

FACULTY OF ARTS

Program Guide 2026



Toronto
Metropolitan
University

Pursue your passion — and your purpose

Turn your curiosity into your future career with the Faculty of Arts at Toronto Metropolitan University (TMU).

Here, you'll channel your creativity and critical thinking as you learn to shape the future of democracy, champion social justice, create more sustainable communities and so much more. You'll also dive deep into your passions and uncover new ones — human behaviour, criminal justice, culture, history, language, literature and everything in between.

Along the way, you'll be supported by a diverse community of educators, world-class researchers, mentors, peers and community leaders ready to guide you on your journey to personal, professional and academic success.

torontomu.ca/arts

13

Undergraduate programs

13

Graduate programs

9

Double majors to customize your degree

6,800+

Arts students

91.9%

Undergraduate students employed within two years of graduation





Find your way

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- 7** Arts and Contemporary Studies
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Get real-world experience

Whichever program you choose, you'll fill your resumé with the kinds of experiences that will set you apart. Through co-op placements at top-tier companies, dynamic internships (like shadowing a member of Parliament), professional practicums, community-engaged learning, capstone projects and field studies, you'll graduate with years of active training along with the skills — and experience — you need for the career you want.



100%

Arts programs with
experiential learning

"From gaining technical skills to learning to navigate a real work environment and growing as a person, my co-op experience was transformative."

HAILEY DAVIDSON
Sociology (Co-op), Student



\$65K

Potential total co-op earnings



75+

Local co-op, field and internship placements

35+

Employer and field placement organizations

20+

Community-engaged learning and teaching courses

Enhance your experience

27+

Global exchange partners

Create an unforgettable and unique experience while pursuing your Arts degree in the heart of the city. Whether you're taking off on an international exchange, collaborating with researchers on groundbreaking discoveries or attending events hosted by your peers, we empower you to expand your horizons, cultivate lifelong skills and build lasting friendships.



A man with glasses and a grey blazer is sitting at a wooden desk, typing on a laptop. A woman with curly hair and a plaid blazer is sitting next to him, looking at the laptop. They are in a library with bookshelves in the background.

6

Arts research centres
and institutes

225+

World-class researchers

A person is speaking into a microphone. The background is a large screen displaying a bright, abstract image.

50+

Events and experiences hosted annually
by the Society of Arts, Social Sciences
and Humanities

A woman with long dark hair is sitting in a chair, speaking into a microphone. She is wearing a striped sweater and has her hands raised while speaking. There is a small table in front of her with a glass and some papers.

30+

Arts student groups, committees,
initiatives and more

Succeed with support

Take advantage of dedicated support services to help you succeed personally, professionally, academically and financially. From grants to awards, resumé writing, one-on-one career counselling, learning strategies and leadership training, the Student Experience Centre has everything you need to thrive here at TMU and beyond.

What's more, nearly all of our Faculty of Arts programs share a first-year common curricular platform, which gives you the flexibility of exploring and transferring seamlessly between programs after your first year.

#1

University in Ontario
for student services

\$20M+

Granted for 1,400 TMU awards,
scholarships and bursaries across
all levels of study

Level up your learning with team-based community projects, internship placements, international exchanges and study-abroad programs.



Arts and Contemporary Studies

Bachelor of Arts (BA) • Honours

Shape your future by learning from the thinkers, artists and activists whose ideas have shaped our world. With this program's interdisciplinary approach, you'll explore contemporary cultural, social and creative issues through a range of theoretical perspectives.

Whether you're interested in media, advocacy or education, you can customize your degree to suit your career goals. Along the way, you'll learn how to tackle pressing issues while honing the critical thinking, leadership and communication skills you need to succeed in any field.

"My experience in this program has been so fulfilling, empowering me to curate my degree to exactly what I want to pursue."

