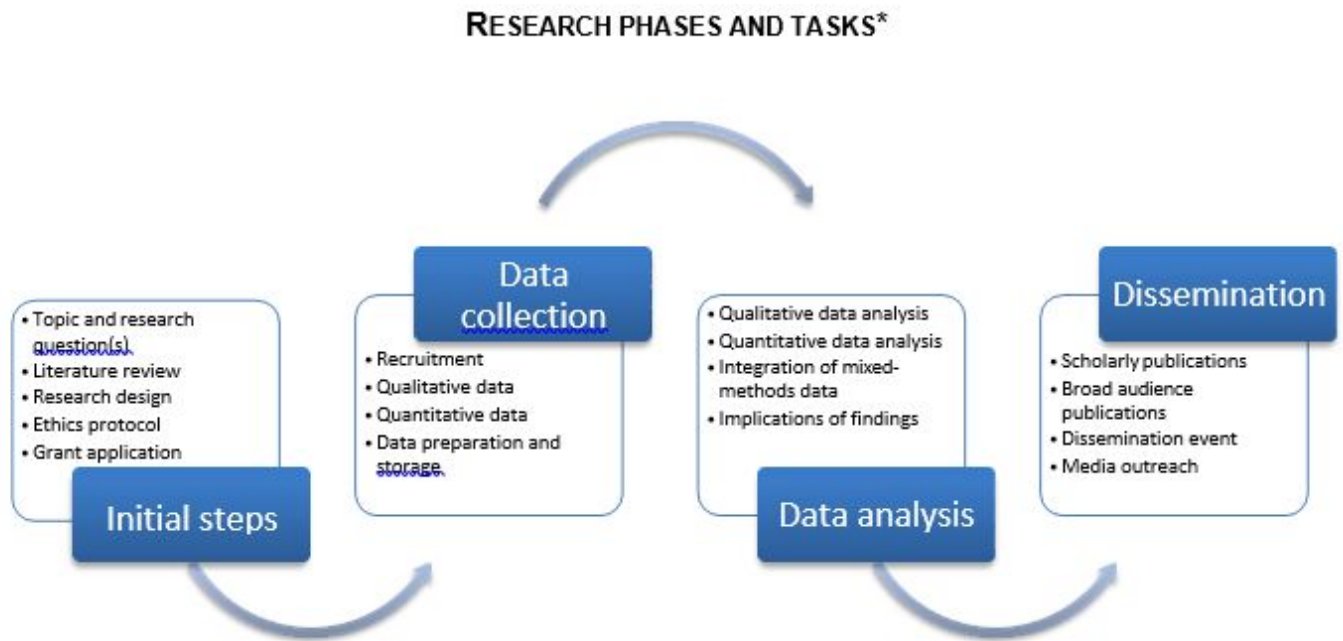
MA CHILD AND YOUTH CARE CURRICULUM SUMMARY

All students are required to take 4 core courses, 1 placement course CY8000 (240 hours), 2 electives and complete a major research paper (MRP) or a project.

	RESEARCH/POLICY OPTION	THERAPEUTIC PRACTICE OPTION	HYBRID OPTION
REQUIRED Offered in fall	CY8001 CYC Theory	CY8001 CYC Theory	CY8001 CYC Theory
REQUIRED Offered fall through winter	CY8002A/B CYC Research Methods	CY8002A/B CYC Research Methods	CY8002A/B CYC Research Methods
REQUIRED Offered in fall	CY8003 Advanced Clinical Practice in CYC	CY8003 Advanced Clinical Practice in CYC	CY8003 Advanced Clinical Practice in CYC
REQUIRED Offered in winter	CY8004 Management and Policy Development in CYC	CY8004 Management and Policy Development in CYC	CY8004 Management and Policy Development in CYC
REQUIRED Offered in spring/summer	CY8000 CYC Placement (240 hours) Placement can be twined with MRP	CY8000 CYC Placement (240 hours) Projects may be undertaken at the placement site.	CY8000 CYC Placement (offered spring/summer, 240 hours)
ELECTIVE 1	Student's choice Students encouraged to explore an advanced research methods course in another graduate program.	CY8010 Directed Studies (210 placement hours, offered in winter). This course enables students to complete 450 hours in the program.	CY8010 Directed Studies (210 placement hours, offered in winter). This course enables students to complete 450 hours in the program. OR Student's choice
ELECTIVE 2	Student's choice	Student's choice	Student's choice

RESEARCH PRACTICUM INDIVIDUALIZED LEARNING OUTCOMES (For students in the Research/Policy option)

Your research practicum provides an opportunity to partake in a wide range of tasks. Based on your career goals and a discussion with your supervisor, you are encouraged to check the boxes that reflect the competencies that you wish to develop. You are also encouraged to summarize and articulate your individualized learning outcomes.



