

SEEKING OLDER ADULT PARTICIPANTS

At the **Cognitive Aging Lab**, we are dedicated to understanding aging and cognition.

We are inviting **older adults aged 65+** for several active studies:

Adaptive Audio Program

Duration: 11.5 hours on campus + 4-week program at home

Criteria: Participants must be without a previous mental health diagnosis (e.g., major depressive disorder), and have access to a computer and internet.

Details: The study includes a 4-week program with 30-minute at-home audio sessions, plus questionnaires, computerized tasks, and brain activity measurements *on campus*. You will receive an incentive of up to \$140.

Active Aging Training Course

Duration: 30 hours online

Criteria: Participants must be healthy (able to move independently), Canadian citizens or permanent residents raised in a Western culture, able to read, write, and speak English, and have access to a device with internet for Zoom meetings.

Details: This *online* 4-week program includes 3 evaluation sessions, with 2 weekly group Zoom meetings and 2 independent training sessions. You will receive up to \$60 honorarium.

Age Differences in Value-Directed Memory

Duration: 1.5 hours on campus

Criteria: Participants must have no history of neurological conditions (e.g., stroke, head injury), and have normal or corrected vision.

Details: You will complete a memory task, cognitive questionnaires, and provide demographic and health information *on campus*. Eye movements will be tracked with an eye tracker. You will receive a \$25 incentive.

Goal-Framing in Associative and Source Memory for Face-Name Pairs

Duration: 1.5 hours on campus

Criteria: Participants must have no uncontrolled medical conditions or untreated psychiatric/neurological disorders affecting cognition, have normal or corrected vision, and be proficient in English.

Details: You will complete a memory task involving face-name pairs and basic demographic and health questionnaires *on campus*. You will receive a \$20 incentive.

Interested in participating? Using your phone camera, scan the QR code to fill out a form and let us know which study or studies you'd like to join or find out more about.

No studies that interest you? You can also use the form to express interest in future research at our lab.

Alternatively, visit this link to access the form: tinyurl.com/calrecruit



For more information, you can contact us:

✉ cal@torontomu.ca

☎ (416) 979 5000 ext. 554987

📍 105 Bond Street, Toronto, ON M5B 1Y3