LAAIBAH SHAMI

Arts and Contemporary Studies, Student

Your program

Full time: 4 year

Options: Anthropology Studies • Culture Studies
• Diversity and Equity Studies • English • French
• Global Studies • History • Philosophy

Your future

Careers: Arts Administrator • Content Specialist
• Curriculum Specialist • Diversity, Inclusion and
Anti-Racism Manager • Donor Relations Manager
• Policy Analyst • Social Media Strategist
• Studio Assistant

Graduate pathways: Business • Communication
and Culture • Education • Law

[torontomu.ca/programs/undergraduate/
arts-contemporary-studies](https://torontomu.ca/programs/undergraduate/arts-contemporary-studies)

Criminology

Bachelor of Arts (BA) • Honours

Are you passionate about social and political issues and how they relate to crime? In this highly sought-after program, you'll unravel the complexities of Canada's criminal justice system by examining its theories, practices and impact.

Through a wide range of coursework, you'll develop a uniquely well-rounded perspective of the criminal justice system, uncovering social inequalities, crime prevention strategies and rehabilitation efforts. You'll also gain the critical thinking, analytical and communication skills you need for your future career.

Your program

Full time: 4 year • 5-year co-op

Double majors: History • Politics and Governance
• Sociology

Your future

Careers: Criminal Justice Program Developer • Court Reporter • Fraud Investigator • Human Rights Worker
• Probation or Parole Worker • Restorative Justice Worker
• Social Justice Policy Analyst • Victim Services Advocate

Graduate pathways: Criminology • Education • Law
• Social Justice

torontomu.ca/programs/undergraduate/criminology

12–16

Months of paid work experience available through co-op

Gain experience through real-world case studies, research projects and international exchanges.



Economics and Finance

Bachelor of Arts (BA) • Honours

Have you ever wondered about the Canadian economy, how it functions, and how it's affected by other world economies? In this program, you'll explore the global economy as you learn to navigate the world of money and markets.

By learning to understand international trade, financial markets and economic development, you'll gain the analytical, quantitative, critical thinking and research skills required for a career in banking, investing and even entrepreneurship. Plus, you'll start to build your professional network and gain valuable work experience before you graduate.

\$65K

Potential total co-op earnings

Your program

Full time: 4 year • 5-year co-op

Your future

Careers: Consultant • Corporate Banking • Data Analyst
• Economic Advisor • Investment Risk Analyst • Operations
Officer • Quality Analyst • Valuation Associate

Graduate pathways: Data Analytics • Finance • Law
• Policy Studies

[torontomu.ca/programs/undergraduate/
economics-finance](https://torontomu.ca/programs/undergraduate/economics-finance)

Start building your resumé while you gain experience through real-world internships, active learning seminars and more.

English

Bachelor of Arts (BA) • Honours

Harness the power of storytelling and creative expression as you journey through a diverse range of literary works. Through lively discussions and interactive learning, you'll develop an appreciation for the written word and its applications in the real world.

Whether your dream is to write a novel, work in education, government or tech, or anything in between, you'll emerge as a strong communicator, researcher and critical thinker ready to make your mark.

"The best thing about co-op is the chance to make a name for myself and feel confident in my job experiences before graduating from university."

NORA DEMPSEY

English (Co-op), Student

Your program

Full time: 4 year • 5-year co-op

Concentration: Creative Writing

Double majors: History • Philosophy

Your future

Careers: Academic Advisor • Account Manager

• Communicators Advisor • Content Writer

• Marketing Analyst • Proofreader • Research Coordinator • Teacher

Graduate pathways: Arts • Culture • Education

• English • Global Issues • Law • Library Science

torontomu.ca/programs/undergraduate/english

Start applying what you learn before you graduate through co-op placements, independent research projects, exchange programs and more.



Gain practical experience through field trips, research projects, expert seminars, professional practicum options and a final capstone project.



Environment and Urban Sustainability

Bachelor of Arts (BA) • Honours

If you want to build greener, more livable cities, you'll first need to learn how to tackle today's pressing issues. Through interdisciplinary coursework and applied research, you'll explore the intricacies of environmental issues and urban development in preparation for a career in consulting, urban planning, renewable energy and more.

From sustainable design to environmental policy analysis, this innovative curriculum equips you with the knowledge and skills to shape more sustainable cities and ecosystems for future generations.

