History

TERM	CATEGORY	COURSE CODE	COURSE TITLE	
Semester 1 Fall 2025	Required (Auto Enrolled)	SSH 205	Academic Writing and Research	**Fall Enrollment begins online on August 7, 2025, at 6:00 a.m. on MyServiceHub** (my.toronto.ca)
	Required (Auto Enrolled)	HIS 101	What is History?	
	Table I Elective			
	Table I Elective			
	Open Elective*			
Semester 2 Winter 2026	Required (Auto Enrolled)	SSH 105	Critical Thinking	**Winter Enrollment begins on August 18, 2025 at 12:00 a.m. on MyServiceHub** (my.torontomu.ca)
	Required Group 1 (see below)			
	Table I Elective			
	Table I Elective			
	Open Elective*			

TABLE I HUMANITIES

*Choose minimum **two (2)** courses from the following:*

Course	Title	OFFERED	
ACS 100	Ideas That Shape the World I	F25	--
ACS 210	Ideas That Shape the World: Antiquity	--	W26
ARB †	An Arabic course	F25	W26
ASL	An American Sign Language course	F25	W26
CHN †	A Chinese course	F25	W26
ENG 110	Literatures Across Borders	F25	W26
ENG 208	Introduction to Non-Fiction	F25	W26
FRE †	A French course	F25	W26
LIR 100	Global Models in Intercultural Relations	F25	W26
MHK	A Mohawk course	--	W26
PHL 101	Plato and the Roots of Western Philosophy	F25	W26
PHL102	What is Philosophy?	F25	--
PHL110	Philosophy of Religion I	F25	W26
PHL187	Classical Philosophy	F25	W26
PHL201	Problems in Philosophy	F25	W26
PHL212	Introductory Logic	F25	--
PHL306	Freedom, Equality, Limits of Authority	F25	--
PHL333	Philosophy of Human Nature	F25	W26
PHL365	Philosophy of Beauty	F25	W26
PHL366	Existentialism and Art and Culture	F25	W26
PHL406	Issues of Life, Death and Poverty	--	W26
SPN†	A Spanish course	F25	W26

TABLE I SOCIAL SCIENCES

*Choose minimum **two (2)** courses from the following:*

Course	Title	OFFERED	
CRM 100	Introduction to Canadian Criminal Justice	F25	W26
CRM 102	Introduction to Criminology	--	W26
ECN 101	Principles of Microeconomics	F25	--
ECN 201	Principles of Macroeconomics	--	W26
EUS 102	Environment and Sustainability	F25	--
EUS 202	Sustaining the City's Environments	--	W26
GEO 131	Energy, Earth and Ecosystems	F25	--
GEO 151	Location, Location, Location	--	W26
POG 100	People, Power and Politics	F25	W26
POG 110	Power and Influence in Canadian Politics	F25	W26
PPA 101	Cdn Public Administration I: Institutions	F25	W26
PPA 102	Cdn Public Administration II: Processes	--	--
PSY 102	Introduction to Psychology I	F25	W26
PSY 202	Introduction to Psychology II	F25	W26
SOC 105	Introduction to Sociology	F25	W26
SOC 107	Sociology of the Everyday	--	W26
SSH 100	Inquiry and Problem-Solving	F25	--
SSH 102	Learning and Development Strategies	F25	W26

No more than two courses may be taken from any one subject area.

† An online placement test is required. For more details please see: https://www.torontomu.ca/llc/.

REQUIRED GROUP 1 Courses available 2025-2026

Course	Title	Offered		Course	Title	Offered	
HIS 101	What is History?	F25	W26	HST 111	World Turned Upside Down: Europe 1350-1789	F25	--
HIS 104	Ten Days That Shook the World	F25	W26	HST 112	East Meets West: Asia in the World	F25	--
HIS 105	Inventing Popular Culture	F25	W26	HST 210	U.S. History: 1877 to the Present	F25	--
HIS 106	Technology, Warfare, and Social Change	F25	--	HST 211	Century of Revolution: Europe 1789-1914	--	W26
HIS 107	Colonization, Colonialism and Independence	F25	--	HST 219	Decolonization: History Through Film	--	W26
HIS 265	Asia: Foundations and Modern Nations	--	W26	HST 222	The History of the Caribbean	--	W26
HIS 275	Ancient Greece and Rome	--	W26	HST 325	History of Science and Technology I	F25	--
HIS 277	Medieval Europe 400-1350	F25	--	HST 375	LGBTQ2S+ Histories	F25	W26
HIS 392	African Canadian History	F25	--	HST 407	Canada from 1885: The Struggle for Identity	F25	--

