

# Sociology

TERM	CATEGORY	COURSE CODE	COURSE TITLE	
Semester 1 Fall 2025	Required (Auto Enrolled)	<a href="#">SSH 205</a>	Academic Writing and Research	Enrollment begins online on August 7, 2025, at 6:00 a.m. on MyServiceHub ( <a href="#">my.torontomu.ca</a> )
	Required (Auto Enrolled)	<a href="#">SOC 105</a>	Introduction to Sociology	
	<a href="#">Table I Elective</a>			
	<a href="#">Table I Elective</a>			
	Open Elective*			
Semester 2 Winter 2026	Required (Auto Enrolled)	<a href="#">SSH 105</a>	Critical Thinking	Winter Enrollment begins on August 18th, 2025 at 12:00 a.m. on MyServiceHub ( <a href="#">my.torontomu.ca</a> )
	Required (Auto Enrolled)	<a href="#">SOC 107</a>	Sociology of the Everyday	
	<a href="#">Table I Elective</a>			
	<a href="#">Table I Elective</a>			
	Open Elective*			

**TABLE I HUMANITIES**

Choose minimum <b>two (2)</b> courses from the following:		OFFERED	
<a href="#">ACS 100</a>	Ideas That Shape the World I	F25	--
<a href="#">ACS 210</a>	Ideas That Shape the World: Antiquity	--	W26
<a href="#">ARB †</a>	An Arabic course	F25	W26
<a href="#">ASL</a>	An American Sign Language course	F25	W26
<a href="#">CHN †</a>	A Chinese course	F25	W26
<a href="#">ENG 110</a>	Literatures Across Borders	F25	W26
<a href="#">ENG 208</a>	Introduction to Non-Fiction	F25	W26
<a href="#">FRE †</a>	A French course	F25	W26
<a href="#">HIS #</a>	A History course	F25	W26
<a href="#">LIR 100</a>	Global Models in Intercultural Relations	F25	W26
<a href="#">MHK101</a>	Introductory Kanyen'kéha I	--	W26
<a href="#">MHK201</a>	Introductory Kanyen'kéha II	--	--
<a href="#">PHL 101</a>	Plato and the Roots of Western Philosophy	F25	W26
<a href="#">PHL102</a>	What is Philosophy?	F25	--
<a href="#">PHL110</a>	Philosophy of Religion	F25	W26
<a href="#">PHL187</a>	Classical Philosophy	F25	W26
<a href="#">PHL201</a>	Problems in Philosophy	F25	W26
<a href="#">PHL212</a>	Introductory Logic	F25	--
<a href="#">PHL306</a>	Freedom, Equality, Limits of Authority	F25	--
<a href="#">PHL333</a>	Philosophy of Human Nature	F25	W26
<a href="#">PHL365</a>	Philosophy of Beauty	F25	W26
<a href="#">PHL366</a>	Existentialism and Art and Culture	F25	W26
<a href="#">PHL406</a>	Issues of Life, Death and Poverty	--	W26
<a href="#">SPN</a>	A Spanish course	F25	W26

**TABLE I SOCIAL SCIENCES**

Choose minimum <b>two (2)</b> courses from the following:		OFFERED	
<a href="#">CRM 100</a>	Introduction to Canadian Criminal Justice	F25	W26
<a href="#">CRM 102</a>	Introduction to Criminology	--	W26
<a href="#">ECN 101</a>	Principles of Microeconomics	F25	--
<a href="#">ECN 201</a>	Principles of Macroeconomics	--	W26
<a href="#">EUS 102</a>	Environment and Sustainability	F25	--
<a href="#">EUS 202</a>	Sustaining the City's Environments	--	W26
<a href="#">GEO 131</a>	Energy, Earth and Ecosystems	F25	--
<a href="#">GEO 151</a>	Location, Location, Location	--	W26
<a href="#">POG 100</a>	People, Power and Politics	F25	W26
<a href="#">POG 110</a>	Power and Influence in Canadian Politics	F25	W26
<a href="#">PPA 101</a>	Cdn Public Administration I: Institutions	F25	W26
<a href="#">PPA 102</a>	Cdn Public Administration II: Processes	--	--
<a href="#">PSY 102</a>	Introduction to Psychology I	F25	W26
<a href="#">PSY 202</a>	Introduction to Psychology II	F25	W26
<a href="#">SOC 105</a>	Introduction to Sociology	F25	W26
<a href="#">SOC 107</a>	Sociology of the Everyday	--	W26
<a href="#">SSH 100</a>	Inquiry and Problem-Solving	--	--
<a href="#">SSH 102</a>	Learning and Development Strategies	F25	W26
<a href="#">SSH 104*</a>	Co-op Program Preparation	F25	--