"My courses gave me a breadth of knowledge and experience — from learning theory in the classroom to applying it across many fields."

LEANNE FERGUSON

Environment and Urban Sustainability, Class of 2024

Your program


Full time: 4 year

Your future

Careers: Agricultural Specialist • Conservation Officer
• Environmental Consultant • Health and Safety Manager
• Policy Advisor • Program Manager • Sustainability Officer • Urban Planner

Graduate pathways: Environmental Science and Management • Geography • Policy • Urban Planning

[torontomu.ca/programs/undergraduate/
environment-urban-sustainability](https://torontomu.ca/programs/undergraduate/environment-urban-sustainability)



Take your in-class learning to the streets with real-world geotechnology training, local and international field trips, co-op work terms and more.

Geographic Analysis

Bachelor of Arts (BA) • Honours

Imagine exploring and analyzing the way people move, live and gather in the world. In this program, you'll blend classroom and lab-based learning with invaluable co-op work experience to do exactly that.

Using cutting-edge technology, such as geographic information systems (GIS), you'll learn to collect, analyze and present data that help us observe and understand human-environment interactions, preparing you with the skills you need to address practical challenges in your future career.

1,600+

Hours of paid, full-time work experience available over the course of your degree

Your program

Full time: 5-year co-op

Your future

Careers: Crime Analyst • Data Analyst • Environmental Planner • Field Researcher • Geomatics Specialist • Real Estate Analyst • Senior Planner • Teacher

Graduate pathways: Business • Crime Analytics • Education • Geography • Law • Planning • Spatial Analysis

torontomu.ca/programs/undergraduate/geographic-analysis

History

Bachelor of Arts (BA) • Honours

Journey through the past to understand the events that shape our world today. Through an in-depth study of historical events and cultural developments, you'll gain a deeper understanding of the forces behind some of humanity's greatest challenges and achievements.

This supportive, career-focused program will set you up with the critical thinking, cultural awareness and research skills you need to succeed in a range of professions.

"This program has helped sharpen my academic skills, and the supportive professors have equipped me to pursue law school or academia in the future."

JORDAN LE ROUX

History, Class of 2025

Your program

Full time: 4 year • 5-year co-op

Double majors: Criminology • English • Philosophy
• Politics and Governance • Sociology

Your future

Careers: Archivist • Educator • Historian • Museum Curator • Program Manager • Reporter • Research Analyst • Statistician

Graduate pathways: Education • History • Law
• Public Administration

torontomu.ca/programs/undergraduate/history

Gain experience through for-credit internships and co-op placements, or take your learning on the go with study opportunities in Canada and beyond.



Immerse yourself in another language and culture through national and international learning opportunities.



Language and Intercultural Relations

Bachelor of Arts (BA) • Honours

Do you dream about learning new languages and cultures? This program is your passport to explore the diversity and nuances of languages and intercultural relations here in Canada — and around the globe.

In this immersive program, you'll gain a global perspective, engage in experiential learning exercises and navigate cross-cultural settings with confidence. You'll also build your proficiency in French or Spanish, with the option to focus on one of three concentrations.

12–16

Months of paid work experience available through co-op

Your program

Full time: 4 year • 5-year co-op

Options: French • Spanish

Concentrations: Language and Cognition • Organizational Behaviour • Translation Studies

Your future

Careers: Content Writer • Diplomat • Interpreter
• Multilingual Communications Advisor • Settlement Coordinator • Teacher • Tourism Specialist • Translator

Graduate pathways: Anthropology • Education
• Immigration and Settlement • Language Studies
• Law • Public Administration

[torontomu.ca/programs/undergraduate/
language-intercultural-relations](https://torontomu.ca/programs/undergraduate/language-intercultural-relations)

Philosophy

Bachelor of Arts (BA) • Honours

Come explore the big questions, like “What’s the meaning of life?” and “Why do people believe what they do?” In this program, you’ll learn to look at issues from new perspectives, challenge assumptions and develop well-reasoned opinions.