* This list of tasks is not exhaustive and the identified phases and tasks may overlap.

Research Practicum list of competencies

Initial steps		Data collection	
Choice of topic and research question(s)	<input type="checkbox"/>	Recruitment of participants	<input type="checkbox"/>
Literature review	<input type="checkbox"/>	Qualitative data a) Written and visual records b) Unstructured observation c) Interviews d) Focus groups e) Ethnography f) Oral histories and case studies	<input type="checkbox"/>
Research design (Methodology, sampling, timeline, budget)	<input type="checkbox"/>	Quantitative data a) Dataset (national, local) b) Questionnaires and/or surveys c) Structured observation	<input type="checkbox"/>
Research ethics protocol	<input type="checkbox"/>	Data preparation and storage a) Data entry b) Transcription	<input type="checkbox"/>
Grant application	<input type="checkbox"/>		
Data analysis		Dissemination	
Qualitative data analysis (Coding, text analysis, categories, themes, patterns, connections)	<input type="checkbox"/>	Scholarly publications a) Peer-reviewed publications b) Professional journal or magazine c) Book chapter d) Conference paper and poster	<input type="checkbox"/>
Quantitative data analysis a) Descriptive statistics b) Inferential statistics	<input type="checkbox"/>	Broad audience publications a) Public or policy report b) Executive summary or summary brief c) Best practices guideline	<input type="checkbox"/>
Integration of mixed-methods data	<input type="checkbox"/>	Dissemination event a) Academic or industry conference b) Invited talk, lecture, symposia, panel, roundtable or forum c) Seminar, training workshop, webinar d) Partner hosted or networking event e) Government committee participation	<input type="checkbox"/>
Implications of findings	<input type="checkbox"/>	Media outreach a) Project or partner website b) Social media c) News Report media (TV, radio etc.)	<input type="checkbox"/>

Individualized learning outcomes:

THERAPEUTIC PRACTICUM INDIVIDUALIZED LEARNING OUTCOMES

Your therapeutic practicum provides an opportunity to partake in a wide range of therapeutic skill development opportunities. Below are potential competencies that you may wish to develop. These will serve as the foundation for your learning outcomes.

- A broad foundational understanding of approaches and practices utilized in the field of child and youth care to understand and effectively intervene with children, youth and their families.
- In-depth knowledge and understanding of current theoretical approaches to practice, specifically, trauma-informed care, anti-oppressive practice, youth centering and a systems framework.
- The ability to understand and practice relational techniques with children and youth in the context of these theoretical frameworks.
- The capacity to transfer and adapt current knowledge and skills in therapeutic, relational practices across institutional contexts.
- An appreciation of strategies that reinforce relational practice and an ability to mindfully reflect on and synthesize this knowledge.
- An awareness of contrasting and complimentary assessment and intervention models and practices contributing to a youth-centered therapeutic approach.
- An understanding of the elements associated with therapeutic alliances and the ability to develop the skills required to form these alliances.
- An ability to understand and articulate orally and in writing, patterns, themes and narratives that emerge and have an impact on the life and the development of children and youth.
- Demonstrated ability to translate these themes into achievable youth centered and contextually appropriate goals.
- An ability to think critically about these approaches and evidence-based practices in the context of the life spaces of children and youth that include family, peer group, school, community and residential care.
- A demonstrated ability to advocate effectively with and on behalf of children and youth in multiple institutional contexts
- An ability to identify the dominant paradigms informing therapeutic practice.
- The capacity to explore a vision of professional practice and self-identity through models of reflective practice.
- The ability to understand and acknowledge the limitations in the application of theoretical perspectives and therapeutic practices considering the complex lives and circumstances facing children and youth.
- The ability to appreciate and articulate limitations in understanding and responding to gender, cultural and ethnic diversity.
- The identification of professional ethical frameworks that is relevant to child and youth care practice.