No more than two courses may be taken from any one subject area.

\* [SSH 104](#) is required for students taking Co-op programs in the Faculty of Arts

† An online placement test is required. For more details please see: <https://www.torontomu.ca/ilc/>.

# A History (HIS) course numbered between HIS 100 and HIS 399 or [HIS 461](#), [HIS 462](#), [HIS 475](#), and [HIS 490](#).

## Important Information

- Verify that you are auto-enrolled in your required courses and alert your Program Administrator if you are not.
- Please refer to the Enrollment Tutorials links on the [New Students website](#) or the [MyServiceHub Support website](#) for instructions on how to add courses.
- After you enroll in courses, check MyServiceHub for your timetable.
- \*Open electives can be found under "my classes offered" on MyServiceHub. The courses are divided by teaching faculty and then alphabetically by course codes. There are over 500 courses available as Open Electives, so students should focus their search on specific areas of interest. More information on courses is available in the [undergraduate calendar](#).
- Classes are scheduled weekly as a three-hour lecture OR two-hour lecture and one-hour tutorial.
- For a complete curriculum overview for years 2, 3, and 4, please click [here](#).
- Students are encouraged to run an [Academic Advisement Report](#) on MyServiceHub to help them determine what courses they need to enroll in and to ensure that the courses apply to their program graduation requirements.
- The typical course load is 5 courses per semester. Students should speak to their Program Administrator if they wish to reduce or increase their course load.
- Instructors will provide course outlines (including required texts) to students via D2L on the first day of classes.
- Login to [my.torontomu.ca](#) to access MyServiceHub, D2L Brightspace, and your TMU email account .
- Always check your TMU email regularly for important information and updates from your program and the University.
- Students are encouraged to use [Visual Schedule Builder](#) (VSB) to help create their optimal class schedule.
- Some courses have a wait list function. To add yourself to a wait list, please refer to the [Course Wait List website](#). Register for [Academic Accommodation Support \(AAS\)](#) if you identify as a student with a temporary and/or permanent disability. AAS implements individualized accommodation plans to reduce disability-related barriers and ensure that students have equal access to education.
- When enrolling in Liberal Studies courses (Table A or Table B) starting in 2nd year, please note there are certain courses that cannot be taken for liberal studies credit. Please refer to the [Table A - Lower-Level Restrictions](#) and [Table B Upper-Level Restrictions](#). Liberal Studies courses are part of your 2nd year curriculum and should not be taken in the first year.
- If you have received transfer credits for first-year courses, you can select courses from Year 2 (or higher). If you have not yet received confirmation about transfer credits, please enroll in your first-year courses but be prepared to drop them if confirmation is received. **IN ALL CASES**, it is recommended that you consult with the Program Administrator, for further clarification.

## Important Dates

<b>Aug 7</b>	Enrollment begins for 1st year students
<b>Aug 18 - Sept 12</b>	Winter course intention period
<b>September 2</b>	First day of classes
<b>September 12</b>	Last day to add/swap a Fall course (100% fee refund)
<b>September 26</b>	Last day to pay Fall tuition fees
<b>Sept 13- Oct 3</b>	Drop period to receive a 50% fee refund
<b>November 14</b>	Final date to drop a course without academic penalty. No refund will be issued.
<b>December 1</b>	Last day of classes for the Fall 2025 semester
<b>December 3 - 14</b>	Fall 2025 exam period

## Contacts

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Course Union Instagram: @tmu.soc