As you examine the ethical implications of technology, ponder the nature of reality, and so much more, you’ll learn to harness your curiosity and sharpen your analytical skills in preparation for a fulfilling career in academia or industry.

3–4

Co-op work placements available throughout your degree

Your program

Full time: 4 year • 5-year co-op

Double majors: English • History

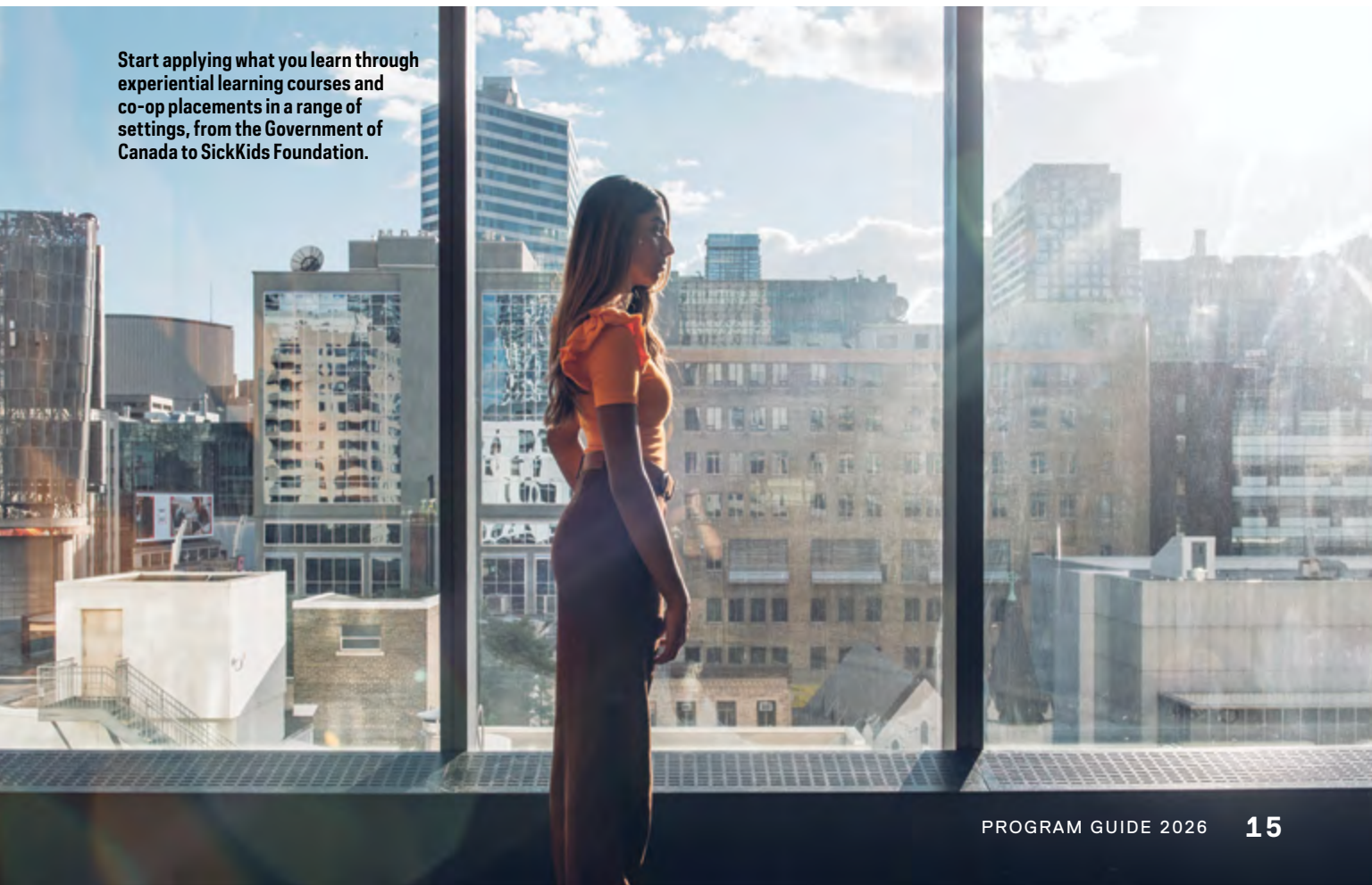
Your future

Careers: Ethics and Compliance Officer • Lawyer
• Mediation Associate • Policy Advisor • Research Assistant • Risk Analyst • Speech Writer • Teacher

Graduate pathways: Education • Law • Philosophy

torontomu.ca/programs/undergraduate/philosophy

Start applying what you learn through experiential learning courses and co-op placements in a range of settings, from the Government of Canada to SickKids Foundation.



