

TERM	CATEGORY	COURSE CODE	COURSE TITLE	
Semester 1 Fall 2026	Required (Auto Enrolled)	SSH 105	Critical Thinking	Course enrolment begins online on August 5, 2026 at 6:00 a.m. Eastern Time (ET) on MyServiceHub (my.torontomu.ca). For details, visit TMU Course Enrolment.
	Required (Auto Enrolled)	PSY 102	Introduction to Psychology I	
	Table I Elective			
	Table I Elective			
	Open Elective*			
Semester 2 Winter 2027	Required (Auto Enrolled)	SSH 205	Academic Writing and Research	
	Required (Auto Enrolled)	PSY 202	Introduction to Psychology II	
	Table I Elective			
	Table I Elective			
	Open Elective*			

TABLE I HUMANITIES			
Choose minimum two (2) courses from the following:			OFFERED
ACS 100	Ideas That Shape the World I	F26	W27
ACS 103	Introduction to Interdisciplinary Studies	F26	-
ACS 210	Ideas: Antiquity	-	W27
ANT 100	Introduction to Anthropology	F26	-
ANT 200	Decoding Culture	-	W27
ARB †	An Arabic course	F26	W27
ASL	An American Sign Language course	F26	W27
CHN †	A Chinese course	F26	W27
ENG 110	Literatures Across Borders	F26	W27
ENG 208	Introduction to Non-Fiction	F26	W27
FRE †	A French course	-	-
HIS 101	What Is History?	F26	W27
HIS 104	Ten Days That Shook The World	F26	W27
HIS 105	Inventing Popular Culture	F26	W27
HIS 106	Technology, Warfare and Social Change	-	W27
HIS 107	Colonization, Colonialism and Independence	-	W27
HIS 265	Asia: Foundations and Modern Nations	-	W27

TABLE I SOCIAL SCIENCES			
Choose minimum two (2) courses from the following:			OFFERED
CRM 100	Introduction to Canadian Criminal Justice	F26	W27
CRM 102	Introduction to Criminology	-	W27
ECN 104	Introductory Microeconomics	F26	W27
ECN 109	Basic Mathematics for Economics	F26	W27
ECN 204	Introductory Macroeconomics	F26	W27
EUS 102	Environment and Sustainability	F26	-
EUS 202	Sustaining the City's Environments	-	W27
GEO 131	Energy, Earth and Ecosystems	F26	-
GEO 151	Location, Location, Location	-	W27
POG 100	People, Power and Politics	F26	W27
POG 110	Intro to Canadian Politics I	F26	W27
PPA 101	Cdn Public Administration I: Institutions	F26	W27
PPA 102	Cdn Public Administration II: Processes	-	-
SOC 105	Introduction to Sociology	F26	W27
SOC 107	Sociology of the Everyday	-	W27
SSH 100	Inquiry and Problem-Solving	-	-
SSH 102	Learning and Development Strategies	F26	W27

HIS 275	Ancient Greece and Rome	-	W27				
HIS 277	Mediaeval Europe, 400-1350	-	W27				
HIS 348	American History from 1877	F26	-				
HIS 350	The Fight for Rights in North America	-	-				
HIS 392	African Canadian History	-	-				
HIS 461	Cradle of Civilization: Ancient Near East	-	-				
HIS 462	Introduction to the Islamic World	-	-				
HIS 475	Human Rights in Global History	-	-				
HIS 490	International Relations from 1945	-	W27				
LIR 100	Global Models in Intercultural Relations	F26	W27				
LIR 200	Critical Practices in Intercultural Relations	F26	-				
MHK	A Mohawk course	F26	-				
PHL 101	Plato and the Roots of Western Philosophy	F26	W27				
PHL 102	What is Philosophy?	F26	W27				
PHL 110	Philosophy of Religion I	F26	W27				
PHL 187	Classical Philosophy	-	W27				
PHL 201	Problems in Philosophy	F26	W27				
PHL 212	Introductory Logic	-	W27				
PHL 306	Freedom, Equality, Limits of Authority	F26	-				
PHL 333	Philosophy of Human Nature	F26	W27				
PHL 365	Philosophy of Beauty	F26	W27				
PHL 366	Existentialism and Art and Culture	F26	W27				
PHL 406	Issues of Life, Death and Poverty	F26	W27				
SPN †	A Spanish Course	F26	W27				

No more than two courses may be taken from any one subject area.