[HIS 462](#)	Introduction to the Islamic World	F25	--		[HST 488](#)	Britain since 1815	F25	--
[HIS 475](#)	Human Rights in Global History	F25	--					
[HIS 490](#)	International Relations from 1945	F25	--					

Important Information

· Verify that you are auto-enrolled in your required courses and alert your Program Administrator if you are not.
· Please refer to the Enrollment Tutorials links on the [New Students website](#) or the [MyServiceHub Support website](#) for instructions on how to add courses.
· *Open electives can be found under "my classes offered" on MyServiceHub. The courses are divided by teaching faculty and then alphabetically by course codes. There are over 500 courses available as Open Electives, so students should focus their search on specific areas of interest. More information on courses is available in the [undergraduate calendar.](#)
· After you enroll in courses, check MyServiceHub for your timetable.
· Classes are scheduled weekly as a three-hour lecture OR two-hour lecture and one-hour tutorial.
· For a complete curriculum overview for years 2, 3, and 4, please click [here](#).
· Students are encouraged to run an [Academic Advisement Report](#) on MyServiceHub to help them determine what courses they need to enroll in and to ensure that the courses apply to their program graduation requirements.
· The typical course load is 5 courses per semester. Students should speak to their Program Administrator if they wish to reduce or increase their course load.
· Instructors will provide course outlines (including required texts) to students via D2L on the first day of classes.
· Login to [my.torontomu.ca](#) to access MyServiceHub, D2L Brightspace, and your TMU email account .
· Always check your TMU email regularly for important information and updates from your program and the University.
· Students are encouraged to use [Visual Schedule Builder](#) (VSB) to help create their optimal class schedule.
· Some courses have a wait list function. To add yourself to a wait list, please refer to the [Course Wait List website](#).
  Register for [Academic Accommodation Support (AAS)](#) if you identify as a student with a temporary and/or permanent disability. AAS implements individualized accommodation plans to reduce disability-related barriers and ensure that students have equal access to education.
· When enrolling in Liberal Studies courses (Table A or Table B) starting in 2nd year, please note there are certain courses that cannot be taken for liberal studies credit. Please refer to the [Table A - Lower-Level Restrictions](#) and [Table B Upper-Level Restrictions](#). Liberal Studies courses are part of your 2nd year curriculum and should not be taken in the first year.
· If you have received transfer credits for first-year courses, you can select courses from Year 2 (or higher). If you have not yet received confirmation about transfer credits, please enroll in your first-year courses but be prepared to drop them if confirmation is received. **IN ALL CASES**, it is recommended that you consult with the Program Administrator, for further clarification.

Important Dates

Aug 7	Enrollment begins for 1st year students
Aug 18 - Sept 13	Winter course intention period
September 2	First day of classes
September 12	Last day to add/swap a Fall course (100% fee refund)
September 26	Last day to pay Fall tuition fees
Sept 13 - Oct 3	Drop period to receive a 50% fee refund
November 14	Final date to drop a course without academic penalty. No refund will be issued.
December 1	Last day of classes for the Fall 2025 semester
December 3 - 14	Fall 2025 exam period

Contacts

Anne-Marie Dawes
Undergraduate Program Administrator
historypa@torontomu.ca

Dr. Jennifer Hubbard
Undergraduate Program Director
jhubbard@torontomu.ca

Faculty of Arts Instagram: @arts_tmu
Department Instagram: @history_tmu
Course Union Instagram: @methistorysociety

Toronto Metropolitan University
Faculty of Arts