Politics and Governance

Bachelor of Arts (BA) • Honours

Have you ever wondered what happens when you vote or why people vote the way they do? In this program, you'll learn about the intricacies of power and democracy, and how they inform the policies and decisions shaping the world around you.

Through in-depth analysis, in-class simulations and community projects, you'll explore political systems, institutions and processes at the local, national and global levels — and graduate ready to effect real change.

"I've been able to learn from respected professors, gain hands-on experience in the field and network with government officials."

RICARDO VALDERRAMA

Politics and Governance, Student

Your program

Full time: 4 year • 5-year co-op

Double majors: Criminology • History • Sociology

Concentrations: Canadian Democracy • Politics of Identity • Public Policy • World Politics

Your future

Careers: Advocacy Support • Campaign Manager

• Government Relations Specialist • Immigration Officer • Operations Advisor • Policy Analyst

• Speech Writer • Urban Researcher

Graduate pathways: Business • Education • Law

• Public Policy • Social Sciences

torontomu.ca/programs/undergraduate/politics-governance

Choose from a range of experiential learning courses that put you on the front lines of democracy in Canada and beyond.





Gain practical experience through co-op placements and research projects in more than 35 psychology labs within our Psychology Research and Training Centre.

Psychology

Bachelor of Arts (BA) • Honours

Are you curious about why we think and feel the way we do, or how our brains function? Explore the depths of the human experience in this comprehensive program.

From understanding the science behind one's thoughts to helping others overcome challenges, this in-demand program sets you up with the critical thinking, problem-solving and effective communication skills you need to succeed in a broad range of careers, from direct patient care to market research.

2,500+

Potential employers with whom to gain co-op experience

Your program

Full time: 4 year • 5-year co-op

Your future

Careers: Behaviour Therapist • Counsellor • Gerontologist
• Learning and Development Specialist • Mental Health Worker • Probation Officer • Public Relations Specialist • Researcher

Graduate pathways: Business • Health • Law
• Medicine • Psychology

torontomu.ca/programs/undergraduate/psychology

Gain practical experience through a practicum, field placement or internship.



Public Administration and Governance

Bachelor of Arts (BA) • Honours

Level 1 and 2 Certificates

Whether you're preparing for entry-level roles or to advance your career in public service, this program is designed to help you get there.

In this flexible, multistep program, you'll gain a solid understanding of the forces that shape public administration and policy while learning how to address today's complex challenges. Through a blended approach to learning, you'll gain both the theoretical knowledge and the practical skills you need to start or grow your career.

3

CAPPA-accredited academic pathways to build from

Your program

Part time: First-year entry

Your future

Careers: Business Development Specialist

• Campaign Manager • Communications Consultant
• Legal Assistant • Legislative Aide • Member of Parliament • Policy Analyst • Urban Researcher

Graduate pathways: Law • Public Administration

• Public Policy • Social Sciences

[torontomu.ca/programs/undergraduate/
public-administration-governance](https://torontomu.ca/programs/undergraduate/public-administration-governance)

Sociology

Bachelor of Arts (BA) • Honours

Are you driven to make a positive change in society? Through experiential and community-engaged learning, you'll explore topics spanning gender, race, Indigenous perspectives, food security, popular culture and more.

You'll also conduct extensive research training, including survey design and media analysis. By combining classroom, research and real-world practice, you'll gain the analytical and practical skills needed to advocate for individuals, communities and societies at large.