† An online placement test is required. For more details please see: <https://www.torontomu.ca/ilc/>.

Important Information

Before You Enrol

- Verify that you are auto-enrolled in your required courses. If you are not, [contact your Program Administrator](#).
- For instructions on how to enrol in courses, visit [MyServiceHub Support](#).
- When selecting courses on Table I, refer to the [Transferability Guidelines](#) to ensure you are completing the required courses for program transfer.
- If you have received transfer credits for first-year courses, you may select courses from Year 2 (or higher). If you have not yet received confirmation of your transfer credits, enrol in your first-year courses and be prepared to drop them if your transfer credits are approved. In all cases, it is recommended that you [contact your Program Administrator](#).

Choosing Your Courses

- The typical course load is 5 courses per semester. If you wish to reduce or increase your course load, [contact your Program Administrator](#).
- Open Electives can be found under "My Classes Offered" on MyServiceHub. Courses are organized by teaching faculty and then alphabetically by course code. With more than 500 Open Electives available, focus your search on areas that interest you. More information about courses is available in the [Undergraduate Calendar](#).
- To determine which courses are required to meet your program graduation requirements, use the [Academic](#)

[Advisement Report](#).

- When enrolling in Liberal Studies courses (Table A or Table B) beginning in second year, be aware that some courses are not eligible for Liberal Studies credit. Refer to [Table A – Lower-Level Restrictions](#) and [Table B – Upper-Level Restrictions](#). Liberal Studies courses are part of your second-year curriculum and should not be taken during your first year.

After You Enrol

- Check MyServiceHub to view your timetable after enrolling in your courses.
- Use the [Visual Schedule Builder \(VSB\)](#) to help create your class schedule.
- Some courses offer a wait list option. To add yourself to a wait list, visit [Course Wait List](#).

Classes & Course Information

- Classes are typically scheduled as either one 3-hour lecture each week or one 2-hour lecture plus one 1-hour tutorial each week.
- Instructors will provide course outlines, including required textbooks, through D2L Brightspace on the first day of classes.

Student Resources & Support

- Log in to my.torontomu.ca to access MyServiceHub, D2L Brightspace, and your TMU email account.
- Check your [TMU email](#) regularly for important information and updates from your program and the university.
- If you have a persistent, prolonged, or permanent disability, register with [Academic Accommodation Support](#) (AAS). AAS provides individualized accommodation plans to reduce disability-related barriers and support equal access to education.

[Significant Dates](#)

August 5	Enrolment begins for 1st year students.
August 5 to August 16	Priority Enrolment Period for 1st Year Students.
September 8	First day of classes.
September 6	End of Fall term waitlist period.
September 18	Last day to add/swap a Fall undergraduate course. Last day to drop an undergraduate course and receive a 100% fee refund .
September 18	Course intention period for Winter 2027 closes at 11:59 p.m.
September 25	Last day to pay Fall tuition fees
September 19 to October 9	Drop period for fall undergraduate courses to receive a 50% fee refund . No refunds for fall undergraduate courses after this date.
November 20	Final date to drop an undergraduate course without academic penalty. No refund will be issued.

Contacts

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Faculty of Arts Instagram: [@arts_tmu](#)
Psychology Student Union Instagram: [@psa.tmu](#)

December 7	Last day of undergraduate classes for the Fall 2026 semester.
December 8	Fall term study day for undergraduate students.
December 9 - December 20	Fall 2026 undergraduate exam period. The examination period includes Saturdays and Sundays.
December 30	Winter 2027 priority enrolment period for first-year, full-time undergraduate students begins at 8:00 a.m.