

Student Self-Assessment Questionnaire

This questionnaire asks you to identify challenges that you (a) experienced during the last academic term that have affected your academic performance and (b) are currently experiencing that may affect your studies this semester. The purpose of the questionnaire is to allow you to identify on-campus resources that will help you overcome your barriers to academic success and work towards achieving a Clear Academic Standing. If you choose to share the results of this survey with a Faculty of Arts advisor, the information will be confidential.

Check all that apply to you.

Challenges A:

- I have experienced, or am currently experiencing, difficulties in my personal life.
- I have experienced, or am currently experiencing, family/relationship concerns.
- I have experienced, or am currently experiencing, difficulty adjusting to university.
- I have experienced, or am currently experiencing, considerable stress and a feeling of being overwhelmed.
- I have experienced, or am currently experiencing, considerable emotional or physical health concerns.

In the past academic term, if any of the above statements applied to you, check this box

If any of the above statements currently apply to you, check this box

Challenges B:

- I need, or have needed, to develop time management skills.
- I need, or have needed, to develop study skills.
- I need, or have needed, to develop organizational skills.
- I tended or tend to procrastinate.
- I tended or tend to panic when I writing exams or making presentations.
- I have trouble writing essays.
- I have trouble knowing how to answer multiple choice questions effectively.
- I have trouble knowing how to write short answer test questions.
- I had a hard time getting through the required readings.

In the past academic term, if any of the above statements applied to you, check this box

If any of the above statements currently apply to you, check this box

Challenges C:

- I have a learning disability or ADHD and did not know there are support services available.
- I live with anxiety or depression that affects my academic performance.
- I understand the material presented in lecture or in the textbook, but I am unable to express it in exams or in papers.
- I am not able to sit still or remained focused during lectures so I miss a lot of information.

In the past academic term, if any of the above statements applied to you, check this box

If any of the above statements currently apply to you, check this box

Challenges D:

- I have needed, or need to make a decision about my education or career path.
- I had, or have doubts about my program of studies being right for me.
- I had or have questions about academic policies or procedures.

In the past academic term, if any of the above statements applied to you, check this box

If any of the above statements currently apply to you, check this box

Challenges E:

- English is my second language and I believe this is affecting my academic performance.
- I have or am currently experiencing urgent housing concerns.
- I have or am currently experiencing considerable financial concerns.
- I have been or will be working 20 hours or more in paid employment during the term.
- I feel very disconnected from other students in my program and/or at Ryerson.

In the past academic term, if any of the above statements applied to you, check this box

If any of the above statements currently apply to you, check this box

Refer to the [Academic and Non-Academic Resource Sheet](#) for a list of the on-campus resources that will help you address the challenges you identified in this questionnaire. Visit the Faculty of Arts, Academic Success website for online resources for students on academic Probation.