2,560

Hours of paid, full-time work experience available over the course of your degree

Your program

Full time: 4 year • 5-year co-op

Double majors: Criminology • History • Politics and Governance

Your future

Careers: Career Counsellor • Community Manager

• Diversity and Inclusion Specialist • Guidance Counsellor • Human Rights Officer • Public Engagement Advisor • Public Relations Manager • Research Assistant

Graduate pathways: Education • Immigration Studies

• Law • Media and Culture • Public Policy • Sociology

torontomu.ca/programs/undergraduate/sociology

Gain specialized knowledge through international and community projects, paid co-op, advanced research training, a capstone bridge course or an optional thesis.

Undeclared Arts

(first-year studies only)

Are you curious about a lot of things, but aren't sure what you want to study yet? Spend your first year exploring your interests and talents before choosing a major or double major program.

In this program, you'll have access to a range of subjects and the freedom to try new things in a supportive learning environment. And once you find your thing, you can apply the credits you've earned as an Undeclared Arts student to the Arts program of your choosing.

"Undeclared Arts genuinely helped me discover what I was really passionate about and gave me 100% confidence in choosing that path."

PHILIPP SMIRNOV

Geographic Analysis, Student

Your program

Full time: First-year studies only

Your future

Majors: Criminology • Economics and Finance • English
• Environment and Urban Sustainability • Geographic Analysis • History • Language and Intercultural Relations
• Philosophy • Politics and Governance • Psychology
• Sociology

torontomu.ca/programs/undergraduate/undeclared-arts


Explore program areas in the humanities and social sciences as you discover your passions and strengths before choosing a program.





Ontario admission requirements















Are you a student in Ontario? Check the admission requirements for your program(s) of choice. The information in this chart is current as of July 2025, so be sure to confirm up-to-date admissions details at torontomu.ca/admissions/undergraduate.

LEGEND

 Paid co-op available

 Part-time only

 Optional or mandatory internships, placements or practicums available

PROGRAM AND CREDENTIAL	MINIMUM AVERAGE	ACADEMIC REQUIREMENTS
Arts and Contemporary Studies (BA) • Honours	Low 70s	Grade 12U English (min. 70%)
Criminology (BA) • Honours 	Low 80s	
Economics and Finance (BA) • Honours  	Low 70s	
English (BA) • Honours 	Low 70s	
Environment and Urban Sustainability (BA) • Honours 	Low 70s	
Geographic Analysis (BA) • Honours (co-op only) 	Low 70s	
History (BA) • Honours 	Low 70s	
Language and Intercultural Relations (BA) • Honours 	Low 70s	
Philosophy (BA) • Honours 	Low 70s	
Politics and Governance (BA) • Honours 	Low 70s	
Psychology (BA) • Honours 	Low 80s	
Public Administration and Governance (BA) • Honours  	Low 70s	
Sociology (BA) • Honours 	Low 70s	
Undeclared Arts (BA) (first-year studies only)	Mid 70s	

HOW TO APPLY

Step 1: Apply online by February 1 through the Ontario Universities' Application Centre (OUAC) at ouac.on.ca.

Step 2: Watch for an acknowledgment email with your next steps and TMU Student Number.

Step 3: Track your application status via your ChooseTMU Applicant Portal.

Step 4: Wait to hear from us. We make all of our admission decisions by the end of May.

Step 5: Accept your Offer of Admission through the OUAC.

Ready to apply?

Scan the code below or visit
torontomu.ca/admissions/undergraduate
to start planning your future at TMU.



Let's connect



@Arts_TMU



@ChooseTMU

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**Toronto
Metropolitan
University**

**Faculty
of Arts**

Toronto Metropolitan University is in the “Dish with One Spoon” territory.

Our university's campuses in Toronto and Brampton operate on the Treaty Lands of the Mississaugas of the Credit. This land has been part of the traditional territories of the Mississauga, Anishinaabe, Huron-Wendat and Haudenosaunee. They are now home to many First Nations Peoples, Inuit and Métis from across Turtle Island. We honour and uphold the Dish with One Spoon Treaty, we commit to valuing the Two Row Wampum, and we vow to treat the land and people of our community with understanding built on mutual respect.